



GOALS



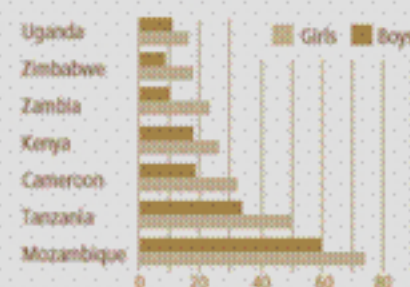
CENTER FOR AIDS PREVENTION REGIONAL LABORATORIES

"Regional laboratories will conduct researches and development under regional agencies direct supervision. They will ensure that all treatment avenues will be researched, analyzed and once agreed...put at the people disposal."

How Do You Fight AIDS?

AIDS and HIV infection are preventable, and a person who is suffering from Acquired Immuno-Deficiency Syndrome can be treated by the use of anti-HIV drugs, which are also known as antiretroviral medications. They slow down the progression and spread of the virus. The recommended method of treatment for HIV infection is known as Highly Active Antiretroviral Therapy (commonly known by its acronym HAART).

AIDS can be prevented by avoiding unprotected sexual contact or intercourse with people who suffer from symptoms of AIDS, are in a group of people who are at a high risk of suffering from AIDS, people who have had multiple sexual partners (such as commercial sex workers), people who have had sex with people who either have AIDS or are at high risk of getting AIDS and refraining from anal intercourse. It can also be acquired by sharing used razors, toothbrushes, etc. Or coming into contact with the blood and other waste products of one's partner. **The best way to have safe sex is to use contraceptive pills or condoms while having sex.**



Percentage of girls and boys aged 15 to 19 who do not know how to protect themselves from HIV, in percent of those asked

Almost no one in rural sub-Saharan Africa talks about sex, and in the silence, infections soar. Many young people do not know how to protect themselves.