Cookbooks and Cooking for People with Disabilities

Websites

Easy to Swallow
http://www.easytoswallow.co.uk/

Mealtime Partner: Powered Dining Device
www.mealtimepartners.com
Enables people who cannot eat independently to feed themselves.

Plum Organics
http://www.plumorganics.com/
Gourmet line of frozen pureed food for those with swallowing problems.

The Paraplegic Chef
http://www.theparaplegicchef.com/

Erin’s Cookin’
http://erinscookin.com/
Quadriplegic cook, a percentage of the proceeds of her e-book goes to the Reeve Foundation.

The following books and videos are available for free loan from the PRC library. For more information, please see www.paralysis.org and click the Lending Library tab.


• Greer, Rita. **Soft Options: For Adults Who Have Difficulty Chewing.** Great Britain: Souvenir Press, 1998.


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