The building will feature electricity and environmental studies at Raymond Avenue. Each with a balcony overlooking two, 2-bedroom apartments, while the second floor will host parking spots, plus stands to accommodate four bicycles. The parking lot solar array will be the first of its kind in St. Paul. It and the stormwater diversion system were designed by Stephen Mastey, a local landscape architect with an office near the building site. Stormwater will be captured by an infiltration system under the parking lot that uses tire-derived aggregate, the same material used under Joy of Energy’s Windsource program and will have a solar collector over the parking area, plus a rainwater diversion system to keep runoff out of the city’s storm sewer system. "It enables year-round construction," he said. Also, site work and building construction can proceed contemporaneously. Before breaking ground, Mueller shared his plans with the District 12 Community Council and Hampden Park Co-op. "I’ve tried to keep the lines of communication open throughout the process," he said.

Mueller didn’t pursue veterinary medicine until after he graduated from college. He was in Thailand when the Indian Ocean tsunami hit in 2004 and later spent time in India, and had experiences that created a conviction to do something that would help people. "I wasn’t sure what direction I should go in," he said, "but I began to realize that one way to help people is by helping animals." After a year and a half of post-undergraduate preparatory coursework, Mueller was accepted at the University of Minneso­ta’s Veterinary School, graduating in 2011. His first job was with Banfield Pet Hospital in Eagan where he worked 10-hour days. By then he’d married, and when his first two children were born, he found his work schedule incompatible with the kind of family life he wanted.

His next job was at VCA Animal Care Hospital in Richfield where he was the medical director, an experience that gave him a taste of running a business. “I started thinking that if I owned my own practice, I could set my own hours and be my own boss,” he recalled.

Before acting on that idea, however, Mueller pursued another of his goals: Use his veterinary skills in the U.S. to shipped overseas and burned for fuel, creating airborne pollutants. "Using tires and their geoche­mistry to keep water out of our overburdened storm sewer system makes so much sense, both environmentally and practically," he said.

A rain garden in front of the new building will capture water not diverted to the parking lot system, as well as most of the runoff from the adjacent co­op building and parking lot. To replace the mature oaks lost to construction, more than 20 new trees will be planted as part of the project.

Mastey was also instrumental in helping Mueller acquire slate tiles that were decommissioned from St. Paul’s old City Hall in 1929. Those repurposed tiles will cover the new building’s exterior. Mueller said the current building design is the third one he’s considered as the first two proved either too expensive or incompatible with city requirements. One key to bringing down the price of the project was modular construction. The exterior walls were built in sections in Detroit Lakes, trucked to the site and put up in a day.

Phill Broussard, the St. Anthony Park architect who designed the building, predicts that modular construction will become more popular. "It enables year-round construction," he said. Also, site work and building construction can proceed contemporaneously. Before breaking ground, Mueller pursued his plans with the District 12 Community Council and Hampden Park Co-op. "I’ve tried to keep the lines of communication open throughout the process," he said.

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Lisa Kane pursues musical dreams

By Scott Carlson

By day, Lisa Kane is the executive director of the Como Park/Falcon Heights Living at Home Block Nurse Program; by evenings and weekends she is a country/folk musician gearing up to release her first CD album.

"This (block nurse program) is a dream job—serving seniors," Kane said, of the primary post she has held for the past three years. "The goal is to be a part of their (seniors’) journey to allow them to stay in their homes as long as they are able, with safety and dignity.”

Kane’s block nurse program

Lisa Kane, who lives in the Como neighborhood, is a songwriter and guitarist scheduled to release her first CD album this coming spring.

Lisa Kane to p. 13
District 10 crime stats, District 12 Kasota Avenue development appeal and more

District 10 Community Council
Area crime stats a mixed bag

Crimes against people are at a five-year low in District 10, but overall crime is at a five-year high, according to preliminary city police statistics for the first nine months of 2019.

Crime reported in Como was up 6.2 percent from January-September, compared with the same period in 2018. The totals were much higher than the 3.8 percent increase reported for the city overall crime is at a five-year high, according to preliminary city police statistics for the first nine months of 2019.

Although crime was up 6.2 percent from January-September, overall crime in Como was up 6.2 percent from January-September, according to the Como Police Department. The totals were much higher than the 3.8 percent increase reported for the city overall.

Community Council board, Dec. 12

Congratulations to Juan Miranda, who was elected vice chair of the Community Council board, Dec. 12. The board then selects three of your nominees on Dec. 17 to recognize as a “Honor Roll pays tribute to everyday people who make a sustained and lasting impact in the neighborhood or city.”

Upcoming District 10 Meetings

Neighborhood Relations Committee: Tuesday, Dec. 3
Land Use Committee: Wednesday, Dec. 4
Environmental Committee: Wednesday, Dec. 11
Community Council Board Meeting: Tuesday, Dec. 17

Community Council. Register in advance in SAPCC’s online calendar at sapcc.org.

It’s another yoga get-together

District 10’s next Community Yoga session is Sunday, Dec. 1. The session will be suitable for all levels of skill and experience. Bring a yoga mat or blanket and wear comfortable clothes. Yoga runs from 9:30-10:30 a.m. at the Como Park Streetcar Station.

Steer someone into the spotlight they deserve

Know someone who makes the Como Park area a better place to live, work or play? Nominate them for the Neighborhood Honor Roll, an annual award given by each of the city’s 17 district councils. The Honor Roll pays tribute to everyday people who make a sustained and lasting impact in the neighborhood or city.

Submit your nominations by email no later than Thursday, Dec. 12, to district10@district10commpark.org. Tell us who you are nominating and why.

The Community Council board then selects three of your nominees on Dec. 17 to recognize for 2019.

Miranda elected to board

Miranda, who was elected vice chair of the Community Council board, Dec. 12, to district10@district10commpark.org. Tell us who you are nominating and why.

Liz Pierce Attorney at Law

Divorce & Custody, Wills, Trusts & Probate, Real Estate

Liz Pierce Attorney at Law

Find out more at www.lizpierce.com

Serving holiday cheer legally at Ferdinand & Peters Law Offices.

Ferdinand F. Peters’ Law Office wishes you a warm and happy holiday season. We provide legal representation to the European Christmas Market, which takes place December 6-8, 12-15 and 20-22 at Union Depot in Saint Paul.

Find out more at spaulchristmasmarket.org

Learn more about how your organization can receive legal services at ferrdlaw.com or by calling (651) 647-8250

SAPCC Board Seats

Still Open

There is still a chance to serve on the Community Council. Multiple seats on the Council remain open even after the election for North-South, Business/Org. and Emerging Leader delegates. You must be older than age 16 to serve. Contact SAPCC staff if you are interested in filling a seat. Email to kathryn@sapcc.org.

Luther Seminary redevelopment update

Due to scheduling conflicts, representatives of a group reviewing Master Properties redevelopment plans for a part of the Luther Seminary campus have yet to schedule a new meeting this fall. (Editor’s note: In July, the Bugle reported, “The latest vision for redeveloping a 15.5-acre site at the lower campus of Luther Seminary continues to feature a mix of new housing and the preservation of the Breck Woods nature area.”)

Community Meal—December 7

The SAPCC Equity Committee will host its annual community meal at Seal Hi-Rise on Dec. 7, from 2 to 4 p.m. Join residents, committee/board members and staff for food, fun and community!

SAPCC Calendar

Board meetings: Second Thursday of the month, 7-9 p.m. at 2126 University Ave. W.

Environment: Fourth Wednesday of the month, 7-9 p.m. Location varies—see website.

Equity: First Monday of the month, 5:30-7:30 p.m., Seal Hi-Rise, 825 Seal Street.

Land Use: First Thursday of the month, 7-9 p.m., Jennings Community School, 2459 Kasota Ave. A

Transportation: Last Tuesday of the month, 7-9 p.m., SAPCC office, 2395 University Ave. W.

Submitted by Kathryn Murray, executive director of the St. Anthony Park District 12 Community Council.

Luther Seminary redevelopment update

Due to scheduling conflicts, representatives of a group reviewing Master Properties redevelopment plans for a part of the Luther Seminary campus have yet to schedule a new meeting this fall. (Editor’s note: In July, the Bugle reported, “The latest vision for redeveloping a 15.5-acre site at the lower campus of Luther Seminary continues to feature a mix of new housing and the preservation of the Breck Woods nature area.”)
Celebrating holidays with a smaller carbon footprint

By Karen Lilley

Make your Christmas and other holiday celebrations greener this year. Avoid the crowds, chaos and commercialism, while keeping it simple, local and meaningful. Here are some ways to do that:

Give gifts of experiences: Offer to teach a skill (sewing, using technology, riding public transportation). Plan an excursion, picnic or special day together. Schedule a weekly or monthly date for a visit, walk or bike ride. Organize a group volunteer project. And don’t forget to follow up!

Support the arts and culture: Give tickets for a live performance (local arts groups include Gremlin Theatre, TU Dance Center, and TaiikoArts Midwest) or a gift certificate to a museum or historic site (Gibbs Farm, Bell Museum, Goldstein Museum of Design membership). Buy handmade gifts at Shop Home for the Holidays (see the Bugle’s Holiday Shopping Guide) or from local artists (Raymond Avenue Gallery, Dow Building).

Be a maker or doer: Are you handy with tools? Offer to do repairs or increase energy efficiency. Not so talented? Combine dry ingredients for “cookies in a jar” or soup, or a wild rice mix, topped with an instruction card and a bow. Make it less about stuff and more about your values and caring. Greener holidays do more than address climate change. They can be less hectic and costly but more personal, fun and memorable. Enjoy!

Karen Lilley is a St. Anthony Park resident interested in zero waste issues. A retired U. of M. Extension communications specialist, she also volunteers for the Blue House orphanage in Uganda and the International Institute of Minnesota.

Fancy fabric gift bags can be reused for many holidays. Photo by Karen Lilley.

Make good happen: Give a donation or nonprofit membership in the names of people on your list. Make plans to attend a sea-side concert or charity event, and maybe it will become a tradition. Shop where your purchase supports a worthy cause (Blue House Boutique, Dec. 7-8), or your principles (Hampden Park Co-op).

Buy local: Shop at local small businesses such as the shops along Como/Carter avenues. Give gift certificates from locally owned restaurants or breweries, and don’t forget the Creative Enterprise Zone’s destination spots like Can Can Wonderland and Lake Monster.

Support the Bugle! DONATE!

www.parkbugle.org
From the Desk of the Editor

By Scott Carlson

A time for giving thanks

Many mornings, I wake up wonder-
ing what new calamities are going to unfold from Washing-
ton, D.C., and the White House.

How long are we going to toler-
te plummeting honesty, civ-
ility and respect? When are we
going to stop name-calling and
to people as “enemies” when

they simply disagree with us?

When are we going to admit

that making mistakes and then
ask for forgiveness?

As I reflect on the imminent
arrival of Thanksgiving and the
coming holiday season, I am led

believe that maybe there is also

some hope that this world

will be better.

When can I make this the best day pos-
sible?

Can I do to serve oth-
er people and show them respect?

Will I seize opportunities to offer

someone else a smile or a kind
greeting? Can I tell, “Thank you.”

On a personal level, my “gratitude

tude list” is check full. It is filled

with the names of family, friends,

professional colleagues and den-
dants of people that I meet over

the course of the weeks and months.

Often, the right people come
along to offer me encouragement

and support at just the right time.

As the Bugle moves into the

heart of its annual fall fundraising

campaign, I am grateful for this community
that has faithfully supported us for

more than 40 years. Our challenge goal

is $52,000 this year and your sup-
port is vitally important to keep

the Bugle alive and well.

Even though Park Press Inc.

is a nonprofit, our organization’s oper-
ing expenses continue to rise while even maintaining our

current level of advertising reve-

nue is increasingly difficult. Ad

sales revenue covers just 60 per-
cent of our expenses for person-
el, production and distribution.

That’s where you—individual
donors—come in. Please consider

supporting us with a contribu-
tion. You can donate online by
going to https://www.parkbugle.org.

On our home page, there’s a big

button at the top to click on

and make your donation.

If you prefer a more tradition-
al method of contributing, send

your donation to Park Bugle, P.O.

Box 8126, St. Paul, MN 55108.

Our latest fund appeal comes as

the Bugle’s board of directors is

starting strategic planning to keep

our publication solvent and

strong. That means looking at how
to better use online and social

media platforms to present news

and information to our readers.

We will keep you informed as

develops on this front.

Welcome Betsy

With this issue of the Bugle, we

say, “Welcome,” to Betsy Carlson

as our new part-time copy editor.

She replaces Ruth Wiebe, who

recently stepped down as copy

after a more than eight-

year stint with the Bugle.

Betsy has been a journalist,

media relations pro and copy

director for years. Her career in-
cludes stints at the St. Paul Pio-

nee Press, Methodist Hospital,

St. Paul Area ELCA and free-
lancing for Minnesota Lawyer

and Finance & Commerce news-
papers. Betsy, who has been my

wife for more than 30 years, is

very accomplished as an editor.

She will be helping me review all

of the Bugle’s monthly editorial
submissions.

Betsy fundraising update

Dear Bugle readers,

More than a month into our an-
nual fall fundraising campaign, we

are slightly past the halfway

point in meeting our financial

goal of $52,000.

Hannah

She was such a tiny little being

when she came forth. So minia-

cule from her mother’s womb

that neither parent thought she

would survive the vicissitudes

of nature that awaited her. But

she came from strong stock. Her fa-
ther’s roots were deep; her moth-
er’s must end. She hung on as

long as she could but noted how

her strength lessened, her skin

grew thin and wrinkled, her veins

protruding.

But she cared not; for she had

lived a good life.

In the end, she glanced skyward

on her last day, thanking God for

the wayside.

As of Nov. 9, 389 individu-
als and businesses had donated

$27,209. The next several weeks

will tell the story of whether we

meet or exceed our goal.

Thank you to everyone who has

made a donation. And if you

have yet to make a contribution,

there is still plenty of time.

Become a donor by going to


On our home page, there’s a big

button right at the top to click on

and make your donation. Or you

can mail in your contribution to

Park Bugle, P.O. Box 8126, St.

Paul, MN 55108. Again, thank you

for supporting the Bugle.

Scott Carlson, managing editor

Vet from p. 1

“Dental health for dogs and cats,

like for humans, is an impor-
tant part of overall health,” he

said.

As a veterinarian, Mueller treats

his animal patients in light of the

households and families they live

with, not in isolation from them.

“You work with pets, you work with

people,” he said.

One consequence of a service

provider’s living close to his or

her workplace is the possibili-

ty of running into people in the

neighborhood who want free ad-

vice: “Fify Doc. Say, my beagle

has been off his feed for a week,

and I was wondering…”

Mueller doesn’t mind the pro-

spect of meeting people when

he’s out and about. “I’m happy
to chat with people about their

pets,” he said. “It’s more appro-
priate to discuss during an office

visit, I can always say, ‘Why don’t

you stop by the clinic tomorrow.

You could walk there.’”

Dave Healy, who lives in St.

Anthony Park, is a former editor

of the Park Bugle.
Author shares story of her son’s ADHD

By Katherine Quie

Editor’s note: Katherine Quie, who lives in St. Anthony Park, is the author of “Raising Will: Surviving the Brilliance and Blues of ADHD,” a tome that chronicles the joys and challenges of raising her son William, who has ADHD (Attention Deficit Hyperactivity Disorder). This is the first in a two-part series.

“I want to stop talking, but I can’t.”

That’s what my son, William, uttered when my husband, Bill, and I asked him to “zip his lips” in his kindergarten classroom. His teacher had flagged me down in the hallway earlier that day.

“He talks all day long,” she explained, wide-eyed. “Is he like that at home?”

“Yes,” I explained, holding back a nervous burst of laughter. If I hadn’t laughed, I would have cried. His talking rattled my brain, too.

“How do you manage?” she asked.

The truth is, I wasn’t managing well. I was new to Minnesota and I had bitten off way more than I could chew. Somehow, I thought it was reasonable to work full-time as a pediatric neuropsychologist while raising two high-needs kids, the youngest a toddler from China.

On top of it all, William was in his second year of kindergarten. Even so, he was still struggling to do everything required of a kindergartner, like sit in a circle, write his name, read Go Dog Go, and zip his lips.

That evening, after my encounter with William’s teacher, Bill and I developed a plan.

“You can have any Star Wars action figure you want if you’ll be quiet, Will. Your teacher can’t do her job when you’re talking.”

William paused and stared us square in the eyes. “I want to stop talking, but I can’t.”

I share this story to make a point: Kids with ADHD (Attention Deficit Hyperactivity Disorder), like my son, can’t always control their actions.

Some teachers are naturals with active kids, whereas others use punitive methods, like sending them to the corner (yes, this still happens), principal’s office, and banning them from class parties. This makes me so sad. You know why? Because ADHD is a neurological disorder that affects both structural (e.g., the frontal lobe) and chemical (e.g., dopamine levels) aspects of the brain. According to the Center for Disease Control, up to 6.1 million children and teens 4-17 have been diagnosed with ADHD as of 2016. The real number is thought to be much higher, as only 20 percent suspected of having ADHD are brought to professionals for treatment.

Untreated ADHD is associated with serious problems in children, adolescents and adults, like depression, anxiety, school failure, substance abuse, job loss, higher divorce rates, and even a shorter life span.

That means as a community, we owe it to kids with ADHD (and their parents) to help them walk (or safely run!) this journey with understanding.

That’s why I see no difference between shaming a visually impaired student for not being able to see the board and shaming an ADHD student for not being able to remain seated.

It’s also why I wrote my memoir, Raising Will: Surviving the Brilliance and Blues of ADHD, and founded ADHD&U in 2018. Will is a blues/jazz guitarist, thus “blues” in the title. He graduated with honors from high school and is now a sophomore at Oberlin Conservatory and College.

If you’re interested in my book, you can find it on Amazon. You can also check out my website (http://kqadhdandu.com) for my monthly free newsletter, blogs, and podcast, Finding Your Brilliance.

Quie book signing at Edina Art Center
Quie will read and talk about her book from 10 to 11 a.m. on Feb. 8 at the Edina Art Center, 4711 W. 46th St. The event is free and open to the public.

After her presentation, there will be a Q and A session. For more information, go to https://www.edinamn.gov/13047-The-Authors-Studio.
Falcon Heights Elementary School

Fall at Falcon Heights Elementary included a Veteran’s Day program, open house night and an Olympics Readathon. Students and teachers completed reading activities, tallied 685,249 minutes read, enjoyed a performance from the Roseville Area schools dance team and had a visit from 2018 Olympic hockey gold medalist, Lee Stecklein.

In preparation for Family Fun Night (Feb. 28—all are welcome), the school is collecting gently used small toys and books (levels K-8). Please contact the school at 651–646–0021 if you have any items to donate.

—Submitted by Kerby Pettinelli

Como Park High School

The Academy of Finance (AOF) senior cohort visited The Travelers Companies on Oct. 24 and, as part of a continuing collaboration, the students presented case studies on worker retention in the insurance industry.

Meanwhile, AOF 11th graders visited Land O’Lakes headquarters on Nov. 6, learning about careers in marketing and advertising.

All 290 Academy of Finance students (grades 9 to 12), hosted about 40 Wells Fargo corporate employees at Como High on Nov. 19. The Wells Fargo Day is an annual highlight as students partner with mentors, develop and refine resumes, conduct mock interviews and, for the seniors, present their assigned case studies.

The International Visitor Leadership Program, hosted by the U.S. State Department, recently collaborated with Global Minnesota to bring “Women Leaders: Promoting Peace and Security” to Como Park High School.

Eight leaders representing their nations shared, among other things, how women leaders mentor the next generation and they held discussions with a U.S. History class and had a round table forum with senior AP Government students.

The distinguished guests included a news reporter from France, a director from Ukraine, an NGO consultant from Germany, a general of EU Affairs from Malta, a school administrator from South Sudan and diplomats from Moldova and Ireland.

Como’s Theatre and Music Department Choir recently presented its annual fall musical in the Cougar Forum. Since building construction precluded holding the musical in the school’s auditorium; directors Carole Whitney and Allison Hartwell decided to use the small but new, forum space.

“This is a wonderfully talented, creative and flexible cast that has worked to make the show a delight, even outside of our usual theater home,” Whitney said.

The Frog Princess entertained audiences for two nights—after two months of preparation. Cast members were John Dugan, Aspen Schaefer, Ava Vitali, Wim Lemkiet, Wyatt Hanson, Lila Seeba, Emilie Pajol, Lee Tuggle, Masier Het, Boon Yang, Toby Sax and Jordan Allison.

Chorus members included Mariatu Kanu, Gemma Pham, Dulce Ruiz, Htakee Saw, Leeda Kanu, Thao and Tee Tee Wah.

Eric Erickson is a social studies teacher at Como Park Senior High School.
Wehyee, Andrews win Falcon Heights City council seats

Nelson, Brendmøen win St. Paul Council Wards 4 and 5

Gustafson returning as mayor

In a field of three candidates for Falcon Heights City Council, Yaaah Wehyee came in first and Kay Andrews second to claim the two open seats.

Meanwhile, Randy Gustafson won re-election as Falcon Heights mayor. Gustafson was the city council member appointed by council to serve out the term of Peter Lindstrom, who resigned last spring to take a seat on the Metropolitan Council.

“I am looking forward to working with the new council members and helping keep Falcon Heights a great place to live, work and raise a family,” Gustafson told the Bugle.

Wehyee said, “I want to thank the amazing people of Falcon Heights for believing in my vision, commitment and ability to help the city of Falcon Heights realize its goal of ‘cultivating a more caring and welcoming community.’ We have a great opportunity to address our financial burdens, invest in our infrastructural needs, make advancements in clean energy and provide affordable housing to our less fortunate and to ultimately secure Falcon Heights’ position as one of the premier cities in Minnesota.’”

“We may not see eye to eye on every issue, but you can count on me to truly listen to your concerns and provide honest take on the issues before us,” Wehyee added. “I will lead with dignity and respect and will always work with your best interest in mind. Thank you so much for this tremendous opportunity.”

Andrews said, “I am thrilled and honored to be chosen to serve the residents of Falcon Heights on the council. My goal is to ensure the city I love continues to be sustained and thrive and that all people are always welcomed, included, and safe.”

—Anne Holzman

St. Paul City Council Ward 4

Mitra Jalali Nelson won re-election to her seat on the St. Paul City Council. She had served only one year, since winning a special election in 2018 to serve out the term of departing Ward 4 council member Russ Stark.

Commenting on her re-election, Nelson stated, “The message is resounding that people in Ward 4 want to keep fighting together for more for homes for everyone, everywhere; for safer streets, more ways to get around besides cars, and citywide action on climate; for safer streets, more transportation options for everyone; for more affordable housing for everyone, and for continuing to build and restore our community wealth.”

St. Paul City Council Ward 5

Amy Brendmøen has won her third term on St. Paul City Council, representing Ward 5. Brendmøen chaired the council’s Housing and Redevelopment Authority from 2013 to 2017, when she was elected by the council to serve as its chair. Shortly before the election, Brendmøen wrote, “Every day since being elected, I have worked hard on behalf of my Ward 5 neighbors, and residents throughout Saint Paul to address community concerns, solve problems, and advance policy to move our city forward.”

—Anne Holzman
South Dakota return is a vacation delight

By Janet Wight

How long has it been since you have visited the Black Hills?

For our family it had been 18 years. So, this past summer we returned to South Dakota for a 10-day vacation. Our group of six (including my mother-in-law and sister) thoroughly enjoyed investigating Sioux Falls, Wall, the Black Hills, Badlands National Park, the Minuteman sites and Mitchell.

It was fun to return to some of our most favorite and memorable destinations from our last trip. In addition, we explored attractions and scenic drives that we had missed the first time. Since South Dakota is a relatively quick drive from Saint Paul, we had easy access to a nice variety of sites and experiences.

Our sightseeing began in Sioux Falls where we stopped at Falls Park, a large urban park designed around a set of waterfalls created by the Big Sioux River. Falls Park has numerous walking and biking trails along with a five-story viewing tower. After an overnight stay in the downtown, we agreed that Sioux Falls definitely warrants, for another trip, further exploration.

The next morning, we continued west on to Wall Drug, famous for offering free ice water to thirsty travelers. Numerous retail shops and a large restaurant were part of the complex and they were filled with an eclectic mix of tourists. We visited Wall several times in order to see the National Grasslands Visitor Center, buy groceries, patronize the drugstore and stock up on fudge.

Then, it was on to the Black Hills where we stayed at the Custer State Park Resort due to the wide variety of available lodging options. The selection includes historic and modern hotel rooms along with all types of cabins, some of which are suitable for large family reunions. By booking a few months in advance we were able to find a cabin that perfectly fit our group. It was our comfortable home base for several days of touring.

Our highlights included exploring majestic Mount Rushmore, getting stuck in an infamous bison traffic jam (our van was surrounded by a dozen of these large animals) and taking an engaging buffalo safari jeep tour. Our safari guide, who grew up in the area, was personable and very knowledgeable about the park. We covered a lot of territory and saw an abundance of wildlife.

The next day we went to nearby Hot Springs for a guided tour of The Mammoth Site. This working archeological dig features a fascinating collection of mammoth bones in situ and it is fully enclosed for year-round viewing.

We also had plenty of scenic drives to enjoy in the Black Hills—three that stood out for their unique qualities. Iron Mountain Road was specifically constructed to allow for vistas of Mount Rushmore. We were delighted to drive around a bend and suddenly notice the four granite faces perfectly framed by a tunnel. Our van fit through these sturdy rock passageways.

The South Dakota Badlands offer a stunning vista. Photo by Jeremy Wight.
A COLORFUL COUNTDOWN:

Shop owners in the Carter and Como avenues business district in St. Anthony Park have been working like a pack of elves to come up with a fun-filled day during the neighborhood’s annual Shop Home for the Holidays Saturday, Dec. 7. New this year: an all-ages Family Coloring Contest sponsored by local business group Discover St. Anthony Park.

Yes, Mom, Dad and Grandpa, you, too, can enter the contest. All you need to do is visit a participating store, pick up a coloring sheet, take it home and have at it—but be sure to bring it back to any participating business before Dec. 7 so your work can be displayed during the Shop Home festivities.

“Celebrity judge” Jon Schumacher, longtime St. Anthony Park Community Foundation executive director, will announce the winning artwork during Shop Home. Winners will receive gift certificates from participating businesses, which include Milton Square, Scarborough Fair, the Little Wine Shoppe, Colonial Café, Healing Elements, Sunrise Banks, Nico’s Tacos, boreal, Complexions on Carter and Winding Trail Books.

Sing! Shop! Celebrate!

A stocking-full guide to December shopping and merrymaking in Bugleland
FIRST UP: SANTA’S SPAGHETTI DINNER MOVES SOUTH DEC. 6: St. Paul Park and Recreation’s annual dinner with Santa and Mrs. Claus became so popular it outgrew Langford Park Recreation Center. This year, Santa fans will find the jolly couple at Urban Growler Brewing Co., 2325 Endicott St., in South St. Anthony, on Friday, from 5:30 to 7 p.m. Cost is $5 per person and includes dinner, cookie decorating and face painting.

On a sad note, Rich Hahn, the man behind the beard for many years, died in September. Many neighbors and longtime participants will be thinking of him that evening, said Courtney John, community recreation specialist at Langford Park.

SHOPPING KICK-OFF: Shop Home will kick off at Sunrise Banks Dec. 7 with a visit from Santa with reindeer-pulled sleigh rides from 9 a.m. to noon. This annual event has been a 20-plus-year tradition on Como Avenue.

Other kid-friendly activities include crafts at St. Anthony Park Library, 2245 Como Ave., (the library opens at 11:30 a.m.), holiday-themed face painting and a free cup of Mexican hot chocolate at Nino’s (the Milton Square restaurant opens at 10 a.m.), and cookie decorating at Tim and Toni’s Speedy Market, 2310 Como Ave., from 10 a.m. to 1 p.m. (and don’t forget the Christmas sausage, a Speedy delicacy that is sold just at this time of year).

Carolers will wander the streets and shops throughout the day, an annual gift sponsored by the St. Anthony Park Community Foundation. And handcraft items will be for sale at four makers markets at Milton Square, boreal, Scarborough Fair and Healing Elements.

The Best Holiday Sale Ever!—a collaboration of work from a dozen neighborhood artists—will be held in the yoga studio at Healing Elements from 11:30 a.m. to 3 p.m. The sale will feature pottery, paintings, cards, textiles, jewelry, ornaments, handmade toys and stuffed animals, hats and mittens, a whole lot of whimsy, and complimentary sweets, wine and cider.

Other shopping specials include:
- The Little Wine Shoppe, 2236 Carter Ave., will host a wine tasting from 1 to 4 p.m.
- Scarborough Fair, 2238 Carter Ave., will have complimentary hot cider and European cookies. Shoppers who purchase over $100 will receive a free gift.
- Winding Trail Books in Milton Square will have multiple authors on hand throughout the day to meet and sign books.
- Both Complexions on Carter Skincare Boutique in Milton Square and Colossal Café, 2315 Como Ave., will have gift certificate specials.
THERE’S STILL MORE TO DO: Stroll up to Carter and Commonwealth avenues on Dec. 7 and check out two church boutiques.

St. Anthony Park United Church of Christ (SAPUCC), 2129 Commonwealth Ave., is reviving its once annual holiday bazaar from 9 a.m. to 5 p.m. The church will offer a variety of handmade goods; knits, embroidery, quilts, artwork, baby items, holiday decor, birdhouse kits, soaps and body care products, plants, wreaths, seasonings, gourmet baked items and canned goods, SAPUCC peanut brittle, arts and treasures and a special area for children to buy holiday gifts for family members. Scandinavian egg coffee and sweets will be served all day, and a light lunch will be served from 11 a.m. to 1 p.m.

Proceeds from the bazaar will go to church needs and to Interfaith Action of Greater St. Paul.

Just across the alley, St. Matthew’s Episcopal Church, 2136 Carter Ave., will host the Blue House Boutique, where organizers say there will be something for everyone: high-quality, hand-crafted personal and holiday items, gourmet goodies and unique gifts from Africa. Hours are 9 a.m. to 4 p.m. Saturday, Dec. 7, and 9 a.m. to 1 p.m. Sunday. Dec. 8. A homemade lunch will be served Saturday, 11 a.m. to 1:30 p.m.

The Blue House supports Ugandan orphans and vulnerable girls who live in a safe family-like home with nutritious food, clothing, health care, mentoring and support for education. It was founded by the late Beatrice Garubanda, a Ugandan American who lived in the Como Park neighborhood. She wanted girls in her home village to have a path out of poverty through education and hope for a future. The Blue House also supports boys and girls who are living with relatives in Uganda who can’t afford to send them to school. All income from the boutique will go toward these two programs. You can learn more at www.Blue-House.org/Boutique.

DON’T FORGET THE TREE LIGHTING: And at the end the day, Dec. 7, Heather O’Malley will host the annual tree lighting in the courtyard at Milton Square at 5:30 p.m.

HOLIDAY FLOWER SHOW: The annual Holiday Flower Show at Como Regional Park’s Marjorie McNeely Conservatory will open Saturday, Dec. 7, and run through Jan. 12. Featured plants will include ice punch pomsettia, Kalanchoe Chee, eucalyptus and Persian shield. The show will be open daily, 10 a.m. to 4 p.m.

You can get a behind-the-scenes tour of the conservatory at the Breakfast Under Glass event Friday, Dec. 13. There will be two seatings for breakfast in the North Garden—7 and 8:30 a.m.—and then participants will tour the facility. At press time, the 8:30 a.m. seating had already sold out. Tickets are $40 per person. Call 651-487-8250 to make reservations.

If you’re looking for a chance to use the Holiday Flower Show as a backdrop for family photos, take advantage of the Artist, Photographer and Family Photo Morning at the conservatory on Saturday and Sunday, Dec. 7 and 8, and Sunday Dec. 15, from 8 to 10 a.m. Cost is $5 per person. This is an opportunity for artists and photographers to bring in their easels and tripods before the conservatory opens to the public.
A SEASONAL SING: Twin Cities songster Dan Chouinard will lead neighbors in a few rounds of festive tunes Monday, Dec. 16, at the monthly community sing held at Olson Campus Center at Luther Seminary, 1490 Fulham St. Singers will gather at 6:30 p.m. for social time. Music will begin at 7 p.m. and last about 90 minutes. Children are welcome.

RING IN THE NEW YEAR TWICE: You don’t have to stay up late to celebrate 2020. Como Zoo and Conservatory’s annual Noon Year’s Eve Confetti Dance Party—with DJs!—will be held both New Year’s Eve day and New Year’s Day from 10 a.m. to 1 p.m. The event will include dancing, games, animal enrichment activities and, of course, the countdown to noon complete with a giant confetti drop.

NOT ENOUGH? The Bell Museum, 2088 W. Larpenteur Ave., is offering several events through the month: Explore the skies with outdoor telescopes at the free December Star Party, Friday, Dec. 6, 7:30 to 9 p.m. Individuals with sensory sensitivities can take advantage of a welcoming and accessible environment during Sensory Friendly, Saturday, Dec. 14, from 8 to 10 a.m. Visit the museum’s solar telescopes to safely view the sun during Solar Sunday, Dec. 15, noon to 2 p.m. Explore the universe at December Story Time, Thursday, Dec. 19, 11:30 a.m. to 12:30 p.m. And just have fun at Family Discovery Day, Thursday, Dec. 26, 10 a.m. to 6 p.m., with a variety of activities, including a sun-centered planetarium show.

—Compiled by Kristal Leebrick
Bugle testimonial

Jennifer supports the Bugle and here’s why

Jennifer Ford Reedy, a resident of St. Anthony Park and president of the Bush Foundation, shares her thoughts on supporting the Bugle:

How do you connect with the SAP community?
I have lived in the SAP community since 2006. We live in the University Grove neighborhood and downtown SAP is the commercial center of our lives—from buying pumpkins to eating tacos to banking and getting our teeth cleaned.

What does the Bugle mean to you?
I’m always glad to see the Bugle. I enjoy reading articles about the people and institutions in the neighborhood—both current and historical—that give me different context and perspective for my experience as a resident. I like becoming aware of changes and of issues being debated that may impact the neighborhood. And I particularly like reading the obituaries and feeling the connection to the people who have cared about this place and made it what it is.

What would you say to encourage people to support the paper?
Supporting the Bugle is supporting the local information and connections that make a community strong and healthy. It is ensuring we can all be informed on key issues affecting this place we call home.

Lisa Kane from p. 1

has five part-time employees and more than 100 community volunteers serving hundreds of local seniors. The program offers an array of free services to seniors including transportation to medical appointments, respite care, companion care, help with chores and nursing outreach visits.

Meanwhile, Kane possesses the same passion for music that she has for serving seniors. She has been a working musician since 1989 when she was a senior at North Branch Senior High School, singing and playing guitar.

“What keeps me going is that I work teaching guitar, serving kids and adults, 100 percent beginners,” Kane said. Also buoyed by her regular performing gigs at the Underground Café in the Como neighborhood, Kane has focused her songwriting, singing and playing on country and folk rock music. “I have always been drawn to music with a story,” she said. “I need to share the songs so that I have room for more of them.”

To that end, Kane has assembled a CD called “rhymes: sharp pencils.” It’s an 11-song album more than a year in the making. She crafted the album with the help of, among others, producer Tim Lyles and engineer Randy Gildersleeve. Kane said her CD is scheduled for a “soft release” next spring.

Kane said it would be great if the CD leads to bigger projects and more opportunities. But she added, “I’m OK with writing songs in my living room.” To find out more about Lisa Kane, visit her website at www.lisakane.com.

Holiday Bazaar

Handmade and Heartfelt Gifts and Goodies
Saturday, December 7, 2019
9:00 a.m.-4:00 p.m.
Saint Anthony Park United Church of Christ
2129 Commonwealth Ave, Saint Paul, MN 55108
sapucc.org

Shop for hand knits, embroidery, quilts, baby items, original art, holiday decor, bird house kits, soaps, body care products, plants, wreathes, seasonings, gourmet baked items and canned goods, peanut brittle, attic treasures. Plus a special area for children to buy holiday gifts for family members.

The café features Scandinavian egg coffee and sweets all day and serves lunch from 11:00 a.m.-1:00 p.m. Proceeds support the church and the anti-poverty programs of Interfaith Action of Greater Saint Paul.

St. Matthew’s Episcopal Church
2136 Carter Ave. • St. Paul, MN 55108
www.Blue-House.org

Did you know—at least 10 species of birds overwinter in Breck Woods?
FriendsofBreckWoods.org

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www.parkbugle.org

Turning Heads
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St. Paul
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Tues.-Sat. 10:00-6:00

The Transformed Tree

651-466-3996 • www.transformedtree.com

ST. ANTHONY PARK UNITED CHURCH OF CHRIST

Predictions of 10 species of birds overwintering in Breck Woods?

Support the Bugle with your tax-deductible donation!
Lives Lived

A former pastor at St. Anthony Park Lutheran Church, a World War II veteran and a member of the first graduating class of Alexander Ramsey High School (now Roseville Area High School) are among the people we remember in this edition of “Lives Lived.”

Paul Alfonse

Paul L. “Pug” Alfonse, 68, died on Oct. 12. Pug’s true passions in life were his family, his hometown, St. Paul; and muskie fishing. He was also a proud Teamster. Paul was preceded in death by his parents, Paul Sr. and Helen; brother Gregory and brother-in-law, Ronald Anderson St. He is survived by his daughters, Michelle (Dan) and Melissa (Michael); five grandchildren; sister, Andrea Anderson; and brother, Michael (Janice). Robert of Christian Burial was celebrated Oct. 18 at Holy Child- hood Catholic Church, with in- terment at Roseland Cemetery. Memorials preferred to the family to purchase a “Pug Alfonse” State Fair bench.

Loretta Berg

Loretta “Lorie” Berg, 82, of Cedar Park, Texas, died Sept. 16. She was born Sept. 12, 1937, in Lauderdale, to parents Henry and Bertha (Schussler) Stettner. She grew up in Lauderdale and attended Lauderdale School for her elementary years. She was in the first graduating class of Alexander Ramsey High School (now Roseville High School) in 1955. Lorie graduated cum laude from Concordia College in St. Paul in 1957. Lorie was married Aug. 8, 1959, to Alfred “Al” Berg of Menominee, Mich., who pre- ceded her in death Oct. 29, 1996. She went on to enjoy a career in teaching as well as a library aide in Menominee, Mich.

She was also an avid gardener, like her father, and loved her an- nual trek to garden centers. She enjoyed her retirement years with her hands in the dirt and a smile on her face. Winters, up north, were spent with a good book, crafting or visiting her sons in warmer climates. Lorie is survived by her sons Jonathan Berg of Cedar Park, Texas, and David (Nancy) Berg of Valrico, Fla. Other survivors include (Ronelle), Gary, Daniel and Joseph; six grandchildren; Joseph; and six great-grandchildren. Mass of Christian Burial was celebrated Aug. 8 at Holy Child- hood Catholic Church, with burial at Fort Snelling.

Phyllis Douglas

Phyllis M. (Wasilk) Douglas, 82, died Oct. 19. She was born in St. Paul and was a graduate of St. Joseph’s Academy. Phyllis was an active volunteer for many or- ganizations. She enjoyed a long career in retail including proprietor of Sunday’s Ice Cream in Har- mar Mall. Despite a plus 5 year battle with multiple sclerosis, Phyllis led a very active life. She enjoyed family and social gatherings, loved to entertain and had a spe- cial affinity for animals, especially giraffes. She was preceded in death by her parents Henry and Anna Wasilk, sister Claudette Lape and nephew Stephen Lape. She is sur- vived by son David, grandson Geoffrey, step-grandson Stephan and their mother Julie Lucking; daughter Kristine (Christopher) Dyhring and daughter Dianne (Michael) Cheloski; grand- daughter Callie and grandson Jack; sisters (John) Kirchner, Julie (Jim) McDonough and Roz (Dave) VanAndel;’ and seven great-grandchildren.

Phyllis’s funeral Mass was celebrated Nov. 8 at Maternity Church, Memorial preferred to the Giraffe Fund at the Giraffe Commo. Zoo, MS Soci- ety of Upper Midwest or donor’s choice. Phyllis generously donat- ed her body to the University of M Anatom- Ogy Bequest Program. Private interment to be held later.

Mary Ann Hagen

Mary Ann Hagen, 86, died Nov. 3. She was the mother of Kathleen, Anja (Jim) Sau- sen, Phyllis (Blingo) Patterson, Evelyn Smith (late Dan), Law- rence, Amy (Jamie) Fitzgerald; had six grandchildren; and four great-grandchildren. She was preceded in death by her parents, John and Katherine Elderson; siblings John, Dick, Dorothy, Jim and Thomas; and grandson, Joe Sausen.

Mass of Christian Burial was celebrated Nov. 9 at the Church of Saint Cecilia.

Community Worship Directory

❖ CENTENNIAL UNITED METHODIST CHURCH
ST. ANTHONY PARK CAMPUS
2310 Wabasha Ave., 651-635-7404
10 a.m. Sunday contemporary worship
Authentic • Thinking • Active
Great for those seeking to love Church again (plus the coffee choice. Phyllis generously donat- ed her body to the University of M Anatom- Ogy Bequest Program. Private interment to be held later.

❖ HOLY CHILDHOOD CATHOLIC CHURCH
1435 Midway Parkway, St. Paul 55108
Pastor, Fr. Timothy Clouter
Weekday Mass: Sat. 5:00 p.m., Sun. 9:15 a.m.
Weekday Masses (Mon.-Sat.): 7:45 a.m.
Confession: Sat. 7:00-7:30 a.m. & 4:00-4:30 p.m.
Parish office: 651-644-7495, contact@holychildhoodparish.org
Christmas Eve Mass — December 24, 2019, 10:00 p.m.
Moose Parental — Samuel Rouxseau
Choir: Strings, Organ, Harp & Organ
Carols by the choir and organ at 9:45 p.m.
Christmas Day Mass — December 25, 2019, 9:15 a.m
Feast of the Holy Family
Sunday, December 29, 2019, 9:15 a.m.
Misa de Navidad — F. W. Ata (K) Weh
Choir: Strings, Organ, Harp & Organ
Feast of the Epiphany
Sunday, January 5, 2020, 9:15 a.m.
Misa de la Epifania — F. W. Ata (K) Weh
Choir: Strings, Organ, Harp & Organ
❖ LYNDA PLACE COLLABORATIVE COMMUNITIES—ELCA
Scott Simons, pastor, 612-895-1134, lyndadisciple.com
Wednesday Evening Worship — we lyndadisciple.com for details
Hymnup beer & hymns, 4th, Mondays 7 p.m., Dubliner Pub.
❖ MISSION ORTHODOX PRESBYTERIAN CHURCH
1040 Como Ave., St. Paul, 651-771-0125
Dr. Michael Setnor (we have a new pastor)
info@missionop.org, web site: missionop.org
Sunday School at 9:15 a.m., Worship Services at 10:30 a.m. & 5 p.m.
❖ ST. MATTHEW’S EPISCOPAL CHURCH
The Rev. Blair A. Pogue, Rector | 2136 Carter at Chelmsford
Sunday School at 9:15 a.m., Worship Services at 10:30 a.m. & 5 p.m. (Contemporary)
Formation for All Ages: 9:15 a.m. | Free Sunday Supper: 6:30 p.m.
❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST
2129 Commonwealth (at Chelmsford)
651-646-7173, www.sapucc.org
10:30 a.m. Worship
❖ ST. CECILIA’S CATHOLIC CHURCH
2357 Byrdes Place, 651-444-7952
www.stcecilias.org
Handicap accessible
Sunday Mass: 4:30 p.m.
❖ NEW LIFE CHURCH
965 W. Larpenteur Ave., Roseville, 651-488-5581
www.newlifechurchofchrist.org
Church service 10:00 a.m. all year, education hour 11:15
Dec. 15 Christmas play, 11:00 special coffee bar
Dec 25 Family Service Everything is welcome.
❖ PEACE LUTHERAN CHURCH—ELCA
1764 Wainright Street (at Ione), Lauderdale, 651-444-5440
www.peacelutheran.com
❖ ST. CALLISTUS CATHOLIC CHURCH
Continue to enjoy the classic Christmas carols plus
enjoying cookies, cider and coffee afterward.

To add your place of worship to the directory, contact Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkbugle.org

Lives Lived sponsored by
Rosalawn Cemetery
Lives Lived from p. 14

Dorothy Nyberg

Dorothy Muriel (Swanberg) Nyberg, 95, died on Oct. 30. She is survived by her husband of 73 years, John Robert Nyberg; sons Tim (Julie), Dan (Marina); and daughter Kristan (Chris) Bennett; six grandchildren; six great-grandchildren; and sister Joy Sheppard. Dorothy was a member of the University of Minnesota and the Chinese Hospitality Center. She is survived by her husband of 43 years, Todd Nyberg, and her daughter, Kristan Bennett.

Paul Ostfold

Pastor Ostfold, 87, died Oct. 15 after a long battle with leukemia. He was the senior pastor of St. Anthony Park Lutheran Church from 1992-2000 where he is remembered as a tireless worker and a forward-thinking leader.

Biographies

Dorothy Nyberg

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Marvelous muralists—Eric J. Garcia

By Sarah CR Clark

When I recently met Eric J. Garcia during the Chroma Zone Mural & Art Festival in south St. Anthony Park, his red t-shirt and blue pants perfectly matched the mammoth wall mural he was painting.

García’s art creation features a loon and, his favorite, a doe, “who stands on a toppled oil rig, holds an ax, and wears a t-shirt with a crossed-out ‘line 5’ symbol.”

The mural “Frontier Justice” is located on the E-Z Recycling building, 875 Prior Ave. His inspiration for the mural came from his host business, which has worked for over 30 years “helping to make the world green.” García also found inspiration in the wall itself; a gas meter transformed into the oil rig and two windows became boxes of recyclables.

Garcia was surprised how few people recognized his reference to the proposed pipeline. “I’m very happy to know I’m bringing an awareness to the community, which is why I create murals in the first place to get messages out into public spaces,” he said.

This year’s festival experienced days of rain, delaying artists and driving organizers to find volunteer painters. “I truly could not have finished this mural in time if it weren’t for all the volunteers,” García said. “As the saying goes, ‘it takes a community’ and this project was a testament to that.”

Originally from New Mexico, Garcia earned his MFA from the Art Institute of Chicago and was a teaching artist at the National Museum of Mexican Art. He and his wife moved to Minnesota this year. “I’m looking forward to ice fishing,” he said. You can follow the artist, elmacheteillustrated, on Instagram or Twitter.

Sarah CR Clark is freelance writer and resident of St. Anthony Park.

Travel from p. 8

Minuteman Missile NHS locations which are both nearby along Interstate 90. These are the visitor center, which includes an exceptional museum, and the Delta-09 missile silo. Visiting the museum first allows travelers to appreciate the Minuteman II program prior to exploring the Delta-01 and Delta-09 sites.

On our way back home to St. Paul, we stopped in Mitchell to see the World’s Only Corn Palace. The exterior walls covered with colorful corn murals were the main attraction, but we especially enjoyed the Hall of History inside.

After another overnight stay in Sioux Falls, we made our way to Pipestone National Monument in southwestern Minnesota. A short nature walk was pleasant; we admired the initials of explorer J. N. Nicollet that he had carved into a rock in 1838. All of us were captivated by the Native American craft workers, set up in specially designed workshops in the visitor center, as they carved traditional cultural objects from this soft stone. Pipestone’s charming downtown, with its buildings made from Sioux quartzite, was a delight to photograph.

Overall, South Dakota is a terrific place to enjoy a one- or two- week vacation. There are enough monuments, family-friendly attractions and natural beauty to please every traveler. Tourists are welcomed and we felt right at home among many Minnesotans, yet it is just exotic enough to feel distinctive. Suitable for all travel budgets, a South Dakota vacation is definitely worth the short drive to take in a variety of appealing offerings.

Janet Wight is a resident of Como Park where she lives with her husband and daughters.
Caution when mobbing

I was out recently on an early morning birding walk with some of my buddies at Lake Elmo Park Reserve. As we hiked across a wooden bridge, we heard a ruckus of crows from across the lake. Several of them were cawing and diving at a tree on the far shoreline. It looked like they had something under attack.

This is called "mobbing behavior." We call it that: the crows probably call it "Get that enemy out of here!" Birdwatchers pay attention to mobbing because the crows often have something interesting pinned down.

And if you watch, you can sometimes see the target take flight and get a good look at an owl or a hawk that wasn’t visible while it was in hiding.

Sure enough, as we watched, among the black crows swirling over the tree, there appeared a large, light-colored bird that flew toward a tree that was a bit more distant. That must have been the target of all this harassment. They just moved toward a tree that was a bit more large, light-colored bird that flew over the tree, there appeared a large, light-colored bird.

In the past, Val had seen a great horned owl in that tree, but this particularly time couldn’t see what had the jays so agitated. She decided to watch to see if the target of all this harassment would finally get tired of it and take flight.

A young jay settled on a branch near the top of the tree. Suddenly, a hawk’s leg reached out of the foliage, grabbed the jay around the midsection, and pulled it back into the branches. Val says it was big, probably a Cooper’s hawk. Things quieted down right away. The mobbing party was over!

Crows and jays are members of the corvid family. But they’re not the only birds that mob predators. We’ve seen and heard chickadees, nuthatches, downy woodpeckers, even robins engaging in mobbing. It takes a bit of experience and discernment for a birder to distinguish mobbing activity from normal chatter in a flock of birds.

One morning, at the Bass Ponds in Bloomington, I was walking along with my friend John near the back of our group, when ahead of us we heard robins chirping. I told John I thought they were just feeding and enjoying the berries, but as we got up to where the flock was, there was a barred owl up in a tree. The robins were not happy about it being there. And they weren’t alone: chickadees and downies had joined them.

Birds have a couple of reasons for mobbing another bird that they regard as a threat. Hawks and owls occasionally grab a nesting bird. And they’ll take fledglings that aren’t quite accomplished flyers yet. So, the parents want to get them out of the neighborhood immediately.

Another reason that birds join in a mob is to view the predator for themselves. They’d like to definitely know where the threat is, rather than keep looking over their shoulder (wing?) to see if they’re under attack.

Some birdwatchers use this mobbing behavior to bring birds closer so they can see them. They make a pishing sound to draw birds out of a wooded interior so the pisher can get a good look at them. The pishing is supposed to sound like an agitated bird scolding an enemy. Some bird tour guides even play the tape of a screech owl to try to initiate a mob response.

I’ve never liked that technique.

In fact, it can be harmful when a nestling bird abandons its nest to see where the interloper is. And that puts their nest at risk to predators.

So, I prefer to let mobbing be a natural event. It’s much more serendipitous if I come across a flock of birds drawing attention to a bird of interest.

And to you mobbers, keep a safe distance lest a taloned leg reaches out of the leaves!

Clay Christensen lives and writes in Lauderdale.
Yunomi art exhibition

The Raymond Avenue Gallery, 761 Raymond Ave. is now featuring an exhibition of yunomi art by more than 30 potters. The show runs through Dec. 20.

Yunomi is teacups without handles, that are used drinking hot water, wine and spirits. The potters in this exhibition have been influenced by the “Minge-sota” movement (Mingei is a reference to the Japanese folk-art movement created by Yanagi) initiated by the Japanese-influenced work of Warren Mackenzie.

Yunomi is now on display at the Raymond Avenue Gallery. Photo by Raymond Avenue Gallery.

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It’s the holiday season!!

And what better time to include a donation to the Bugle on your Christmas gift giving list? Your donations help keep the Bugle strong and vibrant, so we can bring you the latest community news and information. Our fundraising goal is $52,000 and with your help, we can hit that target!

Become a donor by going to https://www.parkbugle.org.

On our home page, there’s a big button right at the top to click on and make your donation.

Or you can mail in your contribution to Park Bugle, P.O. Box 8126, St. Paul, Mn. 55108.

Human Rights Day event

The Falcon Heights Community Engagement Commission will host its annual Human Rights Day event from 6:30 p.m. to 8:30 p.m. Dec. 10 at city hall, 2077 Larpenteur Ave. Speakers will discuss ‘Food Security and Child Hunger.’ The commission encourages residents and guests to submit questions in advance for the speakers. Please send your questions to: amanda.los@falconheights.org or 651-792-7621.

Women’s Bible study on hospitality

Jehovah Lutheran Church, 1566 Thomas Ave., continues its women’s Bible study on hospitality at 6:30 p.m. Wednesdays, Dec. 4 and Dec. 18. The study uses the book and DVD “Just Open the Door” by Jen Schmidt from publisher Lifeway Christian Resources of Nashville, Tenn. Sessions are free and open to all.

Dictated by J. Thompson

Approved by J. Thompson

PARK BUGLE • DECEMBER 2019
18
Classifieds

Send your ad to classifieds@parkbugle.org or P.O.Box 8126, St. Paul, MN 55108, or call Fariba Sanikhahmam, 651-440-8160. Ads are $1 per word. Phone numbers, email addresses and websites are considered two words. Add a box or art for $10 each. Next deadlines: Dec. 11, 2019.

PARK ANGELS CHILDCARE. Want to 11 years old, near Como & Dossell, Call Adelia. 651-644-1516.

PRESCHOOL OPENINGS for children older than 30 months (full time and morning slots) available at Community Child Care Center on University of Minnesota’s St. Paul Campus. Contact Tracie at 612-302-7668, 651-644-5188 jimmyrocket1464@gmail.com

KLASSIK LEARN TO FALL. www.tcaikido.com AAIKIDO

St. Paul Campus. Contact Tracie at 651-645-2666 jimmyrocket1464@gmail.com 612-302-7668, 651-644-5188.

CLASSIFIEDS PAINTING Interior/exterior painting. Ceiling/wall repair. Very detail oriented. I strive to have a professional painting service. W/over 25 yrs exp. in the area. Family-owned & operated, 651-635-0528 jimmyrocket1464@gmail.com

BRUSHSTROKES PAINTING Interior/exterior painting. Ceiling/wall repair. Very detail oriented. I strive to have a professional painting service. W/over 25 yrs exp. in the area. Family-owned & operated, 651-635-0528 jimmyrocket1464@gmail.com

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PRO TEAM PAINTING PLUS, INC. Interior & exterior painting. Complete carpentry services, 651-917-2881

WATER DAMAGE REPAIR. Painter, sheet-rock, woodwork & painting. Wallpaper removal, ceiling and wall painting. Family business in the Park 70 years. Jim Larson, (cell) 612-302-7668, 651-644-2469 or jimmyrocket1464@gmail.com

QUALITY CLEANING AT REASONABLE rates, serving area over 20 years. Hila & Molly, 612-414-9241

PARK ANGELS CHILDCARE. Want to 11 years old, near Como & Dossell, Call Adelia. 651-644-1516.

PRESCHOOL OPENINGS for children older than 30 months (full time and morning slots) available at Community Child Care Center on University of Minnesota’s St. Paul Campus. Contact Tracie at 612-302-7668, 651-644-5188 jimmyrocket1464@gmail.com

KLASSIK LEARN TO FALL. www.tcaikido.com AAIKIDO

St. Paul Campus. Contact Tracie at 651-645-2666 jimmyrocket1464@gmail.com 612-302-7668, 651-644-5188.

CLASSIFIEDS PAINTING Interior/exterior painting. Ceiling/wall repair. Very detail oriented. I strive to have a professional painting service. W/over 25 yrs exp. in the area. Family-owned & operated, 651-635-0528 jimmyrocket1464@gmail.com

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PRO TEAM PAINTING PLUS, INC. Interior & exterior painting. Complete carpentry services, 651-917-2881

WATER DAMAGE REPAIR. Painter, sheet-rock, woodwork & painting. Wallpaper removal, ceiling and wall painting. Family business in the Park 70 years. Jim Larson, (cell) 612-302-7668, 651-644-2469 or jimmyrocket1464@gmail.com

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Park Perks raised $325 for Junior Achievement of the Midwest in October. During the month of December we will be collecting for the Park Square Theatre.

Not sure where to park before the Vikings games? Free shuttles at the Twin Cities 400 Tavern!

Limited Space, Please Call 612-455-6311 to RSVP

Enjoy the Award Winning Hangover Burger and the People’s Choice Bloody Mary!
Hawks 1-0 in overtime.

Cup at Humboldt by beating the tournament qualifiers. Como played at an intense pace and —The Cougars and Jahrese Adeagbo.

able mention were Sully Lucy, Thee Team. Players receiving honor-
to the T win Cities All-District and Kaelyb Sears were selected celebration.

12-6 victory and set off a euphoric in the second overtime to secure a force overtime. Quarterback hind in the fourth quarter to Minneapo
victory during a snowstorm at memorable come-from-behind

Division. The Cougars began challenging competition in the —A young team with Como Park Cougars

bugle offers a summary of each experience.

goals enhanced their educational

and Murray student athletes, Sports analysis

By Eric Erickson

Wrappping up Como Park, Murray fall sports

Overall, the Cougars com-

pleted the season with a record of 10-7-1, finishing 7-5 in the St. Paul City Conference.

Senior Aziz Ahmed was selec-
ted as an all-state player in ad-

dition to all-conference. Hams

dja Ma was also all-conference, while Shakur Bati, Naazi Gema-

did, and Alo Tisa each earned St. Paul City honorable mention.

Cross Country—It was another successful season for the boys' and girls' teams that both placed third in the St. Paul City Conference. In the eight-team Pike Island Invitational, both teams placed first, with senior Abrairr Pattison crossing the finish line first in the boys' race.

At the boys' St. Paul City meet, Pattison was the top Cougar fin-

isher and earned all-conference status. Freshman Charlie Pow-
er-Theisen also earned all-conference honors. Shakur Bati, Dylan

Aarnes, Mohamed Aboushabab and Soren Sackreiter finished with honorable mention.

At the girls' St. Paul City meet, Justine Wulf was the top Cou-
gar finisher for the girls' team, closely followed by fellow cap-
tain Claire Olson. Addie Ander-

son-Loupe also had a strong race and earned all-conference status with Wulf and Olson. Ruby Ko-

siak and Audrey Power-Theisen received all-conference honorable mention.

Girls' Soccer—The Cougars had a historic season, winning the St. Paul City Conference championship for the first time since 2005. In the playoffs, Como advanced to the Section 4A semifinals and finished with an overall record of 12-4-1.

Given their undefeated confer-

dence record, Cougar players cap-
tured numerous honors. Those earning all-conference honorable mention were sophomore Mari-


Murray Pilots Volleyball—After a 10-1 record and second-place finish in the reg-

ular season, the Pilots finished on the top 25 list in the nation with a high note.

The team's accomplishments came from a positive attitude, great work ethic, steady improve-

ment and preshiny makeup. Ultimately, the team played its best when it mattered the most.

Boys' Soccer—The Murray boys finished in the top half of the city conference with a 6-4-1 record. Captain Koya Becker did anything he could to help the team including playing many positions and help-

ing less experienced players.

Girls’ Tennis—Como and Johnson high schools continued their co-op program and placed third in the conference dual meets. With the Como pool un-
available due to construction for the season's first five weeks, the team held its practices at Johnson. Amira Boler and Imani Sim-

mons were captains and helped many young swimmers on the team make steady improvement. Boler, Karatina Kocer, and Izzy Machell all earned St. Paul City Conference honorable mention.

Boys’ Soccer—The Pilots fin-

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