



## As a Man Thinketh

### The Classic Manual on Shaping Your Mind

by James Allen

Philosopher's Notes © 2008

12 pages

#### The Big Ideas

##### Dream Seeds

Plant yours today!!

##### Cherish Your Ideals

And your greatest vision will soon be yours.

##### Mining for Gold

Mine, mine, mine!

##### Dreamers

Are the saviors of the world.

##### Exercise Your Mind

Hit the mental gym.

##### 80% of Success

Is showing up.

##### Spring of Knowledge

KNOW you can do it.

##### Soul Magnet

Be your highest Self.

I've nominated a couple books for the "most densely packed with wisdom" books out there. This one may just take the prize. It's one long brilliant quote.

It's a short read. Very short. Get a free download of it on the site. Check it out and read it ASAP.

I've personally read it dozens of times and I'm excited to share some of my favorite gems!

We'll start with one of my favorite quotes ever:

#### ■ Dream Seeds

**"The greatest achievement was at first and for a time a dream. The oak sleeps in the acorn; the bird waits in the egg; and in the highest vision of the soul a waking angel stirs. Dreams are the seedlings of realities."**

What are *your* greatest dreams?

KNOW that EVERY great achievement was "at first and for a time a dream." For some weird reason we see someone we admire and make the bizarre assumption that they've ALWAYS been who they are now. Huh?

So Tiger Woods just woke up one morning and was the world's greatest golfer ever? Hmm... Maybe not. He clearly had talent and an incredibly supportive family but he also had a dream. An audacious vision since he was a kid to be the greatest. EVER. Who says stuff like that?!? (Hint: people who may one day realize their dreams.)

Then, with that crystal clear intention, he planted that dream seed in the fertile soil of incredibly disciplined, hard work. I'll be surprised (shocked actually), if you can find me a golfer who works harder and smarter than Tiger. Who more systematically maps out his season, his next tournament, his day, his training.

And you know what happens when you marry that kind of intention with that kind of impeccability? Tiger Woods.

So, what about YOU?

What are you most passionate about? What is it that you and only you can give to the world? What's your greatest dream?