

**South Carolina Department of Education  
Standards for Health and Safety Instruction**

**Content Area VI: Alcohol, Tobacco, and Other Drugs**

**Standard 1: Comprehend health promotion and disease prevention concepts.**

**By the end of grade eight:**

**Project ALERT Activities**

(C = Core Curriculum BL = Booster Lessons)

A. Describe the relationship between ATOD use and physical injury, violence, disease, and premature death.

C1 Activity 3,4,5  
C2 Activity 2-5  
C3 Activity 3,6  
C8 Activity 4-9  
C9 Activity 5

C10 Activity 4,6  
C11 Activity 2-4  
BL3 Activity 4-6

B. Describe risks associated with ATOD use, dependence, and addiction.

C1 Activity 3-6  
C2 Activity 2-7  
C3 Activity 3,5,6  
C4 Activity 4-6  
C5 Activity 2-7  
C6 Activity 2-6  
C7 Activity 2-6

C8 Activity 4,6,9  
C9 Activity 3,4  
C10 Activity 2-5  
C11 Activity 2-5  
BL1 Activity 5  
BL2 Activity 2-8  
BL3 Activity 3,5,6

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C. Describe the impact of ATOD use/abuse on the individual, family, and society.

C1 Activity 3-6  
C2 Activity 2-7  
C3 Activity 3,6  
C5 Activity 2,7  
C7 Activity 6  
C8 Activity 4-8

C9 Activity 5  
C10 Activity 2-5  
C11 Activity 2-5  
BL1 Activity 2,3,6  
BL3 Activity 6

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**Content Area VI: Alcohol, Tobacco, and Other Drugs**

**Standard 2: Access valid health information, products, and services.**

**By the end of grade eight:**

**Project ALERT Activities**

(C = Core Curriculum BL = Booster Lessons)

A. Demonstrate the ability to utilize resources for ATOD-related problems.	C5 Activity 7	
	C7 Activity 6	
	C8 Activity 9	
	C10 Activity 4	
B. Access valid information on ATOD issues.	C2 Activity 8	C10 Activity 4
	C4 Activity 4-6	C11 Activity 2
	C5 Activity 1	

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**Content Area VI: Alcohol, Tobacco, and Other Drugs**

**Standard 3: Demonstrate the ability to practice behaviors that enhance health and reduce risks.**

**By the end of grade eight**

**Project ALERT Activities**

(C = Core Curriculum BL = Booster Lessons)

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|---|--|---|
| A. Demonstrate the ability to use medications properly                                  |  |   |
| B. Demonstrate the ability to avoid potentially harmful situations related to ATOD use. | C5 Activity 2-6<br>C6 Activity 2<br>C7 Activity 2-5  | C9 Activity 3,4<br>BL2 Activity 7,8   |
| C. Demonstrate individual responsibility for preventing risky ATOD behaviors.           | C3 Activity 5-7<br>C4 Activity 5,6<br>C5 Activity 2-6<br>C6 Activity 2-6<br>C7 Activity 2-6<br>C8 Activity 6,9 | C9 Activity 3,4<br>C10 Activity 5<br>C11 Activity 4<br>BL1 Activity 1-5<br>BL2 Activity 4,7,8<br>BL3 Activity 3 |
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| D. Assess personal risks related to ATOD use.   | C10, Activity 5  |   |
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## **Content Area VI: Alcohol, Tobacco, and Other Drugs**

### **Standard 4: Analyze the influence of personal beliefs, culture, mass media, technology, and other factors on health.**

#### **By the end of grade eight:**

#### **Project ALERT Activities**

(C = Core Curriculum BL = Booster Lessons)

A. Analyze the effect of mass media, culture, gender, age, and other factors on attitudes and behaviors related to ATOD use.

C1 Activity 3-5

C10 Activity 2,3

C3 Activity 2

BL1 Activity 4

C4 Activity 2, 4-7

B. Analyze advertising messages related to alcohol and tobacco.

C4 Activity 4-7

C5 Activity 1

C. Recognize current policies, laws, and criminal consequences related to ATOD use.

C1 Activity 3,4

**Content Area VI: Alcohol, Tobacco, and Other Drugs**

**Standard 5: Use interpersonal communication skills to enhance health.**

**By the end of grade eight:**

**Project ALERT Activities**

(C = Core Curriculum BL = Booster Lessons)

A	Demonstrate resistance and negotiation skills to avoid ATOD use.	C5 Activity 2-6	C9 Activity 3,4
		C6 Activity 2,4,6	BL1 Activity 5
		C7 Activity 2-5	BL2 Activity 7
B	Demonstrate healthy ways to express feelings and relieve stress.	C1 Activity 2	C6 Activity 2,4
		C3 Activity 4,5	C7 Activity 2-5
		C5 Activity 2-7	C10 Activity 4,5

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**Content Area VI: Alcohol, Tobacco, and Other Drugs**

**Standard 6: Use goal-setting and decision-making skills to enhance health.**

**By the end of grade eight:**

**Project ALERT Activities**

(C = Core Curriculum BL = Booster Lessons)

A. Apply decision-making strategies to ATOD issues.

C3 Activity 5,7  
C5 Activity 2-6  
C6 Activity 4  
C7 Activity 1-7  
C9 Activity 2-4

C10 Activity 3-5  
C11, Activity 4  
BL2 Activity 2,6  
BL3 Activity 2,3

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B. Predict how decisions regarding ATOD use have consequences for individuals, family, and society.

C1 Activity 3-6  
C2 Activity 2-7  
C3 Activity 1,3,6  
C5 Activity 2-5  
C6 Activity 4  
C7 Activity 5  
C8 Activity 1-9

C9 Activity 5,6  
C10 Activity 2-4  
C11 Activity 2,3  
BL1 Activity 2,3,6,7  
BL3 Activity 4,5,6

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**Content Area VI: Alcohol, Tobacco, and Other Drugs**

**Standard 7: Demonstrate the ability to advocate for personal, family, and community health.**

**By the end of grade eight:**

**Project ALERT Activities**

(C = Core Curriculum BL = Booster Lessons)

A. Demonstrate the ability to work cooperatively to prevent ATOD use among adolescents.

C1 Activity 6  
C5 Activity 7  
C7 Activity 6  
C8 Activity 9

C9 Activity 6  
C10 Activity 5  
C11 Activity 5  
BL2 Activity 8

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B. Demonstrate the ability to influence and support others in making positive choices regarding the use of ATOD.

C10 Activity 4

BL3 Activity 2,3

C. Support school and community efforts regarding the illegal use of ATOD.

C1 Activity 2-4,7,8