President's Message

As many of us are adapting to changes caused by the extraordinary circumstances surrounding COVID-19, the International Association for the Study of Pain (IASP) is working hard to restructure planned activities to adapt to the new virtual world in our continued mission of pain relief worldwide.

In rescheduling the IASP World Congress for 2021, we are continually updating the Congress website with the newest information. Recently, IASP posted answers to frequently asked questions (FAQs) related to registration, speakers and posters, hotel reservations, exhibitors, and more. Furthermore, details regarding IASP’s series of virtual meetings later this year with workshops, posters, and symposia will be available soon. IASP members will receive discounted rates on these meetings. Therefore, I encourage those with soon-to-be expiring memberships to renew and take advantage of this opportunity.

2020 Global Year for the Prevention of Pain webinars also provide convenient access to world-class science and connection to the global pain community. With new webinars frequently added to the series, these free sessions are a great resource to increase your knowledge on pain prevention, and to share with colleagues to help spread the latest news on pain prevention.

I want to also encourage and remind everyone of the valuable resources the IASP Pain Education Resource Center (PERC) offers IASP members. PERC provides access to a growing library of World Congress recordings, webinars, CMEs, and more, all available online, making it a convenient tool for continuing education.

Finally, IASP publications, PAIN and PAIN Reports, are great educational resources on the latest pain research. With the recent call for papers relevant to COVID-19, we plan to publish more articles about the pandemic in upcoming issues.

Take care,

Lars Arendt-Nielsen, Dr. Med., PhD

Follow Lars on LinkedIn

TOP TOPICS

IASP Members Elect  Early Career Research  Call for Papers Relevant
Three Officers, Five Councilors
IASP members voted to elect a new slate of officers and councilors in the 2020 leadership election. LEARN MORE

Grant Recipients Announced
IASP is pleased to announce Paulino Barragan-Iglesias and Jerry Kalangara as the 2020 Early Career Research Grant recipients. LEARN MORE

to COVID-19
IASP publications, PAIN, and PAIN Reports, are accepting manuscripts relevant to the pandemic. LEARN MORE

IASP Announces New Federation
The IASP Executive Committee has approved the South Asian Regional Pain Society (SARPS) as a federation of IASP. LEARN MORE

Closing Soon: Euro Pain Summer School Applications
Attend a 5-day summer research and training program in the beautiful town of Heidelberg, Germany. Applications close 15 May 2020. LEARN MORE

John J. Bonica Trainee Fellowship: Applications Close 12 June
Fund your research with up to US$100,000 for 2 years! Applications close 12 June 2020. LEARN MORE

PUBLICATIONS

PAIN, May 2020

Impact of opioid dose escalation on pain intensity: a retrospective cohort study

Mechanistic pain profiling in young adolescents with patellofemoral pain before and after treatment: a prospective cohort study

COVID-19 Article

Managing patients with chronic pain during the COVID-19 outbreak: considerations for the rapid introduction of remotely supported (eHealth) pain management services VIDEO PRESENTATION SLIDES (3 LANGUAGES)

Read PAIN

PAIN Reports, March/April 2020

Post-thoracotomy pain syndrome: seldom severe, often neuropathic, treated unspecific, and insufficient

Reliable approaches to extract high-integrity RNA from skin and other pertinent tissues used in pain research

Read PAIN Reports

IASP 2021 WORLD CONGRESS ON PAIN

Frequently Asked Questions
Get answers to questions related to registration, speakers and posters, hotel reservations, and more. LEARN MORE

Coming Soon: 2020 Virtual Program
IASP will be hosting a series of virtual meetings in late 2020. More details will be available soon.
Welcome to the 2020 Global Year for the Prevention of Pain! Look out for new, freely accessible resources, including factsheets, webinars, and more.

To join the conversation, use #GlobalYear2020 and #IASPGlobalYear on LinkedIn, Facebook, and Twitter.

New Factsheet Translations
New factsheet translations on pain prevention are added every month. Access factsheets in more than 10 languages. LEARN MORE

Become a Global Year Presenter
Share your knowledge and build your professional portfolio. Get involved with Global Year and present a webinar. CONTACT US

Upcoming Global Year Webinars This Month

14 May
Can We Prevent Orofacial Pain?
8:00 EDT/13:00 BST/14:00 CEST/20:00 AWST

18 May
PRF Seminar: Opioids and Pain Persistence: A Role for Neuroimmune Mechanisms
12:00 EDT/17:00 GMT/18:00 CET

27 May
PRF Seminar: Pain in Childhood Cancer Survivors
12:00 EDT

MEMBER SPOTLIGHT
IASP is turning the spotlight on members! Get to know your global colleagues, how they're working towards global pain relief, and what the association means to them.

Emilia da Felicidade Venturas Pinto Miquidade, Mozambique

Dr. Miquidade currently holds many roles. She specializes in anesthesiology, has a master’s degree in pain management, and is a PhD student.

Interested in participating in the program? Email Jeanette Gass

PAIN EDUCATION RESOURCE CENTER (PERC)

As an IASP member, enjoy exclusive access to a living library
Explore PERC

Resource Spotlight

Exposure Treatment in Chronic Pain: Why, When, and How?

- **Understand** the theoretical underpinnings of exposure treatment for chronic pain and how to apply this model to optimize exposure therapy in (chronic) pain patients
- **Recognize** the potential utility of digital tools to enhance behavioral flexibility and values-based living with an ACT framework
- **Be exposed** to techniques and additional challenges when implementing exposure in pediatric chronic pain that include developmental modifications and engagement of parents

View This Resource

SIG'S CORNER

Pain in Older Persons
In order to assess pain in people with dementia, an international team of physicians, nurses, physiotherapists, epidemiologists and psychologists developed an observational pain assessment scale: The Pain Assessment in Impaired Cognition (PAIC 15) scale. **LEARN MORE**

View Infographic

PAIN RESEARCH FORUM (PRF) & RELIEF

**PRF Virtual Seminar: Recording available - The Quebec Network of Junior Pain Investigators (QNJPI): A Student-Led Pain Network and Its Outreach Activities for Knowledge Transfer**
View the recording of the first seminar in PRF’s weekly series, aimed to help keep the pain research community connected during the COVID-19 pandemic, and to provide all members of the community with virtual educational opportunities.

**Hunting for the Macrophage MAFIA in Neuropathic Pain**
A new study shows that macrophage expansion in the DRG, but not at the nerve injury site, contributes to the initiation and persistence of mechanical hypersensitivity.

**Higher Pain Ratings in African Americans Rooted in Discrimination**
Brain imaging suggests differences in pain stem from life experience, not nociceptive circuitry.

**COVID-19 Hits Pain Research Labs Hard**
Pain investigators doing basic science as well as those on the front lines of clinical care navigate rapid changes during a global pandemic.

**PRF Papers of the Week**
See PRF’s weekly review of the pain research literature, including basic science, translational and clinical pain research studies.

More From PRF
Helping Others Eases Pain
A new study shows that altruistic behaviors relieve acute pain in healthy volunteers and chronic pain in cancer patients.

In the Search for New Drugs, the Migraine Field Wins the Day — Again
Based on results from two recent clinical trials, the US Food and Drug Administration approves ubrogepant for short-term migraine treatment.

RELIEF to Serve as Archive of Body in Mind Content
Collection of posts from an influential publication that covered human pain studies now freely available to RELIEF readers.

The IASP Global Alliance of Pain Patient Advocates (GAPPA): Incorporating the Lived Experience of Pain into the Study of Pain
In this invited op-ed, Joletta Belton and Blair Smith, co-chairs of GAPPA, discuss a new initiative aiming to advance pain research and care by incorporating the perspectives of people who have lived with or have been affected by pain.

UPCOMING EVENTS
In light of the current concerns surrounding the coronavirus, please check to verify your event is still happening.

Thai Association for the Study of Pain Annual Scientific Meeting
14-15 May 2020 | Bangkok, Thailand

Pain Association of Singapore Annual Scientific Meeting
27 June 2020 | Singapore

43rd National Congress of the Italian Association for the Study of Pain
10-12 September 2020 | Rome, Italy

Submit an Event