



International Association for the Study of Pain

**IASP**

Working together for pain relief

**PAIN  
E-MONTHLY**

March 2019

## Message from the IASP President

Pain research, science, and tools are constantly changing and continuing education has to be prioritized. Aside from the IASP World Congress on Pain, IASP also offers more intimate learning opportunities. Two upcoming opportunities include the 7th International Congress on Neuropathic Pain and the 4th World Congress on Abdominal and Pelvic Pain. Both events will take place in London this May.



The [7th International Congress on Neuropathic Pain](#), organized in partnership with the [Neuropathic Pain SIG \(NeuPSIG\)](#), is an international forum that provides the latest research and developments in understanding the mechanisms, assessment, prevention, and treatment of neuropathic pain. The #NeuPSIG2019 Congress will feature a variety of different workshops, lectures, and posters on topics like diabetic neuropathic pain, chemotherapy-induced peripheral neuropathic pain, and more.

The [4th World Congress on Abdominal and Pelvic Pain](#), hosted by the [Abdominal Pelvic Pain SIG](#) this year, will feature internationally-renowned experts from more than 10 countries who will speak on pain research and management from a lifecourse and lifestyle approach. Topics include childhood & adolescence, reproductive age, sleep & stress, exercise, and more.

Finally, the [EFIC 2019 Congress](#) in Valencia, hosted by the European Pain Federation, is coming up and registration is now open.

I'm happy to announce that IASP will soon be unveiling the **IASP Pain Education Resource Center**, a member-only online educational hub. These on-demand, pain education resources will include IASP Congress recordings, webinars, and more, exclusively for IASP members. Continuing education credits will also be available. Stay tuned for more details.

**Lars Arendt-Nielsen, Dr. Med., PhD**  
**IASP President**



[Follow Lars on LinkedIn](#)

## IASP News

### [Now Available: Pain in Children Webinar Recording](#)

As part of the 2019 Global Year Against Pain in the Most Vulnerable, IASP is offering a free quarterly webinar series. The first webinar, hosted by the Pain in Childhood SIG, featured presentations on pain in pre-verbal/non-verbal children and the effects of emotional distress on treatment outcomes in children.

with chronic pain. [WATCH THE WEBINAR.](#)

Interested in these topics? Consider joining the [Pain in Childhood SIG](#) and/or the [Pain and Intellectual Developmental Disabilities SIG](#).

### [Free Webinar on Pain-Related Fear on March 21](#)

Join the [Pain, Mind, & Movement SIG](#) for a free webinar titled *Pain-Related Fear and the Process of Change in People with Chronic Back Pain*, presented by JP Caneiro, a Specialist Physiotherapist. [REGISTER NOW.](#)



### [The First International Rwandan Pain Conference 2019](#)

On January 16 and 17 2019, the inaugural international Rwandan Pain Conference was held. With an outstanding attendance of 250 people, physicians, nurses, physiotherapists, pharmacists, psychologists, non-physician anesthetists, and administrators from across the country gathered to share the latest in pain research. [READ MORE.](#)

### [Congratulations to the 2019 Class of the IASP Southeast Asia Pain Camp](#)

Thirty-two multidisciplinary participants have been chosen as the 2019 class for the IASP Southeast Asia Pain Camp April 7-11 in Kuching, Sarawak, Malaysia. The group will learn pain management and assessment skills. IASP provided \$40,000 in 2019 to support this hands-on learning experience and to subsidize participant registration, accommodations, and travel. [READ MORE.](#)

The camp will be followed by the [8th ASEAPS Congress](#) April 11-14, 2019.

### [Applications to Fund Pain Education Projects in Developing Countries Close March 14](#)

One week left to apply for up to US\$10,000 in funding for the creation of innovative pain education materials and programs that acknowledge local needs and strengthen the scope and availability of essential education for pain clinicians of all disciplines. Applications are due March 14. [APPLY NOW.](#)

### [Collaborative Research Grant Applications Due April 4](#)

Help accelerate interdisciplinary pain research through closer communication and teamwork with basic, translational, and clinical scientists outside of your country. IASP Collaborative Research Grants provide up to US\$15,000 in funding. Applications are due April 4. [LEARN MORE](#)

### [John J. Bonica Fellowship: Apply for up to US\\$100,000 in Funding](#)

Advance your pain career, fund your research, and gain international recognition! Applications for this prestigious award are due May 9, 2019. [LEARN MORE.](#)

“With no doubt, receiving the Bonica Fellowship had a great impact on my career path by helping me join Dr. Christine Chambers’ lab, one of the great pediatric pain labs. In the two years of my fellowship, I led five multidisciplinary projects.... All of these projects help us to better understand the impact of chronic pain...”

– Somayyeh Mohammadi, past John J. Bonica Fellow



Coming Soon: **NEW IASP Member Benefit!**

## **IASP** Pain Education Resource Center

On-demand continuing education for pain professionals

The **IASP Pain Education Resource Center (IASP PERC)** will be your new go-to resource for pain education! This continually growing library of resources will include IASP Congress recordings, webinars, and more – exclusively for IASP members! **CME credits** will also be available. Stay tuned for details!

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### [7<sup>th</sup> International Congress on Neuropathic Pain](#)

9-11 May 2019 | London, United Kingdom

Access the latest research and tools in neuropathic pain at #NeuPSIG2019! The congress will feature a variety of different workshops, lectures, and posters on topics like diabetic neuropathic pain, chemotherapy-induced peripheral neuropathic pain, and more. [REGISTER NOW](#).



Are you a trainee or early-career pain professional attending #NeuPSIG2019? Apply for the **PRF Correspondents Program**. [LEARN MORE](#).

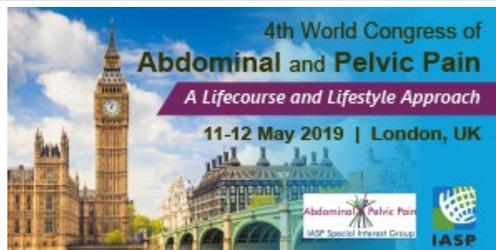
Follow [@NeuPSIG](#) and [#NeuPSIG2019](#) conversation on Twitter!

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### [4th World Congress on Abdominal and Pelvic Pain](#)

11-12 May 2019 | London, United Kingdom

Network with leading global experts and discuss the latest research and developments in the abdominal and pelvic pain fields at the 4th World Congress on Abdominal and Pelvic Pain. Presentations will focus on pain research and management from a lifecourse and lifestyle approach. Topics include childhood & adolescence, reproductive age, sleep & stress, exercise, and more. [REGSITER NOW](#).



### [Call for Posters: Abstracts due TODAY, March 8](#)

Get involved and share your research! Don't miss your opportunity to present at this premier congress on abdominal and pelvic pain. The deadline to submit poster abstracts is today, March 8. [SUBMIT NOW](#)



Save the date! [18<sup>th</sup> World Congress on Pain](#)  
Amsterdam, the Netherlands, August 4 - 8, 2020

Follow [@IASPPAIN](#) on Twitter and join the [#IASPCongress](#) conversation!

## 2019 Global Year Against Pain in the Most Vulnerable



### IASP 2019 Global Year Against Pain in the Most Vulnerable

IASP has committed its 2019 Global Year Against Pain to the theme of Pain in the Most Vulnerable. Its scope focuses on four patient groups identified as particularly high risk for inadequate assessment and management: pain in children, older adults, survivors of torture and war, and people with intellectual and developmental disabilities.

**Join IASP in the fight against pain the most vulnerable!** Get involved by accessing and sharing FREE resources such as a fact sheet series, webinars, collections of [PAIN](#) and [Pain Reports](#) articles, and vetted solutions that address the common communication barriers between these patients and health care providers. [READ MORE](#)

## IASP Journals

Editor's Choice articles from the February issue of [PAIN](#)

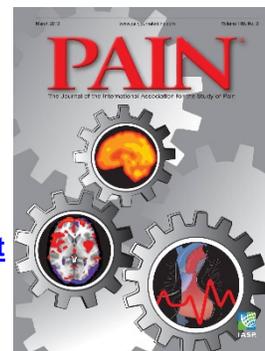
[Improving pain and sleep in middle-aged and older adults](#)

[Facial muscle movements encoding pain—a systematic review](#)

[The migraine eye: distinct rod-driven retinal pathways' response to dim light challenges the visual cortex hyperexcitability theory](#)

*Did you know?* Single sign-on allows you to login to [painjournalonline.com](#) with your IASP username and password. The benefit of single sign-on is that you have a better online reading experience and increased security, while reducing the need to remember multiple passwords.

Follow [#PainJournal](#) on [Twitter](#), [Facebook](#), and [LinkedIn](#)!



## IASP Pain Research Forum & RELIEF News

### PAINRESEARCHFORUM

*Progress through collaboration*

#### [Pain in a Social Context](#)

Symposium at 2018 IASP World Congress on Pain in Boston highlighted how social interactions affect pain perception in rodents and people

#### [A Neural Pathway for Soothing Sustained Pain](#)

New research puts forth spinal TAC1-lineage neurons as responsible for behaviors that help mice “cope” with painful stimuli; exactly what those behaviors represent, and relevance of findings to chronic pain, remain uncertain

#### [Male Mice—and Men—Remember the Pain](#)

Stress-dependent “pain memory” seen only in males, according to a new study of conditioned pain hypersensitivity

### [Meeting People Where They Are: A Conversation With Vikram Patel](#)

2018 World Congress on Pain Vikram Patel discusses his research, the importance of person-centered care, and much more.

### [Disseminate Your Research, Collaborate Outside Your Field, and Speak Up for Women: A Conversation with Christine Chambers](#)

2018 World Congress on Pain plenary speaker Christine Chambers discusses her path to pain research, the importance of knowledge translation, her advice for young women entering the pain field, and more.

**Follow #PainResearchForum on [Facebook](#) and [Twitter](#)!**

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## RELIEF Pain Research News, Insights, and Ideas

[Helping Children With Chronic Pain: A Conversation With Christine Sieberg](#) Pain psychologist Christine Sieberg discusses her research, approaches to managing chronic pain in children, and much more.

**Follow #ReliefNews on [Facebook](#) and [Twitter](#)!**

## Upcoming Events



Would you like to see your organization's event listed on IASP's calendar?  
[Please let us know by completing this form.](#)

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## CHAPTER NEWS

### [Canadian Pain Society 40th Annual Scientific Meeting](#)

April 2-5 2019, Toronto, Canada

### [American Pain Society Scientific Meeting | April 3-6, 2019 in Milwaukee, Wisconsin, USA](#)

Featuring a balance of clinical, translational, and basic science research, this year's Scientific Meeting is focused on the theme, "Combating the Opioid Epidemic through Innovations in the Treatment of Pain." From interactive, cross-disciplinary panel discussions to traditional plenary sessions, APS has planned an all-star line-up of educational programming. Hear from the Director of National Institute of Neurological Disorders and Stroke, Walter Koroshetz, MD, and Helene Langevin, MD CM, the Director of the National Center for Complementary and Integrative Health. [View the Full Schedule.](#)

### [SASP Congress](#)

Scandinavian Association for the Study of Pain Congress, "From Cells to Societies: What do we not know about pain?" will take place April 3-5, 2019, in Oslo, Norway. [Learn More.](#)

### [8th ASEAPS Congress in Malaysia | April 11-14 2019](#)

Post early bird rate ends 31 March. [Learn More.](#)

### [EFIC 2019 | 11th World Congress of the European Pain Federation](#)

**September 4-7 2019 | Valencia, Spain**

The congress of the European Pain Federation gives access to leading lecturers and a scientific program consisting of the latest evidence-based and best-practice-based medicine in all relevant disciplines in the field of pain management. [Register Now.](#)

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