President's Message

Introducing a New Global Year Theme

Happy New Year, and welcome to the 2020 Global Year for the Prevention of Pain, where we will focus on primary, secondary as well as tertiary prevention. With the hope of achieving better patient outcomes and contributing to the International Association for the Study of Pain (IASP) mission of working towards global pain relief, this year’s theme seeks to educate pain researchers, clinicians, and the public, on best practices for pain prevention across disciplines.

As pain professionals, we have the duty of communicating pain prevention methods to patients and the general public, ensuring proper and adequate care of those suffering from chronic pain. We have the responsibility of responding to patient needs and equipping them with tools to manage their pain and improve their quality of life.

Patient engagement has been an important priority in IASP’s strategy. The Global Alliance of Pain Patient Advocates (GAPPA) has been integrated into various IASP activities and will be an important element of Global Year activities.

Geared towards researchers, clinicians, and pain sufferers, the exciting lineup of 2020 Global Year resources include fact sheets, webinars, events, and more. Additionally, PAIN and PAIN Reports will feature Global Year themed articles in each issue. All Global Year content, including featured PAIN and PAIN Reports articles, will be freely accessible; I encourage you to share them widely.

In the last year, IASP has strategically improved engagement with the 94 local IASP chapters, and I invite you to participate in chapter initiatives. By distributing IASP materials, translating resources into your local language, hosting an event, or contributing to IASP webinars or resources, you will help 2020 Global Year have a powerful impact.

Pain prevention is critical to pain relief, and I look forward to seeing how the 2020 Global Year for the Prevention of Pain manifests in IASP’s 47th year of working towards global pain relief.

Lars Arendt-Nielsen, Dr. Med., PhD

Follow Lars on LinkedIn
Last Chance: Submit a Poster Abstract for #IASP2020
Present your work to more than 6,000 experts from around the world at #IASP2020. Submit a poster abstract, closing 15 January. LEARN MORE

Welcome to the 2020 Global Year for the Prevention of Pain
Check our website for new, freely accessible fact sheets, webinars, and more, uploaded throughout the year. LEARN MORE

Collaborative Research Grants Now Open
Grants of up to US$15,000 are available for international interdisciplinary pain research collaborations between at least two countries. LEARN MORE

Developing Countries Pain Education Grants Now Open
Several grants, up to US$10,000, are available for projects to improve pain education and practice in developing countries. Applications close 17 March 2020. LEARN MORE

Early Career Grants Open Until 5 February
Apply for a US$20,000 grant, which aims to facilitate the development of young researchers within 6 years of their final degree. Applications close 5 February. LEARN MORE

NAPS Applications Open Until 14 February
Apply for the North American Pain School (NAPS) 2020 program in Quebec, Canada. NAPS brings together leading experts in the fields of pain research and management to provide a unique educational and networking experience for the next generation of basic science and clinical pain researchers. Deadline is 14 February 2020. LEARN MORE

Editor's Choice Articles | Publications

PAIN, January 2020

Rescue and concomitant analgesics in placebo-controlled trials of pharmacotherapy for neuropathic pain and low back pain

Neurotransmitter systems involved in placebo and nocebo effects in healthy participants and patients with chronic pain: a systematic review

Up-regulation of cortical GABA-A receptor concentration in fibromyalgia
Pain as a predictor of frailty over time among older Mexican Americans

Machine-learning based knowledge discovery in rheumatoid arthritis related registry data to identify predictors of persistent pain

The metabotropic glutamate receptor 5 negative allosteric modulator fenobam: pharmacokinetics, side effects, and analgesic effects in healthy human subjects

Heightened risk for pain in young adult women with a history of childhood maltreatment: a prospective longitudinal study

Systematic review and meta-analysis of placebo/sham controlled randomised trials of spinal cord stimulation for neuropathic pain

A Special Message

On behalf of the Section Editors of PAIN, Editor-in-Chief Francis Keefe wishes to acknowledge and thank all the reviewers who have given their time and expertise to review articles for the journal. READ MORE

PAIN Reports, November/December 2019

Introduction for special issue on pain in developing countries (Guest Editor, Daniel Ciampi de Andrade)

Interactions between analgesic drug therapy and mindfulness-based interventions for chronic pain in adults: protocol for a systematic scoping review

A Special Message

David Yarnitsky, Editor-in-Chief, PAIN Reports, on behalf of the Section Editors, would like to thank all the reviewers who have provided their time and expertise to review articles for the journal this year. READ MORE

IASP 2020 WORLD CONGRESS ON PAIN

Register Today

Register to attend World Congress in
Amsterdam. Be sure to renew your IASP membership to receive the best rates. REGISTER HERE

**Poster Abstracts:** Submit a poster abstract, and get your work in front of thousands of pain experts. Submissions close 15 January. LEARN MORE

**Financial Aid:** Apply for financial aid. Applications close 15 January. LEARN MORE

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**2020 World Congress Award Winners Announced**

**Ronald Dubner Research Prize**  
Jan Vollert (United Kingdom)

**Ulf Lindblom Young Investigator Award for Clinical Science**  
Siobhan Schabrun (Australia)

**Patrick D. Wall Young Investigator Award for Basic Science**  
Thiago M. Cunha (Brazil)

**Award for Excellence in Pain Research and Management**  
Ana Vieira (Brazil)  
Ashok Saxena (India)

[View all Award Winners]

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**2020 GLOBAL YEAR**

Welcome to the **2020 Global Year for the Prevention of Pain**! Look out for new, freely accessible resources, including fact sheets, webinars, and more. #GlobalYear2020

**Explore Global Year Content**

Are you interested in translating fact sheets? IASP is looking for volunteer translators to contribute to Global Year by translating resources to reach a more global audience. All translated languages are welcomed and appreciated. **CONTACT IASP**

**Featured Resource**

**Tips for planning a Global Year Event**  
[View This Resource]

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**RESOURCE SPOTLIGHT | PERC**

As an IASP member, enjoy exclusive access to a living library of on-demand educational resources
Resource Spotlight

Assessing and Managing Pain in Intensive Care Unit Patients: Challenges and Opportunities for Improvement

Upon completion of this session, attendees will:

- Understand and feel confident applying evidence-based pain assessment tools and general pain management principles to critically ill patients
- Understand the current adoption of pain guidelines by different healthcare professionals and appreciate the barriers to effective implementation within the critical care environment
- Gain an understanding of using a quality improvement framework to address pain in intensive care and have skills translatable to other clinical environments

View This Resource

RELIEF & PAIN RESEARCH FORUM (PRF)

A New Mechanism of Medication-Overuse Headache A mouse study reveals that nitric oxide maladaptively activates Nav1.9 channels in a medication-overuse headache model.

Let the Countdown Begin: The Top 10 PRF News Stories and Papers of the Year—and the Decade News stories on pain classification and pain definition come out on top in 2019.

IASP Pain Research Forum Webinar: The Role of the Hippocampal Extracellular Matrix in Pain and Its Associated Co-morbidities A recording of the 2 December 2019 event with Maral Tajerian is now available.

PRF Papers of the Week See PRF’s weekly review of the pain research literature, including basic science, translational and clinical pain research studies.

More from PRF

The Countdown Is On: The Most Popular Content on RELIEF in 2019 A two-part feature article on differences between the sexes in the pain system takes the number one
The Experience of Chronic Pain: Many Dimensions, Lots of Uniqueness At the 2019 North American Pain School, psychologist and pain researcher Robert Edwards focused on how psychological factors contribute to chronic pain.

Understanding Pain Through Lived Experience Childhood cancer changes the pain experience for survivors and parents.

UPCOMING EVENTS

Belgian Pain Society: Young Researchers Day
5 March 2020 | Brussels, Germany

New Zealand Pain Society Conference 2020
19-21 March 2020 | Bay of Islands, Northland, New Zealand

British Pain Society Annual Scientific Conference
31 March-3 April 2020 | London, United Kingdom

Australian Pain Society Annual Scientific Conference
5-8 April 2020 | Tasmania, Australia

Canadian Pain Society Annual Scientific Meeting
19-22 May 2020 | Calgary, Alberta

43rd National Congress of the Italian Association for the Study of Pain
10-12 September 2020 | Rome, Italy

SPS &SKG Annual Congress 2020
1-2 October 2020 | Bern, Switzerland

Submit an Event