President's Message

IASP 2020 World Congress on Pain is quickly approaching. COVID-19 has posed a challenge for many events; however, IASP remains fully committed to hosting the 2020 World Congress as planned. Although the timing of this virus is not ideal, I encourage you to dig deep into the value Congress offers through the numerous sessions, global professional attendees, and more. We continue to plan for this exciting event and to ensure pertinent measures will be in place.

Additionally, the early registration deadline for World Congress has been extended to 1 May 2020, granting you the opportunity to not only save on registration, but to prepare and plan for your trip to join us in Amsterdam. IASP offers several tools to make this process easier for you.

If you are a working professional or student with limited resources, you may be wondering how you can justify your attendance at Congress. IASP offers a justification toolkit – a free resource to help you articulate the value of your attendance to your supervisor. The toolkit includes tips, templates, and worksheets to help you build a compelling case.

The Congress itinerary planner is another valuable tool that provides a detailed look at the full program schedule, allowing you to search specific events with filters by description, session type, topic, and more, and build a customized itinerary planner. This planner is the perfect tool to explore all the great sessions offered and pinpoint those that would benefit you and your career most.

Finally, as you begin preparing your trip to join us in August in the beautiful city of Amsterdam, please review our warning message to protect yourself from potential phishing attempts and scams.

See you in Amsterdam!

Lars Arendt-Nielsen, Dr. Med., PhD

Follow Lars on LinkedIn

TOP TOPICS

Early Registration Extended to 1 May 2020
Take time to review all that #IASP2020 has to offer. Register

2020 Global Year Webinar Series
As part of the Global Year for the Prevention of Pain, IASP is

COVID-19 Update
In light of the uncertainties and travel disruptions caused by the coronavirus (COVID-19), IASP
Early Registration Extended to 1 May 2020

Early bird registration for #IASP2020 has been extended to 1 May 2020. Be sure to renew your IASP membership to receive the best rates. REGISTER NOW

COVID-19 Update

IASP has released a message with the latest updates on World Congress. LEARN MORE

Congress Justification Toolkit Now Available
How do you share the value of World Congress with your supervisor to help justify your attendance? Use our Justification Toolkit to help you articulate the value of attending this premier global meeting on pain. LEARN MORE

Deadline Extended: Developing Countries Project Grants
The application deadline for Developing Countries Project Grants has been extended to 27 March 2020. These grants, up to US$10,000, are available for projects to improve pain education and practice in developing countries. LEARN MORE

Deadline Extended: Collaborative Research Grants
The application deadline for Collaborative Research Grants has been extended to 7 May 2020. These grants offer up to US$15,000 for international interdisciplinary pain research collaborations between at least two countries. LEARN MORE

Deadline Extended: John J. Bonica Trainee Fellowship
The application deadline for the John J. Bonica Trainee Fellowship has been extended to 12 June 2020. Fund your research with up to US$100,000 for 2 years! LEARN MORE

PUBLICATIONS

PAIN, March 2020
Neuromodulation: more than a placebo effect?
Selective modulation of tonic aversive qualities of neuropathic pain by morphine in the central nucleus of the amygdala requires endogenous opioid signaling in the anterior cingulate cortex
Read PAIN

PAIN Reports, January/February 2020
Induced oscillatory signaling in the beta frequency of top-down pain modulation
Improvements in clinical pain and experimental pain sensitivity after cognitive functional therapy in patients with severe persistent low back pain
Pediatric pain treatment and prevention for hospitalized children
Read PAIN Reports

IASP 2020 WORLD CONGRESS ON PAIN

Early bird registration for #IASP2020 has been extended to 1 May 2020. Be sure to renew your IASP membership to receive the best rates. REGISTER NOW

COVID-19 Update
View IASP's recent update on COVID-19 and World Congress, as of 12 March 2020. LEARN MORE

**Justification Toolkit**
Use our Justification Toolkit to help you articulate the value of attending this premier global meeting on pain. LEARN MORE

**Personalize Your Congress Schedule**
View the full program schedule in detail, search for sessions that match your interests, and build a personalized congress schedule with sessions and activities, including the workshop schedule, speaker information, and more. LEARN MORE

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**2020 GLOBAL YEAR**

Welcome to the **2020 Global Year for the Prevention of Pain**! Look out for new, freely accessible resources, including fact sheets, webinars, and more. Don't forget to use #GlobalYear2020!

To join the conversation, use #GlobalYear2020 and #IASPGlobalYear on LinkedIn, Facebook, and Twitter.

**Explore Global Year Content**

**Global Year Webinar Series**
As part of the 2020 Global Year for the Prevention of Pain, IASP is offering a free webinar series. Check out upcoming webinars and register to save your seat! LEARN MORE

**Upcoming Webinars**

- **Why, what, and how of nutrition for people experiencing chronic pain**
  Tuesday, 24 March 2020 | 7:00 EDT/12:00 PM CDT/22:00 AEDT
  REGISTER NOW

- **Pain Prevention Through the Lived Experience Lens**
  Thursday, 26 March 2020 | 3:00 PM EDT/9:00 PM CDT
  REGISTER NOW

- **Physiotherapy for Pain Prevention**
  Thursday, 23 April 2020 | 9:00 PM EDT/14:00 GMT
  REGISTER NOW

**MEMBER SPOTLIGHT**

**NEW** The IASP Member Spotlight highlights IASP members and their work, showcasing the interdisciplinary nature of pain management and research.

Interested in participating in the program? Email jeanette.gass@iasp-pain.org

**Kathleen A. Sluka, PT, PhD, FAPTA (USA)**

Dr. Sluka is currently Professor of Physical Therapy and Rehab Science at The University of Iowa in Iowa City, Iowa, USA. She has been in the pain field for 30 years and an IASP member for 25 years and attended all of the IASP World Congresses on Pain since 1993.
**PAIN EDUCATION RESOURCE CENTER (PERC)**

As an IASP member, enjoy exclusive access to a living library of on-demand educational resources through the IASP Pain Education Resource Center (PERC).

Access recordings from previous IASP World Congresses, webinars, and more, plus, earn CME credits!

**Resource Spotlight**

**Physiological benefits of exercise in chronic health conditions**

Objectives of this talk include:

- Define physical inactivity and activity
- Highlight the evidence behind physical activity in the treatment of chronic health conditions
- Introduce Moving Medicine as a tool for clinicians to have good quality conversations with patients about physical activity

**RELIEF & PAIN RESEARCH FORUM (PRF)**

**In the Search for New Drugs, the Migraine Field Wins the Day — Again**
Based on results from two recent clinical trials, the US Food and Drug Administration approves ubrogepant, a CGRP receptor antagonist, for acute migraine treatment.

**Pain and Itch Research Go Hand in Hand: An Interview With Earl Carstens**
Carstens discusses his path to somatosensory research, seminal findings of the itch field, and much more.

**2020 IASP World Congress on Pain Award Winners: An Interview With Ana Vieira**
Vieira discusses the use of breastfeeding to help ease pain, the power of social media to disseminate knowledge about pain management, and her dream of opening a center of excellence dedicated to the study of pain at the Universidade Federal de Pelotas.

**2020 IASP World Congress on Pain Award Winners: An Interview With Ashok Kumar Saxena**
Saxena discusses pain management in India, how the Indian government could help to advance it, and why, even after 30 years of research, there are still many questions he wants to pursue.

**PRF Papers of the Week**
See PRF’s weekly review of the pain research literature, including basic science, translational and clinical pain research studies.
Multidisciplinary Pain Care: A Teamwork Approach with the Patient Front and Center
Experts say having a diverse group of healthcare professionals, working with patients who feel empowered to manage their own condition, is the best way forward to tackle the problem of chronic pain.

I Want to Hold Your Hand (to Ease the Pain)
New research shows that the touch of a romantic partner reduces pain intensity and unpleasantness, and engages sensory and emotional brain regions, in female study volunteers.

Pain 101—Nerve Damage and Pain from Cancer Treatment: Prevention Is Better Than Cure
Better diagnosis, assessment and prevention are needed for chemotherapy-induced peripheral neuropathy.

UPCOMING EVENTS
In light of the current concerns surrounding COVID-19, please check to verify your event is still happening.

Thai Association for the Study of Pain Annual Scientific Meeting
14-15 May 2020 | Bangkok, Thailand

Canadian Pain Society Annual Scientific Meeting
19-22 May 2020 | Calgary, Alberta

43rd National Congress of the Italian Association for the Study of Pain
10-12 September 2020 | Rome, Italy

SPS &SKG Annual Congress 2020
1-2 October 2020 | Bern, Switzerland

Submit an Event