Neighbors aim to save historic St. Andrew’s

By Kristal Ledwitz

Can the former St. Andrew Church in Como Park be saved from demolition?

Save Historic St. Andrew’s, a group of 23 neighbors who live near the Twin Cities German Immersion School (TCGIS), is hoping a petition asking the school to delay any decisions on its proposed expansion project until 2020 will do just that.

TCGIS, a public charter school that moved into the site of the former St. Andrew parish in 2013 with 330 students, has seen its enrollment increase to 555 in five years—and it’s expected to grow to more than 600 by 2021.

The school needs four more classrooms, additional dedicated spaces for special education, a larger cafeteria and a larger gymnasium space, explained TCGIS parent Nic Ludwig at the May 2 Como Community Council Land Use meeting. Ludwig, who lives just four houses from the school, is a parent at the school and chair of the school’s facilities committee.

After a year of study—which included looking at buying or leasing additional space, having a split campus or building a new structure at the current site—the school came up with a preliminary plan that would tear down the former church, which the school calls the Aula (now used as a gymnasium and cafeteria) and construct nearly 23,000 square foot building. The school wants to break ground on the $4.5 million project in June 2019.

Teri Albeto, a member of the Save Historic St. Andrew’s group and a resident of Warrendale (the name of the neighborhood surrounding the school), says the group wants to help develop alternatives that would keep the 91-year-old church building in place and keep TCGIS onsite.

“The school, mostly Nic, has worked hard to find alternatives,” she said, “but we believe there are other options to ensure the structure remains in place. We want to work with the school to find these options.”

The school is open “to a better way of doing it,” Ludwig said, but emphasized that after a year of studying options, the school had found that creating a new building “was the best option to move forward.”

“It’s not only about space,” he said. “It’s about budget.” Maintenance costs to replace the Aula’s roof, boiler, windows and TCGIS is 5

St. Paul garbage plan under way

Property owners must select cart and service levels by June 1

St. Paul Public Works’ new “All-In” citywide garbage service will begin Oct. 1, but there’s a bit of paperwork to be done first.

The city mailed out informational brochures to residents May 9. A second mailing — a postcard — outlines the cart sizes and service levels. A postcard with instructions for how property owners can notify the city of their chosen service level was mailed to residents shortly after. The postcard includes a special Cart Selection ID for each residence. To select their cart size and service level, St. Paul residents can use one of three options:

• Return the completed postcard with the selection (prepaid business reply postage).
• Visit a special website to enter your choice online.
• Or call the phone number printed on the postcard to communicate your choice directly to a customer-service representative.

The deadline to provide this information to the city is June 1. If the city does not hear from property owners by June 1, the property will be assigned a cart size and service level.

Carts choices will be confirmed in August, when all property owners will receive information in the mail with specific service-level details, hauler information, and their designated pick-up day.

Starting in mid-August and continuing throughout the month of September, new garbage carts will be delivered to property owners. As the new service begins, garbage haulers will remove old garbage carts to recycle and reuse them as they are able. More details about the cart transition will be available in August.

The city is dividing service among 11 haulers. Each hauler will handle every single-family home, duplex and apartment building (up to four units) within a designated geographic area. For most of the city, trash and recycling will be picked up on the same day. Residents have four service options. The prices include taxes and other fees:

• 95-gallon cart, picked up every other week: $32.03 per month
• 64-gallon cart, picked up every other week: $20.28 per month
• 35-gallon cart, picked up every other week: $16.50 per month

Bills will be sent quarterly. Property owners are responsible for the bill. In addition, an administrative fee of $24.60 per year will be added to property-tax bills.

For more information, visit www.stpaul.gov/garbage.

St. Anthony / Como Park

Artistic and intellectual profiles, maps, schedules and more on pages 9-12

St. Anthony Park / Falcon Heights
Lauderdale / Como Park

www.parkbugle.org
June 2018
Rain barrel workshop is May 19
District 10’s Environment Committee and the Capitol Region Watershed District will hold a Rain Barrel Workshop Saturday, May 19, from 1 to 3 p.m. at Twin Cities German Immersion School, 1031 Como Ave. Participants can get a rain barrel for $29 (plus tax) and learn how to set it up correctly. (If you already have rain barrels at your home, you are welcome to come and learn helpful tips — for free.) Go to www.bit.ly/d10-rainbarrels to register.

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Com o Park
The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Como Streetcar Station, 1224 N. L o s e x t e n d a r d Parkway. Here’s how to connect: 651-644-3889; district10comopark.org or District 10 Community Council on Facebook.

Tree TREK will wrap up this year’s District 10 Sunday Series. Arborist Tim Morgan will lead a walk to help us better identify and understand local tree species, their health, and the diseases and pests that affect them. The event will be held Sunday, June 3, from 1 to 2:30 p.m. Meet outside the Lakeside Pavilion. It’s free.

Join the next wave of rain gardens
Capitol Region Watershed District will host a hands-on workshop to identify locations for the next wave of boulevard rain gardens in District 10. These types of gardens are among the most cost-effective ways to collect and filter polluted street runoff before it reaches Lake Como. The best part: The selected locations will get rain gardens installed at no cost. The workshop will be held Saturday, June 23, from 9 a.m. to noon at the Como Streetcar Station.

New board members
Congratulations to the eight residents elected to the Como Community Council board during the District 10 annual meeting on April 17. Newly elected are: Amy Perna, vice chair (Perna previously was District 10 treasurer); Anne Hartman, treasurer; Rebecca Calvo, Sub-district 1 (west); Annette Haidenberg, Sub-district 2 (central); Thomas Coburn, Sub-district 3 (east); Cody Zwiefelhofer, Sub-district 4 (south); and Melissa Liu, (incumbent) and Olivia Malvey Morawiecki, both at-large.

Fifteen candidates ran for the eight vacant seats. Those 10 community members turned out to vote, nearly doubling the turnout from recent years.

The new board members replace the following outgoing board members (all of whom “retired”): Joan Feidner (vice chair), Jon Heyd (Sub-district 1), Erin Dooley (Sub-district 2), Debra Purley (Sub-district 3), Joe Mueller (Sub-district 4) and Kevin Dahm (at-large).

St. Anthony Park
The District 12 Community Council (SAPCC) meets on the second Thursday of each month at 7 p.m. at Jennison Community Learning Center, 2455 University Ave. The council offices are located at 2299 University Ave., Suite 300 E. Contact information: 651-649-5992 or www.sapcc.org.

SAPCC is on Instagram! Share your photos from around the community on Instagram with the St. Anthony Park Community Council. Send your images to info@sapcc.org. Start tagging your photos with #sapcc on Instagram and #sapcc on Twitter.

St. Paul Citywide Drop-off is early this year: June 9
The annual St. Paul Citywide Drop-off at the state fairgrounds is much earlier this year. Instead of September, the event will be held Saturday, June 9, from 8 a.m. to 1 p.m. The Drop-off is organized by the city of St. Paul and District 10. If you volunteer to help staff the event, you can get rid of a load of your junk for free, and you’ll be fed.

Sign up to volunteer at www.district10comopark.org/volunteer_form.html.

Permit-parking restrictions won’t change in SAP, Como
After a year-and-a-half of studying St. Paul’s residential parking-permit system, the results of the St. Paul Public Works Department’s review are in: Parking restrictions in St. Anthony Park and Como Park will not change. What will change, however, is the city will begin using stickers for permit holders rather than placards.

The city of St. Paul launched the study in summer 2016 with the goal of standardizing time restrictions for simplicity and consistency according to parking engineer Elizabeth Stiffler. But that’s what happened.

“There wasn’t enough consensus on what to standardize time to and also residents felt [the] city was overreach in changing time restrictions that were working fine,” Stiffler said. Surveys were mailed to all permit-parking users and a survey was posted online at OpenSt. Paul.

Area 2, the permit-parking area in St. Anthony Park north of Como Avenue, will continue with a combination of time restrictions. Some streets restrict parking for those without permits to one or two hours, while other streets restrict parking all day. Area 29 in Como Park, which is affected by its proximity to the state fairgrounds and Como Regional Park, has a mix of parking restrictions. Some streets ban parking from May 1 to Sept. 30 during daytime hours, some restrict parking throughout the 12 days of the State Fair, and no parking is allowed on several blocks along Midway Parkway.

The change from placards to stickers will take effect this summer in Area 2 when residents begin renewing their permits. Permit holders will be able to buy up to three stickers per address and up to two placards for visitors. The stickers will be tied to a specific license plate number. The visitor placards will display the homeowner’s address. Prices will remain at $15 per sticker or placard. One-use visitor hangtags will still be available for $1 apiece.

Area 29 permit holders renewed their permits this spring, so the change to stickers will not go into effect there until 2019. — Kristal Ledvick
It's never too late to pick up a guitar

By Judy Woodward

Becky Kapell has no hesitation about describing herself: “I’m a super-organized person,” she says firmly. Not a surprising trait for the president of Magnetic Poetry, a company founded by Kapell’s brother more than 25 years ago.

But Kapell also credits her organizational powers for her success in her “other life” as a professional singer/songwriter. And it’s the music career that she wants to talk about these days.

“I don’t read music. I don’t know music theory,” she says, “but I can visualize chord progressions. Writing a song is like a process of distilling thoughts into a single [statement] … it creates order out of chaos.”

A regular performer at the Dubliner Pub on University Avenue until recently, Kapell, who lives in Como Park, will release her second CD, “That Certain Ache,” this month. She will mark the occasion with a public CD-release party on Friday, May 18, from 7 to 10 p.m. at the Hook and Ladder Theater and Lounge, 3010 Minnehaha Ave., Minneapolis.

It’s quite a feat for a single working mother who, until a few years ago, confined her musical interests to “sitting in the kitchen picking guitar when I had a little free time … teaching myself the only three chords that I already knew.”

Although she had sung with bands as a young woman when she lived in Portland, Ore., Kapell never considered herself a songwriter. She thought she had put performing behind her when she moved back to her native Twin Cities in 1996 with two young kids to raise.

To her surprise, she began composing songs. “Writing songs is something that happened to me,” she says. “The melodies started coming out, and then the words started coming.”

Kapell’s schedule at that point offered her little time to develop her talent. “I didn’t go out to hear music, because I was a single mom raising kids,” she says, adding that she didn’t know any other musicians in the Twin Cities at the time.

It wasn’t until she went back to Portland to visit the old friends of her youth that her music took a step forward. “I didn’t intend to make a CD,” she says. Musician friends encouraged her, however, and soon they brought in other musicians from the Portland area. In 2010, Kapell and her Oregon associates began recording her first CD, “For Now.”

“We released it to the public in 2012, and I gave a lot of them away to my friends,” she says.

Kapell describes “For Now” as “country folk” with an acoustic guitar sound and no percussion.

The new CD, “That Certain Ache,” has more of a “rockin’ country sound” that Kapell attributes to her contact with local Minnesota musicians. As her kids got older, Kapell found her way to area music venues, where she met guitarist Paul Bergen, who produced her CD. “Eventually, I got the guts to ask him to play with me,” Kapell says, and that experience changed her music.

“I could hear what he could add (artistically),” she says, and that new sound includes drums and electric instruments. “That Certain Ache” features Bergen on guitar, Erik Koskinen on drums and guitar, and Mike LeBeau on percussion.

Kapell’s musical heroes are classic country singers like Johnny Cash and Dolly Parton, but “I’ve been told I don’t sound like anybody,” she says.

As an untrained musician, she calls herself harmonically “innocent.”

“The musicians I play with say that my ‘superpower’ is that I don’t know how chords are ‘supposed’ to sound and progress,” she adds.

As a 54-year-old kick-starting a career in music, Kapell is older than many of her fellow musicians. “Many of the people I hang with are younger,” she says. “But I forget that Becky Kapell plays during Record Store Day 2018 at Barely Bros. Records on Raymond Avenue, St. Anthony Park. From left, Sprague Hollander, Kapell, Erik W. Koskinen and Paul Bergen. Photo by Paul Lundgren
Buying a house is like adopting a puppy: It’s easy initially to be struck by the positive features — the architecture, the location, the cute little fuzzy snout — while overlooking the downsides. When my wife and I were shown what to become our house on Blake Avenue in 1987, we tried to be pragmatic. We considered its proximity to railroad tracks and to busy Raymond Avenue, and decided, those factors notwithstanding, to buy. What we didn’t think of was the full city block of sidewalk on the front side of the property. That wouldn’t have been a deal breaker, we stayed there for more than 30 years — twice as long as either of us has lived anywhere else — and I’ve made it clear to all and that I’m going to die in this house (after, I hope, another 30 years). It would, however, have been nice had I forewarned and forewarned myself in the area of sidewalk maintenance. We had always been renters, and when it snowed, some guy in a pickup would magically show up and clear our sidewalks. So it took a while for me to absorb and process the full scale of the burden we had visited upon ourselves. Once I did, however, I like to think that I’ve been a punctilious and conscientious sidewalk caretaker.

The first couple of winters, I actually bought a shovel, finally buying a snow-blowing attachment around 1990. My first one was a Hummer-sized levitator. It could have cleared a runway in a single pass. It would have been an utter failure, unless it staled, as it did from time to time, whenupon it would sit where it was until I could get it running again (which sometimes took the better part of a day). Live and learn: My next two were little, single-stage affairs, hagglish, if necessary, and easy to service, even by the likes of me. Both certainly supposed to clear your sidewalk down to the concrete but, honestly, that’s not always possible, and it’s not always the best plan for us. A very thin layer of well-pack snow can be more navigable and can provide better traction than bare concrete, which can hide black ice. My rule of thumb here is whether a wheelchair would have an easy go of it. I sand when necessary, either by hand, for sporty application, or using a spreader when the snow expands to a width.

Once in the habit of clearing winter precipitation, I assumed my work was done in the sidewalk department, until I came upon a sunny summer day in 1990 from the city informing me that there had been an avalanche of vegetated bunkhead encroachment, and that I realized that our 70-foot-long hedge of buckthorn (yes, buckthorn!) was invading our walk. Incredibly, it had never crossed my mind that non-winter attention might be necessary, so here I was, Mr. Responsibility, one week rounds that threatened decapitation.

I took care of it promptly, and now try to keep the dogwoods that have replaced the buckthorn trimmed. I trim vertically, of course, to return the sidewalk to its full usable width, but also horizontally to clear overhangs, and here, I employ what I call the Healy Standard, named after poet, writer, Park Bugle editor, educator, and neighbor and hale fellow well-met, David Healy. He's about 4 feet tall and rides an equally tall bike, so if his parks clear my overhangs, I know all normal-sized humans are, literally, good to go.

Other non-winter maintenance includes edging, which is not of critical importance (and about which the city says nothing in our sidewalk maintenance regulations), but which gives me great satisfaction, and clearing a few times a year with a blower. I know, I know: There are perfidious, un-neighboring devices, actually banned in many communities. In my day, I use when neighbors are at home — or asleep — and it only takes me 10 minutes to clear the whole walk versus the half-hour it takes to sweep. (Remember, we’re talking about 220 feet of sidewalk here.)
Bicycling benefits us all

By Betty Lottermann

Now is a good time to consider using your bicycle as the way to get around our neighborhood as more businesses enroll in Bicycle Benefits, a national organization that promotes bicycling as a means of transportation to promote local businesses, reduce traffic congestion and carbon emissions, and improve everyone’s physical and mental health. You can save money by enrolling in Bicycle Benefits.

Visit one of the businesses listed here to buy a Bicycle Benefits lifetime sticker for $5. Attach it to your helmet, then every time you visit a Bicycle Benefits business wearing your helmet, you will receive a discount. Each business decides what discount to offer, so visit http://b2k.bicyclerbenefits.org to see the discounts that are available and businesses that are participating. If you have any questions, send an email to bettylottermann@gmail.com.

Spread the word by inviting friends to get their sticker. Also invite the local businesses that you patronize to join. Envision our neighborhoods with fewer cars and many more bicycles. Wouldn’t that be of benefit to all of us?

Businesses within biking distance that participate in the program are listed below:
- The Bibleth Shop, 2276 Como Ave.
- Black Coffee and Waffle Bar, 1500 S. Como Ave.
- Common Good Books, 30 S. Stuveling Ave.
- Dogwood Coffee, 825 Carlton St.
- Gen’s Hartland Shoe Repair, 591 N. Hamline Ave.
- Hamden Park Co-op, 928 Raymond Ave.
- Midway Liquor Store, 1955 University Ave.
- Sharrett’s Liquors, 2349 University Ave.
- Urban Growler, 2325 Endicott St.

TCGIS from 1

doors and the terra-cotta roof would cost nearly $1.2 million. To upgrade the Aula and build new classroom space would also compromise playground space, he said.

The three-towered church, with its Byzantine-Romanesque exterior and terra cotta roof, has been a landmark in the Warrendale community since it was built in 1927—32 years after St. Andrew’s Parish was established in 1895. It was the home of St. Andrew School until 1989, when Maternity of Mary and St. Andrew schools merged and moved to 592 W. Arlington Ave. St. Paul Public Schools leased the school building for many years and its French immersion school, L’Etoile du Nord, was in the building until 2011.

St. Andrew Church stayed on until it merged with Maternity of Mary Church on Dale Street. The last Mass was held on June 12, 2011. Two years later, TCGIS Building Co., bought the church and school from the Maternity of Mary Parish, and leased it to TCGIS. (Charter schools are publicly funded, and under Minnesota law these schools cannot use public funds to purchase facilities from which they operate.)

If the school proceeds with its current plans, Ludwig said the community would be engaged in design elements. He’d like to see some sort of homage to the church building “whether that’s using some of the brick or architectural details or clay roofing tiles,” he said.

Becsky Kapell from 3

I’m older, because I’m new to the music scene,” she says. “I’m young in music.”

Now young adults in their early 20s, her son and daughter have taken a hands-off approach to their mother’s life in music. “They let me roll over them,” Kapell says. But it’s only when she is asked about her musical aspirations that the forighthright Kapell displays a trace of uncharacteristic hesitancy.

“T o create with other musicians,” most of whom don’t even realize that she has a “whole other life” in the business world. “I can just call up a musician friend [to play together]. It’s such a little, solid movement.”

Does she have any words of inspiration for aspiring midlife career-changers like herself? “I’m pursuing a passion that I didn’t aspire to. It’s not like I want to be famous, but it would be great to have a song played a lot on the radio. . . . I just have to have forward movement.”

Kapell says what she most enjoys about music these days is “the camaraderie of playing with musicians,” most of whom don’t even realize that she has a “whole other life” in the business world. “I can just call up a musician friend [to play together]. It’s such a little, solid gift,” she says. “To create with other people is the best.”

It’s only after she is asked about her musical ambitions that the forthright Kapell displays a trace of uncharacteristic hesitancy.

“I don’t think in those terms,” she says. “I don’t want to define myself . . . but I do have big aspirations. It’s not like I want to be famous, but it would be great to have a song played a lot on the radio. . . . I just have to have forward movement.”

Kapell’s daughter posted a picture online of Kapell playing at the Dubliner on Mother’s Day last year. The caption read, “My mom ‘s not like all the other mom s on Mother’s Day.”

Kapell’s upcoming musical plans on her website, beckykapell.com.

Relax as we plan your stress-free vacation!

Stop in at our office. Browse travel brochures. Ask us about tailoring an itinerary for you. Call on our experience creating travel memories.

HEALTHCARE PROFESSIONALS

St. Anthony Park Dental Care, 2278 Como Avenue
Nate Cogswell, DDS 651-644-3685
Email: sheila@ragdol.com
Paul Kirkegaard, DDS 651-644-9216
Email: sapdentalcare@comcast.net
www.plhdds.com
Todd Grossmann, DDS

To add your business to this listing, contact
Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkbugle.org

Saint Anthony Park Area Seniors

FUNDRAISING EVENTS

Sunday, June 10
4:00-8:00 p.m.
At the Urban Growler
2325 Endicott Street, St. Paul
Tickets are $20 each and include one drink and one small meal, light of the Moon Trio and more. Support your seniors on June 10th!

Get your ticket now!

Tickets new on sale at:
• St. Anthony Park Area Seniors office: 2200 Hillside Ave., St. Paul.
• Through PayPal on our website: www.sapsseniors.org
Call 651-642-9052 for more details

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Barbara Swadburg
651-271-8919
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Joseph Doyle
Joseph Michael Doyle, 85, of Como Park, died April 28, 2018. Joe was a graduate of the University of St. Thomas and University of Minnesota Law School. He worked for Northwestern National Bank in the bond department. Joe was a Renaissance man with well-developed interests in politics, history, philosophy, music and religion. He will be remembered for his wit, wisdom and encyclopedic knowledge. He is survived by his wife of 55 years, Elaine; his sister, Ann Marie Fuccendet; and brother-in-law, Bob. Special thanks to Patty and Steve Doyle.

Maria of Christ Burial was celebrated at the Church of the Holy Childhood on May 4, with interment at Roseland Cemetery.

Kathleen Hahn
Kathleen Oshorne Hahn, 77, longtime St. Anthony Park resident, died April 15, 2018. Her husband and children were at her side. Kathi was proud to be a female pioneer in computer sciences. She taught mathematics at Dartmouth High School in the mid-1960s before beginning her 35-year career as a systems analyst primarily with Norwest Bank and U.S. Bank. Kathi was known for her wry sense of humor. She loved the opera, mystery novels, computers, kittens, travel and family.

She was preceded in death by infant twins, J.W. and J.T. Hahn. She is survived by her husband, Verl Harris; first husband, Marvin Martens; parents, Myrtle and Fritz Jensen; brothers, Julian and Jerome Jensen; and sister, Jeanette Brown.

Janet Harris
Janet L. Jensen Harris, 87, died April 11, 2018. She was employed at Unisys Corporation, retiring with her husband in 1986. Jan was an active member at Mt. Olive Lutheran Church in Como Park and a life-long member of the VFW Auxiliary.

Janet was preceded in death by her husband, Verl Harris; first husband, Marvin Martens; parents, Myrtle and Fritz Jensen; brothers, Julian and Jerome Jensen; and sister, Jeanette Brown.

Monte Husnik
Monte J. Husnik, 58, of St. Anthony Park, died peacefully surrounded by family on March 28, 2018, after a long battle with pancreatic cancer. Monte was an exceptionally gentle, kind and trustworthy person. He lived a simple and quiet life, and treated everyone with dignity and respect. He was happiest at home, but he also enjoyed trips up north to the family cabin and to Grand Marais.

Monte invented RollerFeeder, an ingenious and effective squirrel-proof birdfeeder, and he was happy to hear about how it helped people and brought a little humor and joy into their lives.

His greatest joy, though, was in his children, Peter and Cara. He was preceded in death by his father, Frank, and brother, Mark. He is survived by his wife, Kristine Kratic; children, Peter and Cara; brother, Shirley; siblings, Matt, Mike (Sandia), Maureen (Danny) Montpetit, Mary Husnik-Coblin, Martha Husnik (Self), Dey and Carl (Marla) Husnik; and dear friends, Tom and Marcia (Mark) Hanson.

She was preceded in death by her husband, Verl Harris; first husband, Marvin Martens; parents, Myrtle and Fritz Jensen; brothers, Julian and Jerome Jensen; and sister, Jeanette Brown.

She will be interred at Fort Snelling National Cemetery.

Doris Manson
Doris C. Manson, 108, born June 19, 1909, died April 21, 2018. She was preceded in death by her husbands, Mag Kvenild and Philip Manson, and brothers, Philip Dey and Charles Haynes, Jr. She is survived by many loving nieces, nephews, family members and friends. Those include the residents of 1666 Coleman and the staff at Lakeside Commons.

Her memorial service was held May 7 at St. Anthony Park United Church of Christ.

Joanne Negstad
Joanne E. (Hansson) Negstad, 82, died April 12, 2018, at her home surrounded by her family.

Joanne spent her childhood in St. Anthony Park, where she attended local schools and St. Anthony Park Lutheran Church.

She was born April 1, 1936, to the Rev. Oscar C. and Myrtle (Lokken) Hanson in Minneapolis. She is survived by her husband, the Rev. Allan Negstad; daughter, Lisa Negstad; son, Lars Negstad; five grandchildren; sister, Mary Tosdahl; brother, the Rev. Mark Hanson.

Her funeral was held at Grace University Lutheran Church, Minneapolis, April 21. Graveside service was held April 28 at West Sinai Lutheran Cemetery, Sinai, S.D.
"Ape man’ stalked old Lauderdale

By Roger Bergerson

"Reign of terror" may have been journalistic hyperbole, but there’s no doubt that the citizens of Rose Hill, now Lauderdale, were on edge in early 1925.

An "ape-man" was said to be loose in the village, preying on women walking alone after dark. The Minneapolis Daily Star called him a "grotesque figure . . . more like a half-dressed gorilla than a human being . . . growling like an animal . . . hairy, hideous."

Men, it was reported, had armed themselves, and women were afraid to go outside their homes except in daylight.

Never mind that it wasn’t clear exactly how many victims there had been or how severe the attacks were. The newspapers knew a good story when they saw it and were off and running.

In the only assault described in any detail, a 19-year-old woman got off a streetcar on Como Avenue one night and was heading north toward Larpenteur Avenue and home. As she crossed a lonely stretch, she said a man, about 5 feet in height and broad of build, dropped from a tree limb and began choking her. His ragged clothes seemed too small for him, she said, his overcoat ripped in the back and shirt open in the front as if he had burst the seams and buttons.

What caused him to desist and presumably flee was not reported, nor was the extent of her injuries or whether she required medical treatment.

Several suspects were brought in to St. Paul police headquarters, questioned and released.

Armed vigilantes and plainclothes detectives staked out the village, which had only a few streetlights at intersections and plenty of woodland to hide in, as well as the grounds of the Rose Hill nursery on the south side of Larpenteur at Eastus Street.

Residents felt they needed more police protection. One shopkeeper claimed that Ramsey County Deputy Sheriff M.V. Frederickson, who lived in the community, had too much territory to cover, from the west city limits to Rice Street and from Larpenteur north beyond Lake Johanna.

By the third week of January, the attacks had stopped and it was thought that the ape-man had been driven from the district.

By the end of the month, some wanted to believe he was in the St. Paul jail. A 24-year-old St. Paul man had allegedly confessed to attacking and critically injuring a young woman on the city’s East Side while drunk. His “age and build” corresponded to the description of the Rose Hill ape-man and Police Chief Ed Murnane plainly was hoping to tie him to those attacks.

Apparently, he was unsuccessful, because that’s the last that was heard of the ape-man of Rose Hill.

‘Ape man’ stalked old Lauderdale

The epithet apparently was a reporter’s creation. Image courtesy of Minnesota Historical Society.
Unscramble these letters!

The 18 letters pictured here form three words, and those three words make a statement that references a local event reported in this issue of the Park Bugle. Figure out the correct words in the correct order and you could win a prize.

Here's what you have to do: Put the correct letters in the blanks below, include your name, address and phone number at the bottom of this page, and then bring your entry to the Park Bugle's booth at the St. Anthony Park Arts Festival Saturday, June 2, between 10 a.m. and 3 p.m. The booth will be on the boulevard along Como Avenue right by the St. Anthony Park Library. (Look for the sign that says "Park Bugle"!)

All correct entries will be entered into a drawing to win a $50 gift card from Tim & Tom's Speedy Market. Good luck, and see you at the arts festival.

NAME__________________________________________________________________________
ADDRESS_______________________________________________________________________
PHONE # OR EMAIL_______________________________________________________________
Meet the featured artists at June 2 fest

By Evan Zuckerma

This year, the St. Anthony Park Arts Festival is featuring three artists who make art, all of which is meant to be used daily. Read more to find out what you can expect from the talented three.

Peter Jadoonath

Peter Jadoonath has been an artist all his life, but he did not come to pottery until he was in college at Bemidji State University in northern Minnesota. Originally at school for a degree in graphic design with a specialty in animation, life had other plans for him. In his words, he “stumbled onto clay and pottery” and excelled under the particularly enthusiastic Prof. Butch Holdren.

Eighteen years later, Jadoonath is still taken with pottery; his passion and his attention to detail is evident in the quality craftsmanship of his stoneware. Although some elements of Jadoonath’s pots are familiar within the Midwestern tradition — the curving, open shape and the natural, earthy colors — the graphic, intricate and sometimes-feminic surfaces of his pots are what makes his work so striking. Jadoonath uses “exceptionally gritty clay” for the “great scraggly marks” that are left when he’s carving, he says.

As drawing has long been Jadoonath’s method of interpretation of his experiences, it is no surprise that he has begun carving his pots to reflect the myriad of inspiration he finds in the everyday. By carving once the pots are formed, “chose hard” but not yet fired, each piece of utilitarian stoneware is so layered and texturized the conventional urn or teapot becomes new again. Among his work you will find the “hairystyles, manhole covers and textiles” that energize his creative process. Jadoonath chooses his glazes carefully, making sure each one will grip every slice and curve he has carefully manufactured within the clay.

Reflecting his personal style, the “strong pottery tradition . . . laid down by generations” of Minnesota potters and their Japanese pottery influence, are his teapots. The teapot was, and for many still, remains an item central in the kitchen, used everyday for cooking, brewing and cleaning. We recognize a rounded belly, a handle and a spout, but Jadoonath’s exaggerated, elongated handles are a fresh interpretation to what we know as “the teapot.” Grown accustomed to smooth sides, Jadoonath instead delivers something much more dynamic: a detailed, hand-carved surface that reveals a true dedication to texture.

“Ultimately I want my pots to be sturdy and dependable,” Jadoonath says as he explains what had the region had in his work. “I guess that sounds Midwest.” Like most potters, he walks a fine line “making . . . dishes, while trying to honor a tradition, expand an art form and express some ideas,” and after working 18 years within a medium with strong traditional ties, he keeps it interesting. While “functionality is the whole point — at times I make choices that compromise the physical function — in the sense of ergonomics,” he says. His pieces reflect these small and brilliant experiments with Midwestern potter rituals.

Moving forward, Jadoonath wants to continue the work of combining his first love, drawing, with his pottery. It has required a certain amount of “feastfulness” to make pottery work with the added vulnerability of personal imagery, but he says he’s “really enjoying the process.”

Find pots born out of Minnesota tradition and Jadoonath’s personal expression in Booth 50.

Jim Sannerud

When the 9-year-old Jim Sannerud saw a wooden bubblegum machine in a store, he knew it was exactly what his rural Anoka home was missing. After that came tree forts and go-carts made from leftovers around his family’s farm, high school woodshop classes and work as a furniture maker. Now, Sannerud has found woodturning and making and designs furniture.

After working in cabinetry shops, Sannerud discovered woodturning on the lathe, and the possibilities with wood became “limitless” in terms of “creative expression,” he says. For some time, he focused on making turned bowls after being inspired by Scandinavian ale bowls, an homage to his Norwegian immigrant grandparents. These bowls are vibrant in color but also functional, using pine and birch, wood closest to traditional Scandinavian material, as well as “natural oils as finishes, so people don’t have to worry about ingesting chemicals,” he says.

Sannerud’s methods are both conservationist and personal. Just as he draws inspiration from his heritage, he respects the wood he’s using. Taking a tree he harvested himself, he works through “green turning . . . working with the wood while it’s still supper wet . . . the drying process happens after I’ve completely the object.” The “soft and aromatic” green wood feels “much nicer” to work with than the dry, and the method continually pulls him to the lathe.

More recently, Sannerud has been getting back to his cabinetry roots. One chair he encountered at a carving master’s house changed his point of view. “It was well over 150 years old, and it had never been fixed or repaired or glued,” he says. Inspired by the act of building things to last, he wanted to “get back into this early dream of making” furniture to pass on through the generations, he says.

He visited a Wisconsin chairmaker who specializes in Windsor chairs, the spindly, slightly rounded back, wooden chair Sannerud holds as a timeless model. When he walked into the studio and realized there were no large tools or jigs, and that he could “work by hand and eye, [I] just fell in love,” he says.

Chairmaking became this “Zen making” for him through using a “right line” to hand carve each piece. Using your body and your tool against the sight line, if you correctly keep your positioning in mind, “it’s just impossible to be off,” he says. “I can’t be off if I’m paying attention to my body: How cool is that?”

After lots of practice, Sannerud has learned how to use his “designer brain” and “maker brain” in union. Now, he designs chairs that are both beautiful to look at and comfortable to sit in. Sannerud’s chairs are made with 400-year-old “time-tested joinery,” descended from the Windsor chair but with Sannerud’s unique voice. His tables match this idea, and his work overall reflects his Scandinavian inspiration in that it is elegant, understated and built to last forever.

Recently, Sannerud moved to Grand Marais, where he works at the North House Folk School. He moved for the native birch and pine in the area. Much of what Sannerud does is for the trees, and he is a woodworker in every sense of the word. He goes into the woods himself, “working with landowners and swayers to source” local materials. He uses as much of each hand-selected tree as possible, sharing what he can’t use with other artists and using the off-cuts for fire.

Find Sannerud’s work in booth 33 at the Arts Festival and see his vibrant bowls and beautiful furniture.

Steve Claypatch

It took Steve Claypatch decades to find glass blowing. Growing up, he wasn’t exposed to creativity or the arts, and eventually he became a lobbyist for an electrician’s union.

Though the work was fulfilling, after 25 years it became the “best job he ever quit.”

During a weekend glass-blowing class at Foci — Minnesota Center for the Glass Arts in northeast Minneapolis, Claypatch was “exposed to creativity and totally fell in love with it.” The expressive nature and the logic of glass blowing kept him at it, and he has been blowing for the 13 years since.

On a recent visit to his work space adjacent to Foci, Claypatch and his creative partner John Reichel worked on several pieces. While to Claypatch it is all “logic: add heat and pressure and it will go where it’s supposed to go,” to the layman it is magical to watch a lump of glass
### Artists

#### Artists and booth numbers

**Ceramics**
- Cynthia Browne, 14
- Caitlin Dowling, 62
- Nicholas Earl, 73
- Vanessa Greene, 88

**Music**
- 10–10:45 a.m.: Patti Berg, 31
- 11–11:45 a.m.: Steve Claypatch (featured artist), 70
- Noon–12:45 p.m.: Marilyn Morrison, 81
- 1–1:45 p.m.: Tanya Schniepp, 69

**Glass & enamel**
- Lynn Barnum, 76
- Mary Ila Duntemann, 84
- Cecelia Hoffman, 59

**Jewelry**
- Tritia Bagstad, 55
- Mary Gebhard, 55
- Julie Johnson, 35
- April Kämmnann, 64

**Painting & drawing**
- Helen Bond, 57
- Janie Mork, 32
- Emily Sames, 69
- Kimberly Tschida Petters, 28

**Paper & printmaking**
- Emily Käehler, 10
- Thomas Siciliano, 24

**Photography**
- Dan Leisen, 86
- Doug Ohman, 15
- Vince Quatt, 53

**Sculpture**
- Alice Delaney, 82
- David DeMattia, 71
- Jennifer Wolcott, 79

**Wood**
- Gary Barone, 91
- Bill Brown, 17
- Todd Gellbelf, 78
- Arne Kringen, 74

**Fiber & wearables**
- Patti Kober, 26
- Sarah Cherney, 65
- Dawnette Davis, 74
- Nancy Howland, 56

**Paper & printmaking**
- Jody Kober, 26
- Sarah Cherney, 65
- Dawnette Davis, 74
- Nancy Howland, 56

**Jewelry**
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- Mary Gebhard, 55
- Julie Johnson, 35
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Music

#### On the library lawn:

<table>
<thead>
<tr>
<th>Time</th>
<th>Performer</th>
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<tbody>
<tr>
<td>10–10:45 a.m.</td>
<td>Center for Irish Music Youth Ensemble</td>
</tr>
<tr>
<td>11–11:45 a.m.</td>
<td>Sweet Rhubarb, eclectic folk/pop</td>
</tr>
<tr>
<td>Noon–12:45 p.m.</td>
<td>Greg Herriges, world music</td>
</tr>
<tr>
<td>1–1:45 p.m.</td>
<td>Adam Granger, acoustic guitar/singer</td>
</tr>
</tbody>
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#### A whole lot of fun

- **Children’s Art Tent**—sponsored by the St. Anthony Park Community Foundation—will be a hub of creativity from 10 a.m. to 5 p.m. on Carter Avenue just west of the library.
- **Street Chalk Art**
- **Children’s Art Workshop**
- **Library Storytime** for children 5 and younger, 10:30 to 11 a.m., in the library garden behind the building on Como Avenue.
- **The St. Anthony Park Garden Club annual plant sale** will be open 9 a.m. to 2 p.m. at St. Anthony Park Lutheran Church, 2323 Como Ave., across from Speedy Market.
- **Water Wars**—the beer festival-go-to for kids of all ages—will be splashy on Gove Place, 10 a.m. to 5 p.m.
- **Decorate yourself**! Get a henna tattoo at a booth on the boulevard along the north side of Como Avenue by the library. Or get glitter tattoos or a crazy hair-do at a booth in front of the Little Wine Shoppe.
- **Climb a tower**! Boy Scout Troop 17 and Cub Scout Pack 22 will open their climbing tower from 10 a.m. to 3 p.m. at the top of the small hill on the Como Avenue side of the library.
- **Find many of St. Anthony Park’s community institutions**—including the Park Bugle—on the boulevard along the north side of Como Avenue by the library. And don’t forget to try the Bugle’s Word Scramble on page 8. Bring it to the Bugle’s booth during the arts fair and enter a drawing for a $50 gift card to Speedy Market.
- **Visit the merchants** in St. Anthony Park. Check out sidewalk sales, take advantage of the Bibliot Shop’s summer sale, and stop in at the Little Wine Shoppe, where corks will be popping from 1 to 4 p.m. for a free in-store wine tasting.
Hungry?
Here is a list of the food booths and trucks and neighborhood eateries:

• Al and Mrs. Al’s Kettle Korn
• Best Way Gyms, Greek dishes
• Colossal Cafe, 2315 Como Ave.
• Family Cooking, pulled pork and walking tacos
• Finnish Bistro, 2264 Como Ave.
• Fun Lemonade
• Home Town Creamery, ice cream
• Karta Thai, 2295 Como Ave.
• Lady Elegant’s Tea Room, in the Milton Square courtyard
• Noris Cuisine, arepas and empanadas
• Tim and Tom’s Speedy Market, 2310 Como Ave., outdoor grill

Arts festival sponsors
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Activity sponsors
Carter Avenue Frame Shop
Healing Elements
Saint Anthony Park Community Foundation
Steve Townley Realty
Terra Firma Building and Remodeling
Tim & Tom’s Speedy Market
Featured artists from 9

to manipulate the shape. While one spun the glass-blowing pole and used shears, a file or cradled the glass with a thick layer of wet newspaper, the other blew into the pole. Although Claypatch and Reichel are skilled enough to work on their own, blowing together is easier, especially when making the transfer. At that point, they put a hot, solid pole on the fully shaped bottom and "break" off the top of the piece from the blowing pole. Then, as they continue to work with the piece, they shape the top and eventually separate the entire piece by placing drops of water on its edge and lightly tapping the pole.

This is how the world blows large glass pieces. What makes Claypatch's glass unique is the work he feels "honored to do": cold carving. When Claypatch is carving, he works in millimeters. Using a German engraving lathe to carve his finished glass pieces, he moves the turning bit against the piece, moving the bit incrementally and repeatedly with the same pressure. This method, an Italian practice called Battuto, takes hours, and some of his pieces take months of this painstaking work to finish.

Claypatch's carved glass is incredibly unique. He credits this to the fact that "nobody in their right mind would take the time" to do what he does. Perhaps Claypatch is right. Not many people would spend weeks or months carving one piece of glass 1 millimeter at a time. To him, the work is exceptionally Zen.

"You have to concentrate so much that there's no room for any other thought in your head," he says. This meditation creates vessels that become more dynamic in their tactility and refraction of light. There is an immense joy one gets simply from picking up a piece, turning it in the light, feeling the surface. This joy is gifted to each piece from the love Claypatch has for creating glass work. With every shift of light we feel the enthusiasm the artist has held for 13 years, the "same excitement each and every time [he] blows a piece out," he says.

Advice from one of the happiest artists around? Don't wait. It shouldn't take 40 years for you to "realize people can spend their life actually enjoying it," he says.

Find Claypatch's glass at Booth 70 at the arts festival.

Evanna Zuckerman is a poet living with her dog in St. Paul. Look out for her upcoming podcast "NonConformers" about forgotten figures in History.
The elusive thrasher

The brown thrasher is a handsome bird. Its rufous (reddish-brown) upper parts contrast with a milk-white underside, accentuated by heavy black streaks that look like chains of tear drops. It has a couple of white wingbars on each side and yellow eyes. The adult is about 11 inches long from the tip of its short black beak to the end of its long, reddish-brown tail. Male and female look alike.

Not everyone shares my impression of the thrasher. Author Pete Dunne, in his “Pete Dunne’s Essential Field Guide Companion,” says the bird’s expression is “nefarious” and that it has a “brady, pale, malevolent eye.” I hope you’ll be able to observe one or more brown thrashers for yourself and see if you agree with me. It will take some work and perseverance to see a brown thrasher. As Dunne notes, “Thrashers don’t like to be seen.”

But if you are attuned to their song, you should be able to find one singing between mid-April and mid-June. The male usually sings from a high perch in his territory, and his song is loud and proud. The song is made up of short song units that he repeats in pairs or occasional triples. Cornell Lab of Ornithology Birds of North America website estimates that the brown thrasher has more than 1,100 song types. This website also features photos, video and sound files. Singing tends to end when the birds are paired up and concentrating on raising their young.

My son, Drew, and I were on a birding weekend one May on the grounds of the Villa Maria in Frontenac, down near Lake City, Minn. We were exploring a nurse cemetery when we heard a brown thrasher singing. It was at the tippy-top of a tree on the edge of the cemetery. We listened to it sing for 15 minutes and, except for the pairs and triples, it never repeated itself.

Actually that cemetery setting is more to the thrasher’s liking than an urban yard. They breed in riparian woodlands with cottonwoods and willows, woody draws and farmland shelterbelts — trees or tall shrubs planted in a row to block the wind. They like an edge, shrubby habitat, often with an emphasis on the shrubbiness. They seem to favor dense, thorny shrubs that provide some protection from predators.

Brown thrasher courtship sounds kind of romantic. The female chooses the shrub where the nest will be built. As she hops about on the ground below the site, the male follows her, singing his same territorial song but at a whisper. It can’t be heard beyond a few feet, but she can hear it. And they exchange “nuptial gifts” with one another, leaves and twigs. Sweet!

The female will lay an average of four eggs that can range from pale blue or pale greenish blue to white. They’re heavily speckled with tiny brown or reddish-brown dots. The eggs are incubated by both parents for about two weeks. And after hatching, the young are ready to fledge within about 12 days. They grow up so fast.

Brown thrasher nests are often low in the shrubbery, sometimes on the ground. This can make them susceptible to a variety of predators from dogs and raccoons to other birds and even snakes. One birder found an empty nest with no visible signs of destruction except for a hole in the bottom of the nest.

The brown thrasher has long, heavy legs that are useful for foraging on the ground. It uses its bill to sweep the leaf litter and soil layer from side-to-side, looking for insects, berries and seeds. Leaves and twigs fly in all directions.

The thrasher got its name from this threshing/thrashing action, but the “thrasher” comes from the English thrush, a rusty bird with a streaked breast, but the thrush has a more shrill song. The brown thrasher tends to keep its body in a more horizontal position.

Thrashers eat insects, mostly beetles, fruit and nuns. They’ve been observed scraping a shallow hole in the soil, inserting an acorn and then striking it with their bill to crack the shell. Iowa thrashers seem to favor grasshoppers.

The summer range for the brown thrasher extends from the Atlantic to the Rocky Mountains and north into southern Canada. When fall comes, brown thrashers tend to migrate alone, not in flocks. Their winter range is the southeastern United States west to Texas and has extended in recent years all the way down to Miami.

To me, this bird’s song doesn’t have a nefarious note in it. It’s a great singer who likes its privacy.
JUNE

China Benefit Concert
Featuring Nina Qiu, Pianist
Sunday, June 10th, 2018 10 a.m.
Ms. Nina Qiu is an accomplished young talent and nationally-recognized pianist. Come and enjoy a free concert. All free will donations will be given to serve the needs of Henan poor families.
Norwegian Lutheran Memorial Church 
“Mundeikirken”
924 East 21st, Minneapolis
RSVP to: office@chinaserviceventures.org

Events

JUNE 2018

6 WEDNESDAY
English Conversations Classes, every Wednesday, St. Anthony Park Library, 4-5:30 p.m.
St. Anthony Park Adult Book Club, St. Anthony Park Library, 6:30-8 p.m. All are welcome.
7 THURSDAY
Cognitive and Instrumental Support Groups, free Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 a.m.
Tour Guides meet every Thursday, U of M Northern Research Station, 1992 Folsom Ave., 11:30 a.m.-12:30 p.m.
10 SUNDAY
Sapp's Sushi for St. Anthony Park Area Seniors, U of M Carver, 2253 St. Clair, at 4:30 p.m. Tickets are $20 and can be purchased through the St. Anthony Park Area Seniors office (651-652-9052) or at www.sapaseniors.org
14 THURSDAY
St. Anthony Park Area Seniors film series, "Wonder," St. Anthony Park Library, 2-3 p.m. All welcome.
15 FRIDAY
SAPAS Game Day, Centennial United Methodist Church, 10-11 a.m.
16 SATURDAY
Cocoa Near Benchmark Campus, St. Anthony Park United Church of Christ, 10 a.m.-noon.
18 MONDAY
Community Sing, Olson Campus Center, Luther Seminary, 6:30 p.m. (gathering, 7-8:30 p.m.), free. Children welcome.
19 TUESDAY
St. Anthony Park Area Seniors lunch outing to Hearthside Restaurant, 1641 Rice St., 11 a.m. Call 651-612-9052 to sign up.
21 THURSDAY
Olaf's Adult Resource Series on Learning Lab technology, St. Anthony Park Library, 2-3:30 p.m.
24 SUNDAY
Sunday Afternoon Book Club, "Hillbilly Elegy" by J.D. Vance, Micah's, 1-3 p.m. All welcome.
29 FRIDAY
Moves in the Park, "Creed," Hopkins Park screen, later Hopkins Park Co-op, 999 W. Hopkins Ave., 6-9 p.m.

VENUE INFORMATION
Auburn Park Senior Apartments, 635 W. Maryland Ave.
Centennial United Methodist Church, 2200 Hillside Ave., 651-609-8746
Falcon Heights City Hall, 2077 W. Larpenteur Ave.
Falcon Heights Senior Square Apartments, 1930 W. Larpenteur Ave.
Lauderdale City Hall, 1215 S. Seal St., 651-634-0300

SAP campus, 2200 Hildale Ave., 651-647-5306
Olson Campus Center, Luther Seminary, 1490 Folwell St.
Senior Apartments, 110-10 a.m.
Falcon Heights Senior Square Apartments, 11 a.m.-noon

VENUE INFORMATION
Quality Senior Apartments, 651-647-9000

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Blood drive at SAP Lutherani A community blood drive will be held Tuesday, May 29, 2-7 p.m., at St. Anthony Park Lutheran Church, 2523 Como Ave. To register, go online at www.redcrossblood.org. You can also find out more at facebook.com/RedCrossBlood.

Paintings on view at St. Matthew’s: “Messages to Myself,” paintings by Rostee George, will be on view at the Undercroft Gallery at St. Matthew’s Episcopal Church, 2136 Carter Ave., through July 30. The gallery is open 9:30-3 p.m. Tuesday through Friday.

Artists’ Market at fairgrounds: Watercolor artists Margareta Beyor of St. Anthony Park, and Ann Niel of Lauderdale, will show their work at the Artists’ Market show and sale Friday, June 1, and Saturday, June 2, at the Minnesota State Fair Fine Arts Building. The market will be open Friday, 9 a.m.-7 p.m. and Saturday, 9 a.m.-6 p.m.

Prospect Park Garden Walk: The annual Prospect Park Garden Walk and Plant Sale will be held Saturday, June 23, 10 a.m.-3 p.m. The event is free.

This year’s theme is Garden Melodies and will feature gardens inspired by music. There will be live musical performances at some of the sites. Maps will be available the week before the Garden Walk online at pperg.org/events/garden-walk.html and at Danna Brothers (next to the Westgate light rail stop), Fresh Thyme Farmers Market (next to the Prospect Park light rail stop), Metro Petro, Schneider Drugstore, the Textile Center and T-Rex Cookie. Maps will also be available the day of the walk at the Plant Sale, which will be held in Tower Hill Park, home of the landmark Winds’ Hat Tower.

Go to pperg.org/events/garden-walk.html to learn more, or email info@DahliDel.com.

Movies return to Hampden Park! Hampden Park will be the summer hub for movies, family, community and fun. Hampden Park Co-op, 928 Raymond Ave., is working with the city of St. Paul to host family-friendly movies in the park, which is just across the street from the co-op. Bring a blanket or lawn chair and enjoy a starlit night of fun. Everyone is welcome. Movies begin at dusk.

Here is the schedule:
• Friday, June 29, “Moonz”
• Saturday, July 21, “My Little Pony”
• Saturday, Aug. 18, “Coco”

Scholarly Tuesdays in June: Join scholars at Roseville Library, 2180 N. Hamline Ave. In June for Tuesdays with a Scholar. The program begins at 1 p.m. and all are free. Here are the talks scheduled for June:
June 12: “Science and Government, a First-Hand History,” Deborah Swackhamer will report on the increasingly problematic relationship between politics and science. Swackhamer served as co-director of the University of Minnesota Water Resources Center and is a former chair of the Science Advisory Board and the Board of Scientific Counselors of the EPA.
June 19—“1968: An Eyewitness Report”: Peter Ratcheff, History Professor Emeritus at Macalester College, will talk about the events of 1968 and how they continue to shape our modern world.
June 26—“1968: A Year Like No Other”: Mary Curtin will examine the international aspects of that tumultuous year. Curtin joined the Humphrey School of Public Affairs in 2013 after a 25-year career as a Department of State foreign service officer.

Minneapolis politics subject of series: A three-season series on politics will bring in experts with varying viewpoints on Minneapolis issues to Roseville Library, 2180 N. Hamline Ave. The talks will begin at 1 p.m. on the following Tuesdays:
May 22—“Black Conservative in the Land of Ten Thousand White Liberals: A Conversation with Peter Bell”: Commentator and media personality Peter Bell will discuss election reform, race, education policy, tax policy, health care and more, from the standpoint of an African-American conservative.

May 29—“The Humphrey School of Public Affairs”: Join Professor Emeritus at Macalester College, will talk about the events of that tumultuous year. Curtin joined the Humphrey School of Public Affairs in 2013 after a 25-year career as a Department of State foreign service officer.

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Fifty-five individuals make a great team

By Eric Erickson

One common theme runs through each of the 45 individuals in the Como Park High School track and field program: the desire to improve.

The Cougars believe that individual improvement is most likely to be achieved with encouraging teammates. While track is primarily an individual sport with individual competition, a support network that trains together, endures challenges together and cheers together serves a springboard for success.

Regardless of talent, experience, gender or event, Como track and field participants are part of an inclusive environment. Some freshmen are trying track for the first time. Some seniors have goals of winning conference titles or to qualify for state. There is a welcoming space for both ends of the spectrum and everything in between.

Senior Madison Sklar has been running sprints for Como since she was in ninth grade. She appreciates the relationships she’s had through track and how her own role has evolved.

“I enjoy being a leader and encouraging teammates. I can say, I know this workout is hard, but we have to pull through because it’s going to show in a meet,” Sklar said.

“I like making connections with people through track that will last a long time.”

In addition to the 100- and 200-meter sprints, Sklar does the triple jump and is part of the 4 x 100 relay team. The relays require cooperation and trust between teammates as they pass the baton.

“We have to have a good bond and communicate to make a good handoff, so it’s really about being connected,” Sklar said.

It appears that Sklar’s younger relay teammates feel the connection. Freshmen Wynter Cross and sophomore JaShawna Baker combined with Sklar to take first place in the Cougars first triangular city meet of the season. They’ll try to keep improving the efficiency of their exchanges and lower their time as the season moves ahead.

After her senior track season and graduation, Sklar is set to study social justice at Drake University in Des Moines, Iowa.

Florance Uwajeneza is another Como senior who has thrived. A former city champ in cross country, Uwajeneza finished second in both the 1600- and 3200-meter races in the conference finals last year.

“Track is amazing. I’ve made friends and I’ve met people from different cultures,” said Uwajeneza, a Congo native who moved to the U.S. from Rwanda just shy of five years ago.

“My teammates are always there for me. And track has made me more disciplined and better with time management,” she said.

Uwajeneza has been battling injuries recently, which has made staying healthy one of her goals. If she does, top-tier finishes in the city and section meets are possible. Next fall she will be studying and running at Iowa Central Community College in Fort Dodge.

Senior Lumin Johnson is a charismatic and vocal leader who has been part of Como track throughout his time in high school. Johnson spends a lot of time on field events, specifically “the jumps.” He finished fifth in the conference long jump last year and sixth in the technically challenging triple jump.

“I like seeing progress, especially the jumps because I can see the numbers and see the improvement. You can see the hard work pays off,” Johnson said. “I like the competition, too. Every time at a meet I want to beat the guy that just jumped a little better than me. Then I jump better than him, and then we just go back and forth.”

Johnson also runs the 400 meters. He’s a valuable point-counter for the Cougars in every meet. More than that, he’s a captain who demonstrates a strong work ethic for an up-and-coming young nucleus of talent.

Johnson will study at Dakota State University in Madison, S.D., and play football there next fall. Como has one defending city champion on the boys’ side, senior Lukas Walton, who won the St. Paul City Conference title for the 300-meter hurdles in 2017. He also does the 110-meter hurdles, the high jump and a relay. His senior season is off to a special start.

At the Mounds View Invitational on May 1, against the host school and other strong teams such as Stillwater, East Ridge, Central and Johnson, Walton earned the Outstanding Hurdler Award. He also had a first-place finish in the 300 and got second place in the 110.

Winning is fun more often than not, but Walton also enjoys track for other reasons.

“We fight through tough workouts together as a team and build strong friendships. I like the determination,” Walton said. “I like how everyone has respect for each other in the sport. There is good camaraderie, and I’ve gotten to know other kids from different St. Paul schools by competing against them.”

It will be interesting to see how far Walton can go in his hurdling events this season. Beyond that, he’ll continue track at the next level. Walton will attend Bethel University and will run for the Royals in Arden Hills.

In a few weeks, the 2018 Como Track season will conclude. The seniors will be graduating, and yesterday’s underclassmen will transition into veteran leaders. While the kids come and go, the coaches remain the same. Roy Magnuson and Marvin Rousse have been the constant.

They’ve coached Como track together for 36 years. Yes, that’s correct: 36 years.

“There aren’t many relationships in your life that are 36 years,” Magnuson said. “It has been quite wonderful. We have enjoyed the kids. They are always the reason that all this works.”

Further evidence of joyful coaching comes from assistants Tim Kenney (Como’s cross country coach), who guides the distance runners, and John Robinson (Como’s boys’ basketball coach), who works with the sprinters.

Fortunately, the relationships and takeaways from the Cougars track and field team won’t end when the season does. The lessons learned are long-lasting and provide perspective for navigating life.

“One of the joys of track is that you get to have two races,” Magnuson said. “One to see who finishes first, second and third, and always the one with yourself that you can always win.”

Eric Erickson is a social studies teacher at Como Park Senior High School. Follow him on twitter @eestp for school sports news.
**Murray Middle School**

2200 Bulbo Ave., 651-293-8740
www.murrayips.org

**Como Park Senior High**

740 Rose Ave., 651-293-8800
www.comopark.org

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**Murray Middle School**

The Murray 8-2-6 science students spent an April weekend at Wolf Ridge in northern Minnesota and participated in a U.S. Forest Service job fair and familiarized themselves to the ways of Wolf Ridge. These students will go again in the summer to complete a science fair project they will present at the Twin Cities Regional Science Fair next year.

**History Day award winners**

The following Murray students (and one teacher) received special awards at the Minnesota State History Day competition April 28:

- **Civil War History—**This award honors entries focused on the role of women in the war and Civil War military history: Lydia Westerlund, “Clara Barton: The Conflict and Compromise of the American Red Cross,” junior individual documentary.
- **History of Education—**This award honors entries focused on the history of education: Soren Sackretken, “Conflicts and Failed Compromises: Segregated Housing at the University of Minnesota in the 1930s and 40s,” junior individual documentary.
- **History of Exploration from 500 CE to 1825 CE—**This award honors entries focused on the impact of exploration between 500 and 1825 CE: Kai Sackreiten and Henry Brandt, “Minneapolis Northern Boundaries: Conflicts and Compromises from 1783 to the Present,” junior group website.

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**Julie Retka**

By Jason DeMeo

A 38-year teaching career that has spanned a good portion of the United States will come to a close at the end of this current academic year as Julie Retka retires from her position as a special education teacher at Murray Middle School in St. Anthony Park.

“I put a very large amount of effort into everything I do, and teaching has been a main focus on my life for a long time,” Retka said. “It is just time for me to focus that effort on some other things.” Retka earned a degree in elementary education at the University of Minnesota and a master’s in special education from Lesley College in Massachusetts. She began her teaching career in 1980 with the Peace Corps. She has since taught at a private school in New Hampshire and spent four years teaching in Boston. She moved back to Minnesota during the 1989-90 school year and taught in several St. Paul Public Schools as well as in the Roseville school district. She began teaching at Murray in 2000.

“I love St. Paul,” Retka said. “There is such a diverse community here and even when I was teaching out east, I knew I eventually wanted to come back here. The St. Paul Public School system has been an amazing place to work and Murray, in particular, has been very good to me.”

Retka chose special education because the students help her look at things in a different way, she said. “The personalities have always been very interesting to me,” she said. “I enjoy watching their growth throughout the year. Seeing how much change occurs in them is always a joy to watch. I enjoy the enthusiasm and energy my students bring as they make their way through this exciting and transforming part of their lives.”

Retka’s plans for retirement include a kitchen remodel, lots of trips to see her first grandchild, gardening, reading, cooking and time on her bicycle. An avid hiker, in 2011 she and her husband completed a two-year bicycle trip around the world.

“My husband has been retired 10 years, and I know that he wants me to be retired as well,” she said. “We want to travel and explore new opportunities and enjoy being first-time grandparents.”

Although Retka is excited to move on, she does have some trepidation.

“I sometimes wonder if I will be able to find something as fulfilling and purposeful as what I have been doing for so long,” she said. “I am really going to miss seeing the teachers and the kids.”

Saying goodbye will be bittersweet, she said. So much so, that she has definite plans for the beginning of the next school year.

“I will be gone somewhere in September when school starts,” she said. “If I am home when the year begins, I know my mind will only be focused on what is happening at the school. As hard as it will be, I need to find ways to focus on other things.”

One thing is sure, and that is Retka has no plans to slow down anytime soon.

“One of the things I learned with certainty is that when you put one foot in front of the other or roll along bit by bit on a bicycle, you can accomplish amazing things,” she said.
By Bill Lindeke

After years of being slighted, sauerkraut is on the rebound.

More and more, today’s groceries carry local freshly pickled vegetables like sauerkraut and kimchi on their shelves. Chances are good that if you check out your local refrigerated aisle, you might even find some sauerkraut made in Falcon Heights. That’s thanks to the hard work and rapid growth of Fierce Ferments, a local pickling startup located on Larpenteur Avenue.

“We do vegetable ferments,” said Galen Kanazawa, the co-owner of Fierce Ferments. “We’ve been at it for five years now. I started out at the Midtown Farmers Market in Minneapolis and was making products at home. I discovered I had a knack for it.”

Kanazawa, who started the business with two partners, now employs two part-time staff members to help with the pickling and canning of their diverse line of fermented beet juice and pickles. At Fierce Ferments, everything is done by hand in the collective kitchen space of the Good Acre, 1790 W. Larpenteur Ave., an agriculture incubator funded by the Pohlad Foundation. The small one-story building sits next to farm fields on the edge of the University of Minnesota campus. Two or three days a week you’ll find the ferments preparing their fresh batches of kraut in Good Acre’s industrial kitchen.

The company got its name and reputation from its unique “fire tonic,” a liquid冲调 of garlic, spicy pepper and vinegar that will knock the cold out of your throat. Though not all of their products are hot enough to stand your hair on end, the product line does earn its reputation for having lots of kick. Many of their products, including some of the sauerkraut, also have a bite.

“There’s really just a few tricks to making good kraut,” Kanazawa explained. “The first is making sure it’s well bruised, using the right amount of salt, plenty of brine, and then time and temperature.”

While the kimchi recipe comes from the Kanazawa family farm in Indiana, the rest of the products are Galen’s own concoctions.

The resulting jars of food represent a constant product of the adventure and experimentation that Galen exercises with his new products. Many of the raw vegetables are sourced from nearby farms in Northfield, Minn., or western Wisconsin. (At least, that’s true during the warmer weather; in the depths of winter, they rely on California produce.)

One idea I have been playing around with is chili kraut,” Kanazawa said during a recent canning session. “We will work with a local hot sauce maker. He was putting on a little market of spicy foods and asked me to come up with a spicy kraut because fresh chilli peppers were in season. I ended up going with jicama and onion, in addition to fresh chilis. It turned out really good, and I didn’t have to tweak it too much from the first time around.”

Fermented and raw foods like sauerkraut and kvass are seeing quite a comeback. Generations ago, many people used to make their own fermented foods, especially in rural areas. (My Aunt Ida’s sauerkraut is still legendary around the family dinner table, even years after she passed away.) But during recent decades, raw fermented food has faded from the menus of many households.

That is starting to change, thanks to the work of the Fierce Ferments team and other small-batch fermentation producers. It doesn’t hurt that new research suggests probiotic fermented food comes with a list of health benefits. “Kraut is definitely making a comeback,” said Kanazawa. “We’re getting a lot of good press, and people are rediscovering the value of probiotic foods. Coming out of the era of pasteurizing everything, and realizing that something was lost in the way that we have been preserving food, doesn’t hurt that new research suggests probiotic fermented food comes with a list of health benefits.”

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Meet Hampden Co-op’s new manager

Hampden Park Cooperative’s (HPC) board of directors has hired Chuck Parsons as the new general manager. Parsons comes to HPC with more than 30 years of leadership and management experience as a chef, director of operations and a general manager.

“Chuck comes after a four-month search that included multiple rounds of interviews with candidates from across the country. We structured our approach around best practices to attract a diverse pool of candidates from a wide range of backgrounds,” noted Kate Gray, HPC board president.

Parsons has worked in the contract food service sector at Boeing Aerospace in Seattle, the LA Times, IBM at Research Triangle Park in North Carolina, as well as university dining services around the country. Additionally, Parsons has successfully managed accounts to improve profitability, customer service and safety. He will be bringing that same focus to HPC paired with new concept development and employee and community engagement.

Parsons began work on May 7, and said he “looks forward to leading a community who deeply cares about food and about each other,” he said.

Hampden Park Co-op is a neighborhood grocery store and community hub with more than 40 years of history in the South St. Anthony Park neighborhood. The cooperative’s mission is threefold: build mutually beneficial relationships and shared equity among its stakeholders, consisting of employees, owners and community members; provide convenient, accessible, and desirable healthy foods and products at fair prices; connect people to cooperative values and practices for a sustainable future.

You can learn more about the Hampden Park Cooperative at www.hampdenparkcoop.com.

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St. Francis welcomes new veterinarian

Dr. Jessica Lewis has joined the team at St. Francis Animal & Bird Hospital, 1227 W. Larpenteur Ave. Lewis initially joined St. Francis in spring 2011 as a veterinary assistant. She was promoted to a veterinary technician in 2013 and continued to work at St. Francis part time while earning her Doctorate of Veterinary Medicine (DVM) at the University of Minnesota. She completed a one-month externship at St. Francis during her clinical rotations and officially joined as a veterinarian in May.

Lewis’s professional interests include small-animal internal medicine, preventative care, nutrition, anesthesia and pain management. She has completed the Fear Free Certification program and strives to reduce fear, anxiety and stress related to veterinary visits.
A group of St. Anthony Park businesses have launched a summer of promotions to encourage shoppers, clients and neighbors to traverse the noise and inconvenience of the upcoming Como Avenue construction project and help the business community survive a summer of disruption.

Discover Saint Anthony Park, a working group of the St. Anthony Park business community, has created a road map and a ‘Spend to Receive’ campaign that they hope will bring people into the area shops as the repaving project — scheduled to begin in June — disrupts traffic and parking through the end of October.

The road map contains a physical map that outlines which roads to take to access the business district, a list of local businesses by category, individual advertisements and offers, and a collective business offer as an incentive for neighbors to spend and then receive. Participating businesses are Complexions on Carter, Healing Elements, Kata Thai, Micahber’s Bookstore, Scarborough Fair, Finnish Bistro and the Little Wine Shoppe.

Here’s how it works: First, you have to spend a specific amount of money within one month to receive a voucher to be used the next month at the participating businesses. For example, if you spend $100 in June, you’ll receive a voucher for $10 to be spent in July.

• If you spend $100 at three participating businesses, you will receive a $10 voucher.
• If you spend $200 at five participating businesses, you will receive a $20 voucher.
• If you spend $300 at all seven participating businesses, you will receive a $30 voucher.

Save your receipts and present them to Lisa at the Park Perks coffee bar at Sunrise Banks to receive your voucher. Again, the money must be spent within one month to receive a voucher. Vouchers must be redeemed in the month after the purchases were made. Some individual businesses may have exclusions for use of the vouchers. The vouchers have no cash value and are one-time use only. Vouchers will expire on the last day of the valid month. The Spend to Receive campaign will run through October.

The campaign was organized by Sandra Weixe, of the Finnish Bistro; Samantha Huet-Silveroff, of Healing Elements; Terri Banaszewski, of Sunrise Banks; Kathryn Minnaged, of Scarborough Fair; and Heather O’Malley, of Milton Square.

Most of the businesses in the community are also developing their own incentives to encourage shoppers and diners.

Follow the Discover Saint Anthony Park Facebook page, which highlights various happenings in the neighborhood and special offers. — Bugle staff