Developer unveils latest plans for Luther Seminary site

By Scott Carlson

The latest vision for redeveloping a 15.5-acre site at the lower campus of Luther Seminary continues to feature a mix of new housing and the preservation of the Breck Woods nature area.

At a public meeting on July 11, representatives for the Master Properties Minnesota team said their preliminary plan still calls for building 450 to 500 housing units for singles, families and seniors. New buildings would include market-rate family units, affordable family housing, cooperative housing for seniors and senior housing with services.

Master Properties representatives contended new development would help give older residents an opportunity to move from single-family houses to downsized housing options.

Meanwhile, preliminary plans are also designed to maximize green space and preserve much of the area known as the Breck Woods, weeding out invasive trees and restore the natural ecology, Master Properties representatives said. The site plan includes walking trails and positioning buildings to take advantage of the hilly landscape to reduce the visual and traffic impacts on the existing neighborhood.

For example, most new residents of the proposed development would have underground parking tucked into the hillside from an entrance off of Como Avenue.

“We want to preserve the Breck Woods,” said Don Gerberding, a partner at Master Properties, who noted the city of Lauderdale has recognized the forested area as a separate zoning district that will be preserved forever.

While many people attending the meeting applauded Gerberding’s comment, several other audience members raised concerns about the proposed height of some buildings (one would be six stories) and how heavy

New book store

Page 7

Fair highlights

By Kristal Leebrick

The Bugle’s carefully curated list of must-knows, must-sees and other miscellany at the 2019 Minnesota State Fair

1. Early birds save a buck or three

You have until 9 p.m. Wednesday, Aug. 21, to purchase discount admission tickets to the fair. Gate prices increased this year to $15 for ages 13 to 64, $13 for seniors 65 and older, and $13 for kids 5-12 (those 4 and under get in free). Early-bird tickets are $12, and you can buy them, along with discount ride tickets, online (etix.com) or by phone (800-514-3849). You can also
District 10 Community Council
ComoFest is here!
ComoFest, the annual amalgamation of affordable, family-friendly fun for everyone, is under
ComoFest is here!

Community Council
District 10

• Saturday, July 27: Community Appreciation Picnic, 11 a.m.-1 p.m., Federal Credit Union, 1st Floor, 976 Lexington Parkway. Como Park’s “shortest marathon” begins at 1:15 p.m., at the docks outside the Lakeside Pavilion. Another lake cleanup is scheduled for Oct. 12.

Upcoming District 10 meetings
• Neighborhood Relations Committee: Tuesday, Aug. 6
• Land Use Committee: Tuesday, Aug. 7
• Environment Committee: Wednesday, Aug. 14
• Como Community Council Board: Tuesday, Aug. 20, with special presenter Ramsey County Commissioner Trista MatasCastillo.

This year’s National Night Out party is scheduled for Hampden Park in South St. Anthony Park and is open to folks from all over the neighborhood. Besides providing the option for a larger, more inclusive space for neighbors to get to know people living next door or in another building down the road!

NNO parties give residents the opportunity to help counter-act crime in their neighborhoods. Want to host your own NNO event? Resources and registration is available online at sjpd.org. All applications that include a road closure must have the signature of the homeowner and neighbors in the area affected by barricades being in place (petition). Any questions? Call the co-ordinator for National Night Out in Saint Paul, Patty Lammers at 651-266-5455.

Movies in the Park—Spider-Man: Into the Spider-Versen
• Saturday, Aug. 10, 7:30-9 p.m. Bring your kids and some friends and enjoy a movie under the summer night sky at playing at Hampden Park. Prior to the beginning of the movie, there will be some local resources like Transition Town and Hamden Co-op with tables and information. There will even be a few games about local produce with small samples and opportunities to win coupons to the Co-op!

Urban Growler Farmers Market (Sundays 12-5 p.m., from July 14 to Oct. 13) District 12 representatives will be popping into the farmers market with information about elections and recruiting candidates. Urban Growler is located at 2325 Endicott St. This year, the deadline for candidate applications is Sept. 23. For more information on becoming a SAPCC board candidate, visit website: sapcc.org/candidates.

Neighborhood Garage Sale—Sept. 21, 8 a.m.-6 p.m.
Want to host your own sale for the Annual Neighborhood Garage Sale. For more info, visit www.sapcc.org/1st-garage-sale

Re/Max Calender
Board Meetings: Second Thursday of the month 7-9 p.m. (Held at Jennings Community School, 2455 W University Ave.)
Environment: Fourth Wednesday of the month 7-9 p.m. (Location varies)
Equity: First Monday of the month 5:30-7:30 p.m. (Held at Seal Hi-Rise, 825 Seal St.)
Land Use: First Thursday of the month 7-9 p.m. (Held at Jennings Community School 2455 W. University Ave.)
Transportation: Last Tuesday of the month 7-9 p.m. (Held at SAPCC office 2395 W. University Ave. Suite 300E)

*Times and locations subject to change.

Eustis and Roselawn streets reconstructed in Lauderdale

By Anne Holzman

Lauderdale residents have endured road closures, limited driveway access, garage pickups, water shortages, and the usual noise and dirt of major road construction this summer as road crews have reconstructed Eustis Street and Roselawn Avenue to higher standards, including improvements to water and sewer infrastructure.

Two gaps in the city’s network of alleyways, affecting homes along the west side of Eustis Street, are also being paved, over the objections of a dozen property owners who unsuccessfully petitioned the City Council to vacate the city’s alley right-of-way.

The project covers Eustis between Lakefront and Roselawn avenues, and Roselawn between Fulham and Highway 280, a T-shaped work area that affects much of the city. The construction coincides with the transfer of the streets from Ramsey County to the city of Lauderdale, enabling the town to maintain them as needed instead of waiting for the county to schedule repairs.

The total project cost is about $2.4 million. Of that total, Ramsey County is contributing about $836,000, or about one-third of the cost. St. Paul Regional Water is chipping in about $733,000.

The city planned to finance the rest using reserves, bonds and special assessments to "each benefiting property," according to a 2018 feasibility study.

Roadwork began in May with utilities burrowing water mains, digging up pipes and moving poles. By mid-June, the streets were completely bare of pavement, with pipes laid on the grass and muddy runs carved by heavy equipment.

Other street projects this summer in Lauderdale and Falcon Heights have included closures on Lakefront Avenue for concrete repair, traffic signal upgrades, and sign replacement.

Also this summer, the Minnesota Department of Transportation is replacing intersection signal lights along Snelling Avenue in Falcon Heights.

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HOMES FOR SALE!
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2185 Carter Avenue

This 3 BR, 2BA Home is IDEALLY located in North St. Anthony Park, just a few steps to the historic Carnegie Library and easily walkable to all of the amenities that make the Park such a special place to live. This very special home offers some wonderful features that are rarely found in homes of this age and price range, including a newer kitchen! Hardwood floors, MAIN FLOOR BEDROOM and full bath, main floor family room with fireplace. $364,900

2325 Chilcombe Avenue
A wonderful 4 BR, 3 bath home in great condition located in Wonderful North St. Anthony Park. Main floor family room, FPLC, central air! Call Steve or Chris soon for more information.

CITY FILES
Building the future in a street: Cleveland Avenue

By Pat Thompson
News commentary

When it comes to major street rebuilds, you only get to set an example once every 50 years or more. When a one-mile stretch of Cleveland Avenue is rebuilt in 2020 and 2021, it will be a chance for Ramsey County, St. Paul, Falcon Heights and the University of Minnesota to show they and we are committed to a carbon-neutral future.

How do we do that? By building a street that favors people over private cars and helps conserve water in our warming world. This section of Cleveland between Larpenteur and Como avenues, bordering the U’s St. Paul campus, can serve as a model for those functions. Let’s design for the future, by planning a road that:

• Does not have a parking lane for cars.

What, you say, no parking?! Right. This illustration shows how eliminating the parking lane allows room for walking and biking paths, while increasing boulevard space for trees and permeable surfaces that help stabilize the water table. That will be a benefit during the wet and dry spells we will experience more in the coming years.

A Ramsey County planning team has developed five options for a new Cleveland Avenue: Alternative D is the one the St. Anthony Park Community Council voted to support at its June meeting. The other options have different configurations, including unprotected in-street bike lanes, a parking lane, and various combinations of these features. For details, see TransitionASAP.org.

Transition Town-ASAP also supports Alternative D because it meets the most criteria needed for a livable street in a carbon-neutral city:

• The least total pavement, minimizing water-wasting runoff and decreasing our contribution to the urban heat-island effect.
• The wideside boulevards (best for tree growth and keeping noise and pollution from motorized vehicles farthest from homes).
• An off-road bike path on the east side of the street, as shown in the Saint Paul Bike Plan.
• The shortest pedestrian crossing without bump outs.
• The narrowest street and therefore the slowest driver speed.

Adjusting our thinking
As it often seems, many transportation-planning topics can be agreed upon until the discussion turns to parking. And this is where it becomes a true Transition topic. If you believe we need to make a transition to a low-carbon world . . . if you heard that the permafrost is melting faster than the fastest models predicted . . . what kind of road should we build for the coming decades of rapid environmental, social and economic change?

We all need to adjust our thinking. The streets are public property, not a place to store private property—basically—for free, inducing more demand. Cars take up a lot of space, even if they’re electric. One-third of St. Paul’s land is pavement for streets or parking, according to the Department of Planning and Economic Development. These parking spaces actually separate us, making it harder to walk to things.

“We can’t keep designing systems to make our self-destructive choices as easy as possible,” states Julia Curran of StreetsMN. “We can’t say, ‘We need to decrease emissions,’ without actually making driving harder.”

July is right, and the Cleveland Avenue rebuild is a chance for us to show what we really believe.

Pat Thompson is part of Transition Town—ASAP and co-chair of the SAPCC Transportation Committee.

Falcon Heights election filings open July 30

Falcon Heights voters will elect a mayor and a council member on their November ballot. Candidates can file for a spot on the ballot from July 30 to Aug. 13.

Residents of Roseville School District 623 will also vote for three at-large, school-board members. This includes all citizens of Falcon Heights and Lauderdale, too.

There is no primary election scheduled. Election Day this year falls on Nov. 5.

Notably, at least one seat on the Falcon Heights City Council will open to a newcomer. Peter Lindstrom, who served on the council since 1998 and as mayor since 2007, resigned his latest city post earlier this year to accept an appointment to the Metropolitan Council.

The Falcon Heights City Council consists of four members and the mayor. Lindstrom’s term was set to expire this year, so instead of holding a special election the Council appointed Council member Randy Gustafson to serve out Lindstrom’s term, leaving one seat vacant until the new year. Gustafson can choose to run for mayor or for another term on Council, but he can’t do both. So at least one of these seats will be filled by a newcomer.

Also expiring at the end of 2019 is the term of Pamela Harris, who is serving out a term vacated by Joe Brown Thunder in 2018. Council members Melanie Leepay and Mark Miazga will serve through 2021.

Meanwhile, Roseville School District 623 has three school board seats open for the November election. The seats are held by Todd Anderson, current treasurer; Mike Boguszewski, current clerk; and Erin Azer. All three seats are at-large, meaning a candidate living anywhere in the district may run for those offices. Falcon Heights and Lauderdale residents live in the Roseville district.

To be eligible to run for office in Ramsey County, a candidate must be eligible to vote; be at least 21 years old upon taking office; have been a resident of the city or school district for at least 30 days before the general election; and have no other affidavit on file for the same primary or ensuing general election.

For more information, see the Ramsey County elections web page, https://www.ramseycounty.us/residents/elections-voting, or talk with city or school administrators.
By Scott Carlson

As the Bugle goes to press in mid-July for our August edition, we have some news updates including our publishing: New Board
With the start of our 2019-2020 fiscal year, we are saying goodbye to some board members and welcoming a new one.
A big “shout out” to Ted Blank, Bob Milligan and Michael Griffin, whose terms have expired. Another board member, Joey McGarvey, is leaving the board to take a new job and will be moving from Minnesota. All four people have made great contributions to the Bugle and we thank them for their service.
With a new fiscal year, we have a new slate of officers. Our 2018-2019 chairperson Liz Danielson, after serving a customary one-year term, is now board treasurer while vice chairperson Beth Magistad is chairperson for 2019-2020. Our new vice chairperson is Gabrielle Lawrence and Beny Currie is the board’s new secretary.
Continuing on the board are: Steve Plagens, Merry Rendahl, Matt Vierling, Becki Lonquist and Josh Becerra.
Meanwhile, we welcome Dan Nordley as a new member to our board. Dan is a co-founder of CoCreatz, a community office cooperative in south Saint Anthony Park and children’s table way down at the far corner of Triangle Park Creative, a 30-year-old graphic design company that previously operated from Minneapolis’ Seward neighborhood before coming to St. Paul two years ago.
While in Seward, Triangle Park published six neighborhood newspapers very similar to the Bugle including the Seward Profile, Southeast Angle and the Merriam Park Post. All papers had to cease operations due to financial considerations.
Bugle SAP Arts Festival winner
The Bugle was among the many organizations with a booth at the 50th St. Anthony Park Arts Festival. We had our usual table set up with copy for a gift certificate to the Colossal Cafe. We were pleased to announce that Karen Warner was the prize winner.

Bugle September deadlines: Have an event or item to submit for the September Bugle?
Our copy deadline is Monday, Aug. 5.
Recently, we moved up our deadlines during the start of our production weeks from Wednesdays to Mondays to better handle the large volume of copy that we typically review. Thanks for your assistance in meeting our deadlines.

Editor’s note: The Bugle welcomes letters to the editor. Letters must be signed. The Bugle reserves the right to edit letters for clarity and to accommodate available space.

Considering the future
Every day when I wake up, I think about what the future will look like for my children. If I think even further ahead, I wonder what the future will look like for my grandchildren. At times, I feel quite pessimistic about that future due to the ongoing and ongoing climate crisis.
However, rather than surrendering to that pessimism, I (and many others) choose to focus on changing that future through taking collective action to transform our energy and climate future.
As a St. Paul resident, I feel great pride recently at the unveiling of St. Paul’s Climate Action and Resiliency Plan. Great pride that I live in a city that is meeting this challenge head on and pushing for a better future.
I must admit that after I read the plan in full that pride turned toward disappointment. The city’s plan, which mirrors that of Xcel Energy, is more of the same in the sense of slow incremental change, continued fossil fuel use, etc. In other words, more fracked gas, more pipelines, more power plants, and more focus on “change” that will continue to benefit Xcel shareholders as opposed to moving us toward a decentralized/ clean energy system that would benefit all city residents.
Therefore, what to do? Resist me to purchase their buildings. The community surrounding the church considers it special.
In 2019, St. Paul would not dare bulldoze the burial grounds of Native Americans, and to this day we cringe at the destruction of the Rondo community. As we should. Yet here we stand today, with an outside group telling us what is or is not special about their own community.
Does this mean that members of a community do not get to decide what gives their community value?
The student body of TCGIS is nearly 90 percent white and only 8 percent free and reduced lunch. The school’s sense of entitlement is familiar and painful. The message TCGIS delivers is simple: “Sorry, if you value that building, but what we’re doing is more important.” TCGIS rolls out statistics about their school’s success and the importance of their mission; neither of which are relevant to the debate. They argue that in the face of this an land-rights issue and an appeal for the good of the children. TCGIS offered to list as friends and community members unli- nited we objected to their plans. Convenient.
St. Paul City Council also talks about the importance of community. Unfortunately, the Council, and particularly Council President Amy Brendmoen, failed to stand up for the idea of community when they voted against the fight for St. Andrew’s. Our neighborhood has history and character. We are invested. We know our neighbors, our lake, our flaves and our strengths. Who will mourn the loss of St. Andrew’s? The residents for whom it has a place in their community, or the people who drop their kids off in our neighborhood and pick them up every day later?
The community surrounding the church considers it special. In 2019, St. Paul would not dare bulldoze the burial grounds of Native Americans, and to this day we cringe at the destruction of the Rondo community. As we should. Yet here we stand today, with an outside group telling us what is or is not special about our own community.
Does this mean that members of a community do not get to decide what gives their community value?

Letters to p. 5
**Taking on Japanese knotweed, a nasty invasive by Dawn Tanner**

Japanese knotweed is an invasive plant with a long history in the United Kingdom (UK) and other parts of the world, and it is considered an extremely problematic species. In the UK, the presence of the plant on or near a parcel of land negatively affects land values and the value of the property. It can be particularly challenging to eradicate, as the plant has a long taproot and rhizome system that can spread extensively from one location to another.

**Identifying the knotweed**

Japanese knotweed is distinctive and relatively easy to identify. One of its common names is Japanese bamboo because it produces hollow, upright, bamboo-like stems 3-16 feet tall. Stems, or canes, are often reddish or red speckled, and leaves are large with smooth edges. In areas where Japanese knotweed is present, thick single-species stands will be evident.

The Japanese knotweed establishment on Eustis Street is now a project that community members, the city of St. Paul, Ramsey County, and Minnesota Department of Transportation ( MnDOT) are working together to control. Committee members hand-pulled the full extent of Japanese knotweed and piled it onsite. Thank you to active neighbors, connecting with each other and working together! The knotweed pile is being left to compost to avoid any re-sprouting and accidental transfer that might occur by taking it to the County composting facility.

**Japanese knotweed so you can report additional sites and help keep knotweed contained.**

**Managing Your Retirement Savings**

Brent Muller from Wealth Enhancement Group will discuss tax-smart tips for managing Required Minimum Distributions from retirement savings such as Roth Conversions, Qualified Charitable Distributions and Donor Advised Funds.

**Thursday, August 15**

2:00 PM  
SAP Library  
2245 Como Ave.

**OARS: Older Adult Resource Series**

**Managing Your Retirement Savings**

"How do I get the most out of my retirement savings?"

Brent Muller from Wealth Enhancement Group will discuss tax-smart tips for managing Required Minimum Distributions from retirement savings such as Roth Conversions, Qualified Charitable Distributions and Donor Advised Funds.

**Thursday, August 15**

2:00 PM  
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2245 Como Ave.

**Saint Anthony Park Area Seniors**

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**Thursday, August 15**

2:00 PM  
SAP Library  
2245 Como Ave.

**1333 Chelmsford Street**

Stunning redwood multi-level contemporary home designed by renowned Saint Paul architect Joe Michels. An oasis of privacy and calm in the heart of Saint Anthony Park, 3 bedroom, 3 1/2 bath, master suite with private balcony. Features include hardwood floors, Mexican tiles, natural stone and redwood throughout. Private summer screen house.

The dramatic hand-built brick fireplace that graces the open living-dining room is ideally situated, close to U of M Saint Paul campus, shopping and restaurants.

Barbara Swadburg  
651-271-8919  
barb@lyndenrealty.com  

**Letters from p. 4**

To move on, let us be pragmatic.

—David Maschwitz

**Thoughts on U building name changes**

My wife and I live in the 1666 Coffman Condominium, which is affiliated with the University of Minnesota. The “Campus Dived” exhibit in the University of Minnesota (UMN) Libraries brought the tainted legacy of President Lotus Coffman (1920-1938) to our attention. Our “Coffman” name is inexorably linked to us by our founding documents and identity. Long-term residents tell me that this is due, not to any conscious intent to honor Coffman, but by virtue of our address on Coffman Street. Nonetheless, the possibility that the UMN might remove Coffman’s name from Memorial Union, and how that might affect us, was of interest.

We attended the Board of Regents meetings on March 8 and April 26, when the name-change question was on the agenda. I want to share some observations from those meetings, particularly in light of Regent Beeson’s commentary in the June issue of the Park Bugle.

The UMN, like any leading research and teaching university, actively promotes the open and democratic in the June issue of the Park Bugle.

The UMN, like any leading research and teaching university, actively promotes the open and democratic environment in which faculty and students can engage in scholarly work and research. Each of these individuals, a recommendation endorsed by President Kaler. The historical record they presented reams of buildings bearing the names of these individuals, a recommendation endorsed by President Kaler. The historical record they assembled on Coffman revealed a pattern of antisemitism, active support for segregated student housing and active suppression of campus “radicals” (often Jews) in the 1920s and 1930s. At that meeting, several Regents questioned the professionalism and motivations of the Task Force members sitting before them. The meeting was cut short before the Task Force could react or respond. Regardless of how one feels about changing the names, the shabby treatment of the Task Force was a reprehensible moment for the UMN.

At the April 26 meeting, the Regents passed resolutions to leave the names unchanged. Fine, but again, the Task Force was not given an opportunity to respond or defend. This time the over-flow crowd of students and faculty staged a near revolt. History department faculty were reduced to shouting their objections to false and misleading statements made by certain Regents. After threats of physical removal of protesters by security, the acting chair relented and allowed recently retired history professor John Wright to make a statement. What followed was one of those moments when you realize you are a witness to a truly remarkable event as Professor Wright spoke contemporaneously and eloquently about his own family’s story of discrimination at the UMN over a period of 118 years. I love the UMN, but we can do so much better.

—David Maschwitz

[Editor’s note: The writer is the current president of the 1666 Coffman Board. His views do not necessarily reflect those of the Coffman Association.]
Murray students make history in Washington D.C.

By Eric Erickson

Seven Murray Middle School students and three Murray alumni qualified during the 2018-19 school year for the National History Day Competition in Washington, D.C.

The students, chaperoned by four Murray teachers, spent June 8-14 in our nation’s capital with the primary objective to successfully present their projects built on months of historical research, interpretation and creative expression.

Mission accomplished.

The 2019 History Day theme was “Triumph and Tragedy.” Across categories of their choosing and the topics they selected, Murray scholars excelled in explaining and supporting their thesis statements through primary and secondary sources and their own interpretation. Their commitment and hard work produced triumphant results — at regional, state and national levels.

Kevin Torstenson, an eighth-grader, took second place in the nation for his individual performance of “The 26th Amendment: A Triumphant Alliance.” His 10-minute play was dynamic and creatively demonstrated the coalition that brought voting rights to 18-year-olds during the Vietnam War era.

Alice Wagner-Hamstad and Kai Sackreiter, seventh-graders, competed in the group website category and earned National History Day Honorable Mention for “Reserve Mining v. United States: A Triumph for Environmental Policy.”

Alice and Kai were also selected as representatives for the National Endowment for the Humanities (NEH) Day on the Hill. They discussed policy with Minnesota Congress woman Betty McCollum and Minnesota U.S. Sen. Tina Smith in their Capitol Hill offices along with the NEH Chairman and Murray teacher Courtney Major.

Ellery Tensionson and Julia Pletcher, seventh-graders, qualified for nationals in the group performance category with “Making AIDS History.”

Phoebe Finlay, a seventh-grader, qualified for nationals in the individual website category with “Frances Kelsey’s Triumph Over Thalidomide.”

Emily Brenner, a seventh-grader, qualified for nationals in the individual exhibit category with “The Triumph of Women’s Birth Control: Griswold v. Connecticut.”

Murray Middle School has a tradition of excellence with History Day. The research component is embedded into the curriculum at each grade level. Carrie Newman, who teaches seventh-grade U.S. History, was a pioneer of its incorporation. She and Major both emphasize that History Day is a cooperative effort and for some an extended family. Proof of that is the Murray alumni who went above and beyond their required high school work, returning to Murray to voluntarily participate in History Day.

High school sophomores Aaron Ramsey, who attends Como, and Tana Oosoki, who attends St. Paul Academy, qualified for nationals when they attended Murray. They teamed up this year for a Senior Division Group Performance of “Mississippi Freedom Summer” and placed fifth in the nation.

Sam Skinner, another Murray alum who qualified for nationals in both sixth and seventh grades, partnered with fellow Central freshman Grace Philippon this year. Their group website of “Finding Honor in Defeat: The Demilitarization of Japan” placed eighth in the nation. They also earned this year’s NHD Global Peace Topical Prize.

—Eric Erickson is a social studies teacher at Como Park High School.
Winding Trail Books opens in Milton Square

By Scott Carlson

Winding Trail Books is the newest retailer in Milton Square in downtown St. Anthony Park, filling a void left by the recent closing of Micawber’s Books this spring.

Sue Costello and Rick Gahm, a Vadnais Heights couple, are co-owners of the new book and gift shop, which debuted the July 18th weekend with two authors appearing for book signings and other special events.

Costello said opening Winding Trail Books is a fulfillment of a lifelong ambition.

“As a book lover who has spent many hours in libraries and bookstores over the years, it has always been a dream of mine to own a bookstore,” she said. “Rick and I both bring to the business years of experience, including owning our own businesses.”

Gahm ran a mortgage company, while Costello, who worked in finance and early childhood, has “extra love for children’s books.”

Costello said she and Gahm were looking for “the perfect space to open our store and fell in love with the space at Milton Square. Our bookstore is named Winding Trail Books for our love of nature and the time that we spent going on long walks talking about our dreams of owning our own bookstore.”

She added, “We hope to be a place where you can discover a new book or author or where you can revisit a book or author from your past.”

Winding Trail will carry a variety of merchandise for all ages, including books, puppets, stuffed animals, book bags and gift baskets. The store’s inventory also includes products from Bartolucci, an Italian family-run business that includes wood-crafted collector items, such as statues.

At the Bugle’s press deadline, Winding Trail Books planned to kick off its official opening on Thursday, July 18, with author Amy Pendi-no signing copies of her book, The Witness Tree. The next day, author Lorna Landvik, whose books include Chronicles of a Radical Hag and Angry Housewives Eating Bon Bons, is scheduled to sign her books.

On Saturday, July 20, there will be an appearance of people from the Minnesota Raptor Center, as well as Jay Kalk from the band The Church of Cash playing an acoustic set of Johnny Cash songs.


The bookstore’s August calendar includes an Aug. 10 book-signing by children’s author Erin Hanson, who wrote Earth of Tears. On Aug. 15, KARE 11 meteorologist Belinda Jensen will sign copies of her book Bel the Weather Girl series.

More upcoming events will be posted soon on Winding Trail Books’ website at WindingTrailBooks.com.

Scouts BSA Girl Troop forming in St. Anthony Park

St. Anthony Park United Church of Christ; the oldest continuous charter partner in Northern Star Council, Boy Scouts of America; is forming a girl troop.

The girl troop, for girls ages 11-17, will be linked with Boy Scout Troop 17, sharing organization, leadership, and equipment. To become an official, the girl troop will need at least five girls and one female leader. The girl troop will have its own leadership and patrols, so that both boys and girls will have many opportunities for leadership in their troops. The units can function as independent or as mutually as they choose.

“We are looking for interested girls and adult leaders,” said Mike Smith, Troop 17 scoutmaster. For further information, contact Smith at 651-398-5552 or john-michael smith@comcast.net.

Kiwanis launches annual Peanut Day Drive

The Northern Suburban Kiwanis Golden K Club has launched its annual Peanut Day drive on July 1 to raise funds to support children and youth programs in the community. Individuals and businesses contributing to the fund drive get, in return, boxes of peanuts.

In 2018, the Kiwanis Golden K Club provided more than $9,100 in direct contributions to 15 community programs while club members logged more than 5,100 volunteer hours in support of the programs. Anyone interested in supporting this year’s fund drive can call 651-490-7688.

Luther Seminary from p. 1

development could affect the neighborhood.

“I am concerned about the safety of children in the neighborhood,” said St. Anthony Park resident Meri Hauge. Max Heitzmann, president of the St. Anthony Park District 12 Community Council, Boy Scouts of America; is forming a girl troop.

“The girl troop, for girls ages 11-17, will be linked with Boy Scout Troop 17, sharing organization, leadership, and equipment. To become an official, the girl troop will need at least five girls and one female leader. The girl troop will have its own leadership and patrols, so that both boys and girls will have many opportunities for leadership in their troops. The units can function as independent or as mutually as they choose.

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“As a book lover who has spent many hours in libraries and bookstores over the years, it has always been a dream of mine to own a bookstore,” she said. “Rick and I both bring to the business years of experience, including owning our own businesses.”

Gahm ran a mortgage company, while Costello, who worked in finance and early childhood, has “extra love for children’s books.”

Costello said she and Gahm were looking for “the perfect space to open our store and fell in love with the space at Milton Square. Our bookstore is named Winding Trail Books for our love of nature and the time that we spent going on long walks talking about our dreams of owning our own bookstore.”

She added, “We hope to be a place where you can discover a new book or author or where you can revisit a book or author from your past.”

Winding Trail will carry a variety of merchandise for all ages, including books, puppets, stuffed animals, book bags and gift baskets. The store’s inventory also includes products from Bartolucci, an Italian family-run business that includes wood-crafted collector items, such as statues.

At the Bugle’s press deadline, Winding Trail Books planned to kick off its official opening on Thursday, July 18, with author Amy Pendi-no signing copies of her book, The Witness Tree. The next day, author Lorna Landvik, whose books include Chronicles of a Radical Hag and Angry Housewives Eating Bon Bons, is scheduled to sign her books.

On Saturday, July 20, there will be an appearance of people from the Minnesota Raptor Center, as well as Jay Kalk from the band The Church of Cash playing an acoustic set of Johnny Cash songs.


The bookstore’s August calendar includes an Aug. 10 book-signing by children’s author Erin Hanson, who wrote Earth of Tears. On Aug. 15, KARE 11 meteorologist Belinda Jensen will sign copies of her book Bel the Weather Girl series.

More upcoming events will be posted soon on Winding Trail Books’ website at WindingTrailBooks.com.

Scouts BSA Girl Troop forming in St. Anthony Park

St. Anthony Park United Church of Christ; the oldest continuous charter partner in Northern Star Council, Boy Scouts of America; is forming a girl troop.

The girl troop, for girls ages 11-17, will be linked with Boy Scout Troop 17, sharing organization, leadership, and equipment. To become an official, the girl troop will need at least five girls and one female leader. The girl troop will have its own leadership and patrols, so that both boys and girls will have many opportunities for leadership in their troops. The units can function as independent or as mutually as they choose.

“We are looking for interested girls and adult leaders,” said Mike Smith, Troop 17 scoutmaster. For further information, contact Smith at 651-398-5552 or john-michaelsmith@comcast.net.

Kiwanis launches annual Peanut Day Drive

The Northern Suburban Kiwanis Golden K Club has launched its annual Peanut Day drive on July 1 to raise funds to support children and youth programs in the community. Individuals and businesses contributing to the fund drive get, in return, boxes of peanuts.

In 2018, the Kiwanis Golden K Club provided more than $9,100 in direct contributions to 15 community programs while club members logged more than 5,100 volunteer hours in support of the programs. Anyone interested in supporting this year’s fund drive can call 651-490-7688.
buy discounted tickets at the fair’s ticket office, 1312 Cosgrove St., the brick building left of the Snelling Avenue entrance at Midway Parkway/Dan Patch Avenue. After July 31, in-person ticket sales will move to the ticket booths just outside the gate at 1741 Como Ave.

2. Thirsty?
The State Fair has added more water bottle-filling stations and you can find them at the Warner Coliseum, Eco Experience, the restrooms south of the Kidway on Cooper Street, the restrooms on the north end of the fairgrounds on Murphy Avenue, the Education and 4-H buildings, the Grandstand and Agriculture Horticulture Building. The water stations won’t be on the State Fair map, but you can get the locations at any information booth on the grounds.

If you forget to bring a water bottle, complimentary cups of water will be offered at Culligan Water, KARE 11 TV, KSTP TV, WCCO Radio and the Ramberg Music Café.

3. Old news
Speaking of the Ramberg Music Café, the former Ramberg Senior Center at Judson Avenue and Underwood Street still bears the words “Ramberg Center” above its doors and rocking chairs still line the walls inside. But three years ago, the venue dropped the “senior” moniker and named it the Music Café “because the programming, vendors and live music in it were not just senior-focused any longer,” says fair spokesperson Lara Hughes.

The music selection has expanded to R&B, Americana, pop, jazz, Texas dance hall, acoustic rock — but you may still hear a bit of polka this year. The Jolly Zucks, described as “not your average polka band,” will perform the last two days of the fair. The schedule for the Ramberg stage, as well as all the other free stages, can be found at mnstatefair.org/free-live-music-and-shows or at information booths during the fair.

4. Is karaoke still a thing?
Apparently. Tucked into a corner of the Garden Building, next to the Ballpark Café on Underwood Street, karaoke fans belt it out from noon to 5 p.m. every day — until a D.J. takes over at 6 p.m. and the area turns into a disco. You can boogie down at the Garden Stage until 10 p.m., except on Labor Day when the fun ends at 9 p.m.

5. Woodstock, the moon landing, the Giant Slide
The Giant Slide came to the Minnesota State Fair the summer of 1969 and this year the five-story, brightly colored slide is celebrating its 50th anniversary. It’s one of 42 Giant Slides built by Fred Pittroff, a southern California man. That first slide debuted in 1966 in San Bernardino, Calif. After some improvements were made to the design, Pittroff sold and erected slides over the next two decades in the U.S., Canada and Australia. At one point, he owned and operated 10 slides himself, including the one at the Minnesota State Fair.

Pittroff’s family still manages the Giant Slides at both the Minnesota and Wisconsin state fairs. His daughter, Stacey Barona, and her family live in Roseville. Nestled between Al’s Subs and a hamburger concession on Nelson Street, the Minnesota slide has hosted 9 million-plus riders over five decades and even a wedding: Stacey and Robert Barona were married at the top of the slide on opening day of the 1996 fair slide with 5,000 fair guests cheering them on.

Limited-edition 50th anniversary hats and T-shirts will be sold at the base of the slide at this year’s fair.

6. It’s too early to tell you
When the Bugle went to print this month, news about the exhibits and offerings in the State Fair’s new North End wasn’t ready to go live. Vendor contracts were yet to be signed. What we can say is that a 12,000-square-foot exhibit hall will debut at the 2019 fair in the northeast corner of the fairgrounds next to the Hangar, last year’s new food hall. Fair management describes North End as a “home to annually changing museum-quality exhibits and features that will recognize Minnesota innovations in agriculture, industry and the arts.” The building will include “uniquely Minnesota” attractions, food and commercial exhibits.

7. New rides!
The Mighty Midway will offer two new rides this year: the Sea Ray — a giant ship that swings riders up to 50 feet in the air — and Zero Gravity — a high-speed, gravity-defying ride where riders stand against the wall as the cylinder
der begins to spin and rises in the air at a 70-degree angle.

There are 29 rides at both the Mighty Midway and the Kidway. The most popular ride on the Mighty Midway is Crazy Mouse, a rollercoaster that takes riders through hairpin turns and exciting drops while the car spins at the same time.

8. A daring feat! A spectacular sight!

For the 21st consecutive year, Gary Reuter of the University of Minnesota Bee Lab, will attempt to place 10,000 honeybees on the faces of two volunteers, forming a living beard of bees. That once-a-year phenomenon is scheduled Wednesday, Aug. 28, at 1 p.m. in the Agriculture Horticulture Building.

9. More moos

Bad pun, but if the line to watch the carving of the butter sculptures gets a little too long, check out the Agrilympics at the Moo Booth outside the Cattle Barn on Judson Avenue. Events will include a Celebrity Milking Contest Friday, Aug. 23, at 2:30 p.m.; a Celebrity Farm Animal Calling Contest, Tuesday, Aug. 27, at 2:30 p.m.; and the 18th Annual Celebrity Butter Carving Contest on Friday, Aug. 29, at 12:20 p.m. You can see the full schedule at mnstatefair.org/location/moo-booth.

10. A little Blue Ribbon advice

Pining for a blue ribbon to show your friends that your chocolate chip cookies (dill pickles, apple pie, star quilts, fill in the blank) really are the best? You have until 4:30 p.m. Tuesday, Aug. 6, to register in the Minnesota State Fair's Creative Activities competition. Creative Activities has six divisions — Needlecraft, Garment Making, Handcrafts, Collections, Senior Citizen, and Baking and Canning — and each division has a multitude of classes. Want your entry to rise to the top? Then follow the advice of Mary Barz, a Baking and Canning judge since 2004: Read the rules.

“We are very direct and literal,” Barz says. “We have thousands and thousands of entries. It’s a fair process and equitable process. Our job as judges is to maintain the integrity of the State Fair system, so we need to be by the book.” That book is the Minnesota State Fair’s Creative Activities Premium Booklet (mnstatefair.org/competitions/creative-activities), which will school you in all categories, delivery dates and various other details you’ll need.

It takes a team of 12 judges — all of whom are trained food professionals — and two full days to assess the canned goods and often a little more than two days for the baking, says Barz, who had a long career in the Betty Crock- er test kitchens at General Mills and helped run the demonstration kitchen in the Creative Activities building before becoming a judge.

—Kristal Leebrick, former Bugle editor, lives in St. Anthony Park.

The North End was still under construction in early July. Photo by Kristal Leebrick
Tortoise and the Hare: St. Paul’s Grand Round Bike Trail

By John Horchner

St. Paul’s commitment to a city-wide “grand round” bicycle trail is nearing completion, an endeavor surprisingly more than 100 years in the making. And one that appears destined to cross the finish line before a similar bicycle system in neighboring Minneapolis.

St. Paul’s story dates back to 1870 when the University of Minnesota’s first president and librarian, William Watts Folwell, needed help—certainly with buildings but also designing the grounds too. For this, according to local parks historian and author David C. Smith, Folwell wrote to Frederick Law Olmsted, the famous landscape architect who designed Central Park in New York City. Olmsted wrote back to Folwell only with “perfunctory advice” and showed little interest in a commission.

Two years later, when Folwell was called away to Washington, D.C., during a time he was scheduled to give a presentation to civic leaders in St. Paul, he asked another landscape architect to civic leaders in St. Paul, he asked another landscape architect to participate in the project. This time he was more successful with Olmsted.

Cleveland was at the forefront of speaking forcefully not just in favor of building parks in the Twin Cities but building “park ways” which would connect areas and diverse neighborhoods.

Cleveland’s talk was met with great enthusiasm. He returned to St. Paul and completed two private projects a year later in 1873. (One was for a land development plan for St. Anthony Park ordered by former Minnesota Gov. William Rainey Marshall, who owned large tracks of land between Como Lake and Minneapolis.)

Due to economic conditions, there was a lull. But 10 years later, Cleveland returned to St. Paul to give a second speech. This time, Minneapolis moved ahead on his suggestions. They established a park board with Charles M. Loring as president. They hired Cleveland.

In 1884, Folwell stepped down as the president of the University of Minnesota and expanded his work in public life. In 1888, he joined the Minneapolis Park and Recreation Board, as well.

Although the term “Grand Rounds” appears in the Minneapolis park reports as early as 1890, it was probably a bit later that the term coalesced into the bike/pedestrian/riding path that is most famous for today. In 1895, his first year as president of the Minneapolis Park Board, Folwell wrote, “It may be that the splendid scheme of Mr. Cleveland and Mr. Loring may never be perfected in all its details, but Minneapolis will never be satisfied unless it is executed in spirit and essential features.” The “Grand Rounds” must be at least completed...”

In 1887, St Paul established a park board—five years after Minneapolis. It also hired Cleveland in 1888. In addition to Lake Como, the city acquired the lake and Phalen Park in 1889.

In 1898, in its seventh annual report, the Park Board’s commissioners wrote, “they have not been backward in recognizing the rapidly growing claims of the bicycle to the liberal treatment and hospitable accommodation of our system of parks and parkways. Bicycle paths have been provided for in the new improvement of Como Parkway and Como Boulevard, and will form a feature of Midway Parkway, and doubtless of all other boulevards and parkways which may be constructed hereafter by the board. As many as 1,000 bike racks were in place at Lake Como. A 1907 map shows both the established and proposed parkways necessary to achieve the vision of St. Paul’s Grand Round parkway system enclosing the city.

After the turn of the century, however, St. Paul’s park board made some more progress but appears to have suffered from inighting and was unable to get its Grand Round done. Interest in the project waned until 2000, when a new master plan was created.

Finally, in 2016, then-St. Paul Mayor Chris Coleman announced the city would not only begin work but complete the missing (primarily northern) parts needed to connect the city with a coherent Grand Round trail of its own—more than 140 years after it was first proposed.

If most of the work is completed by the end of 2020 as planned, St. Paul should have its official continuous “Grand Round” bike loop ahead of Minneapolis, fully closing its own Grand Round loop—a true tortoise-and-the-hare story.

Bike Round update

For the intrepid rider, much of the St. Paul Grand Round course is ready to go. Look for the Saint Paul Grand Round logo as it appears on new signs, kiosks, trail markers and even manhole covers along the ride.

Exact progress of the unfinished portions, as well as maps of the course, can be found on the St. Paul’s Parks and Recreation’s website under “Saint Paul Grand Round.” (Note: Construction is scheduled in 2020 for the part along Como Boulevard between St. Anthony Park and Como Park. For full details, see Grand Round Design & Implementation Plan on the city’s website.)

If you are looking for company on your ride, the popular cycling St. Paul Classic follows the Grand Round. This year ride is on Sept. 8, marking its 25th anniversary. More than 5,500 riders participated in last year’s ride.

—John Horchner is a publishing professional who lives in St. Anthony Park.
I really enjoy seeing at my feeders the Pine Siskins, a delicate little bird, about the same size and shape as an American goldfinch. They’re brown with heacy streaking and a light wingbar. Males have faint yellow highlights on the edges of the wings and tail.

But the feature that gets me thinking, “Hey! Pine Siskin!” is the needle-sharp bill. It’s not the wedge-shaped seed cracker bill of the goldfinch or of one of the sparrows. They use that needle-sharp bill to get pine seeds out of pine cones.

Noted bird expert Pete Dunne describes the Pine Siskin in his “Essential Field Guide Companion” as “a quick, nervous, dark, drab, ultra-streaky pipsqueak of a bird that makes up in sass and belligerence what it lacks in size.” He adds that the siskin “resembles a gaunt, streaky goldfinch, but has a distinctly longer, thinner, pointier bill, a narrow chest, and a short thin tail.” That tail is forked. Dunne says the bird’s “expression is myopic, beady-eyed.”

Pine Siskin nest in pine trees, hence their name. They not only use coniferous forests, but also dwell in artificial settings such as arboretums, cemeteries, Christmas tree plantations, and the like. They sometimes nest colonially, near one another. The nest is usually well out from the trunk of the tree, concealed on a horizontal branch, an average of 20 feet above the ground. It’s about 4 inches in outside diameter, an inch-and-a-half deep, with a 2-inch inside diameter.

The female Siskin builds her nest using materials she finds available: fine twigs, grasses, leaves, woven with rootlets, strips of grapevine or cedar bark. The nest cup is lined with hair, rabbit fur, feathers, grass, moss, wool, and thistle down. With all that wood and fur, it would behoove farmers to keep an eye on their sheep and bunnies.

Sometime between mid-April and late May, the female lays three or four pale greenish blue eggs, spotted with browns and black. Incubation lasts about 13 days, with the male feeding the female while she sits on the nest.

Pine Siskines sometimes gather in large feeding flocks of up to 50 individuals. They feed on a variety of seeds, which means they’re not tied to the potentially variable pine cone crop. Besides pine seeds, they eat elder, birch, and willow seeds. They usually start at the top of a tree and work their way downward. They also like rape, and clover, and dandelion seeds, including dandelion seeds. That’s a plus, but they’ve been known to wreak spring gardens, pulling up newly sprouting seedlings.

About one-sixth of the Pine Siskin’s diet is animal: caterpillars, plant lice, scale insects, grasshoppers, spiders, flies and coconuts. They will eat the larva, pupae and even fresh egg masses of the spruce budworm. That’s an important contribution to limiting this pest of our forests. They have been seen opening the gall of the sawfly on the underside of oak leaves. They sometimes hang head downward while feeding.

Rare sightings
I don’t get to see Pine Siskins every year. I don’t recall ever seeing a sizable flock of them. They’re somewhat intrusive, coming and going without much rhyme or reason. I saw a couple in November and December last year, then again starting in April this year. They visited my Niger/sunflower seed feeder several times that month and a dozen or so days in May. The last record I have of them for this spring was on June 1. They spend the summer in Canada.

I mentioned that the “pine” in Pine Siskin comes from their preferred nesting site. But my copy of “Dictionary of Birds of the United States” says the origin of the “siskin” part is unclear. It’s named after the European siskin, probably an onomatopoeic reference to this bird found in many European languages, “which usually translates as a chirper or a small bird.” The bird’s song sounds like that of a hoarse goldfinch, mixed in with a distinctive rising buzzz.

Enemies of the Pine Siskin
include domestic cats that prey on the birds at feeder sites and at their nests. Other predators include red squirrels, which rob nests of eggs and nestlings, even nesting adult birds. Siskins are prey to sharp-shinned hawks and, to a lesser extent, Cooper’s hawks. Shrikes may also be a threat, as siskins have a tendency to “freeze” when a shrike is sighted in the area. They also get “nervous” in the presence of flying blue jays and common crows, which may indicate that these larger birds have raided siskin nests . . . they are opportunistic omnivores.

As I said, I don’t get to see Pine Siskins every year, but I count it a joy any time I see even one or two of them. Someday, maybe I’ll see a flock of 50!*

—Clay Christensen lives and writes in Lauderdale
Ki Ki Gore, 85, longtime St. Anthony Park resident, died on June 25. A friend to all she met, Ki Ki was born to Greek immigrants who landed at Ellis Island and settled in Evanston, Ill. She graduated from Evanston Township High School in 1931, then received her B.A. from Northwestern University in 1934 and two master’s degrees, in education and guidance and counseling, from Northwestern in 1936.

A lifelong student and teacher, Ki Ki also studied at the University of Mexico, Mexico City; the University of Colorado, Boulder; and Carleton College during school vacations to extend her own education.

Ki Ki began her teaching in 1954 at Evanston Township High School, Evanston, Ill., and went on to teach at Arlington High School and Prospect High School in Illinois; Westside High School, Omaha, Neb.; the YMCA of St. Paul, Como Park, Harding, and Central High schools in St. Paul, before ending her formal teaching career at St. Paul Academy from 1985 to 1996. Ki Ki was a multi-year nominee for Minnesota Teacher of the Year. She continued working through career at St. Paul Academy during the 1990s.

Ki Ki was preceded in death by her beloved St. Anthony Park neighborhood, and Ki Ki Gore Day in the city of St. Paul. She is survived by her family and created beauty wherever they were.

A memorial service will be held at St. Anthony Park United Church of Christ at 10 a.m. Friday, Aug. 30. Memorials, if desired, are suggested to the University of Minnesota Cancers of Cancer Center, Habitat for Humanity or the St. Anthony Park Home.

Marjorie Alexander
Marjorie Anne Alexander, 91, died on June 25 surrounded by her family in her beloved home. A renowned lifelong fine artist, Marjorie traveled extensively, and created a devoted late husband Harold H. “Alex” Alexander. Together, she and Alex found and shared her talents and expertise. She used her skills to reach out to struggling international communities, and taught groups of primarily women to find and use local plant fibers to make handmade paper and paper products as a source of stabilizing income. Among the many organizations she cherished, Marjorie belonged to the International Association of Hand Papermakers (IAPMA) and the National League of American Pen Women.

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ST. ANTHONY PARK LIBRARY CENTER
2245 Como Avenue
All events and classes take place in the St. Anthony Park Library auditorium unless otherwise noted. For more information about upcoming programs, please call the library at 651-642-0411 or visit www.sppl.org.

Please note: Library will be closed on Saturday, Aug. 31.

Special Events and Classes

- **Wednesday, Aug. 7**
  Adult Book Club
  6:30-7:30 p.m.
  Join us on the first Wednesday of each month to discuss interesting books. All are welcome and no registration is required. Note: This month’s event will be held at Mims Café, 1435 N. Cleveland Ave., St. Paul.

- **Thursday, Aug. 8**
  Senior Cinematic Finding Your Feet
  2:00-4:00 p.m.
  On the eve of retirement, a judgemental middle-class snob discovers her husband has been having an affair with her best friend and is forced into exile with her bohemian sister who lives on an impoverished inner-city council estate.

- **Thursday, Aug. 15**
  Managing your Required Minimum Distributions
  9:00 a.m.-noon, ages 4-8
  Join us on the front lawn for our Second Annual Community Picnic! All are welcome for lawn games, ice cream, and a special picnic. For ages 4 and up.

- **Thursday, Aug. 22**
  NORTHWEST COMO RECREATION CENTER
  200 Howarth St., 651-593-1743
  Join us for the front lawn for the Second Annual Community Picnic! All are welcome for lawn games, ice cream, and a special picnic. For ages 4 and up.

- **Wednesday, Aug. 28**
  Back To School with Essential Savings
  10:00 a.m.-noon, ages 4-8
  Blood Pressure clinic
  11:00 a.m., U Garden.

- **Thursday, Aug. 29**
  Blood Pressure Clinic
  11:00 a.m., U Garden.

- **Friday, Aug. 30**
  Blood Pressure Clinic
  11:00 a.m., U Garden.

- **Saturday, Aug. 31**
  Blood Pressure Clinic
  11:00 a.m., U Garden.

- **Sunday, Aug. 31**
  Blood Pressure Clinic
  11:00 a.m., U Garden.

- **Monday, Aug. 1**
  Caregiver and Bereavement Support groups
  10:00-11:30 a.m., AGE 8-15
  Blood Pressure clinic
  11:00 a.m., U Garden.

- **Thursday, Aug. 15**
  Compas Arts Theatre Camp
  12:00-3:00 p.m., ages 4-7
  Exercise Class,
  10:30-11:30 a.m.

- **Thursday, Aug. 22**
  Unity Game Engine Camp
  2:00-3:00 p.m., ages 8-15
  Exercise Class,
  10:30-11:30 a.m.

- **Friday, Aug. 23**
  One to One Tech Help
  2:00-3:00 p.m., ages 4-7
  Exercise Class,
  10:30-11:30 a.m.

- **Saturday, Aug. 25**
  Magic of Paper Folding
  10:00 a.m.-noon, ages 4-8
  Exercise Class,
  10:30-11:30 a.m.

- **Sunday, Aug. 25**
  Painting on The Patio for Adults
  2:00-3:30 p.m., The Urban Growler
  2:30-3:30 p.m.

- **Monday, Aug. 26**
  Compas Arts Theatre Camp
  12:00-3:00 p.m., ages 4-7
  Exercise Class,
  10:30-11:30 a.m.

- **Tuesday, Aug. 27**
  Basic Electrical Repair for Adults
  12:00-1:00 p.m.

- **Wednesday, Aug. 28**
  Basic Electrical Repair for Adults
  12:00-1:00 p.m.

- **Thursday, Aug. 29**
  Exercise Class,
  10:30-11:30 a.m.

- **Friday, Aug. 30**
  Exercise Class,
  10:30-11:30 a.m.

- **Saturday, Aug. 31**
  Exercise Class,
  10:30-11:30 a.m.

- **Sunday, Aug. 31**
  Exercise Class,
  10:30-11:30 a.m.

- **Monday, Aug. 1**
  Compas Arts Theatre Camp
  12:00-3:00 p.m., ages 4-7
  Exercise Class,
  10:30-11:30 a.m.

- **Tuesday, Aug. 2**
  Unity Game Engine Camp
  2:00-3:00 p.m., ages 8-15
  Exercise Class,
  10:30-11:30 a.m.

- **Wednesday, Aug. 3**
  Mini Sport Camp
  9:00 a.m.-noon, ages 6-12
  Exercise Class,
  10:30-11:30 a.m.

- **Thursday, Aug. 4**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Friday, Aug. 5**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Saturday, Aug. 6**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Sunday, Aug. 7**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Monday, Aug. 8**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Tuesday, Aug. 9**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Wednesday, Aug. 10**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Thursday, Aug. 11**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Friday, Aug. 12**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Saturday, Aug. 13**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Sunday, Aug. 14**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Monday, Aug. 15**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Tuesday, Aug. 16**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Wednesday, Aug. 17**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Thursday, Aug. 18**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Friday, Aug. 19**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Saturday, Aug. 20**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Sunday, Aug. 21**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Monday, Aug. 22**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Tuesday, Aug. 23**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Wednesday, Aug. 24**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Thursday, Aug. 25**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Friday, Aug. 26**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Saturday, Aug. 27**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Sunday, Aug. 28**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Monday, Aug. 29**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Tuesday, Aug. 30**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.

- **Wednesday, Aug. 31**
  Blood Pressure Clinic
  11:00 a.m., 7:00-8:30 p.m.
Regent professors, authors and more

Lynn Abrahamsen
author’s book

Lynn Abrahamsen, writing under the pen name of Maren Cooper, held a neighborhood launch on June 18 at Scarborough Fair in downtown St. Anthony Park for her new book, “A Better Next.” The novel is a story for every woman who has gone bold to sort out the next chapter in their life and use courage, self-searching and a supportive circle of friends and colleagues—it’s possible to redefine happiness and establish a liberating new normal at any stage of life.

Published by She Writes Press, Abrahamsen’s book has been named a finalist in Fiction: Women’s Lit in the 2019 International Book Awards. The book is available in e-edition, print and audio on Amazon.

Abrahamsen is a retired health care executive and a resident of Lauderdale.

Hand drum class for women

The nonprofit Women’s Drum Center, 2242 University Ave., will offer a class in hand drums for beginners from 5:30 to 6:30 p.m. Aug. 13. The cost is $30. Drums will be provided. For more information, visit womensdrumcenter.org.

Volunteer facilitator sought

The Roseville Area Senior Program (RASP) is seeking a volunteer caregiver support co-facilitator. The group meets at the Fairview Community Center, 1910 W. County Road B, Roseville. Training and orientation are available. The group meeting times and monthly frequency can be decided by the facilitator.

A facilitator should be out of their caregiving role for at least one year. A facilitator with caregiving experience is preferred. Experience dealing with dementia and/or healthcare issues is helpful. For more information and to schedule an interview appointment, please call the Roseville Area Senior Program at 651-604-3520.

U Regents’ professors named

The University of Minnesota recently named two Falcon Heights residents as Regents professors, the highest recognition it gives to faculty. The two academics are:

- Marlene Zuk, a professor in the Department of Ecology, Evolution and Behavior in the College of Biological Sciences; the college’s associate dean for faculty; and a governing board member for the Minnesota Center for Philosophy of Science. Zuk has published more than 150 research papers and her work has more than 14,000 citations.
- Ned Mohan, a professor of Electrical and Computer Engineering in the College of Science and Engineering’s Department of Electrical and Computer Engineering and the Oscar A. Schott Professor in Power Electronics and Systems. During his 43-year career at the university, Mohan has become a world-renowned researcher and professor with his innovations in power engineering education helping the U.S.’s power grid become cleaner, smarter and more reliable.

Mohan has received numerous awards and, in 2019, he was elected to the National Academy of Engineering, one of the highest professional distinctions accorded to an engineer.

Full Circle Theater play

Tickets are now on sale for Full Circle Theater’s production of “GLASS & LADY M.” Two plays the troupe will be presenting in conjunction with the 2019 Minnesota Fringe Festival. Full Circle’s two plays are part of the Festival’s newly-established Minnesota Fringe Independently Produced (IP) Series. IP productions are full participants in the Fringe but take place outside of Fringe-managed venues.

The combined presentation of both Full Circle pieces is one hour in length, and all 10 performance times will follow the required Fringe Festival show time format. All performances, including the 8:30 p.m. opening-night show Aug. 1, will be at Dreamland Arts, 677 Hamline Ave. N., St. Paul.

Ramsey County History Revealed series

The Ramsey County Historical Society is presenting talks and tours this summer titled “History Revealed.” The series will feature the best local authors, archivists, researchers and historians on a wide range of topics drawn from the stories of Ramsey County. The lineup includes:

- Tom McGregor, Plein Air Painting Workshop Saturday, July 27, 8:30 a.m. Gibbs Farm, 2097 W. Larpenteur Ave., St. Paul. Registrations required. See the website or call the office at 651-222-0701. $40 per person per session.
- Podas-Larson, author of the recent article in Ramsey County History magazine, “Eliza Edgerton Newport and St. Paul’s Floating Bethel, 1891-1903” will talk about the history of St. Paul’s “Floating Bethel,” a refuge for the working poor that was docked off Sibley Street on the Mississippi for more than 13 years.

Queer Voices Panel Discussion and Book Signing Thursday, Aug. 1, 7 p.m. East Side Freedom Library, 1105 Greenbrier St., St. Paul. No reservations needed. Free and open to all. The program will feature a panel discussion and readings from the new publication, Queer Voices. Since its beginnings in 1993, the Queer Voices reading series has featured both emerging and established Minnesota-based writers of the LGBTQIA community. Books will be available for purchase.

Page, an English and journalism teacher at Inver Hills Community College, will be available after the presentation for questions and to sign copies of his book.

Kristal Leebrock Thank You for Shopping Presentation & book signing Thursday, Aug. 8, 7:45 p.m. Waldmann Brewery & Winery, 445 N. Smith Ave., St. Paul. Reservations requested. See the website, or call the office at 651-222-0701. Free and open to all.

Leebrook presents the history and stories behind Minnesota’s great department stores, offering a lively trip back to their glory days in the Twin Cities.

Wasson wins award

Luke Wasson, of Falcon Heights, has received Minnehaha Academy’s AAA Award, which recognizes students for excellence in academics, arts and athletics within the school community. The award is given each year to two graduating seniors who demonstrate solid work in each of these areas.

OFFICE SPACE AVAILABLE:
Located in an historic building in the heart of South St. Anthony Park, utilities included, street parking ($799 per month)
Contact Chuck Parsons: cparsons@hampdenparkcoop.com or 651-207-9981

HEALTHCARE PROFESSIONALS
St. Anthony Park Dental Care, 2278 Como Avenue Nate Cogswell, DDS 651-644-5685 Email: thedad@zgdds.com Paul Kirkegaard, DDS 651-644-9216 Email: sapddentalcare@comcast.net www.pkddds.com Todd Grossmann, DDS
To add your business to this listing, contact Bradley Wolfe at 952-393-6814 or bradleywolfe@parkbugle.org.
With summer in full swing, we look back at memories that were made in the Como Park Athletic Department during the 2018-19 school year. While students consistently build relationships and learn life lessons through athletics, the events and experiences that punctuate a particular year are unique. Here are five highlights:

**Homecoming Football Game at Como**—After decades of hosting homecoming games off campus, the Como Park High School community was able to cheer for the Cougars during their homecoming game on the field at school last fall.

With the turf installed inside the track and the green light from the school district and city of St. Paul, the Cougars enjoyed playing soccer and football games on the new surface during the fall season. The historic homecoming football game on Saturday, Sept. 29, created positive energy that extended well beyond the afternoon’s activity.

“Having the homecoming game on our new field makes Como feel complete,” said then-senior Gianna Gabrielli.

**Girls’ Basketball Rises to State’s Top 10**—The Cougars won the St. Paul City Conference Championship for the fifth consecutive season. Additionally, Coach Alex Gray-Lawson put together a姑娘ing non-conference schedule with games against highly ranked opponents and tradition- al state powers.

The Cougars clearly showed they belong among the best, posting an overall record of 23-3 (best in school history). Como climbed into the Minnesota Class AAA rankings, achieving a peak ranking of No. 3 and never leaving the Top 10. The team’s starting line-up was composed of four freshmen and a sophomore — a remarkable situation with elite potential.

**Wrestlers Win St. Paul City Championship**—The Cougars pulled off a major upset in the city wrestling conference when they defeated the three-time defending champs from Washington. Como’s 44-34 victory at Washington on Jan. 9 set off a joyous celebration and paved the way for the team’s first conference crown since 2004.

Senior Alonte Johnson and sophomore Kaleh Sears had top-tier performances in both the city and Section 4AA competitions. Sophomore Sully Lucy and Stone Frasl were city champions in their individual weight classes, as was senior Mu Ku Shi. Additionally, Frasl qualified for the state meet at the Xcel Energy Center.

**Gymnastics grows with surge in participation**—One of the most happy and energetic Como teams this school year was composed of students who simply wanted to try something new. Cougar gymnasts had been dwindling in the single digits, but 15 girls showed up for an informational meeting last winter and those same 15 girls improved throughout their three-month season.

Sophomore Amelia Christ was one of the few experienced gymnasts, joining Como’s team after a decade of club gymnastics. She enjoyed the spirit and camaraderie of the Cougars and is excited for the program’s future with friends who appreciate challenging themselves in a supportive environment.

**Como’s Soccer Stars**—The summer schedule for high school athletes may or may not include organized team activities. Many coaches run voluntary training sessions and encourage individual workouts.

Some programs also feature community outreach, providing service related to their activity.

For example, the Como Soccer Stars, boys and girls from the Cougar soccer teams, facilitate fun on the field for players ages 4-6 and 7-11. Families converge on the Como turf for four Tuesday evening sessions during the summer, smiling and socializing as their kids follow the lead of the high school players.

**Murray Pilots spring sports summaries**

Middle-school athletics are a popular extracurricular activity for hundreds of St. Paul students each season. Here is the Bugle’s snapshot of Murray Middle School’s teams, which completed a successful spring campaign and conclusion of the school year:

**Badminton**—The Pilots finished at 7-4 and eighth-grader Violet Eisler made it to the conference quarterfinals in singles.

The eighth-grade doubles team of Kaya Solheid and Isabelle Becerra advanced to the semifinals and placed third in the conference. Honorable mention players who also qualified for the conference tournament included eighth-grader Lydia Westerlund and sixth-graders Rane Roste and Ava Lopez. Doubles teams were eighth-graders Aria Westenberg and Margaret Fuller and seventh-graders Lisa Truong and Nasa Wagad.

**Girls’ softball**—The Murray softball team boasted 15 student athletes whose quality of play improved throughout the season. The team posted a record of five wins, one loss and two ties. Key leaders and contributors included Kayla James, Abby Altman, Pariz Barret, Ellen Chimeua, Yezarah Lighthouse and Dawn Wests.

**Track and Field**—The girls’ team won two quadrangular meets this season and had an impressive second-place result in the Highland Park Relays. The Pilots’ Ester Mau was the city champion in the 100 meters. The boys’ team won a quadrangular meet, placed second in another and finished third overall in the All-City meet. Yassh Re was the city champ in the long jump.

**Baseball**—The Murray Pilots played eight games last two weeks of the season. The boys got on a roll and posted a six-game winning streak before losing to Capitol Hill. Overall, the Pilots finished 2019 with a record of 9-4.

Eric Erickson is a teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul.