Schumacher to retire from SAP foundation

By Kristal Leebrick

He is often playfully referred to as the mayor of St. Anthony Park. But Jon Schumacher says he is really just the guy who finds out and follows up.

As the executive director of the Saint Anthony Park Community Foundation for the last 20 years, Schumacher has been the unofficial go-to guy for all things St. Anthony Park.

If someone calls asking what time the library closes (and they have), he’s happy to look it up.

Crumbling steps at College Park? A quick text to Mike Halm, director of St. Paul Parks and Recreation, and he’s got the schedule for the new steps and gives a little nudge to see if the project could move up the calendar.

That responsiveness is key to what Schumacher says is a fundamental part of his work at the 21-year-old foundation: building community.

Add Schumacher’s election to the St. Paul Public Schools Board of Directors in 2015; his seven years on the city’s Neighborhood Sales Tax Revitalization (STAR) board; years managing the student newspaper and spring talent show at St. Anthony Park Elementary School; chairing and serving on the St. Anthony Park Lutheran Church council, and that “neighborhood mayor” moniker is easy to understand.

In December, Schumacher will take off “the guy hat,” as he calls it, and retire from the foundation. He’s also not seeking re-election to the school board this fall.

“It’s time,” he says. A new grandchild in Arizona, both daughters living out of state and the recent retirement of his wife, Mary Briggs, from her nursing career was the right mix to push him to step aside and “let new leaders step forward.”

Community building

Foundation board chair Lisa Sackreiter says Schumacher makes “those around him, including me, believe we have gifts that make our community better. It’s fun and often time-consuming to meet with Jon in public places because he talks with everyone.”

“His art of bringing people together is something Schumacher saw modeled early in life. He grew up in Madison, Wis., the third son of a Lutheran pastor and a mother who majored in music in college who instilled in her son “a love of the arts and understanding of the importance of being present.”

Schumacher says his father “built community.”

“He was a big guy and he’d put his arm around people and laugh, and there was always this joy in bringing people together from every walk of life, making them feel a part of what was important,” he said. “That was my role model.”

Schumacher moved to the Twin Cities in the mid-’70s to pursue a career in theater after college. He waited tables, took improv classes and soon joined comedic Dudley Riggs’ touring company. After a couple of years, he and a friend started their own company, writing shows and training films for corporations. He met Briggs and they married, settling in St. Anthony Park, where Schumacher’s brother Tony and family were living.

Jon’s acting and writing work continued and included voice-overs for radio and some modeling for print advertising. The flexible work blended well with family life. He was the stay-at-home dad after his daughters, Julia and Jane, were born: “Often, I’d put them in the back of the car and go to auditions, and there’d be other actors in the same situation, and you’d say: ‘Can you watch the kids while I go into the audition?’”

Schumacher became active in the girls’ schools and was immersed in the community when the Saint Anthony Park Community Foundation was formed in 1998. After a year of helping the foundation with its infrastructure, the organization’s first executive director, Ginger Berhe, moved on and Schumacher was hired.

“Jon showed up at the right time to bring just what the foundation needed: a great neighborhood presence,” says Kent Eldlund, one of the first board members. “He brought a network with him and he continued to build that network.”

Schumacher retires after 20 years leading the St. Anthony Park Community Foundation

Falcon Heights, District 623 election filings complete

Filings are complete for the Falcon Heights City Council and the Roseville District 623 School Board, with the city boasting contested races.

Randy Gustafson is seeking re-election as Falcon Heights mayor in the November election. The City Council appointed Gustafson to replace Peter Lindstrom, who resigned to join the Metropolitan Council last spring. Lindstrom is being challenged by Dave Thomas.

The Falcon Heights City Council has two at-large seats open, with three candidates running, none of whom have served on the council before. Pamela Harris, who was appointed to fill a vacant seat, is not seeking re-election, and the other seat was vacated when Gustafson took over as mayor.

The candidates for Falcon Heights City Council are Kay Andrews, Adam Syucha, and Yakash Wehyee.

Meanwhile, Falcon Heights ballots will feature candidates for the Roseville District 623 School Board. Three of the six terms are expiring: Todd Anderson, the current treasurer; Mike Boguszewski, the current clerk, and Erin Azer.

Three candidates have filed for the three seats. Anderson and Boguszewski are seeking re-election; Rose Chu will also be on the ballot. Azer did not file for re-election.

—Anne Holzman
Como Park and St. Anthony Park community council news

District 10 Community Council
Special Election for board vacancy
The Como Community Council Board held a special election on Sept. 17 to fill the seven months remaining on the term of Vice Chair Amy Perna. Results were too late for this edition of the Bugle but will be reported in the November issue.

Immerse Yourself in Como Lake's Condition
Experts from the Capitol Region Watershed District will lead a free walking tour highlighting Como Lake's history, water quality and monitoring issues, aquatic plant species, and more. The tour is open every Sunday through Oct. 6 from noon to 4 p.m. It is a great chance to introduce yourself to the long gone trolley system in the Twin Cities, pick up organics recycling bags or kitchen starter kits, or just to chat with the District 10 board member who is staffing the day.

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Save the Date for Candidate Forum
A public forum for candidates running for the Ward 5 seat on the St. Paul City Council is scheduled for Oct. 10 from 7:30-9:30 p.m. at the Woodrow Wilson Library. The forum is being organized by the Como Community Council, North End Neighborhood Organization, Payne-Phalen Community Council, and League of Women Voters St. Paul.

District 12 Community Council
Ward 4 City Council candidate forum
The St. Paul Housing Coalition is hosting a Ward 4 Candidate Forum. Bring your questions about affordable housing, gentrification, density, etc. The candidate is scheduled for 6:30 to 8 p.m. on Tuesday, Oct. 1, at Open Science Hall, room 150, 3M Auditorium on the south campus of the University of St. Thomas. Parking available at the Anderson Parking Facility, which is at Grand and Cretin avenues.

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Climate Reality comes to the Twin Cities

By Mike Lukes

Commentary
What has Al Gore been doing since that fateful day in December 2000? Well, as I found out early in August, he has been following his passion to do something about human-caused global warming and its climate-changing effects.

After his denied presidential quest, Gore founded the Climate Reality Project to train environmental advocates to make the case for greenhouse gas reduction, based on the book and movie "An Inconvenient Truth" and its follow-up (visit Inconvenient- Sequel.com).

After starting with small groups in the barn on his Tennessee farm, Gore’s training initiative recently came to Minneapolis for a three-day session, reaching 1,200 women and men from around the world. As well as learning to give Al’s climate talk, this crowd gathered to raise our activism prowess. By sharing stories, tactics, and strategies, we believe we have strengthened our activism prowess. By sharing stories, tactics, and strategies, we believe we have strengthened our activism prowess. By sharing stories, tactics, and strategies, we believe we have strengthened our activism prowess.

As well as our night sky, from warmer, moister air in the winter and spring precipitation, there will be more hot days and longer heat waves that can affect plants and other finite resources you use. Reduce, reuse, repurpose, recycle.

One session was led by Project Drawdown (drawdown.org), a research organization that identifies the most viable global climate solutions, ranking their effectiveness at removing human-caused carbon dioxide from the atmosphere. There were also appearances by Gov. Tim Walz, the mayors of St. Paul (Melvin Carter) and Minneapolis (Jacob Frey), MPR meteorologist Paul Hattner, U of M professor Tracy Twine, and author Tom Friedman.

Transformation starts at the grassroots.
To be clear, the earth has already warmed by 1.5°F since 1901, with the rate of warming doubling since 1970. If we don’t do anything, it is projected to warm to at least 3.6°F (2°C) by the end of this century. In order to not make things worse, we have to make massive, transformational changes to decarbonize our energy, transportation, agricultural, and commercial systems. This will not be easy, but it is necessary to pass a healthy and safe earth on to our children so they can live gently on the earth and in harmony with nature.

We have to act personally, on the regional, state, and national levels, and on the whole planet scale to stop the harm we are doing. Some suggestions:
• Eat lower on the food chain: It takes 1,800 gallons of water and seven pounds of feed to produce one pound of beef. A cow produces 65 pounds of methane-producing manure daily.
• Find energy efficiencies in your lifestyle, do the same with water and other finite resources you use. Reduce, reuse, repurpose, recycle.
• Buy healthy and earth-friendly products: Support local food co-ops and CSA (community-supported agriculture) farmers.

One opportunity is 24 Hours of Reality: Truth in Action, a web happening set for Nov. 20-21. For one full day, Climate Reality Leader volunteers trained by Al Gore will teach and lead discussions online and in schools, community centers, and workplaces across the country and worldwide. If you are a member or leader. Some options: CitizensClimate Lobby.org, MN350.org, TransitionASAP.org.

Stand up for the planet wherever you go; educate yourself and then speak up and fight for the goodness we can achieve together.

One hundred people gathered at the Minneapolis Convention Center in August to learn about standing up for the planet with the Climate Reality Project. Photo courtesy Climate Reality.

Mike Lukes is a meteorologist now retired from federal service, most recently the National Weather Service. His roles ranged from upper-air test manager at the Sterling, Virginia facility to service hydrologist at the Weather Forecast Office in Grand Forks, N.D. He now lives in St. Anthony Park.
**EDITORIAL**

**From the Desk of the Editor**

By Scott Carlson

The mail carrier cometh

If you are reading this issue of the Bugle, we hope that several thou-
sand of you received the paper in the mail.

After many years of delivering the Bugle to readers’ doorsteps, our Board of Directors has opt-
ed to initiate mail delivery. There have been ongoing delivery problems over the years, frustrat-
ing both readers and Bugle staff alike. In the end, home delivery was unreliable.

To opt in to mail delivery, go to parkbugle.org and look for the Opt In! button on the left, just below the Bugle flag. It will take you to a page with a map of Bugle residents. Readers within the pink shaded area are sched-
uled to receive the paper via mail. Residents outside the shaded area can opt-in to mail delivery by fill-
ing out and submitting the form below the map.

If you prefer a more hands-on approach, send your name, address, and the note OPT IN to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

The Bugle will also continue to make bulk drops to various busi-
esses around town.

Fund drive

As we launch our mail-delivery program, the Bugle board is also gearing up for our annual fund drive appeal.

Addressing climate crisis

Early on in Mayor Carter’s 2020 Budget address, he said the fol-
lowing about the Climate Crisis: “We must act to protect our en-
vironment and adapt to the im-
"We need everyone, every-
where doing everything, all the time as quickly as possible.”

— Tom Lucy

St. Anthony Park

Editor’s note: The Bugle welcomes letters to the editor as a vehicle for fostering community commentary on issues of local interest. Letters should generally be no longer than 500 words. We reserve the right to edit letters for clarity and to fit available space.

**LETTERS**

Ode to St. Andrew’s Church

By Marsha Foss

At the end of my street the tower still stands

piece by piece the body of the building falls
not faring well
crumbling, like a body in hospice fails
disfigured and scarred
soon with a final swing of the crane
monotonous sounds of collapse
and a crushing rattle she will be gone
grinding away dusty debris
where once beauty stood
of brick and tile, glass and plaster,
the soul of a neighborhood diminished
pipes and organ gone
yet in my mind
under moonlight the sky the tower still stands
she will stand at the end of my street
the tower still stands
in effort to establish a more visi-
the world will need the workers
to fill those green jobs.
How are we as a city being a leader in giv-
ing our residents the skills to be-
we are on the clock and it’s time
to take?” We would ask, “What
time as quickly as possible.”
St. Paul, nice job so far,
then you are on the clock and it’s time
we must stop looking at the issue
what can we afford to do
rather than what we need to do.
Would we ask, “What do we need to do?” regardless of
cost.

— Marsha Foss

At the ruin of St. Andrew’s Catholic Church

As you may know, the Bugle does not have a regular office. Our staff works from their homes. But in order to establish a more visible presence in the community, our board is holding its meetings at the CoCreate office, located at the southwest corner of Univer-
"With that in mind, I want to thank the city of St. Paul for its
leadership, but I will also throw
some specific challenges and/or
questions their way. It has been
estimated that St. Paul has the
solar capacity for 800 MW of
energy, yet we are planning to
develop only 300MW of that by
2050. Why? When we look at
new building/new developments
(i.e. the Ford site), we are still see-
ing the use of natural gas. Why?

As the new green economy de-
velops, our city, the nation and
the world will need the workers
to fill those green jobs. How are we as a city leading a leader in giv-
ing our residents the skills to be-
gos that target.

Editor’s note: Como Park resident Marsha Foss wrote and submitted the following poem following the mid-August demolition of the former St. Andrew’s Catholic Church that is paving the way for the expansion of the Twin Cities German Immersion School.

At the end of my street the tower still stands

piece by piece the body of the building falls
crumbling, like a body in hospice fails
after prayers for survival, that all will be well
after all, hope that several threats
begins violent destruction
the tower still stands
removal of the cross
crucifying, not without cries
Proudly served community treasure for 20 years

By Jon Schumacher

This year marks the 20th anniversary of the Saint Anthony Park Community Foundation. I have been proud to serve as its executive director for most of those years and have benefitted enormously from the vision and commitment of the many neighbors who have served on our board over that time.

Special appreciation from our entire community should go out to those founding mothers and fathers whose love for St. Anthony Park provided the spark that has nurtured the organization that continues to work so effectively on behalf of the community’s interests.

The foundation was established in 1975 to support the doing—groups and individuals that are at the table speaking for the board to employ new ways to support the doing. It is Andy Boss, one of our founding directors, who told me that the secret to successful leadership was to make sure the right people were at the table when decisions were being made. It was clear that “right people” Andy meant the people whose lives would be most affected by those decisions.

I have confidence that as the foundation moves into its next 20 years, it will continue its commitment to help the community tackle the tough issues of housing, transportation, and maintaining the small-town neighborly atmosphere amid the changing dynamics of the urban growth all around the district. There will be challenging times, but the heart of this community has always been fed by the lifeblood of neighborliness. As long as we actively promote inclusivity, embrace open and fair processes, and commit to understanding what’s best for the common good, St. Anthony Park will be place good people will want to call home. Thank you all for 20 of the best years of my life and keep supporting the Saint Anthony Park Community Foundation. Like this neighborhood, it’s a treasure that should not be taken for granted.
St. Paul Public Schools’ garden program growing

By Timothy Chase

After a couple of summers of testing garden planting and harvesting, Saint Paul Public Schools (SPPS) plans to expand its Garden to Cafeteria program in student lunchrooms this year.

Under the program, teachers, trained in the process of safely harvesting and handling food, will start to bring the student-grown and harvested produce—cherry tomatoes, kale, lettuce, spinach, etc.—into their cafeteria in a way that is safe for students to eat.

“It is a chance to get the students in touch with their food and know where it comes from,” said Kirsten Saylor, Saint Paul Public Schools garden coordinator. “It promotes healthy living, not only nutritionally, but in actively gardening in the fall and the spring.”

There are 24 school gardens/orchards in SPPS. In August, 16 teachers, staff, U of M representatives in food safety and gardens, and representatives from Urban Roots toured three SPPS gardens to learn more about the Garden to Cafeteria program. One of the gardens they visited was at Murray Middle School, which has donated more than 500 pounds of produce during the last two years to the local food shelf.

Kris Wirtz, Murray school-cafeteria supervisor, helped develop protocols last spring for assisting with student-grown lettuce. That included supervising the students in harvesting, washing and prepping the lettuce for the lunch-line salad bar.

“As a science teacher, I am excited to bring the food into the cafeteria, and hope to use food, agriculture, sustainability and culture to build understanding across the diverse population at Murray. In addition, we will be inviting several local chefs into the classroom to tie together culture and food, with hopes that the thread of sustainability is a natural way of thinking in many cultures.”

—Submitted by Timothy Chase, Murray Middle School science teacher

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Fall at the Bell

Wicked Plants

September 21 – January 5

Inspired by author Amy Stewart’s best-selling book Wicked Plants: The Weed that Killed Lincoln’s Mother and other Botanical Atrocities, this fun-filled exhibit gives visitors a safe, hands-on experience with some of the world’s most diabolical botanicals.

Bell members receive free admission every day and more all year long.

Fall Festival: Botanical Bonanza

Saturday & Sunday, October 5 – 6

Activities Free with Gallery Admission

Join the Bell for a two-day science festival immersing yourself in the fascinating world of botany, plant pathology, invasive plants, foraging, and more.

The Ghostly Garden

Friday, October 25

$20 adults, $15 youth ages 3-18

Please join us in the darkened galleries with special surprises lurking around every corner. Explore the Dome of Doom in the Whitney and Elizabeth MacMillan Planetarium, search the diorama halls in our spooky scavenger hunt, and visit with carnivorous plants!

Bell Members are kind of a big deal!

Bell members receive free admission every day and more all year long.

bellmuseum.umn.edu
Como Park High remodeling continues

By Eric Erickson

Construction and remodeling of Como Park High School, including a massive overhaul of the building’s main entrance, continued through the summer and will proceed into early 2020.

At completion, there will be a clear main entry to the building with ample natural light in a welcoming atrium, while also having a secure point of entry adjacent to the main office. Total cost of the remodeling and construction is $46.8 million.

Meanwhile, administrators and clerical staff will work out of a classroom near the west wing door that is serving as the temporary main office until the scheduled completion of the new space in early 2020. The cafeteria and the adjoining student commons area have been opened up to allow for easier movement throughout the building, more natural daylight, and a brighter area for meetings and study groups.

Nearly every classroom has been remodeled or refurbished in the project. And with the addition of a two-story classroom wing on the south end of the building completed one year ago, a transformational change to the physical space is occurring at Como that will serve students for decades to come.

In other news:

The Como Park High School Booster Club will host the first Homecoming 5K and Fun Run on Saturday, Oct. 5, beginning at 9:30 a.m.

All are invited to participate and celebrate the Como school community with healthy activity for multiple abilities, followed by festivities that will include food trucks, socializing, and the Homecoming football game on Como’s turf at 1 p.m. vs. Minneapolis Southwest.

“Shifting from the parade that Como has had for many years, we wanted to get something healthy and fun for the community that would bring more people in,” said Como Athletic Director Koua Yang.

Como Lake is just a couple hundred yards from the school track and football field. With such a popular, beautiful resource in the neighborhood, connecting Como Park High School events to it and the larger community is a goal.

For those willing and able, the 5K will be two laps around the lake. The Fun Run will be one lap around the lake, totaling 1.6 miles. For young children, there will be a Kids Fun Run around the track at school.

Sponsors already pledging to support the homecoming events include Hiway Federal Credit Union, TRIA, the Army National Guard, GEAR UP and the St. Paul Police Department.

Registration details will be available on the school website, social media sites, and paper flyers. All 5K and Fun Run participants will receive a free ticket to the football game. Additionally, there will be opportunities to volunteer at the event and/or donate to the cause.

All proceeds will support Como Athletics which serve more than 600 student athletes.

Eric Erickson is a social studies teacher at Como Park High School.
Whopper of a catch!

If 5-year-old Mark Frosch has been hooked on fishing, who can blame him?

In early August, the St. Anthony Park kindergartner went on his first fishing trip with his grandfather, Daniel Parker, on Gull Lake, in Cass/Crow Wing County.

“At first they were about to head in, Grandpa heard Mark’s line go out,” said Anne Frosch, Mark’s mother. “After 15 minutes, they landed a 28-inch walleye.”

Congratulations to Mark and Grandfather Daniel!

Flies and Bees and Scales, Oh My!

Anh Tran, a Ph.D. candidate in the University of Minnesota Department of Entomology, will talk about the latest on insects in Minnesota gardens at the Oct. 1 meeting of the St. Anthony Park Garden Club. Refreshments are at 7 p.m. and the program begins at 7:30 p.m. at St. Anthony Park Lutheran Church, 2123 Como Ave. (Enter door on Luther Place.)

Tuesday scholar talks resume

The Rossville Library, 2180 N. Hamline Ave., has resumed its Tuesday Scholar talks this fall at 7 p.m. on Tuesdays through Nov. 19. The talks are free to the public, begin at 1 p.m. and are open to the general public.

Here is the current schedule:

Sept. 24—Stalag Luft III; One Man’s Story

Prize-winning filmmaker Louise Woehrle screens the true story of her Minnesota uncle’s adventures in a World War II German POW camp, and answers questions how she came to make a movie about his life.

Oct. 1—Letters Home: Dakota POWs after the War of 1862

After the tragic events of the Dakota War of 1862, hundreds of Dakota Indians remained prisoners of the U.S. Army. So great was their longing to remain connected with their families and communities that they taught themselves to write in order to send messages home. Professor Christopher Posa of the University of Minnesota will talk about the legacy of these letters. He is the author of Translated Nation: Revisiting the Dakota Oyate, 1862-1934.

Oct. 8—The End of Prehistory: An Archaeological Perspective

Scott Anfinson, former Minnesota state Archaeologist and a visiting scholar at the University of Minnesota, talks about common misconceptions about prehistoric Indian life, the European incursion, and archaeological knowledge.

Oct. 15—The Favorable Economics of Solving the Climate Challenge

Jay Coggins, University of Minnesota professor of applied economics, talks about past and future of global warming, what it means for our economy and how it affects all Minnesotans.

Oct. 22—Academic Freedom—A Personal History

Augsburg history professor Phil Adamo has a very personal reason for being interested in the history of academic freedom. Join him as he talks about what he learned in an ordeal that touched on some of the most controversial issues of our time. He was named “Minnesota Professor of the Year” for 2015 by the Carnegie Foundation for the Advancement of Teaching and the Council for Advancement and Support of Education.

New Commentary on Book of Isaiah

Dr. A. Joseph Everson will hold the second adult study session on his biblical commentary on the book of the prophet Isaiah at St. Anthony Park Lutheran Church Sunday, Sept. 22, at 10 a.m. All are welcome.

The Vision of the Prophet Isaiah: Hope in a War-Wary World—A Commentary, was released by Wipf and Stock Publishers in March.

Written for laypeople, the study focuses on the final form of the scroll of Isaiah from the time when it was set apart as “canon” by Jewish scholars at about 400 B.C.E. Throughout history, Isaiah has been a major source of inspiration and common ground for Jews, Christians and Muslims.

From 1968 to 1976, Iverson taught at Luther College in Decorah, Iowa, and at St. John’s University in Collegeville, Minn. He was pastor at First Lutheran Church in St. Paul from 1976 to 1990 and professor of religion at California Lutheran University in Thousand Oaks, Calif., from 1990 to 2014. Since his retirement, Joe and his wife Sue have been summer residents of St. Anthony Park.

Women’s drum class

The nonprofit Women’s Drum Center, 2242 University Ave., will offer a class in hand drums for beginners on Oct. 15, 5:30 to 6:30 p.m. The cost is $10. Drums are provided. For more information, visit womendrumcenter.org.

Music in the Park concert

The 2019-20 Julie Himmerle Music in the Park Series will open with a performance by the Montrose Trio. Hailed as “... one of the top piano trios in the world” by The Washington Post, the Montrose Trio will perform a program, featuring Dvořák and Schubert on Sunday, Sept. 22, at St. Anthony Park United Church of Christ. Tickets are $22 to $53. For more information, visit https://schubert.org/event/ montrose-trio/

Gremelin Theatre’s Journey’s End play opens

Journey’s End opens Friday, Oct. 18, and runs through Sunday, Nov. 10, at the Gremelin Theatre, 550 Vandalia St., St. Paul. Tickets are $28 for general admission and under 30 pay half your age every night! The play, directed by Bain Boehlke, is set in the front-line trenches near Sant Quentin in 1918, toward the end of the First World War. The play gives a powerful glimpse into the harrowing experiences of a British Army infantry company, whose weary soldiers play out in the officers’ dugout over four days in March 1918.

“Do It Herself!” Women’s event

Women 18 and older are invited to “Do It Herself!” at Rose Hill Alliance Church, 2095 W. Rose lawn Ave., Roseville, on Saturday, Nov. 9, from 9 a.m. to noon. Participants select two sessions from four available: instant-pot autumn soups, coconut-oil skin products, Christmas origami, or hear packs and home remedies for colds and flus. Sessions vary from demo to hands-on and include some take-home samples or finished items. Cost for the entire day is $5. To register, email Dwenda at gdjrf001@umn.edu by 11-2-19, and include name, phone number and session preferences.

Food, clothing donations sought

Jehovah Lutheran Church, 1566 Thomas Ave., St. Paul, continues gathering food-shelf items for families and clothing and household basics for just-released prisoners.

Keystone Food Shelf needs canned goods, paper grocery bags and cash donations. Its location nearest the church is at 1916 W. University Ave. in St. Paul. Contact Homecoming, working with just-released prisoners, needs bedding, pillows, household items, men’s large clothing and backpacks. The group, with an office at Jehovah Lutheran, helps just-released prisoners find housing and jobs.

Donations for either group can leave items at the church Donation Center, through the inner doors and to the left at the Thomas Street entrance. For more information, call the church at 651-644-1421.

Drum Circle class with Devin Tomczik

Hand-drum and percussion instructor Devin Tomczik will begin an eight-week circle drum class on Sundays starting Sept. 22 for people interested in learning hand drums. Classes will be held from 2 to 3 p.m. Sundays through Nov. 10 at 795 Raymond Ave., Studio D. Price is $160 for all eight classes or join anytime during the session with a pro-rated fee. For more information, contact Tomczik at dmtomczik@gmail.com or 763-219-2104.
Global Cuisine in Our Own Backyard

By Alex Lodner

Did you know you can Chow your way around the globe without leaving the neighborhood? There’s a wide array of eateries boasting cuisine from around the world. Here’s a rundown of some restaurants in Bugleland.

Nico’s Tacos

In late 2018, this newcomer to St. Anthony Park took the place of the popular Muffuletta, a neighborhood institution. The generous patio remains, but is now filled with agua frescas and tacos instead of mimosas and beer-cheese soup. The team behind Nico’s Tacos & Tequila in Uptown is now slinging arguably some of the Twin Cities’ best margaritas at 2260 Como Ave.

La Tapatia

Opened in 2017 after finding success as a food truck, this family-run gem is tucked into a tiny strip mall at 1237 W. Larpenteur Ave. in Roseville, serving the same Guadalajaran specialties that folks yearned for and sought out on the streets of St. Paul. You can still get your cravings satisfied via the food truck, or you can enjoy your nosh at the modest outdoor space in front of the restaurant.

Karta Thai

The third iteration of the Karam Thai restaurants, the space at 2295 Como Ave. in St. Anthony Park, is tiny and meant to function mostly as a take-out spot. But the menu is vast and covers all the Thai classics from fresh spring rolls to pad-Thai, a dish of steamed veggies topped with golden peanut and coconut milk curry sauce.

Café 99

Serving a variety of mostly Chinese dishes, Café 99 is located at 1435 N. Cleveland Ave. A variety of Mexican entrees are served at Nico’s Tacos at its St. Anthony Park location, one of many eateries in the Bugle area serving cuisine from around the world.

Fasika

Ethiopian food is all about enticing the senses: fragrant spices, colorful dollops of vegetables, legumes and meats all served on spongy injera bread that you roll with your fingers. It’s a return to basics in the most delicious way. Fasika is at 510 N. Snelling Ave.

Caffe Biaggio

This classic eatery has been serving homestyle Italian fare for 17 years on University Avenue, and is named after the owner’s great-grandfather. The pastas are all lovely, but Mama’s Antipasto Salad is a must-get.

Foxy Falafel

Another food truck—turned-brick-and-mortar darling, Foxy Falafel serves a delightful choose-your-own-adventure style menu that includes vegan, veg and gluten-free options. The Beet Falafel Platter is a personal favorite and, yes, you should order all the sauces. You will find Foxy Falafel at 791 Raymond Ave.

Foxy Falafel

This sun-filled location on University Avenue near Raymond

Café 99

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Faye Kommedahl, writer and tutor, dead at 95

Faye Lillian Kommedahl, 95, of Falcon Heights, died Aug. 13.

After teaching at Brimhall Elementary School for a few years, Faye began tutoring home immi-
migrants, which led to a 13-year rewarding experience for her and her students. Faye was a talented writer of children’s stories, short stories and essays on her observa-
tions of life. She found her true calling when Minnesota Women’s Press was launched, working in any role that was needed to sup-
port this fledgling paper and its mission.

In 2009, Faye was awarded the UBC (University Baptist Church) Shalom Award in recognition of her many decades of leadership for women’s rights and voices in the church and the world. She was preceded in death by her husband of 65 years, Thor; parents Martin and Ethel (DeForest) Jensen; and siblings Edith, Lawrence, Fern, Irma and Russell. She is survived by her son, Kris (Elsa) Kommedahl; daughter, Kris Sr.) Havel and Janet (Wayne) Christensen; eight grandchildren; 22 great-grandchildren; and two great-great-grand-

sons. Her funeral service was held Sept. 6 at Washburn-McReavy Hillside Chapel.

Delores Beck

Delores (Monson) Beck, 90, of Lauderdale, died Aug. 27. She was born in Cokato, Minn., to Elmer and Freda (Marsel) Mun-
son on July 14, 1929. She was raised in Buffalo, Minn., and married March 29, 1947.

Delores was loving, caring, fun and easygoing. A home-

maker, she traveled with her family and friends to Mexico, Canada and various states. She enjoyed baking (the best chocolate chip cookies), cooking, fishing, play-
games and cards, socializing and cleaning.

She was preceded in death by her husband, William Beck; brothers Milton and Eugene Munson; and baby sister. She is survived by daughters Judy (Denis St.) Havel and Janet (Wayne) Christensen; eight grandchildren; 22 great-grandchildren; and two great-great-grand-

sons. Her funeral service was held Sept. 6 at Washburn-McReavy Hillside Chapel.

Donald Blume

Donald J. Blume, 92, St. Anoth-

ery Park, died Aug. 3. He was a World War II veteran.

He was preceded in death by his wife, Aline, and three in-
fant children. He is survived by his children, Elvis Walter, Kar-

en Larson, Donald (Trena) Blume; 12 grandchildren; and 19 great-grandchildren.

Memorials preferred to Good Samaritan Society, Ivor Grove Hospice; or Our Lady of Peace Hospice in St. Paul.

Norman L. Dahlstrom

Norman L. Dahlstrom, 82, died Aug. 10 at his home. He was preceded in death by his brother, Wayne, and survived by sisters, Mary Ellen Ross of Greenwood, Ind., and Patricia (Rich) Lohrbeth.

Mass of Christian Burial was celebrated Aug. 27 at Maternity of Mary Catholic Church, with interment at Hillside Cemetery.

Rosemary Hunsader

Rosemary Hunsader, 105, of Fal-

con Heights, died Aug. 26. She was preceded in death by her husband, Yves. She is survived by daughters, Mary Hunsader and Patricia McCaskner; three grand-

children; and two great-grand-

sons. Mass of Christian Burial was celebrated Sept. 4 at St. Rose of Lima Catholic Church, with interment at Roselawn Cemetery.

Erik Jorgensen

Erik Christian Jorgensen, 51, died suddenly on Aug. 1. He was preceded in death by his mother, Rita (Mucciacciaro) Jorgensen. He is survived by his sister/ twin soul (best friend, Tina Parsons) and long-time friend Greg Page.

Erik graduated from Como Park High School Class of 1986 and earned a B.A. in arts from North Dakota State University, where he played on the hockey team. He remained very active in the hockey community playing on leagues and coaching. He en-
joyed kayaking, live music events, St. Paul Winter Carnival, Minnep-
olia Aquaretrial Sand Carving, and Tai Chi in local parks. He was em-
ployed at Dreamscapes Land-
scaping, where he fulfilled his life-
time passion for landscape design.

Erik lived and loved in a big way. He touched many lives and will be loved and missed by more people than one could count. The family and friends have requested memorials and donations to be made online with GoFundMe: www.gofundme.com/funeral-
expenses-for-erik-jorgensen

A memorial service was held Aug. 9 at Washburn-McReavy Nokomis Park Chapel.

Walter Nelson

Walter Leland Nelson, 95, of Lau-

derdale, died Aug. 6, 2019. He was born May 2, 1924, in Clearbrook, Minn., to Emil and Nora (Ness) Nelson. He was married to Joan (Tungen) for 65-plus years. He was preceded in death by his parents and sev-
en siblings. He is survived by his wife; sons Ed (Suzy) and Jon (Terri); brother William; sister Amelia; five grandchildren; and eleven great-grandchildren.

A remembrance gathering was held Sept. 7 at Lyngblomsten Care Center. Memorials can be sent to the American Association for the Advancement of Science www.aaas.org.

Delwin Schmidt

Delwin Henry Schmidt, 84, died Aug. 27. He grew up out-


Delwin worked for Armour and Co. for 30 years, plus seven years for Ray N. Weiler Heating, and was a proud member of Sheet Metal Workers Local 10. He loved fishing, hunting, gar-
dening, spending time with fam-
ily and was an active parishioner at Maternity of Mary Catholic Church. He was on the grounds crew from 1995 to 2013.

He was preceded in death by his parents, Hazel and Edward; siblings Bertille (George) Kacera, Delbert, Arti, and Julia (Eugene) Zvoloski. Delwin is survived by his wife, Marjorie; children, Da-

vid (Jill), Daniel (Sandra), Cath-

erine (Wes) VanNorden, Joseph (Carol Ann), Jeffrey, Gary, and Gregory (Meredith); 10 grand-

children; 21 great-grandchildren; sisters, Edes Gerwing and Roger
Osprey—The Fish Hawk

On a Monday morning in August, I was birding with friends at Grass Lake in Shoreview when we saw some 20 cormorants perched in the branches of a skeletal tree across the lake.

The big, black birds resembled vultures waiting for a victim, but cormorants are fish eaters. They may have been discussing where to try this morning, or waiting for the water to warm a bit.

Suddenly, an osprey flew by with what looked like a sunfish in its talons. The osprey is a very large bird with wingspans that can range from 4-and-a-half to 6 feet. It is brown above, white below, with a brown mask that extends through the eyes toward the back of the head. It flies with its wings bent in somewhat of a W formation. At a distance, it looks more like a large gull than a hawk.

Like the cormorants, ospreys are fish eaters, but they don’t swim along the surface like cormorants. Ospreys hover over the water until they spot a likely meal, then dive feet first into the water. They can snatch a fish up to 3 feet below the surface.

Generally, ospreys like their nests up to 60 feet high, beyond the reach of predators. But look at the list of the places where osprey nests have been found: on “dead snags, living trees, utility poles, duck blinds, fishing shacks, storage tanks, aerie, crane, billboards, chimneys, windmills, fences, and channel buoys.” This list is from Peterson Field Guides “Eastern Birds’ Nests,” by Hal H. Harrison. I can add athletic field light poles to the list. And, of course, nest platforms put up for the purpose of attracting nesting ospreys.

Nests are often used from year-to-year, added to, and can reach 10 feet in diameter. They’ve been found to contain a variety of interesting items: “John Steinbeck found three shirts, a bath towel, tin cans, shells, sponges, etc.,” according to “Eastern Birds’ Nests.” The osprey parents made sure the kids had lots of things to play with! I felt fortunate to see three ospreys at the same time. Your best chance of spotting an osprey is over the lakes of the Three Rivers Park District in Plymouth. In 2018, surveyors found 136 nests in the metro area, 75 on platforms. Happy birding!

Clay Christensen lives and writes in Lauderdale.

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Omar Syed has filed for election to the St. Paul School Board, declaring that he wants to tackle the school district’s achievement gap, as well as social and racial inequalities.

The Somali native fled the country in 1991 when war broke out and became a refugee in Kenya. Syed came to the U.S. in 1999 and went on to graduate from the former Arlington High School in St. Paul and then earned a professional certificate in health care from Century College.

“As an entrepreneur and health care professional, I know the value of a strong public education system,” said Syed, who is a pharmacy technician and owns a coffee shop on St. Paul’s East Side. Among other things, he favors hiring more teachers of color and investing in programs that help families learn English.

Pat Thompson, a retired graphic designer and St. Anthony Park resident deeply active in the community, shares her thoughts on supporting the Bugle as we prepare to launch our annual fall fund drive:

How do you connect with the SAP community?
I am a St. Anthony Park Community Council rep for North St. Anthony Park, co-chair of the SAPCC Transportation Committee, board secretary of the Creative Enterprise Zone, active in Transition Town-All St. Anthony Park and the Garden Club, and recently helped start up the CoCrea co-working and meeting space in South St. Anthony Park.

What does the Bugle mean to you?
The Bugle gave me my first connection to St. Anthony Park when my family moved here 26 years ago. I learned about its businesses, festivals, history, and people doing so many great things. I look forward to the paper coming out every month, and I use the website to look back for archival purposes now that I’m involved in community volunteering myself.

What would you say to encourage people to support the paper?
Living in a city with daily newspapers is great, but if you want someone to pay attention to your immediate area, you need a focused newspaper like the Bugle. It’s part of the glue that holds this community together. Who else will tell our stories? Our stories matter, and we in this area have to financially support it if we want to keep it.

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Omar Syed
Support local news. Support the Bugle!
In the zoo, the mighty zoo, the lion sleeps tonight.

Yes, it’s true. There’s a new lion at the Como Zoo.

“Muford is his name and he is beautiful, big and strong,” Como Zoo spokesman Matt Reinartz told the Bugle. “As with all new animals, Muford had to go through the standard 90-day quarantine period. After that it took him awhile to get used to his exhibit and would only come out before we opened.

“Well, we are starting last week of Sept. (2), he is out on a regular basis,” Reinartz continued. “We got him from the Pueblo Zoo.”

Muford was born about three years ago and the Pueblo Zoo in May sent him off to Como Zoo because zoo officials there determined that he would be unable to co-exist with triple cubs that his mother gave birth to in October, 2017, according to a Pueblo Chieftain news report. Photos by Como Friends.

—Scott Carlson
The cross-country team at the Twin Cities German Immersion School is in its second season. Photo submitted by Chris Tabisz.

Immersion School harriers off and running

By Chris Tabisz

The crisp, cool autumn air brings more than just a new school year. It’s also the start of a new cross-country season.

Only a year ago, the Immers (Gavia immer or leon) of the Twin Cities German Immersion School (which is in the Como Park neighborhood) kicked off its very first cross-country season.

Now, in the second season, “it’s not only the running that’s fun,” says Lucy Anderson, one of the Immers. “It’s about being part of the team that matters.”

And with a strong middle-school team of 38 runners, the German Immersion Immers are toeing the start line again.

The Immers are competing in a local conference with several other middle schools and at invitational meets, including the Humboldt Invitational and the 23rd Annual Tom Watson Mustang Invitational. Sevenths- and eighth-graders are also representing their school at the large single-day high school meet in the nation, the Milaca Mega Meet.

Even though the Immers have a full season of meets planned, “running is not really about races but a chance to improve and feel good about oneself and others,” said Paul Tuitt, a cross-country team parent. “The goal of athletics and school is to aid in the development of each child, and this requires a supportive environment from classmates, parents, teachers and coaches. Cross country provides for many an opportunity for growth as measured individually.”

For some runners like Anderson, it is the joy of being a part of a team. For others, like Luke Karvonen, another Immer on the team, he runs cross-country because “it is competitive, but as long as you try your best, that’s all there is to it.”

Through the TCIGS cross-country program, these middle-schoolers are learning to enjoy the sport of running for a lifetime. Cindy Miller, another Immer parent, noted that the “team spirit is an inspiration. The kids support each other from the first runner to cross the finish line to the last one to cross.”

Chris Tabisz is a middle-school social studies teacher and head coach for track and cross-country at the Twin Cities German Immersion School.
classifieds

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Sanikhahram, 651-440-8160. Ads are $1 per word. Phone numbers, email addresses and websites are considered two words. Add a box or art for $10 each. Next deadline Oct. 7, 2019.

Grief and loss series underway

“Growing Through Loss,” a six-week information and support se- ries for anyone experiencing grief or loss, is underway on Monday nights at the Catholic Community of St. Odilia in Shoreview with each session starting at 6:15 p.m.

The program is sponsored by the North Suburban Grief Support Coalition, a group of 19 churches in Columbia Heights, Fridley, Lino Lakes, Mounds View, New Brighton, Roseville, St. Anthony and Shoreview.

Each Monday program offers an educational presentation fol- lowed by support group sessions focusing on types of loss such as death of a loved one, grief around a suicide, pregnancy loss, divorce or separation, job change or re- location. Participants can attend any or all of the series free of charge. Small group registration taken weekly at the church. Free childcare is available by calling 763-755-5355 a week in advance. For more information, visit www.growingthroughloss.org.

Topics are:

Sept. 23 —Caring for a Broken Heart, Linda Cherick

Sept. 30 —A Personal Grief Story: Sharing Hope, Monica

Sharon, Christian mother, educa-

Oct. 7—Families During Grief, Janet Nadeau, life coach

Oct. 14—Out of the Desert: Isolation or Engagement As One,钢厂

Oct. 21—Hello Grief, Where Do We Go from Here, God? Deacon

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Story: Sharing Hope, Monica

Sept. 30

—A Personal Grief

Heart, Linda Cherek

Sept. 23

—Out of the Desert: Isolation or Engagement As One,钢厂

Story: Sharing Hope, Monica

Sept. 30

—A Personal Grief

Heart, Linda Cherek

Sept. 23

—Out of the Desert: Isolation or Engagement As One,钢厂
By Eric Erickson

Sports analysis
When I coached the Como boys’ soccer team several years ago, I searched for team-bonding experiences that would extend beyond the soccer field.

Andrew Kingriter was one of my captains in 2006, and Nate Kingriter was a captain in 2007. Their parents, Elaine Allen and Bryan Kingriter, own a farm-house on the Root River Trail in Preston, Minn., two hours south-east of their St. Paul home.

Hoping their generosity and support of the team would influence their answer, I asked Elaine and Bryan if they might be willing to let us do an overnight campout at the farmhouse.

Not every adult couple would agree to feed, lodge and tolerate 20 energetic high school boys on their peaceful property, but for Elaine and Bryan, the answer was “yes.”

Now, more than a decade since their sons played Como soccer, the answer is still “yes.” And camping at the farmhouse is still an unforgettable experience for every one of the approximately 125 boys who have been blessed to be there with Cougar teammates.

In 2007, I scheduled a game for our team against Stewartville (relatively near the farmhouse) at noon on a Saturday in late August. We took a chartered bus down-state in the morning, played the game, then bussed to the farmhouse, pitched tents, played bocce ball, explored the surroundings, ate dinner, had a campfire with s’mores, laughed a lot, and eventually settled into sleeping.

The next morning, we took a fun run to the top of a bluff, followed by a big breakfast on the porch, breaking down tents and cleaning up before boarding the bus back to St. Paul.

With minor variation, that routine repeated in 2009, 2010 and 2013, when I was the Cougars’ coach, and continued with Jonah Fields as the Cougars’ coach in 2015, 2017 and again on Aug. 24.

Steve Mantell was a senior captain in 2009 for a talented team that would go on to become the St. Paul City Champions.

“Camping together allowed guys who were normally quiet and serious to open up, laugh, and make jokes,” Mantell said. “Having developed that level of comfort allowed us to better understand each other which translated into strong performances as a team on the field.”

In 2010, we started playing Austin on the farmhouse weekend because they were the best competition in that section of the state. Como vs. Austin has become an annual game between two programs that frequently qualify for the state tournament and whose participants have great respect for each other.

Hsa D Moo was part of the first Como team to play Austin. He recalled winning that game in his freshman year, and again as a senior in 2013 during the state championship season. It served as a springboard for success.

More than that, Hsa D Moo expressed an appreciation for the time together in a new setting.

“It was my first ever camping experience in America,” he said. “It helped me and my team by getting closer to each other as a family. It made us connected and welcomed as a refugee kid.”

As for this year’s team, coach Jonah Fields was eager to prepare his boys for the experience. After acquiring tents from generous neighbors, they practiced setting them up on the Como grass field with their intentionally mixed grade and multicultural groupings.

Senior Abdulaziz Ahmed played a huge role for the Cougars in this year’s dramatic 2-1 comeback victory over Austin, assisting the game-winning goal with 43 seconds left. He smiled and expressed gratitude when discussing the weekend.

“We had fun,” Aziz said. “We didn’t have phones, so it was really nice to be connected and come together as a team. And Bryan and Elaine were really nice and we appreciated that.”

On a team predominately composed of immigrants from East Africa and Southeast Asia, junior Kevin Irabagaza discussed how those groups came together at the farmhouse.

“I was looking for if we could have more than one race staying with one race,” he said. “I just saw something different [at the farmhouse].”

“Everyone was together. It was the best thing and the most fun we have had with soccer at Como.”

For the hosts, giving back to the program their sons played for is a labor of love. “I still feel this attachment to Como and soccer is a fun way for us to stay connected,” Elaine said.

“I think it’s a way, too, that the farmhouse has a bigger meaning than just being our vacation home,” Bryan added. “It gives the farmhouse more of a purpose to help kids have an experience they may not have otherwise.”

As coaches, having community support and the gift of a resource such as the farmhouse is a blessing. Coach Fields and assistant Sunday Htoo know they will be able to draw upon this year’s camping experience going forward.

“I think the shared experience from the game and campout are critical for developing the bond and team identity,” Fields said. “I think that resilience and result from the game and time spent together off the field create a sense of trust and unity that will be helpful in the challenging matches this season.”

Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul.