

## SHROVE TUESDAY PANCAKE SUPPER | FEBRUARY 25TH

Joins us for the beginning of Lent for a pancake dinner at the Bible House at 5:30pm on February 25th!

## AN EVENING OF FELLOWSHIP | FEBRUARY 28TH

Messiah Men will resume on Friday, February 28th at 7:00 p.m. Come join us for a night of fellowship and snacks. The evening will conclude in a time of prayer. Text Shane at 613-869-4790 for details and to RSVP!

## ANNUAL VESTRY 2020 AND POTLUCK | FEBRUARY 29TH

Joins us for the Annual Vestry 2020 followed by a potluck supper at the Bible House! We will meet at the Bible House at 4:00pm for the meeting and start supper around 5:30pm.

Financial reports are available upon request. Email Jen at [jen@messiahchurch.ca](mailto:jen@messiahchurch.ca)



CHURCH OF THE  
**MESSIAH**

*Welcome!*

*The Book Judges*  
**MESSY PEOPLE, FAITHFUL GOD**

**FEBRUARY 16TH**

**MAKING DISCIPLES OF JESUS GRIPPED BY THE GOSPEL,  
LIVING FOR GOD'S GLORY.**

MESSIAH OFFICE | 315 LISGAR ST. OTTAWA ON, K2P0E1

SUNDAY SERVICE | OTTAWA LITTLE THEATRE, 400 KING EDWARD AVE. OTTAWA, ON

15 MINUTES A DAY TO CHANGE YOUR LIFE

Dear Friends,

Lots of people nowadays are telling you to unplug and just be. They often do this in the context of trying to make you feel guilty about how busy or connected you are. I am not going to say anything in favour of this, or against it. I want to encourage you to spend 15 minutes, give or take, on something that when done humbly in light of the Gospel will change your life for the good. I am talking about either reading or listening to the Bible every day. I realize that you can be part of a church and not realize this is an important part of your life with Jesus. Three points:

First, human beings were designed by the Triune God to listen and speak because God loves us. From all eternity the Father reveals Himself to the Son and the Son reveals Himself to the Father, both in and by the Spirit. This is at one with the Father, from all eternity, loving the Son and the Son loving the Father, both in and by the Spirit. Out of this unending fullness of love and revelation, Almighty God created all things, and made human beings in His image. Among much else, we human beings were made to receive the love and revelation of the Triune God as we respond in open love and speaking to Him. In this context, we were designed to love and reveal ourselves to others, while receiving their love and revealing. In the Fall, we broke and bent ourselves (but not the Triune God!), and so our relationship with Him, with others, and ourselves is bent or broken, but His image in us is not removed, it is bent.

Second, the Triune God redeems us to restore us. The Father in his Son, communicated by the Spirit, did all that needed to be done to redeem and reconcile to Himself all who put their trust in Jesus as Gods one and only provision for salvation. Once saved, He longs for us to learn to listen to Him speak and reveal Himself day by day, that we will respond to His words in a worthy manner, speaking to Him in light of who we are and who He is. Through Jesus, we know that the whole counsel of the Triune God is revealed, given to us in the 66 books of the one Bible. So if we want to be restored to what the Triune God intended us to be, then we need to learn to listen into Him and respond day by day till we see Jesus face to face. "All scripture is breathed out by God, and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man and woman of God may be complete, equipped for every good work".

*(Continued on next page)*

"All authority in heaven and on earth has been given to me. Go therefore, and make disciples of all nations, baptizing them in the name in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the ends of the age." 2 Timothy 3:16-17, Matthew 28:18b-20 ESV. How shall we then live?

Third, by striving to listen to His word written everyday. I do not know how many words you hear and speak everyday. We are all in different seasons of life, and we have different vocations. The stay-at-home-mom with a three year old and five year old who never stop talking (usually at the same time) and the journalist or counselor all have different demands on listening, because of their vocation, than the retired empty nester. So I am not going to lay down a law about how much time to spend in God's word written. I might say it with apparent great authority, but it would be merely human. The principle of the widow's might applies, the 5 minutes spent in the word by that young mom caring for exhausting chatterboxes is probably worth more in the Lord's eyes than the many people with lots of time under their own control. But remember in a sea of words or for the lonely widow in a sea of silence, we need to hear the Triune God speak to us everyday. We were made to hear Him speak and respond in love. He is restoring us for this. He will one day fit us to be in His holy presence receiving from Him and responding for all eternity. So today, try 15 minutes, give or take. Letting Him lead and the same tomorrow. God bless,

George+

George loves good questions! Next week the sermon will be on Judges 10:6-12:15. Feel free to email George at questionpastor@gmail.com with questions you have about the bible text!

**RECTOR** | Rev. Canon George Sinclair

**CHURCH PLANTER** | Daniel Avitan

**MINISTRY INTERNS** | Matt Usherwood,  
Jason Biggs, Shane Wright

**ADMINISTRATOR** | Jen Murray

**GRAPHICS** | Amy Usherwood

**WARDENS** | Shannon Hoops-Ripley,  
Ross Allan, Matt Solheim, Elvira Lavigne  
Jeremiah Hadwen, Andrew Moore Ede

 COMOTTAWA

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## I NEED TO DEVELOP GODLY ATTITUDES.

- A) Pray for godly attitudes in general & certain attitudes in particular.
- B) Ask others to pray the same thing for you.
- C) Repeat the attitude to help it sink in. Do this in conjunction with A & B!

## ATTITUDES.

1. The Triune God is not your genie.
2. Getting older does not automatically make you wiser.
3. Lord, please grow the fruit of the spirit in me so that I will use my spiritual gifts and natural talents for Your glory and not mine.

## I NEED TO GROW IN PRAYER.

A great way to do this is to learn to pray the Bible. Pray this prayer until you can pray without reading:

Now to you who is able to keep me from stumbling and to present me blameless before the presence of Your glory with great joy, to You, the only God my Saviour, through Jesus Christ my Lord. His glory, majesty, dominion, and authority, before all time now and forever. Amen

## I NEED TO GET GOD'S WORD IN MY MIND AND HEART.

"Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen."

Jude 24-25 ESV

## I NEED TO DO SOMETHING OR START TO DO SOMETHING.

Complete the following sentence: "In light of God's word, the Holy Spirit is leading me to \_\_\_\_\_."

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