**A joyful job**

By Kristal Leebrick

Emily Kidd was in the right place at the right time when the Harlem Globetrotters called the University of Minnesota in 2013 looking for an athletic trainer to work a game when their tour came to Minneapolis.

A graduate student in the U’s applied kinesiology program at the time, Kidd was in her office when the call came.

“I was by myself and the phone rang, and it was somebody from the Globetrotters,” Kidd said. “I thought it was really weird because I didn’t work in the main athletic training facility. I worked at the pool with the swimmers, but somehow they got my number and I answered the phone.

The legendary exhibition basketball team was coming to town the next week and needed an athletic trainer. They asked if she knew someone, she said, “and I said, ‘I’ll do it.’”

And she did. “And I had a blast,” she said.

Kidd kept in touch with the organization by sending emails every few months and asking about long-term positions. “It was always nothing, nothing, nothing, and then earlier this year, I sent another email and said, ‘I’d worked a game [in Minneapolis], I had a great time, and I think I’d be a good fit. Do you have anything available?’ I got an answer within an hour."

She was hired to join the final two months of a tour last spring. In November, she’ll join the team at its training camp near Atlanta, Ga., and then head out on a six-month U.S. tour in December.

“Working as an athletic trainer for the Harlem Globetrotters combines everything she loves: sports, comedy and traveling.”

For Emily Kidd, working as an athletic trainer for the Harlem Globetrotters combines everything she loves: sports, comedy and traveling. Photo by Kristal Leebrick

**Pollinator ‘sky rise’ is all the buzz in Como Park**

A new high-rise just went up in Como Park and tenants are—excuse the pun—just buzzing to get in.

Part sculpture, part science experiment, the pollinator “sky rise” will provide permanent housing for wild bee species and other pollinators, including butterflies.

The structure is a collaboration between the University of Minnesota Bee Lab, which will use it to study how wild bees use human-made bee structures.

The sky rise was installed early September along the bike and walking paths at Lake Como, near the intersection of West Como Boulevard, Nagasaki Road and Horton Avenue.

The first of several planned, the sky rise is part of Public Art St. Paul and tenants are—excuse the pun—just buzzing to get in.

Part sculpture, part science experiment, the pollinator “sky rise” will provide permanent housing for wild bee species and other pollinators, including butterflies.

The structure is a collaboration between the University of Minnesota Bee Lab, which will use it to study how wild bees use human-made bee structures.

The sky rise was installed early September along the bike and walking paths at Lake Como, near the intersection of West Como Boulevard, Nagasaki Road and Horton Avenue.

The first of several planned, the sky rise is part of Public Art St. Paul and tenants are—excuse the pun—just buzzing to get in.

Part sculpture, part science experiment, the pollinator “sky rise” will provide permanent housing for wild bee species and other pollinators, including butterflies.

The structure is a collaboration between the University of Minnesota Bee Lab, which will use it to study how wild bees use human-made bee structures.

The sky rise was installed early September along the bike and walking paths at Lake Como, near the intersection of West Como Boulevard, Nagasaki Road and Horton Avenue.

The first of several planned, the sky rise is part of Public Art St. Paul and tenants are—excuse the pun—just buzzing to get in.

Part sculpture, part science experiment, the pollinator “sky rise” will provide permanent housing for wild bee species and other pollinators, including butterflies.

The structure is a collaboration between the University of Minnesota Bee Lab, which will use it to study how wild bees use human-made bee structures.

The sky rise was installed early September along the bike and walking paths at Lake Como, near the intersection of West Como Boulevard, Nagasaki Road and Horton Avenue.

The first of several planned, the sky rise is part of Public Art St. Paul and tenants are—excuse the pun—just buzzing to get in.
Get rid of your junk in October

St. Paul’s annual Reduce & Recycle Citywide Drop-Off Event at the Minnesota State Fairgrounds will be held Saturday, Oct. 7, from 8 a.m. to 1 p.m. Here is some basic information:

Volunteers: Residents who volunteer to staff the event will receive a voucher allowing them to dispose of one load free; District 10 will not volunteer to staff the event so-early-morning shift. To volunteer, fill out the form at www.district10comopark.org/volunteer_form.htm or contact the Como Community Council office at 651-644-3889.

— Provided. Residents can dispose of appliances, electronics, furniture, tires, demolition debris, scrap metal and other household refuse they cannot put in the trash. There’s a fee per item or per load. For full details on what items are acceptable, and what those items cost, go to the city’s All-In web page, www.upaul.gov/recycle.

Seniors: If you are 65 or older and can’t make it to the fairgrounds, you can arrange a “senior pick-up.” Cost to discard your unwanted is variable so-early-morning shift. To volunteer, fill out the form at www.district10comopark.org/volunteer_form.htm or contact the Como Community Council office at 651-644-3889 for more information.

**Special board election is Sept. 19**

The Como Community Council will hold a special election on Tuesday, Sept. 19, to fill a board vacancy from Sub-District 4 (Energy Park and South Como). The election will take place at 7 p.m., before the monthly board meeting at the Como Park Streetcar Station. Candidates: You can find information about candidates on the District 10 website, www.district10comopark.org. Write-in nominations will be accepted from the floor the night of the election.

— Voting: Any Sub-District 4 resident at least 18 years of age is eligible to vote; so are representatives from businesses or institutions based in the sub-district. The boundaries are Dale Street on the east, Snelling Avenue on the west, and the two sets of NS&F railroad tracks on the north and south.

— Meet board members on Sundays

The Historic Streetcar Station is open every Sunday in September from noon-4 p.m. Stop in to learn about the history of Como Park, pick up replacement organs, recycle bags, pick up an oranges and recycle store list (including plastic kitchen brei), or just share comments and suggestions with the District 10 board member on staff that day.

— The Streetcar Station is at the northeast corner of Lexington Parkway and Hordon Avenue. Beginning September, October, the Streetcar Station will be open only on the first Sunday of the month.

**Upcoming District 10 meetings**

- Como Community Council: Tuesday, Sept. 19
- Environment Committee: Wednesday, Sept. 27
- Neighborhood Relations and Safety Committee: Tuesday, Oct. 3
- Land Use Committee: Wednesday, Oct. 4
- Como Community Council: Tuesday, Oct. 17

All meetings begin at 7 p.m. at the Streetcar Station, which is at the northeast corner of Lexington Parkway and Hordon Avenue. Community members are always welcome to attend and participate. Whenever possible, agendas are posted on the “Board News” section of District 10’s website.

**Call all chill cooks**

The Falcon Heights Fire Department annual Chill Cook-off and Open House will be held Saturday, Oct. 7, 11 a.m.-2 p.m. Meet your local firefighters, learn more and the department and help raise money for the Falcon Heights Firefighters Relief Association. Cost is $5 for adults and $3 for children. There will be activities, including a bounce house, a fall festival, fire truck tours and demonstrations.

Find out more at www.falconheights.org or 651-792-7600.

**Annual garage sale is Sept. 30**

The annual St. Anthony Park Neighborhood Garage Sale will be held on Saturday, Sept. 30, from 9 a.m. to 5 p.m. To be included in the list participating sales, register online at www.sapcc.org or call Rich at 651-641-1172 for more information. Registered homes will receive a yard and advertisement in newspapers and distributed maps of garage sale locations.

**Reduce and recycle Oct. 7**

St. Paul’s annual Reduce & Recycle Citywide Drop-Off Event at the Minnesota State Fairgrounds will be held Saturday, Oct. 7, from 8 a.m. to 1 p.m. Volunteers can earn a free lunch date for one volunteer. To volunteer, contact the Como Community Council at 651-644-3889 or online at www.district10comopark.org/volunteer_form.htm.

**Seniors can get help with fall chores**

Two area programs are offering help with fall yard cleanups to seniors. The Como Park/Falcon Heights Living at Home Companion and Respite Care Program is sponsoring a fall yard cleanup for seniors 65 and over who live in Como Park or Falcon Heights. Call 651-642-1127 for more information. Please call by Saturday, Sept. 30.

Saint Anthony Park Area Seniors (SAPAS) is offering St. Anthony Park-area seniors the same services. SAPAS is also seeking volunteers to help with the cleanup. Call 651-642-9052 by Sunday, Oct. 15, to register.

The Como Park/Falcon Heights program, located at 1376 W. Hoyt Ave., is a nonprofit whose mission is to help seniors stay in their homes longer and offers free companion and respite care and rides to doctors and other visits. Learn more at www.comopbg.org.

SAPAS, which is located at Center Church, 2200 Hillside Ave., offers a variety of programming for seniors. Learn more at www.sapaseans.org.
Fine-art photography magazine transitions to St. Anthony Park

By Kristal Leebick

It didn’t take long for Doug Beasley and Elizabeth Flinsch to decide on a theme for the upcoming issue of the quarterly photography magazine, “Shots.”

“Elizabeth immediately suggested ‘Transitions,’” Beasley said. “It was perfect.”

That’s because the 31-year-old “photographer’s photography” magazine is in transition, as Beasley, a well-known photographer who lives in St. Anthony Park, acquired the publication in June. Flinsch, a multi-media artist and also a St. Anthony Park resident, is the new editor.

“Shots” has been Beasley’s favorite photography magazine for years, he said. “The magazine has a really unusual selection of photography that resonates with me.” The work is not seen in other magazines, he said. “There are some very good photo magazines . . . with pretty work, but ’Shots’ isn’t pretty. It’s not glamorous, and it’s never what you expect. I love that.”

The magazine was created in 1986 by Dan Price, who produced it on a solar-powered laptop from his tipi in Oregon. “Shots” was sold twice before this latest change. When the most recent publisher, Russell Joslin of Minneapolis, decided to move on, he asked interested buyers to submit blind bids and write a statement about their vision for the future of the magazine. Beasley’s submission “won him over,” Beasley said.

Beasley, who has a bachelor of fine arts degree in photography from the University of Michigan, set up the Twin Cities in 1984. He worked in commercial photography for many years, but now works on fine-art commercial projects around the world and teaches photography workshops through his Vision Quest Photo Workshops.

“I was a longtime subscriber [of ’Shots’] and usually ran an ad in every issue, either for Vision Quest Photo Workshops or for my own photography if I had a new book coming out or something similar,” he said. “I also strongly promoted the magazine to my classes and workshops. My students all knew how much I loved the magazine and I strongly encouraged them to subscribe, so strongly I actually had to tell them that I was not affiliated with it at all. I guess I can’t say that anymore.”

“Shots” is a reader-supported magazine with an international subscriber base that includes emerging and established photographers, educators, gallerists, museums and collectors. Beasley, Flinsch and co-owner Deborah Saul, who is in charge of advertising sales, are hoping to “grow it,” Beasley said.

The magazine currently has more than 1,000 subscribers and is also sold in bookstores and education centers. Longtime readers will notice a few changes in the issue set to come out at the end of September: “We are going a little bigger, adding pages, better printer, better inks.” “Shots” will be printed at Bolger Printing on Como Avenue in Minneapolis, just west of Highway 280. Bolger’s CEO is another St. Anthony Park resident, Dik Bolger.

Beasley and Flinsch are initiating two new features in the magazine: showcases of an emerging artist and a “luminary” artist in each issue. The inaugural issue will feature two women in their 70s: Evy Huppert, a New Hampshire photographer who has taken workshops with Beasley, and Nancy Rexroth, an American photographer who pioneered the use of the Diana camera in fine-art photography. Initially marketed as an inexpensive novelty item, the Diana is a plastic-bodied box camera that uses film and is used to take soft focus, impressionistic photographs.

How the magazine solicits phones will remain the same. The theme for the next issue is announced in the current issue and anyone is invited to submit their work.

Beasley and Flinsch met through one of Beasley’s workshops, Urban Zen, held in Lowertown, St. Paul. Last year, Flinsch attended one of his workshops in Ireland.

“That’s where we learned we work together amazingly well,” Beasley said.

As his work has moved toward judging more photography shows and curating exhibits, he says he has become more interested in promoting the work of other photographers.

“[’Shots’] is a natural extension of that,” he said. You can learn more about the magazine at shotsmag.com.
Dear Editor: My son and I met a lovely family from Minnesota visiting Colorado while we were all hiking, and we gave them a ride back to their car. When we got home, we discovered their camera had been left out in our car.

There is a picture on their camera of their daughter running a race, which has led me to you! The Internet is an amazing—and terrifying—place. In your story of the Como Park High School cross-country team is a picture of the daughter, age 15, (I only know her age because I asked. But we never asked her name.) She is the third from the left, second row.

That’s the start of an email the Bugle received on Aug. 20 from Cherie Glazer of Windsor, Co. As Glazer mentioned, she and her son met a Minnesota family on a hike at Gray’s Peak, near Idaho Springs.

That family is Tara Lundborg and Marcus Lundrum and their daughter, Sayler Lundrum, who is the cross-country runner Glazer spotted on the camera that was left in her car. Lundborg and family were in Colorado celebrating her 40th birthday with a few hikes and a plan to catch the solar eclipse on Aug. 21. The story began about 5:30 a.m. the day they met Glazer. They started their hike about 3 miles before the trailhead because there was no place to park close to it. As they hiked in the early morning darkness, a van pulled over and offered them a ride to the trail. Turns out, Glazer was celebrating her 50th birthday with a rigorous hike.

Lundborg and family hiked for eight and half hours that day, she said. “We did two 14,000-foot peaks,” and when they got back to the road to get their car, they ran into Glazer and her son again. They accepted a ride back to their car, and that’s when Lundborg’s camera fell out of her backpack and onto the floor of the Glazer van.

Glazer said, but a little dejected on Glazer’s part had her matching a photo on the camera of the Como Park Senior High School runners with a photo on the Bugle website that went with a story written by Eric Erickson, a history teacher at the school and the Bugle’s Como and Murray Middle School sports writer. Erickson put the two families in touch and the camera is now back in St. Paul. As Glazer said in an email, “It’s a pretty good feel-good story.”

Glazer was there to help.

Letters to 6

E D I T O R I A L

A feel-good story about human connections and how one should never underestimate the value of community newspapers

We stand with DREAMers

The International Institute of Minnesota and Neighborhood House, two of the oldest immigrant-serving organizations in the state, have come together to condemn the Sept. 5 decision by the White House to rescind Deferred Action for Childhood Arrivals (DACA) and urge Congress to take immediate action to protect DACA recipients and their families.

Through our long histories serving immigrants and refugees in Minnesota, the International Institute and Neighborhood House know that deferred action has long enjoyed bipartisan support. The precedent for DACA was set by President Ronald Reagan, when he granted a blanket deferral of deportation to children of parents on the pathway to citizenship. President George H.W. Bush expanded this deferral to include families, making approximately 40 percent of the undocumented population at the time eligible for protection.

Our country made a promise to 800,000 DREAMers who have fulfilled the requirements of DACA. These young, talented DACA recipients have demonstrated their commitment to building their careers and strengthening our communities. Today we stand with DREAMers: our neighbors, classmates, coworkers, and friends who have stood beside us through times of triumphs and tragedies and who have faced as a nation.

The International Institute of Minnesota and Neighborhood House are saddened by the current administration’s politicization of a humanitarian issue. The resiliency and strength of the immigrants we serve inspires our continued resolve to advocate for the security of those who contribute so much to our communities.

Jane Graupman, executive director, International Institute of Minnesota, and Nancy Bruck, president, Neighborhood House

The deadline is Wednesday, Oct. 18, and it will hit the streets Tuesday, Nov. 21.

January issue: The deadline is Wednesday, Dec. 6, and it will hit the streets Tuesday, Dec. 19.


The Park Bugle is a monthly nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in those communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the neighborhood communities and encourage community participation.

Opinions expressed in the Bugle by the editor, writers and contributors do not necessarily represent the opinions of the board of directors, Park Press, Inc. Copyright 2017, Park Press, Inc. All rights reserved.

The Park Bugle is published by Park Press, Inc., a 501(c)3 nonprofit organization guided by an elected board of directors.

Currently serving on the board are:


Letters to 6

We hold our monthly meetings on the first Thursday of every month at 7 p.m. in the Park Press office, 115 E. Carmen Ave., St. Paul.

We want your feedback on what we should be doing better, what we need to be doing, and what we can do to improve our delivery. We will consider all ideas and suggestions for future content.

Letters to 6
By Adam Granger

I’m sitting in a departure lounge in Oklahoma City’s Will Rogers World Airport on my way home from my high school reunion. This was the 50th—monumental by any standard. They may hold a 55th, and a 60th, and make no mistake: the half-century get-together is the 40-pounder.

This is the first reunion I’ve attended, because these types of convocations are held in the summertime, which makes sense unless, like me, you are a self-employed employer. Most of my work comes between April and September; if I pass up a festival or a concert, I lose that income in addition to outlaying the cost of going to the reunion. But heck, I couldn’t pass up the 50th.

Without earlier events against which to compare, I’m guessing attendees were more relaxed about their, er, aesthetics at this one. To be sure, there were tans tanned, coifs coifed and I’m imagining a run on the Spans store. (I confess here to having used Crest White Strips before my trip, but I had been planning on doing so anyway. Honest.) I’m thinking, however, that the more drastic procedures—hair plugs,ummy necks, dental implants and the like—had already been undertaken, most likely long before this reunion. All in all, we looked pretty darned good for a bunch of 67- and 68-year-olds.

We had, of course, lost a predictable percent of the Norman High class of 1967, and here I had a shocking experience: I went to an estate sale and, as I was pawing through the stuff of someone else’s life, I realized that the someone else was a classmate. She had visited me here in St. Paul recently and was scary-thin then, but nevertheless had not anticipated her death. I found her senior yearbook, and when I went to buy it, I told the cashier that she had been a friend and the woman gave it to me. It’s in my suitcase; when I get home, I’ll offer it to her niece, who lives in Minneapolis.

Now, with most of those services being offered by health-care organizations, SAPAS has expanded to many other areas.

If you are a caregiver, SAPAS offers respite care, support groups and referrals. If you need a bit of help staying in your home, SAPAS can arrange rides, chore service, meal delivery (in the form of Meals on Wheels), as well as homemaker services.

In addition, SAPAS can help you find foot care and home health care, which includes help with personal care and light housekeeping.

There’s more: SAPAS offers exercise classes, blood pressure monitoring, and even classes. It’s a real workday, computer support, lawn and garden help, assistance with paperwork and nutritional education.

With all of these services, there probably is something that interests you. But if not, you might be interested in volunteering to help others by providing some services yourself. You could drive, help with chores, become a friendly visitor or do simple home repairs.

There is one more thing that anyone who followed all of the Above Fall of October, proceeds from the Park Perks in the Sunrise Banks will go to SAPAS, so your coffee and cookies will help support this wonderful service. And that’s not bad at all.

To find out more about SAPAS, go to www.sapas.org or call 612-642-9052.

Thank you, Park Perks

In August, Sunrise Banks’ charitable coffee bar, Park Perks, raised $694 for the Park Bugle, the nonprofit community newspaper that is provided free to residents in St. Anthony Park, Como Park, Falcon Heights and Lauderdale.

Thank you, Sunrise Banks, for including the Bugle on the charitable giving list.

Each month, Sunrise Banks devotes the profits from its sales at the coffee bar at its Como Avenue branch to designated nonprofit community organizations. In October, Park Perks will be raising money for St. Anthony Park Area Seniors (SAPAS).

SAPAS offers support, fun and more

Head to Sunrise Banks Park Perks in October to offer your own support to this 36-year-old neighborhood institution.

By Michelle Christianson

When people see the acronym SAPAS (which stands for St. Anthony Park Area Seniors), many skip right over the word, thinking, “This doesn’t have anything to do with me—I’m not old (or that old).” But take a closer look; you may find that the program does indeed have something for you.

SAPAS, with two full-time employees, is headquartered at the Centennial Methodist Church, 2200 Hillside Ave., has been in operation since in 1981, with neighbors helping neighbors in St. Anthony Park, Falcon Heights and Falcon Heights west of Cleveland Avenue. Initially mostly concerned with health care, it hired and supervised a block nurse and arranged for home health aides.

There were three old flames in attendance, all of them looking terrific and all of them apparently leading happy and successful lives. The first looked me in the eye and asked, “Why didn’t you ask me to the prom?” like she’d been waiting half a century for an answer. We both knew that I was supposed to, but the truth was that I had been too shy, and that was my response. (She went with someone else, and I sat home on prom night and played the blues on my guitar. It’s hard to feel sorry for yourself when your own damaged frost, but I managed it.)

The second told me that I broke her heart, which I already knew. She had professed a love for me when I was already seriously committed—as in married—to someone else. I told her I was sorry, and what else can one say besides that I had already squared things up with the third on previous visits home, and we have achieved the difficult but not impossible: becoming post-relationship friends.

I re-met my 1964 rock ‘n roll

In A ugust, Sunrise Banks’ charitable coffee bar, Park Perks, raised $694 for the Park Bugle, the nonprofit community newspaper that is provided free to residents in St. Anthony Park, Como Park, Falcon Heights and Lauderdale.

Thank you, Sunrise Banks, for including the Bugle on the charitable giving list.

Each month, Sunrise Banks devotes the profits from its sales at the coffee bar at its Como Avenue branch to designated nonprofit community organizations. In October, Park Perks will be raising money for St. Anthony Park Area Seniors (SAPAS).

SAPAS offers support, fun and more

Head to Sunrise Banks Park Perks in October to offer your own support to this 36-year-old neighborhood institution.

By Michelle Christianson

When people see the acronym SAPAS (which stands for St. Anthony Park Area Seniors), many skip right over the word, thinking, “This doesn’t have anything to do with me—I’m not old (or that old).” But take a closer look; you may find that the program does indeed have something for you.

SAPAS, with two full-time employees, is headquartered at the Centennial Methodist Church, 2200 Hillside Ave., has been in operation since in 1981, with neighbors helping neighbors in St. Anthony Park, Falcon Heights and Falcon Heights west of Cleveland Avenue. Initially mostly concerned with health care, it hired and supervised a block nurse and arranged for home health aides.

Now, with most of those services being offered by health-care organizations, SAPAS has expanded to many other areas.

If you are a caregiver, SAPAS offers respite care, support groups and referrals. If you need a bit of help staying in your home, SAPAS can arrange rides, chore service, meal delivery (in the form of Meals on Wheels), as well as homemaker services.

In addition, SAPAS can help you find foot care and home health care, which includes help with personal care and light housekeeping.

There’s more: SAPAS offers exercise classes, blood pressure monitoring, and even classes. It’s a real workday, computer support, lawn and garden help, assistance with paperwork and nutritional education.

With all of these services, there probably is something that interests you. But if not, you might be interested in volunteering to help others by providing some services yourself. You could drive, help with chores, become a friendly visitor or do simple home repairs.

There is one more thing that anyone who followed all of the Above Fall of October, proceeds from the Park Perks in the Sunrise Banks will go to SAPAS, so your coffee and cookies will help support this wonderful service. And that’s not bad at all.

To find out more about SAPAS, go to www.sapas.org or call 612-642-9052.

Imagine What You Could Be Doing Today in St. Paul If You Weren’t Afraid of Falling

How is your balance affecting your life?

by Dr. Karen Malone PT, DPT

Saint Paul MN – The risk of falling after a stroke or surgery is very real for many people. Just how fearful of falling a person is will impact what he or she chooses to do. Both strokes and surgeries can leave a person, even after initial rehab, without the balance they need to go shopping, eat out with friends or return to full time work. “What if I get bumped unexpectedly or the sidewalk is uneven?” Some people choose to sit more and avoid falling that way. Did you know that trying to “be safe” by being less active could be causing an even greater balance problem? Are you wondering, “Will I ever get back to the active life I enjoy?”

Movement doesn’t have to be something you avoid and physical therapists are movement specialists!

What value would you place on:

- Re-learning to walk on uneven ground or in crowds
- Being able to safely walk around town or in a nearby park
- Working around the house or office with confidence
- Bending over with ease to pick up your shoes

At Prize Physical Therapy, PLLC we specialize in helping active people age 35 to 55 after a stroke or surgery regain valuable balance. We have an absolutely Free Report for you, “10 Secrets to Overcoming the Fear of Falling After A Stroke or Surgery!” ($15 Value!) It is our gift designed just for you and it’s yours by visiting our website (prizept.com) and requesting it! Or call for your free copy today at 612-440-6016! No one will ask you for any money when you call. Take a good look at those things you are ready to do better if only you could start to decrease the fear of doing them! Imagine what your day could look like!

The author, Dr. Karen Malone, is a Doctor of Physical Therapy and owner of Prize Physical Therapy, PLLC. In-Home Outpatient Physical Therapy Services are offered for your convenience in and around the St. Anthony Park area.
Letters from 4

The aforementioned cities that have established pick-up programs allow residents to participate for free, and I believe that we should do the same. If elected, I will have discussions with neighboring communities to potentially partner with Falcon Heights to make organic recycling more accessible to residents. If you like this idea, or have thoughts on improving this proposed collaboration, please let me know. As we get closer to the municipal elections this November, I welcome feedback from voters and fellow community members. I can be reached at 763-242-0816 and DixonFalconheights@gmail.com.

Ronald Dixon
Falcon Heights
City Council candidate

Commentary from 5

and I believe that we should do the same. If elected, I will have discussions with neighboring communities to potentially partner with Falcon Heights to make organic recycling more accessible to residents. If you like this idea, or have thoughts on improving this proposed collaboration, please let me know. As we get closer to the municipal elections this November, I welcome feedback from voters and fellow community members. I can be reached at 763-242-0816 and DixonFalconheights@gmail.com.

Ronald Dixon
Falcon Heights
City Council candidate

Family Law Mediation

Fair Strong Experienced
651-789-7799
www.kjellberglaw.com

Translation available at additional charge

Carla G. Kjellberg
Attorney at Law

Community Worship Directory

LYDIA PLACE COLLABORATIVE COMMUNITIES—ELCA
Rev. Scott Simmons, pastor, 612-859-1134, lydiaplaceloc.org
Regular fall worship: Sundays at 9 a.m. and 11 a.m.

MOUNT OLIVE LUTHERAN CHURCH—WELS
A Caring Family of Christ-Centered Believers
Rev. Mark Feldman, pastor, 612-645-2875
Find us on Facebook
1460 Almond Ave., St. Paul, MN 55108
Sunday worship: 8 a.m., 10 a.m., and 5:30 p.m.

PEACE LUTHERAN CHURCH—ELCA
1744 Webster St. (at Iront), Lauderdale, 612-644-5440
www.peacefaithful.org
Sunday worship: 10 a.m.

ST. CECILIA’S CATHOLIC CHURCH
2137 Wright Blvd, 612-644-4242
www.stceciliastwincities.org
Sunday Mass: 8:30 a.m. and 10 a.m.

HOLY CHILDHOOD CATHOLIC CHURCH
1435 Midway Parkway, St. Paul, 55108
Pastor: Fr. Timothy Clouser
Weekend Masses: Saturday 5 p.m., Sunday 9:15 a.m.

CATHOLIC CAMPUS CENTER
You are more than welcome to join us at Catholic Campus Center. We meet Sunday mornings at 10 a.m. at 1490 Fihlman St.

To add your church to the directory, contact
Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkbugle.org
Bobbie Lawson
Bobbie D. Lawson, Sr., 57, of Como Park, died unexpectedly on September 9, 2017. He was preceded in death by his parents, John and Fannie Louise; and his brothers, John and William “Billy” Smith. He is survived by his wife, Ann; son, Bobbie, Jr.; step-daughters, Raeaade, Enika and Chelsea; granddaughters, Cori, nine step-grandchildren; and siblings, Renee, LaMonte, Vivian, Denise, Carley and Joel. His Life was honored on Sept. 9 at Lyngblomsten.

Olive Jensen Thiesen
Dr. Olive J. Thiesen, 86, of Frisco, Texas, died Aug. 19, 2017. She was born on June 4, 1931, in Faribault, Minn., to Edward and Pearl (Holt) Olson. Dr. Thiesen was preceded in death by her parents and three brothers. Dr. Thiesen lives of Frank and Elaine was held July 20 at the Church of St. Cecilia in St. Anthony Park, with internment at St. Anastasia Cemetery, Hutchinson.

J. Francis Wray
J. Francis “Frank” Wray, 92, of St. Paul died July 9, 2017. Frank was born Aug. 30, 1924, in Evanston, Ill. He joined the Christian Brothers in 1943 and graduated in 1947 from St. Mary’s University, Winona. He later went on to get his master’s degree at St. Mary’s and then a doctorate from the University of Wisconsin.

Education in New York City. She completed her training as an geriatric nurse and then returned to Texas, where she worked. She was preceded in death by her parents; her brother, J. Michael; and her friend, Kathy (Jack).

Geraldine Lallas
Geraldine Louise Germain “Geri” Lallas, 58, died July 15, 2017. She was born March 1, 1936, in Faribault, Minn., to Edward and Pearl (Holt) Olson. Geri graduated from the University of Wisconsin. She went on to get her master’s degree at St. Mary’s University, Winona. She later joined the Christian Brothers in 1943 and graduated in 1947 from St. Mary’s University, Winona. She later went on to get his master’s degree at St. Mary’s and then a doctorate from the University of Wisconsin.

Education in New York City. She completed her training as an geriatric nurse and then returned to Texas, where she worked. She was preceded in death by her parents; her brother, J. Michael; and her friend, Kathy (Jack).

Homes for Sale
2230 Midland Grove #305 - Roseville
This top floor condo has great views from all rooms and the balcony. Much of the furniture is built-in. Two garage spaces right next to each other. Wood burning FP/LC. Large master BR suite. $29,900

2246 Commonwealth Avenue
This is a solid 3 bedroom home; but it will need some work to get it up to today’s standards. However, when you consider that this home sits on one of the largest lots in North St. Anthony Park, just a ½ block off Como Avenue on a quiet street (with a park right across the street), it is worth every penny! $325,000

Sell your home with the area’s leading realtor: 
Steve Townley & Chris Doming

Homes For Sale
In and Near Wonderful North St. Anthony Park!

Steve Townley
EXPERIENCED, PROFESSIONAL LOCAL REAL ESTATE SERVICE
651-644-3557
2190 Como Ave. www.SteveTownley.com

1666 Coffman #314
This wonderful home offers 2 BRs, 2 baths, lovely laminate floors, updated kitchen. Brand new appliances! Priced well below the comparables at $169,900! Hurry on this one. More Units Available Soon!

LIVES LIVED
The Park Bugle print obituaries free of charge as a service to our community.
Send information about area deaths to Mary Mergenthal at maryl.mergenthal@gmail.com or call 651-644-1650.
“They are great showmen and they are so funny,” Kidd said. “That’s a big part of being a Harlem Globetrotter, but they never actually get enough credit for being phenomenal athletes. They can really play.”

Kidd enjoys the comedic part of each show and has a few small roles to play during each game, including helping with props and preparing the team jersey that is given away to a child in the audience during each half-time. “If I could be a bigger part of the show, I would,” she said.

Kidd was working at an orthopedic urgent care clinic in Asheville, N.C., before she accepted the contract job with the Globetrotters last spring. She keeps a contract with the clinic to work there when she’s not traveling with the team, and she’s hoping to stay with the Globetrotters for some off-season games.

“I’d love to be year-round, full time,” she said. “It’s really fun to be a part of something so iconic. They just have the greatest mission: to spread joy and be happy and be

Emily Kidd from 1

London ensemble opens Music in the Park Series

The Schubert Club’s Music in the Park Series 2017-18 season will begin Sunday, Oct. 8, with the Schubert Ensemble of London, one of the world’s leading exponents of music for piano and strings. The concert will begin at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

The ensemble’s eclectic program will feature Vaughan Williams’ romantic and rarely performed Piano Quintet in C-minor; Franz Schubert’s much-beloved “Trout” quintet; and “The Whole Earth Dances,” a new, nature-inspired work by young British composer Cheryl Frances-Hoad.

Frances-Hoad says this about her new work: “I am lucky to have a wonderful park just 10 minutes walk from my house. I can leave home and be back within the hour having walked around a lake and under what I imagine to be vaulted roofs made only from trees... Today, when much of the Earth is being polluted, fracked and deforested, it seems particularly important to notice and respect the land, to feel a connection to it.”

Two poems by Ted Hughes, “Thistles” and “Ferns,” inspired her work, she says, “and added a resonance to the thistles and ferns that I see nearly every time I walk. I have tried to imbue the piece with the sense of timelessness that I feel when walking, with his poems in my head.”

To buy tickets for the concert, call 651-292-3267 or go to schubert.org.
Muffuletta was a groundbreaker 40 years ago

Now, not only can we pronounce ‘quiche Lorraine’ correctly, we can say ‘thom yum’ and ‘spiedini’ and have a glass of wine while we eat it.

By Judy Woodward

In 1977, if you got hungry in St. Anthony Park and surrounding neighborhoods, your options were limited.

True, there was a corner grocery store called Blomberg’s at Doowell and Como avenues, where Tim & Tom’s Speedy Market now stands. But if you wanted to go out, you could choose between ice cream and caramel rolls at Bridgeman’s or all-American fare at the Lamplighter Inn, both located at the corner of Como and Carter. Upscale coffee in those days probably meant someone had dropped egg shells in the percolator, and the only bakery in the area was a doughnut shop on Hamden Avenue.

“Twin Cities neighborhood without its local café/bistro, what Roberts calls a “small, cozy 90-seat restaurant,” but in 1977 the concept was daring. Even more groundbreaking was the notion that respectable folks would want to have a glass of wine with their dinner. Muffuletta’s epic struggle to obtain the first beer and wine license in north St. Anthony Park is the stuff of local legend. But perhaps even more remarkable is the eatery’s longevity. Over the years, she says, “People have learned a bit more about food.”

Where Muffuletta led, others have followed. The Como Avenue commercial area of St. Anthony Park now boasts at least a half dozen food- and drink-related businesses, including the newest entrant onto the restaurant scene, Karta Thai.

Muffuletta’s secret ingredient is “the right kind of culture in the company. … We’re not yellers. We buy the best product we can buy and serve it lovingly,” Roberts says.

True, there was a corner grocery store called Blomberg’s at Doowell and Como avenues, where Tim & Tom’s Speedy Market now stands. But if you wanted to go out, you could choose between ice cream and caramel rolls at Bridgeman’s or all-American fare at the Lamplighter Inn, both located at the corner of Como and Carter. Upscale coffee in those days probably meant someone had dropped egg shells in the percolator, and the only bakery in the area was a doughnut shop on Hamden Avenue.

Ethnic cuisine? Imported gourmet items? Forget it. And, above all, by law and custom both, there was absolutely nowhere in the St. Anthony Park area where you could get a glass of wine or a mug of beer.

Then along came a new restaurant called Muffuletta, and all of that changed. Opened 40 years ago in Milton Square and still owned by Phil Roberts and his partner, Pete Mihajlov, Muffuletta signaled a sea change in the way the neighborhood thought about food.

“The Midwest was a wasteland of meat and potatoes in those days,” says Roberts, but he was a guy who liked to eat. On frequent business trips to New York City, he had encountered such then-exotic dishes as quiche Lorraine and fettuccine Alfredo, and he wanted to bring them home to Minnesota. The result was Muffuletta, named after a hero like beer-cheese soup, is still on the menu. Roberts has no regrets about either of those dishes, although he does allow himself a retrospective shrug about the quiche. “For years, half the customers called it kee-ka lab-rain.”

Nowadays, there’s barely a single Twin Cities neighborhood without its local café/bistro, what Roberts calls a “small, cozy 90-seat restaurant,” but in 1977 the concept was daring. Even more groundbreaking was the notion that respectable folks would want to have a glass of wine with their dinner. Muffuletta’s epic struggle to obtain the first beer and wine license in north St. Anthony Park is the stuff of local legend. But perhaps even more remarkable is the eatery’s longevity. In a business where the average life expectancy of a new restaurant is “closer to two years” according to Roberts, Muffuletta is still going strong after four decades. In fact, it became the foundation of an empire.

In 1997, if you got hungry in St. Anthony Park and surrounding neighborhoods, your options were limited.

True, there was a corner grocery store called Blomberg’s at Doowell and Como avenues, where Tim & Tom’s Speedy Market now stands. But if you wanted to go out, you could choose between ice cream and caramel rolls at Bridgeman’s or all-American fare at the Lamplighter Inn, both located at the corner of Como and Carter. Upscale coffee in those days probably meant someone had dropped egg shells in the percolator, and the only bakery in the area was a doughnut shop on Hamden Avenue.

Ethnic cuisine? Imported gourmet items? Forget it. And, above all, by law and custom both, there was absolutely nowhere in the St. Anthony Park area where you could get a glass of wine or a mug of beer.

Then along came a new restaurant called Muffuletta, and all of that changed. Opened 40 years ago in Milton Square and still owned by Phil Roberts and his partner, Pete Mihajlov, Muffuletta signaled a sea change in the way the neighborhood thought about food.

“The Midwest was a wasteland of meat and potatoes in those days,” says Roberts, but he was a guy who liked to eat. On frequent business trips to New York City, he had encountered such then-exotic dishes as quiche Lorraine and fettuccine Alfredo, and he wanted to bring them home to Minnesota. The result was Muffuletta, named after a hero like beer-cheese soup, is still on the menu. Roberts has no regrets about either of those dishes, although he does allow himself a retrospective shrug about the quiche. “For years, half the customers called it kee-ka lab-rain.”

Nowadays, there’s barely a single Twin Cities neighborhood without its local café/bistro, what Roberts calls a “small, cozy 90-seat restaurant,” but in 1977 the concept was daring. Even more groundbreaking was the notion that respectable folks would want to have a glass of wine with their dinner. Muffuletta’s epic struggle to obtain the first beer and wine license in north St. Anthony Park is the stuff of local legend. But perhaps even more remarkable is the eatery’s longevity. In a business where the average life expectancy of a new restaurant is “closer to two years” according to Roberts, Muffuletta is still going strong after four decades. In fact, it became the foundation of an empire.

In a business where the average life expectancy of a new restaurant is “closer to two years” according to Roberts, Muffuletta is still going strong after four decades. In fact, it became the foundation of an empire. Roberts and Mihajlov’s company, Parasole Restaurant Holdings, has become one of the area’s foremost restaurant chains.
Food trends from 9

the time the weather turned cold, Khunsri was hooked. For 13 years, she worked as a chef at the original Twin Cities Thai restaurant, Sawadee. Then, six years ago, she opened the first Kara Thai on Central Avenue in Minneapolis. Khunsri’s partner, Terry Spotts, says the restaurant wants to be known for the authenticity of its Thai flavors like galangal and ginger, but also for the careful sourcing of its locally grown foodstuffs. There’s even a nod to Bangkok-meets-Bemidji in dishes like walleye, prepared with your choice of sweet-and-sour, curry or ginger sauce. “The walleye comes from the Red Lake Reservation,” says Spotts.

Locally sourced foods and an adventurous clientele have also been key to shaping change at the area’s best-known corner grocery store, Tim & Tom’s Speedy Market. Tom Spriegel has been in the grocery business for more than 40 years. When he and co-owner Tim Faacks bought out the previous owners more than 22 years ago, Speedy Market was a milk-and-eggs convenience store tied to Schroeder’s Milk Co. How things can change in just under a quarter of a century.

Where Speedy once carried a single brand of coffee beans in addition to the jars of instant and vacuum-packed cans of ground mass-market brew, it now devotes an entire wall section to boutique beans, many of them from local craft roasters. A similar variety prevails in the ice cream section and among the fresh produce. “I won’t be boxed in as a convenience store,” says Spriegel. “Customers are willing to ask for what they want, and we’ll worry about where to put it.”

One trend that has taken off among time-starved customers is what Spriegel calls “value-added food products like pre-stuffed chicken breasts and patried burgers.” The store has expanded its chef-run deli program, and it now makes salads on site.

Spriegel prides himself on his willingness to stock anything he thinks his customers might buy, and over the years, the store has developed a sense of humor in its merchandise displays. One year around the holidays they put together an eye-popping display of a popular Minnesota-made cranberry granola that goes by the brand name Crapola, together with an even more riveting holiday item—imported tins of British treacle-and-raisin pudding labeled with their traditional name—Sprotted Dick.

How have businesses like True Stone created a demand for upscale coffee in a population that would have been shocked to have been told in 1977 that someday they might consider paying upward of $4 for a cup of coffee? Part of it comes down to an “educational process,” Woodward says. The store has offered free samples and scrupulous adherence to standards of an “ethically produced, sustainable, environmentally friendly” product, she says, “we create customers that

Food trends to 11
Food trends from 10

Parasole may have launched the local contemporary food scene from Como Avenue, but the trend did not stay confined to St. Anthony Park. Forty years ago the commercial space near Midway Parkway on Pascal Street in Como Park was the headquarters of the American Evangelism Association, among other businesses. In late July, after a long life as coffee shop, ice cream parlor and neighborhood grill, the space transformed itself once more: into Delicata.

Blessed with a large, fenced, open air patio on a quiet street, Delicata wants to be known for the excellence of its pizza, says general manager, Noah Barton. “Also for our great, mostly Italian, wine list and our beer from local micro-breweries like Fulton, Lift Bridge and Fair State,” he says. “Mostly, we see a great opportunity to be part of the neighborhood.” Delicata will also start serving weekend brunches Sept. 23, 10 a.m. to 2 p.m.

Fifty years ago, if you were looking for food out of the ordinary in the neighborhood, Muffuletta was the only option. Now, the possibilities seem to grow with each new season. So how do the pioneers feel about the competition?

“It’s not good to be the only game in town,” says Davis. Adds Roberts, “And it hasn’t cut into business.”

Judy Woodward is a reference librarian at the Roseville Library and a regular contributor to the Park Bugle.

One bite too far

Food trends from 10

Parasole owners Peter Mihajlov (left) with wife, Marty, and Phil Roberts (right) with wife, Joanne, on the patio at Muffuletta. Photo courtesy of Parasole Restaurant Holdings.

For 40 years, Muffuletta has been introducing diners to expanded gastronomic horizons and novel flavor combinations. Once it was the wine list, and even now it piques its customers’ palates with treats like roasted garlic butter and popcorn popped in duck fat.

But there was a time when Muffuletta got out too far ahead of Minnesota taste, and the result, according to Phil Roberts, was near disaster.

“In 1979 or ’80, he recalls, ‘People’ magazine wrote a feature article on then uber-trendy Los Angeles restaurant Wolfgang Puck. ‘Duck sausage pizza was his claim to fame,’ Roberts says.

‘After traveling to California and meeting the Great Man Puck for dinner at his flagship restaurant, Spago, Roberts and his partner were dazzled. “We got back on the plane and we decided to make Muffuletta into the Spago of the Midwest,” he says.

The first line of business was to deck out the wait staff in pink-and-white striped uniforms with chrome bow ties and suspenders “just like Wolfgang Puck.” Exotic pizza and other innovations of California cuisine soon followed. The only trouble was, Minnesota diners weren’t buying it.

Within a year, Muffuletta’s revenues had fallen by nearly half, and Roberts decided to heed the plaintive, eloquent plea of one long-time customer, “I want my Thousand Island dressing back.”

That was years ago, and things at Muffuletta have long since returned to a sensible standard of deliciousness. The cardinal rule these days: “[Make it] more interesting, but not weird,” he says.—Judy Woodward

AUGUSTINE'S BAR & BAKERY
1668 Selby Avenue, St. Paul
Augustinesmn.com
Phone: 651-256-0580

HAMPDEN PARK CO-OP
328 Raymond Ave., St. Paul
hampdenparkcoop.com
Phone: 651-646-6686

HEALING ELEMENTS
2290 Como Avenue, St. Paul
www.healingelementswellness.com
Phone: 651-348-6216

Enjoy earth-friendly coffee and baked goods plus fresh fruit in our café, open at 7am M-F; 7:30am Sat. & Sun.

HEIRLOOM
Modern Farmhouse Cuisine
2186 Marshall Ave., St. Paul
www.heirloomstpaul.com
Phone: 651-493-7267

INSIGHT BREWING COMPANY
2821 East Hennepin Avenue
Minneapolis
www.insightbrewing.com
Phone: 612-799-6380

KEYS CAFE & BAKERY
1682 Lexington Avenue North
Phone: 651-488-1828
767 Raymond Avenue
Phone: 651-646-5756
www.keyscafe.com

THE LITTLE WINE SHOPPE
2236 Carter Avenue, St. Paul
www.thelittlewineshoppe.com
M-Th 10 a.m.-8 p.m., Fri & Sat 10 a.m.-9 p.m., Sun Noon-5 p.m.
Phone: 651-645-5178

MUFFULETTA
2260 Como Avenue, St. Paul
Reservations: 651-644-9116
www.muffuletta.com
Celebrating 40 Years in St. Anthony Park!

RAPIDS RESTAURANT EQUIPMENT
2475 Doswell Avenue, St. Paul, MN 55108
www.RapidsRestaurantEquipment.com
Direct Line: 651-256-0580
Toll Free: 855-596-9619

SOLEIL COFFEE CO.
2230 Carter Avenue, St. Paul
SOLEILCoffee.com
Coming Soon

TIM & TOM'S SPEEDY MARKET
2310 Como at Doswell, St. Paul
Intspeedy@msn.com
Open daily from 7 a.m. - 10 p.m.
Phone: 651-645-7360

URBAN GROWLER BREWING CO.
2325 Endicott Street, St. Paul
Phone: 651-340-5793
Beer - Food - Beer Garden - Event Space
We're beer for you!
Business News

New micro-distillery to open in South St. Anthony

By Kristal Leebrick

Whiskey fans will be delighted to learn that a new micro-distillery has set up shop in South St. Anthony. Studio Distilling’s lights are on at 2380 Wycliff St., and the copper-domed German-made still is working to produce “modern interpretations of traditional spirits.”

Founder Brad Rolfs and partner Shelly Dailey say they aren’t quite tour-ready. It may be at least six months before their doors open for tastings and a year before an 80-seat cocktail room opens. Now, the craft distillery is busy malting, mashing, fermenting, distilling and then aging it all in small oak barrels.

They are starting with rye whiskey, said Dailey, “but we have dreams and recipes for an imperial stout beer whiskey and one distilled with coffee and chocolate.” They also have a recipe for a gluten-free whiskey made with quinoa.

The location for the new distillery was something that happened to be the “right place at the right time,” Rolfs said. “We like the idea of old warehouse areas.”

It’s a plus to have Bang Brewing, the Urban Growler and the Green Line just blocks away, along with Surly Brewing Co. less than 2 miles away and Lake Monster Brewing also close by, Dailey said. Being in the Creative Enterprise Zone is a plus, she said. “It’s such an up-and-coming area.”

Opening a distillery is a long process due to both Prohibition-era federal and state laws governing the permitting process and the time it takes to age the product. Nevertheless, spurred by the growing popularity of creative cocktails in the Twin Cities, Rolfs says the market for craft distilleries “is just getting started.”

Shelly Dailey and Brad Rolfs at Studio Distilling on Wycliff Street in South St. Anthony. Photo by Kristal Leebrick

EMIL GUSTAFSON JEWELERS
DISTINCTIVE JEWELRY AND DESIGN SINCE 1911
2278 Como Ave. / 651-645-6774 / gustafsonjewelers.com

Unfortunately, after 20 years at our present location, Emil Gustafson Jewelers will have to find another home. Our landlords need to update, remodel, and then use the space we currently occupy. We would like to thank them for their support for these many years and wish them the best for the future.

But, this means we have to move. As we look for a new location it only makes sense that we begin to thin out our inventory in preparation for a move and try to generate more funds to cover the cost of the move. So, beginning in October we will start by having a minimum of 10% off on all (excluding estate pieces) in-store merchandise with larger discounts on many items. We will then have larger markdowns as we get closer to the holidays.

Come home to University Grove

This solid all brick two story is ready for the coming Winter…new roof and gutters, some new windows, widened concrete driveway to two car garage, re-modeled kitchen, new main floor ¾ bath, and all new interior paint.

2271 Hoyt Ave. W. $589,000.

Nancy Meeden Coldwell Banker Burnet
Mobile: 612-790-5053
nmeeden@cbburnet.com

PARK PERKS

Park Perks raised $654 for Park Bugle in August.

During the month of October we are collecting for the St. Anthony Park Area Seniors (SAPAS) Cost Sharing Program.

SUNRISE BANKS

Member FDIC 2300 Como Ave. St. Paul, MN 55108 sunrisebanks.com

“Lawyers who earn your trust”

Wills & Estates & Probate / Real Estate & Leases / Divorces & Family / Criminal Defense / Business Start-ups

Ferdinand Peters Esq. Law Firm
In St. Anthony Park
842 Raymond Ave., Lakes & Plains Building 651-647-6290
www.ferdlaw.com / ferdpeters@ferdlaw.com

WE HAVE TO MOVE!

We have to move! Unfortunately, after 20 years at our present location, Emil Gustafson Jewelers will have to find another home. Our landlords need to update, remodel, and then use the space we currently occupy. We would like to thank them for their support for these many years and wish them the best for the future.

But, this means we have to move. As we look for a new location it only makes sense that we begin to thin out our inventory in preparation for a move and try to generate more funds to cover the cost of the move. So, beginning in October we will start by having a minimum of 10% off on all (excluding estate pieces) in-store merchandise with larger discounts on many items. We will then have larger markdowns as we get closer to the holidays.

EMIL GUSTAFSON JEWELERS
DISTINCTIVE JEWELRY AND DESIGN SINCE 1911
2278 Como Ave. / 651-645-6774 / gustafsonjewelers.com

Come home to University Grove

This solid all brick two story is ready for the coming Winter…new roof and gutters, some new windows, widened concrete driveway to two car garage, re-modeled kitchen, new main floor ¾ bath, and all new interior paint.

2271 Hoyt Ave. W. $589,000.

Nancy Meeden Coldwell Banker Burnet
Mobile: 612-790-5053
nmeeden@cbburnet.com
Visiting Comercooper, the University of Minnesota's student organic farm, will host an open house and fall day Thursday, Sept. 21, from 4:30 to 6:30 p.m., at the farm, located at the intersection of Lindig Street and Dudley Avenue on the St. Paul campus. Visitors can learn about the organic growing practices students are involved with and talk with researchers about organic and sustainable agriculture research. Learn more at http://bic.umn.edu/fieldday.

Wild Colonial Bhosy in concert Irish American band the Wild Colonial Bhosy will perform at the Celtic Junction Arts Center, 836 N. Prior Ave., St. Paul, Friday, Oct. 6, at 8 p.m. Admission is $15 at the door or $14 in advance. Buy tickets at thecelticjunction.com or call 612-874-8892.

Tannahill Weavers to perform Scotland's famous traditional band, the Tannahill Weavers, will perform at the Celtic Junction Arts Center, 836 N. Prior Ave., St. Paul, Friday, Oct. 13, at 8 p.m. From reflective ballads to foot-stomping reels and jigs, Tannahill Weavers combine powerful, inventive arrangements and soothing melodies in their own unique style. Admission is $20 at the door and $16 in advance. Buy tickets at thecelticjunction.com or by calling 612-874-8892.

Screening of “13th” documentary and panel discussion at Centennial United Methodist Church St. Anthony Park Campus, 2200 W. Hillside Ave., will host a screening of the Netflix documentary “13th” and a panel discussion Saturday, Oct. 14, at the church. The film will begin at 11 a.m., and the panel discussion with Dr. Nickima Levy-Pounds, Dr. Dennis Edwards and AI Flowers will begin at 1 p.m. The film explores the history of racial inequality in the United States, focusing on the fact that the nation’s prisons are disproportionately filled with African-Americans. The event is free and all are welcome.

Frank Theatre presents ‘Revolt. She said. Revolt again.’ Frank Theatre will present “Revolt. She said. Revolt Again.” by Alice Birch Sept. 29-Oct. 22 at the Gremlin Theatre, 550 Vandalia St., next to Lake Monster Brewing.

Begining with the directive, “This play should not be well-behaved,” “Revolt” explores the ways in which language, attitude and behaviors have been used to define and control women’s roles, sexuality, bodies and the ways women function in the world.

The play will be performed Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. from Sept. 29 to Oct. 22. Post-play panel discussions will be held Oct. 1, 8 and 15. The show is recommended for ages 16 and older. Tickets are $25 general admission and $22 for students or seniors (62+ with a valid I.D.). Contact info@franktheatre.org or call 612-724-3760 for more information.

Performing arts classes for kids at Northdale and Langford Homeward Bound Theatre Co. will offer two performing arts classes at St. Paul recreation centers in October. “Magic and More” will be held Tuesdays, Oct. 3-17, from 6 to 7:30 p.m. at the Langford Rec Center, 30 Langford Park. Children ages 8 to 12 will learn how to do basic magic tricks.

“Dabbling in Songwriting” will be held Tuesdays, Oct. 10-24, from 3 to 4:30 p.m. at North Dale Rec Center, 1414 N. St. Albans St. Students ages 14 to 18 will learn how to take those melodies that play in their heads and put them down on paper. Participants don’t need to be able to play the piano or guitar to become a songwriter. No previous experience is necessary. Bring a guitar if desired, but it’s not mandatory.

For more information, call Langford at 651-298-5765, North Dale Recreation Center at 651-588-2329, register in person at any rec center or register online at cityofmpls.gov/registration.

Adult day care opens at Jehovah Unity Adult Day Care Center is now open at Jehovah Luthern Church, 1566 Thomas Ave., to care for adults with a documented disability or Alzheimer’s. Call 651-644-1421 to set up a drop-off time. Monetary donations are also accepted. Checks can be made out to CEEDS and left at the church office or mailed to the church, 1566 Thomas St., St. Paul, MN 55104.

Tuesday’s with a Scholar Join scholars from area colleges and elsewhere as they share their specialized knowledge, and enthusiasm on Tuesdays at Roseville Library, 2180 N. Hamline Ave. Tuesdays with a Scholar is co-sponsored by the other Lifelong Learning Institute of the University of Minnesota.

Nick Hayes will present “Russia and the United States: History of a Relationship” Tuesday, Sept. 26, at 1:30 p.m. Hayes is a historian and public television commentator.

Robert Warde will present “Vietnam and the Representations of War.” Tuesday, Oct. 24, at 12:30 p.m. Join Warde as he considers representations of war in general, and of the Vietnam War in particular, both in terms of collective national narratives and accounts both fictional and autobiographical by individual combatants.

The programs are free, and there is no registration required.

Great Decisions is new Friday series at Roseville Library The Roseville Library, the Other Lifelong Learning Center of the University of Minnesota, Global Minnesota and the Foreign Policy Association have joined forces to present Great Decisions, a new series at the Roseville Library, 2180 N. Hamline Ave., at 12:30 p.m. Fridays Sept. 22 to Nov. 10.

Participants will study some of the most critical issues facing the United States each year and then join discussions led by expert speakers. Ten copies of the “2017 Briefing Book” for this series are available for check-out at the library. The program is free and pre-registration is not required.

Here is a list of the discussion dates, topics and speakers:
- Sept. 22: Trade and Politics, Ross Wilson
- Sept. 29: Foreign Policy and Petroleum, Jeffrey Anderson
- Oct. 6: Nuclear Security, Margo Squier
- Oct. 13: The Future of Europe, Mary Curtin
- Oct. 20: Prospects for Afghanistan and Pakistan, Gary Przeworski
- Oct. 27: Saudi Arabia in Transition, Ellen Kennedy
- Nov. 3: Latin America’s Political Stability

Meet your friendly neighborhood Parks and Recreation staff

The people who manage the St. Paul Parks and Recreation centers in the Bugle area would love to hear from you. They want to know what kind of programming you would like to see at the centers, and they’d like to see you get involved in the center’s booster programs.

Let us introduce you to the people who manage St. Paul’s Langford, Northwest Como and North Dale Rec Centers:

Darcy Riverson is the community recreation director and oversees staffing and programming at all three parks. Riverson, who has worked with the city for 40 years, has a bachelor’s degree in physical education and coaching from the University of Minnesota. Riverson says that working with the community, her co-workers and having the freedom to try new programs is what she loves best about her job.

Brian Trubitzhofer is the community recreation specialist at North Dale, 1414 N. St. Albans Ave. He’s worked with the city for eight years, attended the University of St. Thomas, and likes working with athletics and youth. He enjoys softball, podcasting and Fantasy Sports. You can contact Trubitzhofer at 651-538-2329.

John Haldeman is the community recreation specialist at Northwest Como, 1515 N. Hamline Ave. He’s worked with the city for one year, has a bachelor’s degree in recreation and tourism administration from Winona State University and says, “knowing the hard work we do is so important, our community can have fun,” is what he likes most about his job. You can contact Haldeman at 651-298-5813.

Courteny Moriarty came to Langford Park, 30 Langford Park, a year ago as the community recreation specialist. She has a bachelor’s degree in sport management from Minnesota State University Bemidji and a master’s in sport management from Concordia University in St. Paul. Staff development is her expertise, and she plays competitive softball. You can contact Moriarty at 651-298-5765.

Here is the contact information for each center’s booster club:

Langford: St. Anthony Park Booster Club contact is Dillion Lensen, 651-917-8399 or dlilensen@hotmail.com. You can find the club on Facebook at Northwest Como Booster Club.

Northdale: The North Dale Recreation Center booster club contact is Joe Byrnes, blazidogg09@msn.com. Find the club on Facebook at North Dale Community Center Booster Club.

Find out about programming at any St. Paul Parks and Rec center at www.stpaul.gov/departments/parks-recreation.

Neighbors

From left: John Haldeman, Courtney Moriarty, Darcy Riverson and Brian Trubitzhofer. Photo by Kristal Leebrick
Neighborhood from 13

Pendulum, Bruce Campbell
Nov. 10: Conflict in the South China Sea, Tom Hanson.

More at Roseville Library
Roseville Library, 2180 N. Hamline Ave., is offering a number of talks throughout the fall outside of the series mentioned above. All of the programs are free and registration is not required. Here’s a list of upcoming talks:
- The Great London Fire of 1666: Destruction and Rebirth—Wednesday, Sept. 27, at 12:30 p.m. at the Roseville Library, 2180 N. Hamline Ave., is offering a number of talks. Join Prof. John S. Adams for a short tour of the Twin Cities as we know them today. You’ll also find out why we have two cities in the metro area, what the historic and modern differences are between them and what the geography of tomorrow will look like.
- False News: a History—Wednesday, Oct. 25 at 12:30 p.m. What explains the recent rise of fake news and why accusations of “fake news”? Is there an antidote or alternative to the post-truth politics inspired by fake news? Join University of Minnesota scholar Harshil Rathur for a different look at the news media and how we got here.

Meet the Mayoral Candidates!
Each candidate will have a chance to answer pre-selected questions and explain why they should be your choice for the next mayor of St. Paul. Meet the Mayoral Candidates on Thursday, November 2, 7-8:30 p.m. at Murray Middle School 2200 Buford Ave. Each candidate will have a chance to answer pre-selected questions and explain why they should be your choice for the next mayor of St. Paul. Support Community, Give Generously!

Helping Hands
St. Anthony Park Lutheran Church went to work during its fall Rally Day Sept. 10, at more than 80 Sunday school students and adults of all ages worked on service projects, a part of the “God’s Work, Our Hands;” service theme for the Evangelical Lutheran Church in America. The results: 117 watercolor notecards were created to be given to the elderly, 886 loads-worth of laundry detergent were bagged; and 600 turkey-and-cheese sandwiches were made and distributed through the Sandwich Project. Above, Lucie Turcotte (left) helps Kathleen Morrison (facing camera) and Harriet Zbarsk fill bags with laundry detergent. Photo by Paula Carter

St. Anthony Park Lutheran notes 50th anniversary of the Reformation
It’s been 500 years since Martin Luther wrote the “95 Theses” in Germany. The winds of change were already blowing in the culture, politics and religions of Europe in 1517. Luther’s action led to huge debates and many changes in the Catholic Church and the birth of the Protestant tradition.

Sunday morning adult forums at St. Anthony Park Lutheran, 2523 Como Ave., will consider Reformation topics in October. Classes will meet in the parish hall (inside the door on Luther Place across from the parking lot) 10:10-10:45 a.m. each Sunday. Those present the first three Sundays will consider the chief Luther document used by the church for the last 500 years, “The Small Catechism.” Copies are available free at the church office beforehand or at the forum each Sunday.
A new study guide called “By Heart” will guide the discussion of Luther’s teachings. Copies of that booklet are available for $15 in the church office weekdays or any Sunday morning. All are welcome to the forums, whether or not they’ve purchased the study guide. On Oct. 22, Dr. Kristin Anderson, co-chair of the art department at Augsburg University, will show slides on “Seeing the Reformer: Luther, Cranach, and Pictures.”
On Oct. 29, Reformation Sunday, there will be two festival services with Compass Brass. Services will be at 8:30 and 11 a.m.
Questions? You can email Jill@saplc.org.

When you want it done right
www.carteravenueframeshop.com
hours: weekdays 10 a.m. - 5:30 p.m. / saturday 10 a.m. - 4:00 p.m.

Clinical Excellence for over 40 years!
Dr. Nate Cogswell, DDS
651-644-3685
Dr. Paul Kirkegaard, DDS
651-644-9216 www.plddks.com
Dr. Todd Grossmann, DDS
We are excited to now provide wisdom tooth extractions, implants, root canals, & IV-sedation sleep dentistry for our patients!

ST. ANTHONY PARK DENTAL CARE
2278 Como Avenue / St. Paul

When you want it done right
www.carteravenueframeshop.com
hours: weekdays 10 a.m. - 5:30 p.m. / saturday 10 a.m. - 4:00 p.m.

St. Anthony Park Lutheran notes 500th anniversary of the Reformation
It’s been 500 years since Martin Luther wrote the “95 Theses” in Germany. The winds of change were already blowing in the culture, politics and religions of Europe in 1517. Luther’s action led to huge debates and many changes in the Catholic Church and the birth of the Protestant tradition.

Sunday morning adult forums at St. Anthony Park Lutheran, 2523 Como Ave., will consider Reformation topics in October. Classes will meet in the parish hall (inside the door on Luther Place across from the parking lot) 10:10-10:45 a.m. each Sunday. Those present the first three Sundays will consider the chief Luther document used by the church for the last 500 years, “The Small Catechism.” Copies are available free at the church office beforehand or at the forum each Sunday.
A new study guide called “By Heart” will guide the discussion of Luther’s teachings. Copies of that booklet are available for $15 in the church office weekdays or any Sunday morning. All are welcome to the forums, whether or not they’ve purchased the study guide. On Oct. 22, Dr. Kristin Anderson, co-chair of the art department at Augsburg University, will show slides on “Seeing the Reformer: Luther, Cranach, and Pictures.”
On Oct. 29, Reformation Sunday, there will be two festival services with Compass Brass. Services will be at 8:30 and 11 a.m.
Questions? You can email Jill@saplc.org.
Voter registration is limited at the end of the calendar. Send your returns to calendar@parkbugle.org, by Wednesday, Oct. 18, to be included in the November issue.

2 MONDAY
Middle School Book Club: Students in grades 6-8 can discuss “It Ain’t So Awful, Falafel” by Firoozeh Dumas, St. Anthony Park Library, 6:30 p.m.

3 TUESDAY
Bible/religion storytime, every Tuesday, St. Anthony Park Library, 9:30 a.m. and 10:30 a.m.

4 WEDNESDAY
English Conversation Circles, every Wednesday, St. Anthony Park Library, 4-5:30 p.m.

4 THURSDAY
Gemstone Storytime, every Thursday, SASPAS Garden Club, 10:30 a.m.-noon.

5 THURSDAY
Diabloggers Toastmasters meets every Thursday, University of Minnesota St. Paul Campus, 10 a.m.

6 FRIDAY
Preschool storytime, every Friday, St. Anthony Park Library, 10 a.m.

6 SATURDAY
It’s Time to Think about Fall Raking!

Tables: 240 11th Ave.

VENUE INFORMATION

10 MONDAY
Seniors in grades 6-8 come discuss “It Ain’t So Awful, Falafel” by Firoozeh Dumas, St. Anthony Park Library, 6:30 p.m.

12 FRIDAY
SAPS Game Day, Centennial United Methodist Church, 1:30-3 p.m.

15 TUESDAY
Women’s Drum Circle, 2242 W. University Ave., 5-7 p.m.

16 FRIDAY
Preschool Storytime in Mandarin Chinese, St. Anthony Park Library, 10:30 a.m.

21 SATURDAY
Calling of the Finches, University Avenue Church, 7:30-8:30 p.m.

22 SUNDAY
Sunday Afternoon Book Club, “The Zookeeper’s Wife,” St. Anthony Park Library, 2-3 p.m.

22 MONDAY
Sunday Afternoon Book Club, “The Zookeeper’s Wife,” St. Anthony Park Library, 2-3 p.m.

22 TUESDAY
Senior Apartments, 10-11 a.m.

23 MONDAY
Senior Apartments, 10-11 a.m.

23 MUSEUMS

23 FRIDAY
Community blood, Livedock Park Recreation Center, 10-9 p.m.

24 SATURDAY
Preschool Storytime in Mandarin Chinese, Franklin at Commonwealth Terrace Community Center, 1250 Field Ave., Falcon Heights, 10:30 a.m.

25 MONDAY
Seniors in grades 6-8 come discuss “It Ain’t So Awful, Falafel” by Firoozeh Dumas, St. Anthony Park Library, 6:30 p.m.

25 WEDNESDAY
Tablet/smartphone drop-in clinic, St. Anthony Park Library, 10 a.m.-noon.

27 FRIDAY
Goody Arlington Book Club, “The Nightingale” by Kristin Hannah, Micawber’s, 1-3 p.m.

28 SATURDAY
Tablet/smartphone drop-in clinic, St. Anthony Park Library, 10-11 a.m.

28 SUNDAY
Tucson-on-Twins, Centennial United Methodist Church, 5 p.m.

30 TUESDAY
Community blood, Livedock Park Recreation Center, 10-9 p.m.

30 WEDNESDAY
Community blood, Livedock Park Recreation Center, 10-9 p.m.
HEALTHCARE PROFESSIONALS
St. Anthony Park Dental Care, 2278 Como Avenue
 Nate Cogwell, DDS 651-644-3685
 Email: shella@tagdhs.com
 Paul Kirkegaard, DDS 651-644-9216
 Email: sapdentalcare@comcast.net
 www.plkdhs.com
 Todd Grossmann, DDS

To add your business to this listing, contact
 Bradley Wolfe at 952-593-6814 or bradley.wolfe@parkbugle.org

The high school fall sports season has already reached its halfway point in some sports. With tryouts and two-a-day practices that began Aug. 14 and section play-offs commencing during the second week of October for tennis and soccer, Como’s student athletes are absorbed by the whirlwind of activity and competition that accompanies the start of the academic year.

As leaves change their colors and temperatures fall, school spirit rises. For most individuals and teams, the hard work started before August. The Minnesota State High School League (MSHSL) grants players the ability to voluntarily train with their teammates and coaches during June and July, excluding the Fourth of July weekend.

Given those summer months to develop fitness and technique, with team formation, tactics and bonding emerging before the State Fair, the end of September finds teams hitting their stride with the most meaningful games and events still looming on their schedule.

Here’s a midseason update about each of Como’s fall sports teams, news about athletic facilities and a glimpse of what has the Cougars excited as they navigate the next phase of their busy, fall sports season.

Football—The new artificial turf field inside the track at Como that had the community energized last spring is still being installed. According to the project managers, construction delays, damp conditions and street repairs have pushed back the field’s originally Aug. 18 completion date to Oct. 11. This has forced the Cougars’ football team to use both the Murray Middle School field in St. Anthony Park and park space in front of Wellstone Elementary off Rice Street for practice while continuing to play “home” games at other schools.

Despite the disappointment and inconvenience, a strong senior class led by Donnie Ventrelle, Robert Adams, Will Wooster, Lumin Johnson, Tim Simmons, Jay Var Johnson and Patrick Corneal has the Cougars with an undefeated record as the Bugle went to press. Their leadership and focus on every team member improving every day is evidence of maturity in a frustrating facilities situation.

The season-opening shellacking of Harding, a 50-13 victory after racing to a 37-0 halftime lead, served notice that Como would be a tough team to beat in the Twin Cities Red Sub-District. Following that game, Adams and Lumin Johnson were featured on WFNU 94.1 FM’s “High School Sports Talk.”

In their interview, they discussed how much the team was looking forward to a match-up against Minneapolis North, the defending State Class A Champions, on Oct. 13 in the season finale. “It’ll be good to challenge ourselves against the best and see where we stand after working all year,” Johnson said.

Boys’ soccer—After a summer that included community service, voluntary training and fundraising to supplement a coaching staff for a program of 80 players on four competitive teams (Varsity, JV, B-team and C-team), the Cougars kicked off their official season on the pitch competing against challenging nonconference opponents.

For the varsity team, that included Austin, a perennial state powerhouse from southern Minnesota. The biennial trip south to the Twin Cities is an annual event that has donated favorable results in the past.

The Cougars are looking forward to high finishes in the conference meets and setting personal records with consistent training. That training involves Saturday-morning sessions during the season. The early-morning runs are followed by breakfasts hosted by the Kingriter family opened their farmhouse near Lanseboro to the team for a cookout before a match.

For the varsity team, that included Austin, a perennial power from southern Minnesota. The biennial trip south to the Twin Cities is an annual event.

The Cougars are looking forward to high finishes in the conference meets and setting personal records with consistent training. That training involves Saturday-morning sessions during the season. The early-morning runs are followed by breakfasts hosted by the Kingriter family opened their farmhouse near Lanseboro to the team for a cookout before a match.
Como parents. Bonding over food is always a priority for Cougar Cross Country teams.

Girls’ soccer—Several key players returned to the varsity team that went 9-6-2 in 2016, but the Cougars will still feature a young side that includes three sophomores and two freshmen in the starting lineup. The underclassmen will be guided by the experienced leadership of senior captains Emily Forstrom and Tuluor Eh Paw and junior captain Gigi Gabrielli.

The soccer girls had already posted a record of 3 wins and 1 loss as the Bugle went to press. They’ve also had several fun events to bring all the girls in the program closer together, including a “selfie scavenger hunt” throughout Como Regional Park. The team also toured the U of M over the summer, met with academic advisers and trained with the Gophers’ women’s soccer team.

As for the rest of the 2017 season, the Cougars are looking forward to the competition of the city conference where they will encounter friendly rivals throughout St. Paul.

Volleyball—Forty girls in Como’s volleyball program are playing on three teams: Varsity, JV and C-team. The weeks of practice before school also included labor at the Minnesota State Fair for fundraising purposes. The team received rave reviews from fair staff about their work ethic and attitude. Coach Jill Bachmann is confident those traits will carry over to the court and help the young team develop.

Volleyball captains for this season include seniors Grace Commers and Marie Herh. The addition of an Italian foreign exchange student, junior Solo Maria Chiaramonti has bolstered the depth of the varsity roster.

Girls’ swimming—The swimmers at Como are part of a cooperative program with Johnson High School. The girls train together at Como and have created friendships beyond their school walls. Cooperative programs are common in St. Paul. The Highland/St. Paul Academy program has been united since the early 1990s. Humboldt and Washington are two other St. Paul City Conference teams that have merged. Como senior Adrianna Tarver is the captain for the Como/Johnson team.

Girls’ tennis—Numbers are higher this year with 16 girls in the program. The Cougars’ roster was fortified when a group of friends who had never played organized tennis before decided they would give it a try. The choice has brought increased enthusiasm and energy to everyone and the players are supporting each other in all of their matches. A newly formed doubles team playing an exhibition match is receiving the same encouragement and morale boost from teammates as a top singles player in the varsity match does.

The team captains are seniors Syrann Salenda and Granda Sayamong. They alternate playing the top singles spots along with junior Victoria Harrwich-Cedillo. The team is looking forward to improving throughout the season and to further developing friendships through team dinners and events.

Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul.

Como Park football players practice at the Murray Middle School field on Brompton Avenue in St. Anthony Park in August. With middle-school soccer now in session, the Cougars are using park space in front of Welselton Elementary just east of Rice Street as they wait for the installation of the new turf field at Como.

Advertise in the Bugle. It’s good for your business and your community.

The nonprofit Park Bugle has been building community here for more than 40 years. When you support the Bugle, you support your community.

www.parkbugle.org
651-646-5369

Citywide Drop-Off Events

Be All In! Get rid of items you can’t put in your trash.

- Dispose of Large Items
- Recycle More
- Share Usable Goods

Events are open to all Saint Paul residents:

Saturday, September 30
8am - 1pm
Shepard Road
Located between Davern St. and Alton St. - enter at Alton St.

Saturday, October 7
8am - 1pm
MN State Fairgrounds
NE corner of Fairgrounds - enter from Larpenteur Ave.

For more information about events and accepted items, visit: stpaul.gov/recycle
Chelsea Heights Elementary

1557 Hennn St., 651-293-8790
www.chelseaepp.org

Easy, no-work fundraisers
Chelsea Heights has a number of “no-work” fundraisers at the end of September and in October. Just head to the participating establishments, Chelsea Heights fundraiser, and a portion of the money you spend will benefit Chelsea Heights.

For a list of these fundraisers, please visit our website at www.chelseaepp.org.

Bonfire at Northw est Com o Recreation Center

Bonfire at Northw est Com o Recreation Center has earned the recognition of the Parent-Teacher Organization and is being held Oct. 6. It will have bounce house, DJ and more.

Tunes are needed at Murray Middle School

Tunes are needed at Murray Middle School. Tunes can be any type of music, because it is an urban middle school with a diverse population, and they have an opportunity to work with students from different cultural backgrounds.

Construction at the school has pushed some changes to the annual Fall Festival organized by the school’s parent-teacher organization, St. Anthony Park Elementary.

Thank you for the warm welcome
We have had a successful startup and all are adjusting to our temporary building. My door is always open, and I look forward to working with families and all members of the community to help St. Anthony Park Elementary continue to thrive.

Construction at the school has been on schedule and we thank the community to help St. Anthony Park Elementary continue to thrive.

For more information, please contact Cindy Thrasher at 651-293-8740 or cindy.thrasher@spps.org.

St. Anthony Park Elementary
2180 Knapp St., 651-293-8735
www.stanp.edu

Fall Festival is Oct. 6
The annual St. Anthony Park Elementary School Fall Festival will be held Friday, Oct. 6. Read about the festival in the article below.

MEA is Oct. 19-20
The Minnesota Educators Academy (MEA) conference will be held Thursday and Friday, Oct. 19-20, and that means there will be no school on those dates.

Thank you for the warm welcome
We have had a successful startup and all are adjusting to our temporary building. My door is always open, and I look forward to working with families and all members of the community to help St. Anthony Park Elementary continue to thrive.

Construction at the school has been on schedule and we thank the community to help St. Anthony Park Elementary continue to thrive.

For more information, please contact Cindy Thrasher at 651-293-8740 or cindy.thrasher@spps.org.

St. Anthony Park Elementary
2180 Knapp St., 651-293-8735
www.stanp.edu

Fall Festival is Oct. 6
The annual St. Anthony Park Elementary School Fall Festival will be held Friday, Oct. 6. Read about the festival in the article below.

MEA is Oct. 19-20
The Minnesota Educators Academy (MEA) conference will be held Thursday and Friday, Oct. 19-20, and that means there will be no school on those dates.

Thank you for the warm welcome
We have had a successful startup and all are adjusting to our temporary building. My door is always open, and I look forward to working with families and all members of the community to help St. Anthony Park Elementary continue to thrive.

Construction at the school has been on schedule and we thank the community to help St. Anthony Park Elementary continue to thrive.

For more information, please contact Cindy Thrasher at 651-293-8740 or cindy.thrasher@spps.org.

St. Anthony Park Elementary
2180 Knapp St., 651-293-8735
www.stanp.edu

Fall Festival is Oct. 6
The annual St. Anthony Park Elementary School Fall Festival will be held Friday, Oct. 6. Read about the festival in the article below.

MEA is Oct. 19-20
The Minnesota Educators Academy (MEA) conference will be held Thursday and Friday, Oct. 19-20, and that means there will be no school on those dates.

Thank you for the warm welcome
We have had a successful startup and all are adjusting to our temporary building. My door is always open, and I look forward to working with families and all members of the community to help St. Anthony Park Elementary continue to thrive.

Construction at the school has been on schedule and we thank the community to help St. Anthony Park Elementary continue to thrive.

For more information, please contact Cindy Thrasher at 651-293-8740 or cindy.thrasher@spps.org.

St. Anthony Park Elementary
2180 Knapp St., 651-293-8735
www.stanp.edu

Fall Festival is Oct. 6
The annual St. Anthony Park Elementary School Fall Festival will be held Friday, Oct. 6. Read about the festival in the article below.

MEA is Oct. 19-20
The Minnesota Educators Academy (MEA) conference will be held Thursday and Friday, Oct. 19-20, and that means there will be no school on those dates.

Thank you for the warm welcome
We have had a successful startup and all are adjusting to our temporary building. My door is always open, and I look forward to working with families and all members of the community to help St. Anthony Park Elementary continue to thrive.

Construction at the school has been on schedule and we thank the community to help St. Anthony Park Elementary continue to thrive.

For more information, please contact Cindy Thrasher at 651-293-8740 or cindy.thrasher@spps.org.

St. Anthony Park Elementary
2180 Knapp St., 651-293-8735
www.stanp.edu

Fall Festival is Oct. 6
The annual St. Anthony Park Elementary School Fall Festival will be held Friday, Oct. 6. Read about the festival in the article below.

MEA is Oct. 19-20
The Minnesota Educators Academy (MEA) conference will be held Thursday and Friday, Oct. 19-20, and that means there will be no school on those dates.

Thank you for the warm welcome
We have had a successful startup and all are adjusting to our temporary building. My door is always open, and I look forward to working with families and all members of the community to help St. Anthony Park Elementary continue to thrive.

Construction at the school has been on schedule and we thank the community to help St. Anthony Park Elementary continue to thrive.

For more information, please contact Cindy Thrasher at 651-293-8740 or cindy.thrasher@spps.org.
Classified Ads

Send your ad to classifieds@parkbugle.org or PO Box 8126, St. Paul, MN 55108, or call Fariba Sanikhham, 651-239-0321. Ads are $5 per line. Add a box or art for $10. Next deadline: Oct. 20.


Water Damage Repair, plaster, stucco, woodwork & painting. Family business in the Park 70 years. Jim Larson, or 651-644-5188 or 612-200-7704.

We Satisfy All Your Painting Needs. Painting, staining, water damage repair, sheetrock, spray texture, spray texture removal, wallpaper, wallpaper removal. Family business in the Park 70 years. Jim Larson, jimmyrocket1464@gmail.com or 651-644-5188. Free consultation:

www.blindaction.com

AFFORDABLE CARPET INSTALLATION. Call JPR’s carpet install 612-395-7149.

Ramsey Recycles

Aerosol Cans
(and other chemical products)

RamseyRecycles.com

#RamseyRecycles

Window Washing
Call Larry! 651-635-9228

20/20 Cleaning Family owned & operated for more than 20 years

Gutter Cleaning
Call Larry! 651-635-9228

20/20 Cleaning Family owned & operated for more than 20 years

The Queen of Can Do Downsizing & Organize Sue Krivist 651-642-9780 www.thequeenofcando.com “Helping you do what you need to do, so you can do what you want to do.”
Lighting up the classroom

St. Anthony Park Elementary School remodel is bringing natural light into every classroom.

By Kristal Leebrick

These second-grade teachers at St. Anthony Park Elementary School are smiling because: windows.

Second grade has moved into new classrooms at the southeast corner of the building, which is undergoing a $12.4 million remodel that began last spring. Many classrooms in the building, which was first built in 1953 with an addition built in 1974, were placed in the center of the building and had no windows. The remodel, which is scheduled to be completed by August 2018, will include a new cafeteria and main entry, more restrooms, more natural light and an expanded second floor with increased classroom space.

“We are now crowded into about two-thirds of our space, while the construction proceeds around the heart of the building,” said principal Karen Duke. “Making do with much less space and some improvised spaces. We have temporary classrooms built in the gym for a couple of months. Late in the fall, four more new classrooms will open up in the space formerly occupied by first grade. In the spring we will see another group of classrooms and, as the construction project comes at the same time Como Avenue is under construction. It will be a little crazy for the next two months with Como closed,” Duke said.

“We are making do with much less space and some improvised spaces. We have temporary classrooms built in the gym for a couple of months. Late in the fall, four more new classrooms will open up in the space formerly occupied by first grade. In the spring, the remodel of the school office area, the building of an addition on the multi-purpose room (which will also have windows) and remodel of the classrooms on the west and south side of the building will begin.

Over the summer, Duke said the school’s cafeteria was packed with the contents of 16 classrooms plus the library and its books. “You couldn’t take a step into the room, and it was piled up to about 15 feet,” she said. “After movers moved everything to its place, teachers worked tirelessly to move back in, set up, and make the classrooms look comfortable and welcoming for our students.”

After school lets out next June, the remodel of the school office area, the building of an addition on the multi-purpose room (which will also have windows) and remodel of the classrooms on the west and south side of the building will begin.

The construction project comes at the same time Como Avenue is closed,” Duke said. “I’d like to thank everyone for their patience and flexibility with the inconveniences, especially related to parking and traffic around the school. After seeing the results of the work this summer, I know the finished building is going to be beautiful.”

Facebook: VibrantDecorandStyle / 651.493.7571 / 1168 Selby Ave

Share your email with us and receive 30% OFF one regular price USA made item

USA Made Goods Have Arrived at Vibrant!

USA Made • Wall Art • Jewelry • Home Decor • Fragrance • Candles

Ben Quie & Sons
Building and Remodeling
Caring for homes in St. Anthony Park
Since 1988

Kitchens • Additions • Bathrooms • Basements • Exteriors
651.645.5429 BenQuieandSons.com

HealthPartners Clinic

Primary care. Everywhere.

Whether your kids are varsity athletes—or patiently awaiting a promised growth spurt—we’re here to keep them healthy and playing their best.

2500 Como Ave., St Paul
952-967-7955 | healthpartners.com/como

Become a Massage Therapist

$3800

Next program begins February 6, 2018

One Hour Student Massage

$33

includes tax

The Massage School

801 Front Avenue St. Paul
651-488-8000

themasseschool.org