



The Wheel of Time

The Shamans Of Mexico Their Thoughts About Life Death And The Universe

by *Carlos Castaneda*

Washington Square Press © 2001
304 pages

The Big Ideas

The Toltec Warrior
Powerful stuff.

Carlos Castaneda
The Man, Myth & Legend.

The Path with Heart
You on it?

Luring Game
Quit clinging.

The Struggle
The great combat.

Warrior's Perception
Change yours.

Blink of an Eye
Blink.

Death As an Advisor
Mini-me to your left.

Chatter in Our Heads
Turn it off.

Personal History
Cut it off.

Impeccability
Hit your target.

No Stress Success
Effortless effort.

Carlos Castaneda and his *Toltec Warrior*. Powerful.

If you enjoy Don Miguel Ruiz (who wrote *The Four Agreements*) then you've been exposed to some of the wisdom of the shamans of Mexico and I think you'll dig Castaneda. If you're familiar with Castaneda, you'll really enjoy this Note as we're going to focus on *The Wheel of Time*--a book that collects the most powerful thoughts from his variety of great books.

We'll start with a quick look at both Toltec wisdom and Carlos Castaneda and then we'll explore his incredible Big Ideas!

■ The Toltec Warrior

The Toltec Warrior: An individual who is engaged in a battle for personal power. A person who views everything in life as a challenge while striving to act with impeccability and to approach life's challenges with humility and courage.

The ancient Toltec teachings inspire men and women to become warriors—taking the journey into self discovery that will lead them to transcend social conditioning and follow their individual, noble path to the attainment of true power, freedom and joy.

(Kinda like Dan Millman's "Peaceful Warrior." Me likes! :)

■ Carlos Castaneda

Carlos Castaneda was an anthropologist from UCLA who, during the course of his research, introduced the world to both the Mexican philosophy known as Toltec as well as his teacher, the Yaqui Indian shaman Don Juan.

Castaneda chronicled his experience with Don Juan through a series of books. The first, *The Teachings of Don Juan: a Yaqui Way of Knowledge*, was actually his UCLA master's thesis--which introduced the world to Don Juan and quickly became a best seller while starting a fascination with the world of shamanism and the Toltec warrior.

Although the veracity of some of his experiences (including the actual existence of Don Juan!) is questioned, the profile of a Toltec warrior is no less meaningful. The lessons he shares are powerful and echo many of the truths revealed in other classic philosophies teaching us the art of living.