

Happy New Year! 2019 January 2019 Happy New Year! 2019

Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Grape Tomatoes 7 Breaded Mozzarella Sticks with Marinara Sauce Or- Ham & Cheese Hoagie 🐷 Or- Yogurt & Cheese Stick with a WG Breadstick Glazed Carrots Pears	8 BBQ Chicken Legs with a WG Dinner Roll Or- Chef Salad w/a WG Dinner Roll 🐷 Or- Yogurt & Cheese Stick with a WG Dinner Roll Cowboy Beans Fresh Banana	9 Pizza Hut Pizza Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a WG Soft Pretzel Fresh Broccoli Peaches	10 Big Ol' Meatball with WG Garlic Bread 🐮 Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with WG Garlic Bread Seasoned Green Beans Fresh Apple	11 Macaroni and Cheese with a WG Soft Pretzel Or- Asian Chicken Salad with a WG Soft Pretzel Or- Yogurt & Cheese Stick with a WG Soft Pretzel Peas Blueberries
SPV – Red Bell Pepper Strips 14 Sausage, Egg & Cheese Biscuit Sandwich 🐷 Or- Cottage Cheese & Fruit with a WG Biscuit Or- Yogurt & Cheese Stick with a WG Biscuit Sweet Potato Tots Fresh Apple	15 Cheeseburger on a Bun 🐮 Or- Hummus, WG Flatbread and Fresh Vegetables Or- Yogurt & Cheese Stick with a WG Dinner Roll Baked Beans Fresh Banana	16 Sweet & Sour Popcorn Chicken with Brown Rice Or- Salami, Cheese, Crackers and a Nutrigrain Bar 🐷 Or- Yogurt & Cheese Stick with a WG Dinner Roll Oriental Blend Vegetables Fresh Pear Fortune Cookie	17 BBQ Chicken Flatbread Pizza Or- Antipasto Pasta Salad 🐷 Or- Yogurt & Cheese Stick with WG Flatbread Romaine Salad with Croutons Mixed Fruit	18 Shepherd's Pie with a WG Breadstick 🐮 (Ground Beef w/Peas, Carrots, and Corn with Mashed Potatoes) Or- Sunshine Chicken Salad w/a WG Breadstick Or- Yogurt & Cheese Stick with a WG Breadstick Mashed Potatoes and Gravy Strawberries
SPV – Grape Tomatoes 21 Martin Luther King, Jr. Day Westside No School	22 Crispy Chicken Sandwich Or- Italian Hoagie 🐷 Or- Yogurt & Cheese Stick with a WG Soft Pretzel Jazz'd Crinkle Fries Peaches	23 Pizza Hut Pizza Or- Turkey BLT 🐷 Or- Yogurt & Cheese Stick with a WG Breadstick Fresh Broccoli Pears	National Compliment Day 24 Turkey Pot Pie w/a WG Biscuit Or- Roast Beef Sandwich 🐮 Or- Yogurt & Cheese Stick with a Biscuit Steamed Carrots Fresh Yellow Apple <i>That's a wonderful smile!</i>	25 Walking Taco with a Lettuce and Cheese Cup 🐮 Or- Crispy Chicken Salad with a WG Dinner Roll Or- Yogurt & Cheese Stick with a WG Dinner Roll Refried Beans Orange Wedges
SPV – Baby Carrots 28 Hot Dog on a Bun 🐷 Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a WG Soft Pretzel Ranch Beans Applesauce	29 Popcorn Chicken Bowl with Cheddar Cheese and a WG Breadstick Or- Beef Taco Salad with a WG Breadstick 🐮 Or- Yogurt & Cheese Stick with a WG Breadstick Mashed Potatoes & Gravy Fresh Banana	30 Grilled Cheese and Tomato Soup Or- Southwest Chicken Salad with a WG Dinner Roll Or- Yogurt & Cheese Stick with a WG Dinner Roll Crisp Celery Sticks w/Ranch Pineapple Tidbits	31 Penne Pasta with Meat Sauce and WG Garlic Bread 🐮 Or- Turkey Custer 🐷 Or- Yogurt & Cheese Stick with WG Garlic Bread Romaine Spinach Salad Mandarin Oranges Candy Cookie	1 Pancakes & Sausage Links 🐷 Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with a WG Dinner Roll Sweet Potato Fries Blueberries

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. 🐷 Denotes PORK in main entrée. 🐮 Denotes BEEF in product

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