



The Gifted Adult

A Revolutionary Guide for Liberating Everyday Genius

by Mary-Elaine Jacobsen, Psy.D.

Ballantine Books © 2000

416 pages

ISBN: 0345434927

The Big Ideas

Genius

Your Roman friend.

Strengths & Services

Be and give yourself.

Evolutionary IQ

It's what matters most.

2 Pencils

& Multiple Intelligences.

Evl = MI + GT + AD

Magical Math

Who's World

Do you live in?

Silencing Critics

Grow your comfort zone.

Hard Work

Meet a creative producer.

Bounce Back

Failure? What's that?

Co-Creators

You + God = Good

"Of course you're different. You're intense, complex, and driven because you're gifted."

~ Mary-Elaine Jacobsen, Psy.D. from *The Gifted Adult*

The Gifted Adult. This may be a book that you missed despite the fact that it is read by many people all over the world. I still can't remember how I discovered it but I'm thrilled I did. And, I think you're going to love it.

If you dig these PhilosophersNotes you're almost definitely one of the millions of **"Everyday Geniuses®"** out there (she counts 20 million in the US alone) looking to most fully and authentically give their gifts to the world... but, unfortunately, too often feeling a sense of purpose that is not quite being fulfilled.

That sound vaguely familiar? If so, I HIGHLY recommend the book. It was a life changer when I first read it several years ago and it's been refreshing to re-read it after quite a bit of growth—reflecting on the seeds planted by the book that have now taken firm root in my life.

You're busy. I'm busy. So, let's jump right in, shall we?!? :)

My gut is that if we're going to learn some Big Ideas about how we can unleash our Everyday Genius®, might as well start by understanding where the word genius came from in the first place, eh?!?

■ Genius

"Genius was derived from a word used by the ancient Romans, who considered genius a guiding inborn spirit who protects, reassures, and coaches throughout life." p. 73

Did you know the origin of the word genius can be traced back to Roman mythology? In Roman times, a community, family or individual was said to have a guardian spirit, or "genius."

Whenever an individual performed brilliantly--whether it was athletically or intellectually--it was said that their "genius" had guided them. I kinda like to think that we all have our own little mini-me genius on our shoulder...

How's yours? :)

"Improvement makes straight roads; but the crooked roads without improvement are the roads of