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# Park Bugle

St. Anthony Park / Falcon Heights  
Lauderdale / Como Park

www.parkbugle.org  
September 2016

## Fifty years ago, Bibelot was a pioneer in merchandising

By Judy Woodward

In 1966, Como Avenue in St. Anthony Park was a hive of commercial activity. There was Mrs. Strandy's Bakery, Villa Sportswear, Buzz McCann's auto repair shop, Guertin Pharmacy and, oh, yes, a small gift store that had taken over the spot previously occupied by the Park Apparel Shoppe.

Fifty years later, not one of those other businesses remains; but the little gift shop has become the Bibelot—a four-store chain that is a monument to the good taste, pioneering merchandising methods and business savvy of its owner, Roxana Freese.

The Bibelot will celebrate its 50th birthday this month with an open house for staff and neighbors on Saturday, Sept. 10, from 1 to 3 p.m., followed by the store's traditional fall sale, starting on Friday, Sept. 16.

For Freese, who continues to play an active part in the business, it's a time of pride and reflection on a half-century of accomplishment. She was a 34-year-old single mother of three, looking for a way to support her family, when she got the idea of opening a shop that would sell the kind of beautiful objects she had previously encountered only in museum gift shops of the era.

"I had no retail experience, but I'd done a lot of shopping," she says.



Roxa Freese opened the first Bibelot Shop on Como Avenue in 1966. Photo by Mike Krivit

"I loved museum-reproduction jewelry."

When she applied for a \$10,000 business loan to bring her vision to life, "the bank thought I was crazy." She got the money only because her father agreed to co-sign the note.

Freese took the name of her new store from the French word for a "small precious object," and she says that was a mistake. "If I were to do it again, I'd choose something less obscure. Lots of people still say 'Bible-Lot,' and they think it's a religious goods store."

The early years were both hectic and rewarding. Freese's children attended nearby St. Anthony Park Elementary School. They were frequent after-school visitors to the store, as was the family sheepdog,

Ilya. Named for a character from the hit 1960s TV show *The Man From Uncle*, Ilya was unconstrained by the existence of a leash law in those distant times. Many former customers remember his unexpected—but always welcome—appearances.

Freese recalls the store's first after-Christmas sale, an event that has since become a time-hallowed tradition.

"To our amazement, our customers were lining up outside, with the line even extending around the corner. She emphasizes that the Bibelot of the early days "benefited from much help from family and from neighborhood friends," as well as a spirit of happy improvisation. "Our first real employee was a

student at the St. Paul campus," she says. "She saw us setting up and said, 'Do you need me?'"

Over the years, both Freese's employees and her customers have proved loyal and long-lasting. Many of her employees have worked more than 30 years at the shop. Jolene Borland, current manager of the Como Avenue store, began working at the Bibelot in 1993. But before that, she was a customer going back to the mid-'70s.

"I still see a lot of original customers," Borland says. "[They're] former students at the U or the seminary or people who grew up in the neighborhood. Some of them are coming back with their daughters

*Bibelot to 6*

## LED street lighting is coming—in phases

By Roger Bergerson

It's not a question of *if* streetlights in Park Bugleland are going to be converted to LEDs, but *when*, and it mostly has to do with which entity owns them.

The City of Falcon Heights owns the lights within its boundaries on Larpent Avenue and those have already been converted to LED. Xcel Energy owns the rest of the street lights in Falcon Heights and will be changing them over in 2017.

For Lauderdale, where Xcel also owns the lights, the conversion will take place by the end of the current year.

For the Como and St. Anthony Park neighborhoods in St. Paul, things get a little more complicated.

The LED technology is

appealing to public officials generally, because such fixtures consume much less energy and last longer than the ones they replace.

But when lights in the Lexington/Hamline neighborhood of St. Paul were changed to LED, some residents complained that the new lighting was too harsh.

In addition, this past June the American Medical Association warned that high-intensity LED lighting creates more pronounced nighttime glare than conventional lighting, raising concerns about driving safety. The association also advised that such streetlights suppress the production of melatonin, a hormone related to healthy sleep patterns.

The City of St. Paul is studying the possible use of lower intensity

LEDs for its lantern-style boulevard lighting, says John McNamara, lead electrician for the City of St. Paul's Traffic Operations. At any rate, for the time being it would be too costly to convert all of the city-owned boulevard streetlights to LED.

It's a different story, however, for the pole-mounted lights that illuminate roadways across St. Paul. Those fixtures will be replaced by LEDs within the next two to three years.

"We will be doing these based on circuit configurations and not really an area-by-area plan," McNamara said. "We have a fair amount of planning work ahead of us, in order to transition in a way that allows us to take full advantage of Xcel rebates and electricity savings.

"As is the case with the

boulevard lights, we are also analyzing additional information that has been brought to our attention with regard to color temperatures of the roadway lighting. That may influence how we move forward," McNamara added.

The coordinator of Xcel Energy's LED program says the utility is aware of the criticism of the lighting.

"LED street lights are very directive," said Ed Bieging, "designed to only shine on the roadway. In some, not all, situations, a home may be located close to a newly installed LED street light, causing some light trespass. In that case, Xcel will adjust the street light to minimize the light trespass."



## C I T Y F I L E S

**Como Park**

*The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Contact 651-644-3889 or [www.district10comopark.org](http://www.district10comopark.org).*

**Neighbors vent about vacant Sholom Home**

Neighbors are expressing increasing frustration with what they see as rising amounts of illegal activity in and around the former Sholom Home. Meanwhile, the current owner said he should know within a month whether a major construction company will partner with him to redevelop the vacant property on Midway Parkway.

During a community meeting organized by District 10 on July 28, neighbors said they routinely observe scrapping, squatters sleeping inside, drug sales and other unwelcome activity.

Attendees also complained about the lack of effective response and coordination by police and private security to root out the problems.

Charter Midway LLC purchased the former nursing home in December 2015, with plans to turn it into an assisted-living and memory-care center. David Grzan, president and CEO, said Charter Midway continues to seek additional financing that would make the renovation possible and, he said, eliminate the opportunity for crime.

“We know there’s a problem there,” he told residents. “It’s a beacon for that activity. It attracts the wrong element.”

Interim steps: Even though St. Paul police list the building as a problem property, officers need direct permission from the property owners before they’ll enter, Western District commanders Ed Lemon and Bryant Gaden told neighbors on July 28. Further, the commanders said, response by patrol officers to a vacant building is generally going to be a lower priority than many other types of police calls.

Randy Olson, general manager of JBM Patrol and Protection, pledged to the dozen neighbors in attendance that he’ll work more closely with police in responding to problems and take additional steps to deter criminal activity and access. JBM took over as Charter Midway’s new security company in July.

Further, Charter Midway is following recommendations from the city’s Department of Safety and Inspections to better secure the building, including tearing out overgrown shrubbery; boarding up windows and doors from the outside, not just the inside; and adding “no trespassing” and other signs.

“But that’s an interim measure,” Grzan said. “The best cure is to put an operating business in there.”

Financing talks continue: Because many traditional sources of financing have turned down the project, Grzan said he now is in talks with Calgary-based Graham Construction Services about a

potential partnership. Graham, which has offices in Eagan, is assessing cost estimates from several subcontractors about the feasibility of converting the buildings into 168 units of senior living.

**We heard them, they heard us**

A “comprehensive sound-abatement program,” including giving Minnesota State Fair management ultimate control over the soundboard, is one of the conditions the Soundset music festival must meet if it returns in 2017, State Fair management said.

That’s the result after excessive noise and other problems spilled into the Como Park neighborhood on May 29 from Soundset, a daylong hip-hop festival that attracted more than 30,000 fans to the fairgrounds.

The District 10 Como Community Council compiled residents’ complaints about music volume, profanity, parking, traffic congestion, trash and loitering during and after the 10-hour festival. District 10 residents then used letters, phone conversations and a face-to-face meeting on June 30 to detail the problems and propose potential remedies.

After that meeting, Soundset’s organizers—Minneapolis-based Rhymesayers Entertainment—proposed the sound-abatement plan, said Jim Sinclair, deputy general manager of the fair.

Rhymesayers’ plan includes redirecting speakers, monitoring sound levels outside the fairgrounds and, if necessary, giving Minnesota State Fair personnel “control of sound emanating from Soundset,” Sinclair said.

There is no signed deal in place, but Soundset can return on May 28, 2017, if it agrees to implement the sound-abatement plan and meet other conditions, Sinclair said.

Meanwhile, District 10 continues to talk with fair management and City of St. Paul officials to implement ways to reduce traffic, parking and other impacts on the neighborhood during Soundset and other large fairgrounds events.

You can find more details on the Soundset discussions at District 10’s website, [district10comopark.org](http://district10comopark.org).

**Signing on for safer streets**

In another initiative to grab the attention of motorists who speed, blow stop signs or otherwise drive inconsiderately, residents on more than 60 blocks have signed up to post lawn signs designed to make District 10 streets safer.

The signs are appearing in different parts of the neighborhood for a week or so at a time, then rotating to other blocks. The signs carry three different messages: “Drive Like Your Kids Live Here,” “Slow, Please: Free-Range Children, Adults & Dogs” and “Thanks for Slowing Down.”

More than 150 residents selected these messages as the most effective way of taking back neighborhood streets from drivers who seem to disregard the fact that

people live, walk and bike here.

If you’re interested in organizing your neighbors to post signs on your block, contact the District 10 office at 651-644-3889 or [district10@district10comopark.org](mailto:district10@district10comopark.org).

Meanwhile, District 10 residents will take part in another Stop for Me pedestrian safety demonstration on Wednesday, Sept. 14, from 3 to 5 p.m. at the intersection of Como, Front and Dale.

During the demonstration, police will ticket drivers who fail to



Residents on more than 60 blocks have posted lawn signs designed to encourage District 10 motorists to drive “like their kids live here.”

obey state law that requires them to stop for pedestrians in a crosswalk.

**Learn the truth and myths about credit scores at free workshop**

District 10 will host a free financial workshop sharing advice with individuals on how to improve their credit score. The workshop is being organized and presented by TopLine Federal Credit Union.

The workshop will cover topics such as the rules and myths of credit scoring, how to spot errors on credit reports, and exercising rights under the Fair Credit Reporting Act.

The workshop takes place on Thursday Sept. 22, from 6 to 7:30 p.m., at the Historic Streetcar Station, on the northeast corner of Lexington and Horton.

**Pick up a recycling bin Sundays**

The Historic Streetcar Station is open from noon to 4 p.m. every Sunday between now and the end of September.

A District 10 board member will be on hand to distribute recycling bins, organics composting bags or just take your comments and suggestions. The Streetcar Station is

at the northeast corner of Lexington and Horton.

**Get D10 news every week**

Didn’t know about the latest update with the Sholom Home property? Wonder what’s going on at the fairgrounds? Need to keep track of music and other activities at the Lakeside Pavilion? Surprised by closed bridges or other road construction?

Then you probably haven’t been reading District 10’s free weekly email newsletter. It’s the best way to keep up with neighborhood events. We send it to your inbox every Friday.

To sign up, go to [www.district10comopark.org](http://www.district10comopark.org), then click the newsletter icon in the right column.

**Falcon Heights**

*The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpeur Ave. Call 651-792-7600 or go to [www.falconheights.org](http://www.falconheights.org).*

**Falcon Heights-Lauderdale 5K**

The eighth annual Falcon Heights-Lauderdale Family 5K Fun Run/Walk will be held Saturday, Sept. 17, at Community Park, 2050 Roselawn Ave., Falcon Heights. Registration will begin at 7 a.m. and the race will begin at 8 a.m.

Cost is \$15 per individual and \$40 for a group of up to four if you register before Sept. 6.

After Sept. 6, cost is \$25 per individual and \$50 for a group of up to four.

Registrations before Sept. 6 will include a Fun Run shirt.

Prizes will be given for top male and female finishers in adult and youth (under 18) categories. Food and beverages will be provided following the race.

Sign up at [falconheights.org](http://falconheights.org).

**It’s garage sale time**

The Falcon Heights City-Wide Garage Sale, will be held Saturday, Sept. 17, from 9 a.m. to 3 p.m. A map of the sales will be available at <http://tinyurl.com/h47egdc> the morning of the sale.

**Lauderdale**

*The Lauderdale City Council meets on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City*

*Hall, 1891 Walnut St. Contact [www.ci.lauderdale.mn.us](http://www.ci.lauderdale.mn.us) or 651-792-7650.*

**Farmers Market is third Thursday**

The next Lauderdale Farmer’s Market will be held on Thursday, Sept. 15, 4 to 7 p.m., at Community Park, 1885 Fulham St.

The last market will be held on the third Thursday of October. If you have garden surplus to sell, there is no charge to be a vendor.

Please contact Susie at [LauderdaleFarmersMarket@gmail.com](mailto:LauderdaleFarmersMarket@gmail.com) or 651-329-8401 for an application. The market is looking for musicians to share their talent for an hour or so at each market.

**St. Anthony Park**

*The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. To find when council committees meet, go to [www.sapcc.org](http://www.sapcc.org) or call 651-649-5992. The council offices are located at 2395 University Ave., Suite 300 E.*

**Coffee with Cailin**

If you want to discuss neighborhood events, join Cailin Rogers, District 12 outreach and operations coordinator, for Coffee with Cailin, Friday, Aug. 26, 7:30 to 9:30 a.m., at WORKHORSE Coffee, 2399 W. University Ave.

Send Cailin an RSVP or any questions you want her to look into beforehand at [cailin@sapcc.org](mailto:cailin@sapcc.org).

**SAP garage sale is Sept. 17**

The St. Anthony Park neighborhood garage sale will be held Saturday, Sept. 17, 9 a.m. to 5 p.m. Register your sale by filling out the form, which you can find on the St. Anthony Park Community Council website, [www.sapcc.org/sap-garagesale/](http://www.sapcc.org/sap-garagesale/).

Submit the form with \$15 to St. Anthony Park Community Council, 2395 W. University Ave., Suite 300E, St. Paul, MN 55114, by Tuesday, Sept. 13. The fee includes listing your address on maps that will be distributed at Hampden Park Co-op, Tim and Tom’s Speedy Market and Craigslist; a garage sale sign that will be delivered and picked up at your address; and ads in the Park Bugle, Pioneer Press, Star Tribune and on Craigslist.

Call Rich Nelson at 651-641-1172 for more information. Volunteers are needed.

## All you ever wanted to know about elections in Ramsey County

Ramsey County elections manager Joe Mansky will speak at the Tuesday, Sept. 6, meeting of the Roseville Area League of Women Voters. The meeting is co-sponsored by the Ramsey County Library.

Mansky’s talk is titled “All You Ever Wanted to Know about

Elections in Ramsey County.” Prior to his work with Ramsey County, Mansky was manager of Gov. Jesse Ventura’s redistricting commission and served as state election director in the Minnesota secretary of state’s office for many years.

The meeting will be at 7 p.m. at

the Ramsey County Library-Roseville, 2180 N. Hamline Ave. It will be recorded for review at 9:30 a.m. on Wednesday, Sept. 7, at Resurrection Lutheran Church, 910 County Road D, Roseville.

Both events are free and open to the public.





Pastor Scott Simmons leads a weekly Sunday evening Lutheran church service with Lydia Place in the Dow Art Gallery on University Avenue. Photo by Mike Krivit

## Lydia Place brings unconventional worship to Green Line community

By Judy Woodward

Want to hear an old stalwart from the Green Hymnal, something like “A Mighty Fortress Is Our God” or “Day by Day”? But this time it’s to be played at an up-tempo bluegrass beat by a combo of Lutheran clerics. Oh, and they’ll perform it at an Irish pub, and the guys propping up the bar are invited to join in on the chorus.

That’s the scene on the first Monday of the month when Pastor Scott Simmons and his band, the Fleshpots of Egypt, perform Hymntap for the crowd at the Dubliner Irish pub on University Avenue. The musicians pass out hymnals, which they call “user manuals,” and lead anywhere from 60 to 100 bar patrons in song. It’s a safe bet that for most of the crowd it’s

been a long time (if ever) since they last raised their voices to praise the Lord in four-part harmony, but that’s the point.

“It brings us in contact with people who often don’t know anything about hymns,” says Simmons. As for the anthems themselves, “We grass ’em up,” declares Simmons, who points out that the band’s repertoire also extends to Southern Baptist and Evangelical favorites like “Will the Circle Be Unbroken” and occasionally includes his own compositions.

Hymntap may be the most attention-catching activity of the Lutheran ministry known as Lydia Place, but it’s right in line with the group’s central mission.

“First and foremost, Lydia Place is about providing a safe

environment for relationships and collaboration. We want to listen, accompany, sit and see where we are called to build this neighborhood.”

Lydia Place got its start a couple of years ago when a group of people associated with Luther Seminary in St. Anthony Park began exploring the possibilities for establishing a ministry in the burgeoning area surrounding the Green Line on University Avenue. Simmons, who graduated from the seminary in 2012, was appointed the first pastor of Lydia Place.

He and his colleagues knew right from the start, however, that they weren’t going to establish a conventional congregation.

“We didn’t want to start a storefront church,” he says, but they

Lydia Place to 12

## Caregiver Re-Entry Initiative will launch in Roseville in September

New program aims to help former caregivers restart their lives

By Warren Wolfe

Sometimes Judy Connor would sit—energy sapped, imagination flat—wondering what she was supposed to do now.

With her mom gone, friends thought the self-employed graphic artist from St. Paul would just pick up the pieces of her life now that the caregiving was over. The burden had ended, time to rejoin life, some suggested.

“But when your life has been so focused on caring for somebody and then it’s just over, even when you know the end is coming, you can’t just expect everything to be the same as before,” said Connor, who earlier had helped care for her father and an aunt. “Everything has changed.”

Hearing countless stories like Connor’s—and knowing about their own caregiving experiences—

members of the Roseville Alzheimer’s and Dementia Community Action Team (Roseville A/D) began exploring how to help.

Roseville A/D is a consortium of community volunteers, service providers and local government agencies that sponsor programs and activities to help people learn more about dementia. This year it also is sponsoring a monthly series of talks through December called “Dementia: Caring & Coping.”

### ‘There’s a real need’

After months of planning, Roseville A/D will launch a new Dementia Caregiver Re-Entry Initiative at a kickoff event on Thursday, Sept. 29, at Roseville City Hall from 1 to 3 p.m. Keynote speaker will be Connie Goldman, herself a former caregiver

and former National Public Radio reporter and producer, who has written several books about caregiving.

“You know, finally we’re doing a lot more to support people who are providing family care now,” said Goldman, formerly from California and now living in Hudson, Wis. “But we’re not doing anything to support caregivers once the caregiving ends. There’s a real need that people are just starting to think about.”

Roseville A/D members found no ongoing programs for former caregivers that they might learn from, and almost no research into the topic. So they talked to caregivers and former caregivers and began to build a picture of what might help.

As part of the Caregiver Re-

Caregiver to 12

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The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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## E D I T O R I A L

### What the world needs now . . .

Maybe you saw this on Facebook. Maybe you didn't. But we've lifted the following message, which has been floating around on social media for the past few weeks. It seems to say the right words for right now.

We can't credit the source. It's gone viral and been reposted countless times. To the person who wrote it, thanks. And to our readers, here's your morning mantra to get you through to November.

*Until America figures this all out, I'm going to continue holding doors for strangers; letting people cut in front of me in*

*traffic; saying, "yes, ma'am," "yes, sir"; saying, "good morning"; being patient with a waiter; and smiling at strangers—as often as I am provided the opportunity. Because I will not stand idly by and let children live in a world where unconditional love is invisible.*

*Show kindness to someone who may not necessarily deserve it.*

*Find your own way to swing the pendulum in the direction of love, because today, sadly, hate is winning.*

*Positivity has to start somewhere and love overpowers hate.*

## L E T T E R S

*Welcome to the Bugle editorial pages, the place where we exchange ideas and opinions. The views reflected in the commentaries and letters printed here each month are the opinions of the individual writers, not the Bugle staff or board of directors. We encourage community participation on this page, but we do retain the right to edit letters and commentaries for clarity and brevity. Letters should be kept to 400 words or fewer and commentaries should be 800 words or fewer. Send your commentaries or letters to editor@parkbugle.org*

### Golden oldies

Thanks to the Bugle staff for your interest in our Murray High School Class of 1943 73rd reunion celebration.

Attending our event was classmate Bill Stevenson, retired 3M engineer, and recent subject of an ABC News item regarding his determination and skill to design, for people in need, a system and device that can provide them with clean drinking water.

The article referred to the St. Anthony Park native as a "Golden Oldie," whatever that means.

*Jim Manderfeld  
Duluth, Minn.*

#### It took a village

Shakespeare in St. Anthony Park is over for this year. Thanks to all of you, it was a great success.

The teens in the workshop worked intensely for 11 days and then presented "The Two Gentlemen of Verona" three times. The next week, 10 middle-schoolers worked intensely for four days and presented a show created from Shakespeare scenes and speeches.

Both groups did a wonderful job, had great fun and learned a lot. The kids and teens were terrific; the director was terrific. But what brought it all together was a wonderful, supportive neighborhood. More than 400 people attended the performances. Luther Seminary provided space. Businesses displayed the posters and quotations from the play. Tim & Tom's Speedy Market provided snacks for the kids. Micawber's Books sold copies of the play. People gave donations

online and at the shows. Our library association, our community foundation and businesses helped with grants and donations.

The Bugle and Transition Town helped to spread the word. When it came time to find costumes, a call to the St. Anthony Park neighborhood listserv even brought forth graduation caps and gowns for the actors to use.

It took a village and you, St. Anthony Park, were there.

You can find a slide show of photos from rehearsals on the Transition Town newsletter page, www.transitionasap.org.

We look forward to seeing you next year.

*Shakespeare in St. Anthony Park  
planning team:*

*Maya Beckman, Jennifer Bowen  
Hicks, Sue Conner, Janet Lawson and  
Lisa Sackreiter*



A scene from the July performance of Shakespeare in St. Anthony Park's "Two Gentlemen of Verona." Left to right, standing, are Amira Boler, Ellen Carlson, Fiona McKenna, Bing Zalaznik and Amelia Schucker. Kneeling, Lily Gordon. Photo by Lori Hamilton

### Thank you, Bugle supporters

We are so grateful to our supporters, who helped us surpass our goal of raising \$36,000 for our fiscal year of 2015-16. The following contributors made donations between June 1 and Aug. 12. Our 2016-17 fund drive will begin in October, but we are happy to accept your tax-deductible contributions at any time.

If you would like to contribute, you can do it online at www.parkbugle.org. Click the green DONATE NOW button on the right side of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

Thank you!

Erik Haugo  
John Pellegrini  
Shirley Ungar





## Transition Town – All St. Anthony Park

*This is one in a series of occasional columns from Transition Town—All St. Anthony Park, the neighborhood-based group working for a local response to climate change: a smaller carbon footprint and a stronger community. You can find out more about Transition Town at [www.TransitionASAP.org](http://www.TransitionASAP.org)*

# Advice on how to get your home energy projects started

By Tim Wulling

Wondering how to start reducing your energy consumption and energy bills?

Start with a call to the Neighborhood Energy Connection's Energy Advisor Service, 651-328-6224, or check the NEC's website, [thenec.org](http://thenec.org).

The Energy Advisor can help you sign up for the Home Energy Squad or an energy audit. The advisor also can help with rebates and financing the bigger projects by connecting you with sources of low-interest loans.

For small changes that generate big savings, have the Home Energy Squad (651-328-6220) install weather-stripping, a programmable thermostat, efficient light bulbs and

a low-flow showerhead. They charge a \$70 trip fee but nothing for materials or labor. Xcel Energy subsidizes this program in St. Paul. The fee can be waived for customers who qualify for Energy Assistance.

For larger changes, advertisements abound for new windows, air conditioning, furnace replacement and more. But which of these are sensible? People often think first of windows, even though insulation and air sealing make much bigger dents in energy use for less cost.

Don't guess. Get off to a good start with professional advice about what's best for your particular house. A Home Energy Audit does that (Xcel customers can call 800-895-4999). The auditor checks the insulation in your attic and other

places and checks the age and condition of your furnace and water heater.

The \$60, hour-long energy audit includes a blower door test. A big fan placed in your front door blows air out of the house. With windows closed and the fan blowing, you can feel outside air coming in around pipes, around the attic hatch, through the electrical outlets, from the seams of the rim joist, and so on. Typically, windows do not make up the majority of the leaks.

If the blower-door test happens during cold weather, the leaky spots show on photographs taken with an infrared camera. For the \$40 additional cost, infrared photos provide a vivid record that you can show an insulation contractor to help guide their work.

Another hurdle to reducing energy is cost. The Energy Squad and a Home Energy Audit are likely to be within reach for many, but what about insulation? A new furnace? They are in a whole different price range.

Families with limited incomes have special opportunities through the Energy Advisor Service. Larger projects can be done without charge through a program of the Energy CENTS Coalition (651-774-9010). This might include getting a new furnace or boiler, home insulation, or a new water heater, for example, for free! If you are struggling to pay utility bills, you might also qualify for

help with monthly payments.

When you near the finish line, learn your home's Energy Fitness Score by calling the Energy Fit Homes program (612-335-5874). A good score comes from efficient lighting, programmable thermostat, storm windows, fully insulated attic and walls, and high-efficiency heating system. When it's time to sell your house, be sure your realtor touts your Energy Fit Homes certificate.

Join the race to reduce your energy consumption and energy bills.

*Tim Wulling is a member of Transition Town—All St. Anthony Park.*

From the Bugle archives:

## Keillor felt woebegone about radio early in career

Retire after 42 years as host of "A Prairie Home Companion?"

Garrison Keillor definitely didn't see that coming.

Or, he just might have been having a bad day.

When the Park Bugle interviewed him in June 1976, Keillor, a St. Anthony Park resident at the time, told the newspaper that he saw the future of radio as "very bleak" and his own prospects limited.

"I think I have reached my future," Keillor said. "I am doing exactly what I want to do now, but I don't see myself being able to do it for a very long time."

Fortunately for the legion of fans who tuned in to "A Prairie Home Companion" for the next four decades, Keillor was selling himself short.

The Park Bugle interviewer observed that radio had clearly lost ground to television and movies and asked Keillor if he thought his old-time flavor show might help revive it.

Nope.

"I don't think there are that many people that are interested in this type of radio and I don't think the large corporations that might underwrite this type of show are interested enough to spend money," Keillor said.

"They may feel, perhaps, that this is not serious enough to be taken seriously. I personally think that humor is both serious and important. It has dignity, it is not standing in front of a crowd just flapping your arms.

"We will be here next week and



Garrison Keillor was featured in the June 1976 issue of the Park Bugle. Forty years later, his stint at "A Prairie Home Companion" ended. We aren't sure who took this photo as there was no credit or caption in that 1976 issue of the Bugle.

through the summer, but after that it's hard to tell," he added bleakly.

Keillor's final appearance on "A

Prairie Home Companion" was broadcast July 2.—Roger Bergerson

## Park Bugle

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# Forecast Public Art's fall project expands definition of 'public art'

By Anne Holzman

A series of workshops planned by Forecast Public Art this fall will challenge artists and their supporters to broaden their repertoire of ways to bring art to the public square.

The five-part series, "Making It Public," is in its third year, with a focus on the Lowertown area of St. Paul. Instructors Kirstin Wiegmann and Jen Krava will guide 20 artists, who were selected from applicants earlier this summer, to adapt their studio practices in ways that suit the needs of cities or private entities looking to offer public art in various media.

"We try to get people from all different parts of the public art field" to advise the students, Wiegmann said.

She said a central question of the workshops will be, "How does your studio practice change when you think about the public space as your

gallery?"

The series will culminate with awards of grants for a few of the artists to carry out the projects they have developed. Past grants have gone to a metalworker who opened a bronze pour to the public view, then hid the resulting medallions for passersby to find; to a textile artist working in traditional Japanese doily-making; and to an artist displaying lanterns during a festival in Mears Park.

Forecast Public Art has its headquarters in the industrial area off Raymond Avenue on Myrtle Street. The organization's mission is "going beyond murals and sculpture and embracing all kinds of creativity that happens in public space," Wiegmann said. They also publish the national journal Public Art Review and an e-newsletter.

The organization wants to promote "as broad a definition as

possible" of the term "public art," Wiegmann said, and adding that the term "is constantly being redefined by artists."

In addition to working directly with artists, Wiegmann and her colleagues travel through Minnesota and surrounding states, meeting with cities and companies that want to facilitate public art in their communities.

"We'll show up and maybe I do a three-hour workshop one year, and then the next year I'm back to help them do a three-year plan," Wiegmann said.

"When thinking about making art," she said, "it's good to be all on the same page about what the possibilities are."

*Anne Holzman is a freelance writer who lives in Bloomington.*

## Bibelot from 1

now."

Borland's "most heart-warming customer" is from the neighborhood. "At Christmas, she bakes large trays of candies and cookies for us staff to thank us for being here. It's that kindness that we appreciate so much."

The cookie-baking customer may be more demonstrative than some, but she's not unusual in her affection for the Bibelot. As part of their anniversary celebrations, the Bibelot has been providing cards to encourage customers to jot down brief memories of the store. Some of the writers now live as far away as Canada or Ashland, Ore., but their memories focus on their childhood or teenage years where the Bibelot formed the backdrop to the vivid experiences of youth. In sharing the cards, the store asked that only first names be used:

Anna thanked the store for providing "beauty in my life," as well as the opportunity to spend her money on "Beanie Babies, lovely soaps and a collection of patterned Kleenexes that my family made fun of. ..."

Karen talked about getting her first pair of glasses at "Group Health" when she was 10. "I was unhappy how I looked in glasses, so we came to the Bibelot" for consolation. Patricia talks about finding "the perfect dress for honeymoon" at the store, and Susan had an even more vivid recollection. "I was going on a first date," she writes, explaining that she had picked up her newly cleaned dress at the cleaners and stopped to change into it at a nearby gym, but when she opened it, "it had not been pressed and it looked awful! The only idea I had was to run across to the Bibelot and see if they had a steamer. They did, they were happy to help me and put me at ease for asking." Problem solved and a calamity averted!

Katherine remembered a



Como Avenue Bibelot store manager Jolene Borland and proprietor Roxy Freese. Photo by Mike Krivit

slightly later period of her life, when she worked at the Bibelot before going on to acquire an MBA and a business career: "Roxy supported me in going back to school and, more importantly, she role-modeled being a capable, independent woman with strong ties to the community."

Over the years the Bibelot grew, first occupying more square footage and eventually both floors of its Como Avenue location. Freese recalls the electrifying moment when they cut a hole in the ceiling to connect the two floors. "Peeling off the decorative tin ceiling, it was an ah-ha moment!"

That modification made it possible to set up the two-story Christmas tree, which remained a holiday tradition for years. Eventually the Bibelot expanded to three other locations: Grand Avenue in St. Paul,

Northeast Minneapolis and Linden Hills in Minneapolis.

Every retailer must accommodate the changing tastes of the public, but over the years some things remain unchanged at the Bibelot. There are what Freese calls the "Bibelot classics," products that the store has carried since the beginning. Among them, John Booro's woven throw rugs, Ed Levin sterling silver jewelry, the "Call Your Mother" mug and Anne Morrow Lindbergh's book, *Gift from the Sea*.

At age 84, Freese no longer does the merchandise buying for the Bibelot, but she has no intention of retiring.

"I'll go on as long as I can," she says, adding, "markets change, people's buying habits change, and I'm glad to have made it to 50."

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## History: One darn thing after another

Roger Bergerson chronicles our remarkable past

# Plodders, trotters, he sold 'em all

Horsepower, in its original form, helped build the economy of the Upper Midwest in the late 19th century, and St. Paul was home to one of the largest horse-trading markets in the nation.

Dealers chose to locate near the intersection of Prior and University avenues in the Midway district because it was adjacent to the yards of the Minnesota Transfer Railway. This was a cooperative venture by nine railroads to coordinate the movement of freight through the Twin Cities.

And the biggest wheeler-dealer of them all was Moses ("Mose") Zimmerman, who along with his partner, John D. Barrett, made a fortune selling horses and mules when lumbering and railroad building were at their peak.

For that matter, nearly everybody relied on horses at the time: fire departments, dray operators, farmers, construction companies, affluent people needing everyday transportation. The St. Paul Street Railway alone needed 800 horses to pull its cars, replacing the animals on the average of every two years.

Zimmerman and his salesmen crisscrossed the Western states to acquire horses, as well as pasture land where herds could be assembled for shipment to St. Paul. In fact, so adroit did the partners become at land transactions that they set up a companion firm to handle real estate. At one time, the company owned 30,000 acres in Wisconsin alone and more than 100 farms in Montana.

Even as cars, trucks and tractors became more popular, the onset of World War I in 1914 caused a sharp upswing in business for Barrett &

Zimmerman and its peers. Agents from the British and French governments came to St. Paul to purchase horses and mules for shipment to the European battlefields. Later, when America entered the fray, the U.S. government did the same.

"At the height of the World War, we sold \$1 million worth of horses and mules a month," Zimmerman recalled in a 1922 newspaper interview. Given that the St. Paul Fire Department was paying \$300 apiece for horses in that era, the dealer was clearly talking about transactions totaling thousands of animals.

And what about the current state of the horse business? "All shot to pieces by the gas engine," Zimmerman replied.

A spectacular fire in 1922 didn't help. On the Fourth of July that year, boys with firecrackers were tormenting goats in the Barrett & Zimmerman pens on University Avenue. In the process, they set off a blaze that was fanned by a brisk wind.

An estimated 5,000 people watched as 10 St. Paul engine companies and two from Minneapolis battled the fire, which quickly consumed the stables, sheds and headquarters of the horse traders, as well as an adjacent lumberyard and a commercial/residential building. Police and bystanders were able to save 70 horses, but other animals, including some of the hapless goats, were lost.

It appears that the stables were partially rebuilt, because the Barrett & Zimmerman horse-trading business continued at the site, although on a reduced scale. Real estate became the firm's primary



The Barrett & Zimmerman auction pens circa 1900.

focus. Zimmerman was a big booster of the 1923 boxing match between champion Jack Dempsey and St. Paul's own Tommy Gibbons in Shelby, Mont. His company owned a lot of land there and he felt the fight would create interest in the area.

He wasn't about to give up on

horses, though.

"The horse-trading business is picking up again," Zimmerman told a newspaper in 1929. "There has been a bigger demand for good horses in the past year than since the war. Transfer companies are going back to the horse for short haul jobs

and the small farmer can buy a horse cheaper than he can raise it."

It was probably wishful thinking, but the statement showed where Zimmerman's heart was.

"Yes, I drive a car," he conceded, "but I like horses."



Moses Zimmerman in 1922.  
Photos courtesy of Minnesota Historical Society

## Yesterday's News

*Roger Bergerson shares headlines he has collected from old newspapers over the years simply because "they're funny, bizarre, brutal, etc."*

Crookston man has mind-reading dog

Girl clown doesn't like her job—finds elephants smelly

Pared wife's corns, but lost her love

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## The Birdman of Lauderdale by Clay Christensen



A golden-winged warbler. Photo by Laura Erickson

## The sight of a golden-winged warbler was his karmic reward

On a Monday morning in July, I went with several of my birding friends to see what birds we could see and hear in Lake Elmo Park Reserve. Our little group averages about six members. Each week a different person is the “decider,” and on this day it was Juke. He had chosen the site, a start time of 7:30 a.m., and the route: a 3.8-mile hike around Eagle Point Lake. And he gave the following advice: “Bring water, sun protection, bug protection and mood protection.”

I took Juke’s final admonition about mood protection to heart. I don’t think he specifically targeted me, but in past outings at Lake Elmo Park, I’ve gotten grouchy about the long hike. I’ve complained about it being a Bataan death march. We’ve had flooded trails, brushy detours and hosts of mosquitoes. I’ve been a classic whiner!

So I decided this time I was going to adjust my attitude and try to enjoy the morning without complaining.

Lake Elmo Park Reserve is in Washington County, a mile north of I-94 on Keats Avenue.

The trail around Eagle Point Lake is mostly dirt and mown grass, with an occasional pile of horse manure just to make sure you’re not always looking up. The trail leads through wooded areas, prairies and along ponds. There are several side trails to get you down to the lake.

As usual on most birdwatching trips, we heard more birds than we saw. Although a green heron flew over and gave a squawk to make sure we heard and saw it. We heard a pileated woodpecker whacking away on a tree in the distance.

And we heard many eastern wood pewees. This is a small gray flycatcher that sings its name: “Pee-o-wee,” followed by a descending “Pee-o.” What a sweet call, a sweet bird.

One pleasure of the morning was a chance to compare the calls of a couple of different wrens: the sedge wren and the marsh wren. Both species occur in the park. The sedge wren sounds like an old-fashioned treadle sewing machine. The marsh wren’s song starts with a couple of sharp notes, gurgles for a bit and ends with a rattle. The two wrens look very much alike. They’re both very secretive and often sing from a hidden spot. A general rule of thumb is that if you see or hear one of these birds in a meadow, it’s a sedge wren. If you’re near a wetland, it’s probably a marsh wren.

The vireo family of birds is another group more often heard than seen. The red-eyed vireo seems to be the most common around here. Its song is a question-and-answer style that goes on and on, a rising phrase followed by a descending one. “Here I am, over here.” And it usually sits stock still while singing.

Another vireo we heard was the yellow-throated vireo. Its song sounds like “Three-eight,” rather hoarse and raspy.

And the third vireo in the morning’s vireo trilogy was the warbling vireo. This one sings very long phrases. To me it sounds like it’s saying, “If I see you, I will seize you, I will squeeze you till you squirt.” How do they come up with these mnemonics? It helps me remember the song, though.

But the bird of the morning for

me, and I think for the others as well, was the male golden-winged warbler that Val found foraging in some trees along the trail. It stepped out onto a dead branch and sat in full sunlight, giving us great looks. It has a golden crown, a dramatic black mask and throat and a wide golden wing patch. This is a bird I don’t get to see every year and when I do, it’s usually in the spring as they’re migrating north.

The golden-winged warbler’s summer range in Minnesota starts north of the Twin Cities and extends up toward the northwest part of the state. So this male was probably already heading back south by mid-July. They winter from Guatemala to Colombia.

Finding this bird highlights one of the things I like most about birding: the serendipity. You never know what you’re going to see. I sure didn’t expect to see a golden-winged warbler that day. I had been on my best behavior all morning and never made a peep about the rugged trail and its many challenges. So I’m going to conclude that seeing the golden-winged warbler was a karmic reward for my attitude adjustment. But maybe it wasn’t. Maybe it was just a serendipitous event. Who knows? In any case, I had a better time that morning because I had set my mind to having a better time. Call that karma, Zen, or mind over matter, it worked for me and I’m going to try it more often.

*Clay Christensen lives and writes in Lauderdale. His book, The Birdman of Lauderdale, is available at local bird stores, bookstores and Birdman-Book.com.*

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# Schubert Club announces this year's Music in the Park Series

The Schubert Club's Music in the Park Series will bring six concerts to St. Anthony Park United Church of Christ in its 2016-17 series. The church as been home to the series since 1979.

**The Kalichstein-Laredo-Robinson Trio** will launch the series with a concert on Sunday, Sept. 25. Pianist Joseph Kalichstein, violinist Jaime Laredo and cellist Sharon Robinson have been performing together for 40 years, making the trio one of the longest-lived ensembles with all of its original members. "The KLR players are superstars of the chamber music world," according to the Washington Post. A favorite ensemble of the Music in the Park Series audience, listeners will learn why the Post has declared the trio "the greatest piano trio on the face of the Earth."

**The Pacifica String Quartet** with cellist Johannes Moser will perform on Sunday, Nov. 6. Known for their virtuosity, exuberance and often-daring repertory choices, the Pacifica Quartet consistently plays with "clarity, perfect togetherness and the finest of tuning," according to the London Times). With numerous awards that include the Avery Fisher Career Grant in 2006, Musical America's "Ensemble of the Year" in 2009, and the 2009 Grammy Award for Best Chamber Music Performance, the quartet is internationally recognized as one of the foremost interpreters of string quartet cycles. The quartet and Moser will play Schubert's beloved String Quintet and a new quintet by Pulitzer Prize-winning composer Julia Wolfe, a co-commission of the Schubert Club and three partnering presenters.

**The Danish String Quartet** will perform Sunday, Feb. 12. Combining a passion for Scandinavian composers—whom they frequently incorporate into adventurous contemporary programs—with highly skilled and profound performances of the classical masterpieces they so adore, the Danish String Quartet continue to solidify their sterling reputation as "one of the best quartets before the public today" (Washington Post)—all without pillaging cities or razing the English coastline.

**Harpist Yolanda Kondonassis and guitarist Jason Vieaux** will perform on Sunday, March 5. Hailed as "a brilliant and expressive player" (Dallas Morning News), Kondonassis is celebrated as one of the world's premiere solo harpists. Since her debut at age 18 with the New York Philharmonic and Zubin Mehta, she has performed across the globe as a concerto soloist and in recital, bringing her unique brand of musicianship and warm artistry to an ever-increasing audience. A published author, speaker, professor of harp and environmental activist, she weaves her many passions into a vibrant, multi-faceted career. Joining her for this Music in the Park Series concert is Vieux, who in the words of



The Kalichstein-Laredo-Robinson Trio will perform Sept. 25 at St. Anthony Park United Church of Christ.

NPR, is "perhaps the most precise and soulful classical guitarist of his generation." The New York Times lauds his playing as "virtuosic, flamboyant, dashing and, sometimes ineffably lyrical."

**Violinist Alina Ibragimova and pianist Cédric Tiberghien** will perform Sunday, March 26. Russian-born Alina Ibragimova seemingly defies the laws of physics, playing with an "immediacy and honesty" that collapses "any sense of distance between performer and listener" (The Guardian). Ibragimova has a long-standing partnership with pianist Cédric Tiberghien, whose flourishing international career spans five continents where he has

performed at some of the world's most prestigious halls.

**The Daedalus String Quartet** will play with cellist Wilhelmina Smith and actress Linda Kelsey on Sunday, April 23. Kelsey, Smith and the quartet will explore music and literary texts associated with Beethoven's Kreutzer Sonata.

You can read more about the 2016-17 Music in the Park Series at [schubert.org](http://schubert.org).

A Music in the Park Series six-concert subscription is \$144. Student subscriptions are \$66 (with valid I.D. and an .edu email address). Single tickets for each performance start at \$29. You can buy tickets at [Schubert.org](http://Schubert.org).

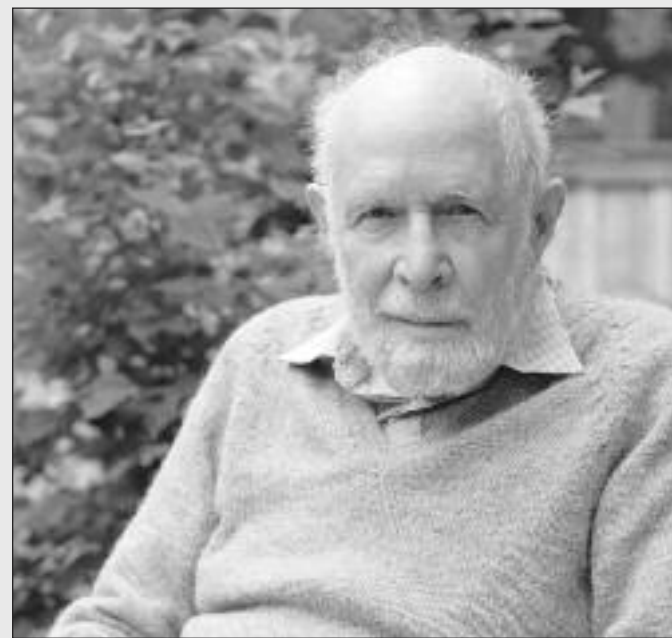
## Sept. 25 concert will be dedicated to Prof. Herb Wright

Music in the Park's opening concert with the Kalichstein-Laredo-Robinson Trio on Sunday, Sept. 25, will be dedicated to the memory of Herb Wright (1917-2015), distinguished scientist, Regents Professor of Geology at the University of Minnesota, self-described "addict" of classical music, longtime resident of St. Anthony Park and friend of Music in the Park Series.

Wright's more than 65-year career traversed his interests in geology, ecology, botany and archaeology. He advised more than 70 graduate students, edited 12 books and published nearly 200 journal papers. He became one of the world's most distinguished Quaternary scientists with major contributions to the understanding of the landscape history and environmental changes over the past 100,000 years.

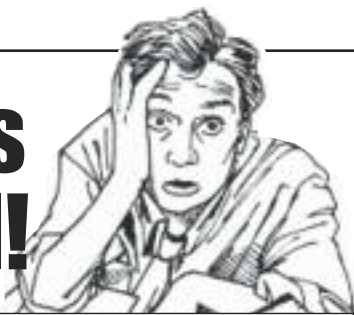
Wright was a gentle person who loved classical music. Born in 1917 in Malden, Mass., he sang, as a young man, in two church choirs "because one of them provided a little monetary support, and the other had a basketball team," he once said. Later, studying at Harvard University, he joined the Harvard Glee Club, along with the legendary Leonard Bernstein. A regular attendee at Minnesota Orchestra and the St. Paul Chamber Orchestra concerts, Wright particularly enjoyed the concerts presented by Music in the Park Series. Mozart, Beethoven, Tchaikovsky, Schubert and Brahms were among his favorite composers.

On Sept. 13, Wright would have celebrated his 99th birthday. With this concert, Music in the Park and Wright's fellow music lovers will remember him and his love for classical music.



**Herb Wright**  
Photo by Lori Hamilton

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# Photography show will trace one man's lifetime journeys

By Anne Holzman

A photography show at 1666 Coffman this fall will offer a virtual ramble over mountains as seen through the lenses of longtime St. Anthony Park resident and University of Minnesota professor Bob Megard.

Nearly 60 photos have been selected from an estimated "five to six thousand," Megard said while flipping through images on a large computer screen in his home several weeks before the show.

At that time, a few of the works still hung on the walls of the home Bob shares with his wife, former St. Paul City Council member Bobbi Megard. A pair of Mexican folk dancers presided over the entryway, evoking fond memories of the Megards' many trips to the Oaxaca region.

A dining room wall featured a trio of Mexican elders engaged in deep conversation.

"I like the composition because everybody's listening to an old guy," Bob remarked with a chuckle.

Other than annual entries in

recent community shows at St. Matthew's Episcopal Church, Megard has never had a public gallery show. The trio of elders boasted a ribbon from last year's show, which gave him some encouragement, he said.

Peg Houck, who has organized the St. Matthew's shows for many years, has set up the Megard show at 1666 Coffman, a senior residence on Larpenteur Avenue which houses many retired university professors. The show will be open to the public, with an opening reception Tuesday, Sept. 16, 4-6 p.m. in the gallery. For access to the show, call Houck's unit from the entrance to be buzzed in. An advance call is appreciated, so that Houck can expect to let visitors in. Houck's number is 651-645-4453. You can also call Elizabeth Shippee at 651-645-6992 to be let into the building.

Megard's interest in photography dates back to his college years at St. Olaf College in Northfield, when he worked in the campus news bureau as a photographer and darkroom



Bob Megard will display his photos at 1666 Coffman in September. Photo by Mike Krivit

technician. He spent summers at Glacier National Park, working at the Many Glaciers Hotel. That's where he met Bobbi, who worked and

hiked with him there while they both earned money for college.

Bob graduated from St. Olaf in 1956, earned his master's in biology from the University of New Mexico and completed doctorate studies in zoology at Indiana University in 1962.

Bobbi started at the University of Minnesota, transferred to the University of Oregon, then joined Bob at Indiana and earned a master's degree. They moved to Minnesota when Bob joined the U faculty shortly after graduating from Indiana.

"We went to Glacier Park last summer to celebrate the 100th

anniversary of Many Glacier," Bob said, noting that the National Park Service is approaching its own centenary. He said some of his Glacier pictures, a few of which will be in the 1666 Coffman show, can be compared with Park Service photos from other years, contributing to the natural history of the park.

After many years living in St. Anthony Park, the Megards are handing off their Hythe Street home to their daughter and moving to the new apartment building at Como and Doswell avenues when it is

Photo show to 11

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## Photo show from 10

completed this fall.

The photo show will occupy two rooms at 1666 Coffman, Bob Megard said. One room will be devoted to pictures from Oaxaca, with the other room tracing the couple's travels to Iran and China as well as locations closer to home.

Many of the photos were shot on film, long before digital cameras became available, although Megard has happily gone digital in recent years. He said he has spent many hours scanning and editing those older photos, using Adobe Photoshop Lightroom software. He demonstrated at his computer, running a mouse over a graph to shift light and color in one dramatic landscape from southern China. "It's great fun!" he exclaimed.

The photos from Iran date to an archaeological expedition in 1963, when the Megards spent a summer working with University of Minnesota ecology professor the late Herb Wright, who was collaborating with anthropologists at the University of Chicago on an early climate study at Lake Zeribar. [See the story on Music in the Park's dedication to Herb Wright on page 9.]

"He had a project finding out what the climate was like during the time of domestication of plants and animals," Megard explained. Megard's role was to examine core samples drilled from beneath the site.

"I looked at the stratigraphy of microscopic animals going back about 30,000 years," Megard said, adding that some of the Lake Zeribar core samples ended up in collections of the University of Minnesota.

While he was there, he shot pictures of mountains. In fact, Megard seems to favor mountains as subjects for his art. In addition to Glacier and Zeribar, mountains dominate photos taken more recently in China and serve as a continuous backdrop to the portraits from Oaxaca, as well.

His wife noted a progression

through the years, though: "He has gone from being a landscape photographer to taking pictures of people," Bobbi said. "There's been a gradual change in which he thinks people are worth taking pictures of," she added, drawing another chuckle from Bob.

Few animals appear in Megard's photos, but there are some birds. Bobbi explained that after her grueling but successful campaign for city council, she promised Bob they would take a vacation to the venue of his choice, and he picked Baja California, where birds perching on cacti attracted his eye.

Megard's show will include landscapes taken in Grand Marais during "Shoot, Print, and Frame" workshops led by Laurie Hernandez. He credited Hernandez with helping make the final selections for the 1666 Coffman show, as well.

His son-in-law Jeffrey Tranberry, a graduate of Minneapolis College of Art and Design now working for Adobe in Arden Hills, has also helped him prepare the show, Megard said. "He really has stimulated my interest in digital photography," Megard said.

The show will run from Sept. 16 to Nov. 30 in the 1666 Coffman building, on Larpen Avenue one block west of Cleveland Avenue. For more information, call 651-645-4453.

*Anne Holzman is a freelance writer and former St. Anthony Park resident, now living in Bloomington.*

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Utility work related to the Park 24 apartment building under construction at Como and Doswell avenues in St. Anthony Park revealed a remnant of tracks from the old Como-Harriet streetcar line in late July. Starting in 1898, riders could travel on the route from downtown St. Paul all the way to Lake Harriet in Minneapolis. A reconstructed bridge in Como Park, just east of the intersection of Como and Hamline Avenues, commemorates that section of the line. Buses replaced streetcars in 1954. —Roger Bergerson

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### Lydia Place from 3

did want to address the needs of the typically young and often low-income residents who are drawn to work in the growing nonprofit and arts-oriented businesses that are drawn to the area.

"In this neighborhood," says Simmons, "there are lots of home-based, self-employed people, including writers and artists. Often they feel isolated without a connection or a place to meet outside of home."

Lydia Place wants to provide that connection space, both in terms of offering a physical meeting place and offering more intangible opportunities to share a sense of community through activities like Hymntap. Simmons' group "bounced around a while," establishing bonds with neighborhood organizations from the Urban Growler microbrewery to Seal Place High Rise. That's all in accord with their policy of "radically accepting hospitality of others."

Taking their group's name from the Greek woman from the Book of Acts who offered the Apostle Paul shelter in her household, Lydia Place is dedicated to witnessing to their faith while establishing bonds with the secular communities around them.

The group has established a worship service at Seal High-Rise, but they're also expanding their activities in a what they call a co-worker space they've established through the generosity of Khanh Tran, the owner of Dow Art Gallery, at University and Hampden avenues. Amid the stark white walls and colorful mobiles, professionally lit canvasses and photographs of the gallery, Lydia Place is establishing a well-equipped meeting room that seats up to 40 and is open to any community group that wants to give Simmons a call. They're asking for a free-will offering of \$35 an hour for use of the room, which they plan to use to upgrade the audiovisual facilities of the space.

They call this process co-working. "There will be room for discussions of how faith moves us, but never in a prescriptive way," Simmons says.

Lydia Place has also recently started holding Sunday evening worship services open to all at the Dow Art Gallery. On a recent steamy-hot Sunday, Simmons cut an unusual figure as he led the small congregation in prayer in the decidedly secular setting of an art gallery. Wearing lightweight clerical garb while accompanying himself on the guitar and singing in a pleasant tenor, Simmons also delivered a

sermon on the Book of Job, as the sounds of light-rail trains chugging by on the nearby Green Line occasionally rose from the street outside.

Simmons comes by his faith in the old-fashioned way. He grew up in the Lutheran church, as the son of a band director in eastern Colorado. At 57, he refers to the ministry as "my first career," but admits he "did some other stuff on the way" to realizing his calling. After college in Missouri, he worked in advertising for many years. He experienced personal tragedy when his first wife died at 31, and he learned fortitude when he encountered a cancer diagnosis in his own life.

He was "drawn deeper into his faith over the years," he says, partly

through performing the music he has always loved, but he jokes that it was his second wife, Kelli, who was born a Roman Catholic, who brought him to the ministry.

"In 2005, my wife said, 'Have you ever thought about doing that?'" In 2007, Simmons enrolled as a distance learner at Luther Seminary. The family, which includes the couple's teenage daughter, relocated to Minnesota in 2008 and Kelli, a nurse, began to work at the University of Minnesota while Simmons finished his degree at Luther.

Simmons reflects that the form of his pastoral work has changed to reflect an increasingly secular world. "I was born in 1959," he says, "and I

have great institutional loyalty to the [church] that shaped me, but so many people are done with religion because its forms and expressions of faith don't resonate with them. The challenge is to be authentic in our message."

And that message is one of community. "We exist here for the sake of relationships," says Simmons.

To learn more about Lydia Place, or to book its meeting space, visit their website [www.lydiaplace.com](http://www.lydiaplace.com) or call 612-859-1134.

*When she's not writing about community news, Judy Woodward spends her time as a reference librarian at the Roseville Library.*

### Caregiver from 3

Entry Initiative, two smaller groups will begin regular meetings in October. They will be groups in which former caregivers can help each other make the shift from intensely caring for someone else and focus on their own often-neglected needs, such as reconnecting with friends and exploring old and new interests.

One group will be for former caregivers, while the other will be open to current and former caregivers.

At the Sept. 29 kickoff, former care partners of parents and spouses will tell their stories of life after caregiving. In addition, a master's student will describe her research into

the need for Twin Cities programs to help former caregivers.

### Dealing with more than grief

"When we talked with one group of former caregivers, they were pretty specific about what they didn't want," said Lori La Bey, a member of Roseville A/D. She started a "memory cafe" six years ago, a place where people with memory loss and their care partners can come together for coffee, conversation and normal socialization. Now La Bey has two such groups meeting at J. Arthur's Coffee in Roseville, and the concept is popping up elsewhere around Minnesota and the country.

"What they didn't want was a formal program with instructors, they didn't want a grief-support group, they didn't want a six-week course that just ends and you're done," said La Bey, whose business, Alzheimer's Speaks, seeks new ways to help people with dementia and their families.

They wanted something more informal—something like the memory cafes—where they could coach each other, share experiences, help find new ways to reengage and reenergize their lives after the care journey has ended.

"Dealing with grief has to be part of that journey, but for many people it doesn't need to be the focus," said Sue Van Zanden, another member of Roseville A/D who also leads a caregiver support group at the Roseville Area Senior Center.

For spouses who have been care partners of someone with dementia—often for five or 10 years—the end can be even more stressful than for adult children. They have lost a life partner, and perhaps

the dream of what retirement was to be. Sometimes their finances suffer from the loss of a pension and Social Security, and often friends from the past have drifted away.

"Life has changed, you've changed, and sometimes you just wake up in the morning not sure what you're supposed to do, even who you're supposed to be," said George Seiler, 74, of White Bear Lake, whose wife, Annie, died earlier last year. "I miss her every day."

### 'Every road back is different'

Like many caregivers helping someone with dementia, Connor faced ongoing challenges. After years of coping with depression, her mom became more and more agitated, refusing to talk to her daughter and nearly being tossed out of an assisted-living facility, until doctors finally got her off dangerous psychotropic drugs and balanced her medications.

It's been three years since her mom died, and one of the ways helping Connor make a transition has been to stay with the caregiver support group that Van Zanden leads and to become an assistant leader.

"Every caregiver has a different story and different challenges, and every road back is different," Connor said. "But nobody understands that journey better than another caregiver. The strength of this new idea is that we can help each other our way home again."

Find out more about Roseville A/D and its projects at [cityofroseville.com/dementiainfo](http://cityofroseville.com/dementiainfo).

*Warren Wolfe is a retired writer for the Star Tribune and a member of the Roseville Alzheimer's and Dementia Community Action Team.*

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## L I V E S L I V E D

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**Sigurd Haugan**

### Sigurd Haugan

Sigurd Thoralf Haugan, 97, longtime resident of St. Anthony Park and faithful employee of St. Anthony Park State Bank (predecessor of Sunrise Banks) in his latter years, died peacefully on July 29, 2016, at his current home in New Brighton, surrounded by loved ones.

Sigurd was born Jan. 4, 1919, to missionary parents in China. In March 1927, the family was forced by the Chinese government to evacuate. The family traveled to the U.S. via A-line steamer and settled in St. Anthony Park. Sigurd had been a faithful member of St. Anthony Park Lutheran Church ever since. He grew up cutting lawns in summer, shoveling snow in winter and selling magazines door-to-door.

In the summer of 1930, he traveled to Norway. Once back home, he started school at Gutterson. He caddied at the University of Minnesota golf course, making 50 cents an hour, 75 cents if he carried a double.

In 1935 he started 10th grade at Mechanics Arts High School. His 11th-grade English teacher helped him get a job at the Hill Reference Library for 35 cents an hour.

The next two summers he worked on a farm near Halstead. In 1937, he worked banquets at the St. Paul Hotel for 19 cents an hour and leftovers. He moved on to the Lowry Hotel as a bellhop.

The same day he reported for work at the Fairmarket Railway Ballast Conditioning Corp. in Middletown, Ohio, in 1940, he met Emma May Sanderson. He returned to the U of M in the fall of 1941 and corresponded with Emma May almost daily. He sent her his fraternity sweetheart pin and claimed that if she kept it, they were engaged.

On Dec. 8, 1941, he received his draft notice. He bought an engagement ring and went to Ohio for Christmas to give Emma May the ring, with her parents' approval.

He came back to St. Paul and reported to the armory for induction. After basic training, he shipped out to the Aleutian Islands. In April 1943, he came back to the U.S. and he and Emma May married on April 23.

The next couple of years were spent at several U.S. bases

completing a variety of assignments for the U.S. Army. In September 1946, Sig and Emma May purchased their first home, in San Francisco, under the G.I. Bill. Their second child was born there that December. In spring 1947, they came back to Minnesota.

That fall, Sig registered again at the U of M and finally received his BBA in December 1948. A fraternity brother had just started Twin City Radio Dispatch and offered Sig a job as bookkeeper and dispatcher.

By early 1949, Sig started Mobile Engineering Inc. He put an antenna on top of the Fairmount Water Tower for the police department and Martin County Sheriff. Soon he erected small towers—up to 100 feet—in many places. His best customers were NSP, United Power Co-op and the State of Minnesota.

He left Mobile Radio Engineering and started Northern States Tower Service. This job encompassed tower sales and services (tower erection and painting), antenna and coaxial cable installation, and everything except transmitter hook-up.

Before long, the company was putting up 200-, 300-, and 400-foot

towers. The area had expanded to Minnesota, Wisconsin, Michigan, North and South Dakota, Nebraska and Iowa. Sig decided to “retire.” He sold the business to his youngest son.

In November 1995, Sig answered an ad in the Park Bugle for seniors and started work at Park Bank (now Sunrise Banks). He worked there until 2011, when he decided to retire “early”!

He was preceded in death by his wife, and his daughters, MaryJo Skoriuchow and Margot Summitt; great-granddaughter, Madison; and son-in-law, Victor Skoriuchow.

He is survived by his sons, Sigurd Jr. (Cheryl) and Kevin (PeggySue); 11 grandchildren; 13 great-grandchildren; three great-great-grandchildren; and siblings, Astrid Anderson, Gus (Anne) and Roald (Jean).

His funeral service was held Aug. 8 at St. Anthony Park Lutheran Church, with interment at Sunset Cemetery.

### Marie Pekarek

Marie Pekarek, 101, formerly of St. Anthony Park, died July 17, 2016,

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### Lives Lived from 13

with her grandson Tim and his wife, Jody, by her side. Marie was born Dec. 31, 1914, in Wabasso, Minn.

She was preceded in death by her husband, Joseph. She is survived by her daughter, Dee, and her grandsons, Tim (Jody) and Mike (Tammy); a great-granddaughter, Lily; and a great-grandson, Mitch.

Marie was put to rest in a private ceremony July 20.

wife, Bernadine, and brother, Stanley Scroggins. He is survived by children: Michael, Mark (Julie), Leo and Gloria (Steve) Kerr; five grandchildren; and four great-grandchildren.

Mass of Christian Burial was held August 6 at Holy Childhood Catholic Church in Como Park, with interment at Calvary Cemetery.

### Rexford Singer

Rexford Douglas Singer, 83, of Falcon Heights, died July 30, 2016. He was born March 30, 1933, in Rapid City, S.D.

Rex graduated from South Dakota State University with a degree in civil engineering. He went on to earn a master's degree in public health engineering from the University of Minnesota.

He taught sanitary engineering courses for three years at South Dakota State University and then returned to the U of M, where he taught various courses in environmental health.

He was preceded in death by his

parents, Joseph and Alyce Singer; his brother, Richard, and Richard's wife Jeanne Singer. He is survived by his wife of 55 years, Doris; children, Mary (Jim) Bolles and Mark Singer; three grandchildren; and brother, Robert (Audrey) Singer.

Mass of Christian Burial was celebrated Aug. 5 at Church of St. Cecilia in Como Park, with interment at Roselawn Cemetery.

### Lee Stauffer

Lee Dallas Stauffer, 87, of Falcon Heights, died peacefully at Regions Hospital on July 21, 2016, with his kids and grandkids loving him through the process.

Lee is remembered as a great and generous man. He was quick-witted, patient, a loving father and respected academic administrator. He will be greatly missed.

He served in the U.S. Marine Corps in 1946-47 and in the U.S. Naval Reserve in 1947-48. He received a master's degree in public health in 1956, and served as dean emeritus of the School of Public Health, University of Minnesota.

He was preceded in death by his wife, Donna Lois. He is survived by his children, Karl (Fabiana), Lisa (Jay), Dane and Kris (Julie); four grandchildren; and sister, Marcia.

Memorial service details had not been announced by press time.

### Merlyn Scroggins

Merlyn R. Scroggins, 89, of Roseville, died on August 3, 2016.

Merlyn was vice-president of administration for Deluxe Check Printers, where he had spent his entire career, which started in Kansas City in 1946. He was also a past chairman of the board for Summit Brewery, board member for Group Health, a member of Roseville Rotary and a lifetime member of Midway Toastmasters.

He was preceded in death by his



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651-645-2575  
Sunday Worship 9 a.m.  
Bible Study and Sunday School 10:30 a.m.  
Pastor Al Schleusener

### ❖ PEACE LUTHERAN CHURCH—ELCA

1744 Walnut St. (at Ione), Lauderdale, 651-644-5440  
[www.peacelauderdale.com](http://www.peacelauderdale.com)  
Sunday worship: 10 a.m.  
Reconciling in Christ Congregation  
All are welcome. Come as you are.

### ❖ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place, 651-644-4502  
Website: [www.stceciliasmn.org](http://www.stceciliasmn.org)  
Handicapped accessible  
Saturday Mass: 5 p.m. at the church  
Sunday Masses: 8:15 a.m. and 10 a.m. at the church

### ❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford)  
651-646-7173, [www.sapucc.org](http://www.sapucc.org)  
(Summer schedule runs through Labor Day.)  
9:15 a.m. Sunday Schools & Adult Forum  
10:30 a.m. Worship  
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5:30 p.m. Night Prayer with evening meal at 6:30 p.m.  
All are welcome! Learn more at [www.stmatthewsmn.org](http://www.stmatthewsmn.org)

To add your church to the directory, contact Bradley Wolfe at 952-393-6814 or [bradley.wolfe@parkbugle.org](mailto:bradley.wolfe@parkbugle.org)

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# State Fair is the silver lining at summer's end

*Here's your guide to new foods and new attractions at this year's fair*

By Alex Lodner

The anticipation for the “12 best days of summer” is bittersweet. Our Minnesota State Fair is one of the most beloved fairs in the country, stretching over nearly two weeks of fun-filled, food-filled days in the waning days of summer. On the other hand, the fair also signals the end of this glorious season, with (some) kids going back to school before the fair ends.

How do you make the most of this end-of-summer tradition?

The fair's website highlights all the new foods and attractions it introduces every year. Check them out at [www.mnstatefair.org](http://www.mnstatefair.org), but here are just a few things to eat and do starting Thursday, Aug. 25.

## New foods

This is what we wait for all year, isn't it? You can't possibly eat everything at the fair (but no shame in trying), so here are just a handful of the exciting new options this year.

## Sweet

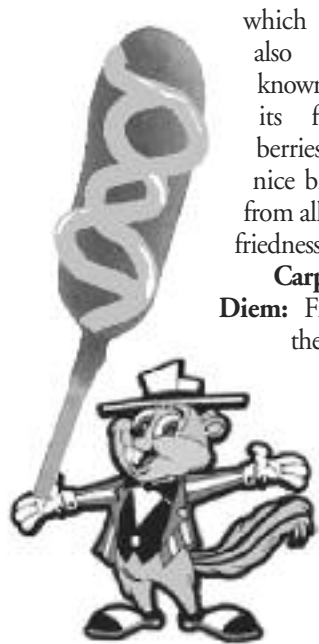
**Call It Breakfast:** Start the day off right at the Dairy Goodness Bar. Grab a vanilla sundae topped with chunks of fluffy donuts, chocolate and latte-flavored syrups and, of course, sprinkles.

**Chocolate Agate Crunch:** Opening its doors in 1897, the Hamline Church Dining Hall is the oldest food vendor at the fair and one of the last church dining halls remaining there. These old-timers keep it fresh by introducing a new, exclusive Izzy's ice cream treat each year. This summer it's chocolate Caramelia ice cream, topped with chocolate cookie crumbles and edible chocolate rocks inspired by the Lake Superior agate, all folded with a salted caramel swirl.

**Maple bacon shaved ice:** The maple bacon craze is alive and well at MinneSnowii Shaved Ice in the West End Market. This year's new flavor will be topped with bacon bits and a maple syrup drizzle. Also new this year is sweetened condensed milk drizzled over your choice of shaved ice for a creamy twist reminiscent of a traditional Taiwanese treat.

**JonnyPops frozen banana:** JonnyPops, whose motto is “a better pop for a better world,” crafts its frozen treats with all-natural ingredients and donates a portion of proceeds and products to the Hazelden Betty Ford Foundation. This year's entry is a frozen banana with cinnamon and cream dipped in dark chocolate and served on a stick.

**Strawberry Donut Delight:** Get a jumpstart on the calorie intake for the day with a glazed doughnut, sliced in half and filled with strawberries and whipped cream. Find it at the Strawberry Patch,



which is also known for its fresh berries—a nice break from all the friedness.

**Carpe Diem:** From the

choice of zesty mustards in a serving large enough for two. Pro tip: Also try the sriracha sliders stuffed with molten Monterey Jack cheese.

**Bang Bang Fresh Chicken Tenders:** Lulu's Public House has arguably the best seat in the house with its rooftop patio in the West End (complete with water misters when it's blazing hot). Try Lulu's new fried chicken tenderloins served with Bang Bang sweet and tangy chili sauce.

**Rustic Beef Pastry:** Year after year, the French Meadow Bakery & Café stand gets things right, and we are excited to try their flaky crust filled with Moroccan-spiced beef and baby spinach, topped with creamy goat cheese.

**Paneer on a Spear:** Hot Indian Foods is a popular food truck found around the Twin Cities. Aug. 31-Sept. 5 it will occupy Midtown Global Market booth at the International Bazaar and serve, among other things, a stick of deep-fried, seasoned paneer cheese coated with a local craft beer batter and served with tomato-garlic chutney. Did you know there are more than 90 food items on a stick at the fair? One more can't hurt.

**Iron Range Meat and Potatoes:** Giggie's Campfire Grill, brought to you by the owner of Gabe's in the Park, is the perfect go-to for a healthier lunch and a shady seat, along with a great line-up of craft beers. This year they've

brilliant mind of Chef Thomas Kim, owner of Minneapolis restaurant Rabbit Hole, comes this Taiyaki (fish-shaped) buttermilk miso waffle cone filled with balsamic-roasted strawberry compote and topped with vanilla ice cream, graham cracker crumble and a fresh strawberry. The Carpe Diem will make a limited appearance Aug. 25-30 at the Midtown Global Market booth in International Bazaar.

## Savory

**Beer Brat Buddies:** Oktoberfest in August? Why not? At Sausage Sister & Me in the Food Building, you can get an Oktoberfest beer brat in a German pretzel bun topped with sauerkraut, chopped onions and a

Fair guide to 20

## Celebrate Prince at the fair on Aug. 26

The Minnesota State Fair is inviting everyone to Unite in Purple and celebrate the life of Prince on Friday, Aug. 26, from 5 p.m. to close. Join fellow fair-goers in a purple celebration of the life of Minnesota's beloved son. Fair visitors are encouraged to wear purple as a tribute to Prince and his tremendous impact on Minnesota musical history.

A number of fun events are planned throughout the fairgrounds celebrating His Purple Highness:

→ Prince music, tributes and cover songs at stages throughout the fairgrounds

→ A Prince Party in the Park with music and dancing led by GenerationNOW's DJ Dudley D, Prince's personal DJ, at Carousel Park

→ Lavender lighting on iconic fair buildings and carnival rides

→ A one-night-only Lasertainment's Laser Hitz show featuring a Prince finale

→ Unite in Purple glow bracelets for the first 5,000 guests through the gates after 5 p.m.

→ Unite in Purple buttons for the first 7,500 visitors through the gates after 5 p.m.

→ Following Charlie Wilson and Fantasia's show at the Grandstand, the Minnesota State Fair Fireworks Spectacular will be set to Prince music and will feature a pyrotechnic Prince tribute.—

Alex Lodner



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# SEPTEMBER

# EVENTS

VENUE INFORMATION IS LISTED AT THE END OF THE CALENDAR. SEND YOUR EVENTS TO [calendar@parkbugle.org](mailto:calendar@parkbugle.org) by Wednesday, SEPT. 14, TO BE INCLUDED IN THE SEPTEMBER ISSUE.

## 1 THURSDAY

CAREGIVER SUPPORT GROUP, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 A.M.

BEREAVEMENT SUPPORT GROUP, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 A.M.

DIALOGGERS TOASTMASTERS MEETS EVERY Thursday of the month, U of M St. Paul Campus, Northern Research Station, 1992 Folwell Ave., 11:20 A.M.-12:30 p.m.

St. Paul Farmers Market, Como Docksides, 1360 N. Lexington Parkway, St. Paul, 2-6 p.m.

FARMERS MARKET, every Thursday in September, Good Acre, 1790 W. Larpenteur Ave., Falcon Heights, 4-7 p.m.

## 3 SATURDAY

St. Paul Public Libraries are closed through Labor Day, Monday, SEPT. 5.

## 6 TUESDAY

St. Paul Farmers Market, every Tuesday in September, 8 A.M.-NOON, Church of Corpus Christi parking lot, 2131 N. Fairview Ave., Roseville.

SAPAS drawing and Painting workshops with JANE, every Tuesday in September, Lauderdale City Hall, 10 A.M.-NOON.

Baby and toddler lap-sit story time, for ages 0-2, but siblings are welcome, every Tuesday in September, St. Anthony Park Library, 9:30-10 A.M. and 10:30-11 A.M.

Community blood drive, St. Anthony Park Lutheran Church, 2-5 p.m. Sign up at [redcrossblood.org](http://redcrossblood.org) or call Joy at 651-644-8833.

St. Anthony Park Garden Club meeting, “Hydrangeas for the Northern Garden,” St. Matthew’s Episcopal Church, social time begins at 7 p.m. Presentation begins at 7:30 p.m. Find out more at [www.stanthonyparkgardenclub.com](http://www.stanthonyparkgardenclub.com).

## 7 WEDNESDAY

English Conversation Circles, every Wednesday in September, St. Anthony Park Library, 4-5:30 p.m.

St. Anthony Park Book Club, St. Anthony Park Library, 6:30-8 p.m.

## 8 THURSDAY

Preschool story time in Mandarin Chinese, St. Anthony Park Library, 10:30-11:30 A.M.

St. Anthony Park Area Seniors cinema series, “Captain Phillips,” St. Anthony Park Library, 2-4 p.m. All welcome. Free.

## 9 FRIDAY

SAPAS Game Day, City Cables, 10 A.M.-NOON.

Preschool story time, St. Anthony Park Library, 10:30-11:30 A.M.

## 12 MONDAY

St. Anthony Park Area Seniors

Chianti Grill lunch outing, 2050 N. Snelling Ave., 11 A.M. Lunch expense is on your own. Call 651-642-9052 for more information.

Immigration: the Old Story of New Arrivals to America, presented by J.B. Anderson, Roseville Library, 12:30 p.m. Free. No registration required. Co-sponsored by Osher Lifelong Learning Institute.

## 13 TUESDAY

“Eras of Good and Bad Feelings; the Elections of 1796 and 1828,” part of the Times Change: A History of American Political Realignment series, presented by historian Janet Woolman, Roseville Library, 12:30 p.m. Co-sponsored by Osher Lifelong Learning Institute.

## 15 THURSDAY

Learn Chinese Folk Dancing, an exercise class for adults, St. Anthony Park Library, 10:30-11:30 A.M. Free.

Lauderdale Farmers Market, Community Park, 1885 Fulham St., 4-7 p.m.

## 16 FRIDAY

SAPAS Game Day, City Cables, 10 A.M.-NOON.

Preschool story time, St. Anthony Park Library, 10:30-11:30 A.M.

## 19 MONDAY

Community Sing, Olson Campus Center, Luther Seminary, 6:30 p.m. gathering, 7-8:30 p.m. sing. The event is free, but a hat will be passed for our music leaders and to make the sings possible. Co-sponsored by the District 12 Community Council.

Widening Gyre Writers Group celebrates 25 years with readings of fiction, memoir and poetry, St. Anthony Park Library, 7 p.m.

## 20 TUESDAY

“Whigs and Republicans, and Slavery; the Election of 1860,” part of the Times Change: A History of American Political Realignment series, presented by historian Janet Woolman, Roseville Library, 12:30 p.m. Co-sponsored by Osher Lifelong Learning Institute.

## 21 WEDNESDAY

History Book Club at Roseville Library, “Letters of Paul” by Calvin Roetzel, 1 p.m. Macalester professor emeritus Calvin Roetzel will lead discussion on the historical context of the Epistles. Sign up online at [www.rclreads.org](http://www.rclreads.org) or call 651-724-6001.

## 22 THURSDAY

Preschool story time in Mandarin Chinese, Commonwealth Terrace Community Center Fireroom, 1250 Fifeild Ave., 10:30-11:30 A.M.

## 23 FRIDAY

Preschool story time, St. Anthony Park Library, 10:30-11:30 A.M.

Co-ed Drum Circle, Women’s Drum Center, 6:30 p.m. \$10 at the door. All levels of experience are welcomed and encouraged. Drums provided. Find out more at [www.womensdrumcenter.org](http://www.womensdrumcenter.org).

## 25 SUNDAY

Sunday Afternoon Book Club, “Brooklyn” by Colm Toibin, Micawber’s, 1:30 p.m. All are welcome.

## 27 TUESDAY

“The Strange Career of the Republican Party; The Election of 1896,” part of the Times Change: A History of American Political Realignment series, presented by historian Janet Woolman, Roseville Library, 12:30 p.m. Co-sponsored by Osher Lifelong Learning Institute.

## 30 FRIDAY

Preschool story time, St. Anthony Park Library, 10:30-11:30 A.M.

## SENIOR EXERCISE

**St. Anthony Park Area Seniors Mondays and Thursdays,** Lauderdale City Hall, 2-3 p.m.

**Tuesdays and Fridays,** St. Anthony Park Library, 2:30-3:30 p.m. (No class on SEPT. 2. The SEPT. 9 and 23 classes will feature chair yoga.)

## Como Park/Falcon Heights Block Nurse Program

**Tuesdays and Thursdays,** Falcon Heights Town Square Senior Apartments, 9:30-10:30 A.M. (No Arbor Pointe Senior Apartment, 11 A.M.-NOON

## FREE SENIOR BLOOD PRESSURE CLINICS

**Como Park/Falcon Heights Block Nurse Program:**

**Third Thursdays,** Arbor Pointe Senior Apartments, 10-11 A.M.

**Fourth Thursdays,** Falcon Heights Town Square Senior Apartments, 11 A.M.-NOON

## SAINT ANTHONY PARK AREA SENIORS

**Thursdays,** Lauderdale City Hall, 1:30 p.m.

## VENUE INFORMATION

Arbor Pointe Senior Apartments, 635 W. Maryland Ave.

City Cables, 1611 Pleasant St., Lauderdale

Falcon Heights Town Square Senior Apartments, 1530 W. Larpenteur Ave.

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber’s Books, 2238 Carter Ave., 651-646-5506

Roseville Library, 2180 N. Hamline Ave., 651-724-6001

Olson Campus Center, Luther Seminary, 1490 Fulham St.

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park Lutheran Church, 2323 Como Ave., 651-645-0371

St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., 651-646-7173

St. Matthew’s Episcopal Church, 2136 Carter Ave., 651-645-3058

Women’s Drum Center, 2242 W. University Ave., [www.womensdrumcenter.org](http://www.womensdrumcenter.org)

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## Neighbors

**Como Park Lutheran Church will celebrate 90 years on Sept. 18**  
Como Park Lutheran Church (CPLC), 1376 W. Hoyt Ave., will celebrate nine decades as a congregation on Sunday, Sept. 18, with a special worship service followed by lunch and outdoor festivities.

Founded in 1926, just three years prior to the start of the Great Depression, the church survived the crash of 1929 and went on to install seven pastors, 11 associate pastors and nine pastoral interns. Pastor Martin Ericson has served the congregation for the past 16 years.

"The longevity of this congregation is rooted in worship, prayer and fellowship that extends beyond our walls into our local and global community," says Ericson. "But our strongest asset is our people who give of their time, talent and generosity to serve our ministry and each other."

Young and old play a role in the life of the church. At age 86, Shirley Knutson of St. Paul is the oldest member of the congregation. And Luka Smaka, born and baptized this summer, is the youngest.

Over the past 90 years, Como Park Lutheran has confirmed 966 confirmands; married 707 couples; baptized 1,226 people; served and supported more than two dozen beneficiaries—from elementary schools to food shelves, bible camps and the Block Nurse Program; partnered with and supported congregations and community-development projects in Tanzania, Guatemala and Madagascar; and opened its doors to provide meeting space for community organizations.

Neighbors and friends are invited to celebrate the church's 90th anniversary on Sept. 18, starting with a 9:30 a.m. worship in the sanctuary followed by lunch and outdoor festivities that will include music, complimentary face-painting, games and a photo booth. Food trucks will have food available for purchase. Those who attend the Sept. 18 worship service will receive a \$5 voucher in their bulletin, redeemable at any food truck.

For more information, contact the Como Park Lutheran Church office at 651-646-7127.

### St. Paul schools and racism to be highlighted at church forums

St. Anthony Park Lutheran Church, 2323 Como Ave., offers adult forums each Sunday at 10 a.m. All are welcome anytime.

On Sept. 18, St. Paul Public Schools Board of Education president Jon Schumacher, a member of the church, will present a highlight of school board issues and concerns for the coming year.

On Sept. 25, Dr. Fred Gaiser, professor emeritus of Old Testament at Luther Seminary, also a congregation member, will share the first of two presentations on *America's Original Sin: Racism, White Privilege, and Bridge to a New America*. This is

the newest book by James Wallis, best-selling author and leading Christian activist.

The book is available at Micawber's Books in Milton Square or at the church.

All are welcome for any or all adult forum sessions, or for worship before (9:30 a.m.) or after (11 a.m.).

### St. Anthony Park Boy Scout units are recruiting new members

It's recruitment time for St. Anthony Park's two Boy Scouts of America (BSA) units, Cub Scout Pack 22 and Boy Scout Troop 17.

Pack 22 serves boys in grades k-5 and is sponsored by Centennial United Methodist Church. Troop 17 serves boys in grades 6-12 and is sponsored by the St. Anthony Park United Church of Christ.

Pack 22 had been sponsored by St. Anthony Park United Methodist Church (UMC) since 1948, and now pack members are excited to work with Centennial United Methodist Church following its recent merger with St. Anthony Park UMC. Pack 22 Cub Scouts participate in an exciting year-round program that includes a fall bonfire, the Pinewood Derby, the Raingutter Regatta, summer and winter camps, community-service projects and extensive skills-development opportunities. The program is focused on teaching Cubs to develop confidence in themselves, to accept and collaborate with their peers, to serve their communities, and to take responsibility for themselves and their actions, all while learning new skills and having fun with friends old and new.

Pack meetings are typically held on the first Monday of every month at 7 p.m. at Centennial's St. Anthony Park Campus, 2200 Hillside Ave. Because of the Labor Day holiday, the September meeting will be held on Sept. 12 at 7 p.m.

For more information about joining the pack, contact Paul Snyder, Cubmaster, at psnyder0001@gmail.com or 651-329-8039, or David Cram Helwich, committee chair, at cramhelwich@gmail.com or 651-307-6980.

Troop 17 is currently recruiting all boys from sixth grade to age 17. No prior experience with Cub Scouts is required. Meetings are held Monday nights at 7 p.m. at St. Anthony Park United Church Christ, 2129 Commonwealth Ave.

Troop 17 has been serving neighborhood boys for more than 100 years and has a very active outdoor program. Over the past few years Boy Scouts from the troop have backpacked in Glacier National Park, canoed the Boundary Waters Canoe Area, and biked the Iron Range and North Shore. The troop's emphasis is on helping boys develop the confidence and leadership skills they will need to become successful adults.

For more information about Troop 17, contact Dean Schafer, Scoutmaster, at

dean.schafer8@gmail.com or 651-642-9776, or Chris Jacobsen, committee chair, at christian.jacobsen@gmail.com or 612-414-6601.

### A cuppa joe for the kids

You have until Wednesday, Aug. 31, to help support St. Anthony Park Co-op Preschool by purchasing a cup of coffee at Sunrise Banks' Park Perks coffee bar in side the bank, located at 2300 Como Ave. Park Perks devotes the proceeds from sales at the coffee bar to an area nonprofit each month.

### September blood drive at St. Anthony Park church

A community blood drive hosted by St. Anthony Park Lutheran Church and the American Red Cross will be held Tuesday, Sept. 6, 2 to 7 p.m., at the church, 2323 Como Ave.

Sign up for the drive at redcrossblood.org or by calling Joy at 651-644-8833. All donors will receive a certificate for a free haircut.

### Learn about hydrangeas at next SAP garden club meeting

The public is invited to the St. Anthony Park Garden Club meeting on Tuesday, Sept. 6, at St. Matthew's Episcopal Church, 2136 Carter Ave., St. Anthony Park. Use the Fellowship Hall entrance off of Chelmsford Avenue.

Kathy Zuzek, Dakota County Extension educator with the University of Minnesota, will present "Hydrangeas for the Northern Gardener."

Refreshments and social time will begin at 7 p.m. The program will be held from 7:30 to 8:30 p.m.

Questions? Contact Sandee Kelsey at kelse005@umn.edu or 651-645-9053, or "like" the club's Facebook page, facebook.com/SAPGardenClub. You can also find out more at stanthonyparkgardenclub.com.

### Stephanus Church Men's Club hosts annual Sauerkraut Supper

The annual Sauerkraut Supper hosted by the Men's Club at St. Stephanus Lutheran Church, 739 Lafond Ave., will be held Saturday, Oct. 29, 5 to 7 p.m. at the church. Supper will include pork loin, mashed potatoes, green beans, bakery bread and a dessert, all served family style. This traditional dinner has been served at the church for more than 50 years.

Cost is \$10 for adults and \$5 for children ages 5 to 12. There is no cost for children under 5. For more information, call the church at 651-228-1486.

### Mental health support group meets in Roseville twice a month

A NAMI Connection peer-support group for adults recovering from mental illness meets bi-weekly in Roseville. The free group is sponsored by NAMI Minnesota (National Alliance on Mental Illness). Trained facilitators who are also in recovery lead NAMI

Connection groups.

The group meets on the second and fourth Wednesdays of each month, 6:30 to 8:00 p.m., at Centennial Methodist Church, 1524 W. County Road C-2. For more information, call NAMI at 651-645-2948.

### NAMI parent-resource group meets in St. Paul twice a month

NAMI Minnesota (National Alliance on Mental Illness) provides support groups to help parents discover resources to meet the challenges of raising a child with mental illness, learn coping skills and develop problem-solving skills. Parent resource groups are facilitated by a parent who has a child with a mental illness and who has been trained to lead support groups.

A parent resource group meets on the second and fourth Monday of

the month, 6 to 7:30 p.m., at 550 S. Snelling Ave., Suite 103, St. Paul. For information, call 651-645-2948.

### Local artist offers retreats in 2017

Artist Monica Fogg is offering a Creative Immersion Retreat for artists of all skill levels Jan. 7-14, 2017, on Isla Mujeres, Mexico, an island near Cancun. Fogg has taught courses in watercolor, drawing, painting, color theory, design and illustration at the University of Minnesota College of Design.

Those interested in combining drawing and painting with sailing may want to sign up for Sea Scapes, which will be held in summer 2017, sailing the shores of Door County peninsula in Wisconsin. Like the Creative Immersion Retreat, Sea Scapes is designed for those of all

Neighbors to 20

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## CPHS Cougar Sports

*Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.*

# Fall sports preview

High school sports are back in session. Opening practices for the fall athletic season in Minnesota officially commenced on Aug. 15. Student athletes from several sports spent portions of their summer doing individual conditioning, playing for club teams and participating in voluntary workouts with their high school coaches during the June and July summer training window.

While the first day of school in St. Paul is after Labor Day, student athletes will have already represented their schools in several games and competitions before they walk through their classroom doors. For the Como Park Cougars, it promises to be another exciting fall. Here's a preview:

**Boys soccer**—With 10 returning varsity players, coach Jonah Fields is excited about building a new competitive team. The Cougars will work toward becoming interdependent and blending their

talents into consistent effort. The St. Paul City Conference is one of the strongest soccer conferences in the state. Playing against strong opponents in the city, in addition to a challenging nonconference schedule will give the Cougars a glimpse of what they'll need for another successful post-season run through the Section 4A play-offs.

New to the program this season will be a trophy game versus crosstown rival Humboldt. The "Mayor's Cup" is dedicated to Mayor Chris Coleman's commitment to growing the game of soccer in St. Paul. Coleman will present "The Cup" to the winning team after the game on Sept. 16 at Como.

**Football**—The Minnesota State High School League changed formats last season and abandoned the traditional conference schedules. The new system places teams in competitive districts. The Como Park Cougars compiled an overall record of 3-7 in the Twin City Red



Como girls' soccer captains Tu Lor Eh Paw, Marie Wulff and Emily Forstrom discuss plans for a captains' practice in early August. High school coaches and players officially kicked off the fall season on Aug. 15.

Sub-District last season with victories over Concordia Academy, Columbia Heights and Brooklyn Center.

The Cougars will work to improve upon that record in 2016, beginning Friday, Sept. 9, in a game against Harding, the only other St. Paul team on its schedule.

The season opener will be played at Griffin Stadium at 7 p.m. Junior quarterback Robert Adams, an All-District Honorable Mention player in 2015, is poised to lead the Como offense again this season.

**Cross country**—Under the leadership of coach Tim Kersey and new assistant coach Jim Rue, the boys and girls teams will train together and build upon recent success. The boys team is led by the defending St. Paul City champion, senior Innocent Murwanashyaka. Innocent's goals include repeating as the conference champion and competing in the state tournament, where he had a top-10 finish last

season. Junior Eli Pattison will be joining Innocent as a co-captain for the boys this season.

The girls team also features the defending St. Paul City champion, senior Florence Uwajenezza. Florence has been running all summer to be in peak form for another title. She will be a co-captain for the girls along with junior Ana Caballero.

The total number of participants in the combined cross country program is expected to be 35 this season.

In addition to the city varsity and junior varsity meets, the runners are enthusiastic about the opportunity to run in the enormously popular Roy Griak Invitational on Sept. 24 at the University of Minnesota's Les Bolstad Golf Course.

**Girls soccer**—The Lady Cougars will be led by new head coach Kyle Johnson. Expect an emphasis on creative play and developing young talent. This is an exciting time for Como Park girls soccer, as numbers have increased in the last two years with more participants spending more time playing the game. Coach Johnson developed and implemented a variety of training sessions in June and July, and the impact has carried over as captains ran practices in August prior to opening day.

The St. Paul City will feature tough competition, and Section 4A is loaded with strong teams on the girls side. With that in mind, the Como girls have overall goals of working hard, having fun and getting better each game.

**Volleyball**—The Cougars enter 2016 as the defending champions of the St. Paul City Conference. An

extremely talented senior class graduated in June after earning two city titles during their time at Como and producing two Division I college players. The returning Cougars will be working hard to keep the program at a competitive level, and they will be doing it with new head coach Jill Bachmann.

After serving in the program for several years coaching younger players on the C-team, Bachmann steps into the varsity position with positive energy and a plan to keep building skills in every player.

**Girls tennis**—Senior captains Mira Kammuehler and Lizzy Larson will lead the Cougars on the courts. The team finished in the middle of the pack last season with a 3-3 record in the St. Paul City Conference. With experienced and dedicated leadership, complemented by younger up-and-coming players, the team has goals of holding their position in the middle of the conference and having fun playing a sport they love.

**Girls swimming**—The swim team placed fourth in the St. Paul City last season. This year's team is balanced with swimmers from all grade levels and should continue to be competitive. Finishing in the middle of the conference is a realistic goal again. The young women that represent Como Park in the pool will put in miles of training laps and speed intervals through early November, which is when the section meet will be held.

*Eric Erickson is a social studies teacher at Como Park High School, and a long-time coach of school and youth sports.*

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**SIGN UP NOW FOR THE ST. ANTHONY PARK** neighborhood garage sale Saturday, Sept. 17, 9-5. Fill out the registration form at [www.sapcc.org/sap-garage-sale/](http://www.sapcc.org/sap-garage-sale/), then send it with \$15 to St. Anthony Park Community Council, 2395 W. University Ave., Suite 300E., St. Paul, MN 55114, by Tuesday, Sept. 13.

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Fair guide from 15

introduced this hearty slice of seasoned beef with a layer of cheddar cheese, topped with mashed potatoes, baked and drizzled with a wild rice gravy.

**Tot Boss Food Truck:** The Tot Boss food truck has been cruisin’ the streets of our fair cities for five years. This year it has snagged a coveted spot at the fair where Tot Boss will serve tater tots loaded with a variety of toppings, including bacon crumbles, chili and much more. Look for the black-and-yellow trailer on the east side of Underwood Street between Wright and Dan Patch avenues.

New attractions

Oh, right, there are other things going on at the fair besides stuffing of faces. Here are just a few attractions to look forward to.

**Recipe Card Roundup:** Each day, a limited number of collectible cards featuring six top recipes from 2015 will be given away from 10 a.m.-4 p.m. in the Creative Activities Building. This year’s Recipe Card Roundup giveaway will include Zesty Salsa, Strawberry Jam, Banana Bread, Gluten-Free Pumpkin Bars, Apple Pie and Chocolate Brownies. A schedule of which recipes will be given away on specific days will be available on the free daily schedules.

National Park Service

**Centennial Day at Carousel Park:** To celebrate the National Park Service Centennial, Minnesota’s six national parks will host a day filled with interactive activity stations by the parks and their partners, aiming to educate, entertain and inspire. There will be entertainment by the Lost Forty, Asian Media Access, Mark Twain and Trivia Mafia, and participants can collect an exclusive State Fair-only stamp as part of the National Park Service passport program. The event takes place at Carousel Park on Monday, Aug. 29, 9 a.m.-6 p.m.

**Eco Experience:** The Progress Center is home to Eco Experience, a partnership of the State Fair, Minnesota Pollution Control Agency and more than 150 organizations and businesses across the state. The building has many interactive, fun ways to learn about protecting the environment, including a couple of new exhibits in 2016. Check out the 15-foot Paul Bunyan, dressed to impress in an outfit meant to call attention to a giant-sized waste problem. Or visit the living green wall, with more than 14-feet of living plants created by the University of Wisconsin-River Falls. The wall will highlight study findings that show foliage can positively impact college students’ well-being and academic performance. Get more information at [www.ecoexperience.org](http://www.ecoexperience.org).

**Fairchild and the Moo Booth celebrate:** Happy birthday, Fairchild.

The beloved face of the fair turns 50 this year and doesn’t look a day over 30. Fairchild the Gopher is the one wearing a green pinstriped jacket; his sidekick and nephew, Fairborne, wears blue stripes. You can pose for photos with the birthday boy daily 11 a.m.-4 p.m. at Visitors Plaza.

And a very happy 25th anniversary to the Moo Booth in the Cattle Barn. The building features cow-milking demonstrations, fascinating facts about cattle care and behavior, and a line-up of cattle breeds on display. There will be special anniversary activities daily at 12:30 p.m. and an anniversary party on Friday, Aug. 26.

**Hen House:** The CHS Miracle of Birth Center is now home to two flocks of hens in a new modern housing facility designed just for them. Discover how farmers use egg production systems and see a

Neighbors from 17

levels and disciplines (drawing, watercolor, collage, other non-solvent media).

For detailed information and to register, click on the workshops tab at Monica Fogg Studio’s website. [www.monicafogg.com](http://www.monicafogg.com)

**Fall registration is now open at St. Paul Park and Rec centers**

Basketball registration opens in September for ages 3-18 at all St. Paul Park and Recreation centers. Don’t forget the first five days are early discount days.

Registration for fall classes and activities began Aug. 15 at North Dale, Langford and Northwest Como rec centers.

Here is a list of September offerings. Check your local recreation center for a complete list of fall offerings.

*Northwest Como, 651-298-5813*

Knitting for Youth or Parent & Child: Wednesdays, Sept. 21-Oct. 26, 6:15-7:15 p.m., age 7+

Intro to Yoga & Mindfulness, Tuesdays, Sept. 27-Nov. 1, 3:15-4 p.m., ages 6-10

Martial Arts: Taekwondo Youth, varying days of the week, 4:30-5:30 p.m., ages 6-17

Teen dance, Friday, Sept. 16, 6:30-8:30 p.m., ages 10-13

backyard chicken coop up-close. If you’re lucky, you’ll even get to see the birds lay eggs.

**Draft Horse Barrel Racing:** Known for being regal and majestic, draft horses will stretch out their stride and thunder through barrels in this competition making its debut at the State Fair on Sunday, Aug. 28, at 8 a.m. in the Warner Coliseum.

**New vendors**

If shopping is your real reason for visiting the fair, these new vendors might be worth a stop.

**Mundo Village** in the International Village will feature a variety of international artisans with products from Central Asia and Central America, including lanterns, repurposed wallets and purses, pottery, artwork and more.

**Holly House Boutique** in the Grandstand will carry items by local

Welcome Bonfire, Friday, Sept. 30, 6:30-8:30 p.m., free

Archery, Mondays, Sept. 26-Nov. 3, 3-4 p.m., ages 9-14

Urban Tennis (Orchard Recreation Center), Tuesdays, Sept. 13-Oct. 18, ages 7-15. Register at [www.urbantennis.org](http://www.urbantennis.org)

*North Dale, 651-558-2329*

Artist Workshop for Adults, Tuesdays, Sept. 20-Oct. 4, 9-11 a.m., ages 19+

Cribbage Night, Thursdays, Sept. 22-Dec. 29, 6:30-8:30 p.m., ages 19+

Getting to Know NAMI, Saturday, Sept. 17, 10-11 a.m., ages 16 and older

Martial Arts: Taekwondo Jr. Mondays and Wednesdays, September-December, 5:30-6 p.m., ages 4-5

Martial Arts: Taekwondo Youth and Teen, Mondays, Wednesdays and Fridays, September-December, 4:50-5:30 p.m., ages 6-17

Music Together, ensemble music, Mondays, Sept. 26-Dec. 5, 6:15-7 p.m., ages 1-6

Dance: Challenge Square Dancing, Mondays, Sept. 12-Dec. 19, 6:30-9 p.m., ages 18+

Tumbling, Tuesdays, Sept. 27-Nov. 15, 6-6:45 p.m., ages 3-5

Mini Shredder Skate Board Camp, Wednesdays, Sept. 14-Oct. 5, 6-7 p.m., ages 5-8

artists, including pillows, soaps, pottery, home décor, tote bags and more.

**Wish Boutique,** also in the Grandstand, will have Minnesota-themed apparel, custom-designed jewelry and reversible mixed-material skirts.

**16 oz. Society** will carry Midwest craft beer apparel and lots more fun items in the upper level of the Grandstand.

**Log Cabin Tea Co.** will set up shop in the Creative Activities Annex, selling loose-leaf teas and tea-brewing accessories, hand-screened pillows and tea towels, along with framed rustic burlap prints.

**Collaborations** will be in the upper level of the Grandstand selling homemade Minnesota-themed items, including candles, necklaces, T-shirts and more.

Senior Fitness, Thursdays, Sept. 1-Dec. 29, 9:30-10:30 a.m., ages 18+

Laughter Yoga, Thursdays, Sept. 1-Dec. 1, noon-12:45 p.m., ages 18+

Earth Moon Yoga for Adults, Sept. 3-Dec. 24, Tuesdays at 7:40 p.m. and Saturdays, 11 a.m., ages 18+

Pilates/Mind/Body/Strength, Mondays and Wednesdays, Sept. 7-Dec. 21, 7:15-8:15 p.m., ages 18+

*Langford, 651-298-5765*

Pilates Beginner, Thursdays, Sept. 8-Nov. 10, 12:15-1:15 p.m., ages 18+

Pilates Intermediate, Thursdays, Sept. 8-Nov. 10, 11 a.m.-noon, ages 18+

Urban Tennis, Tuesdays, Sept. 13-Oct. 18, ages 7-15, register at [www.urbantennis.org](http://www.urbantennis.org)

Horseshoes, Wednesdays, Sept. 7-Oct. 19, 5:30-6:30 p.m., ages 18+

Badminton, Fridays, Sept. 9-Dec. 16, 6-7:45 p.m., ages 18+

Bowling and Darts, Fridays, Sept. 2-Dec. 16, 9:30-11:30 a.m., ages 50+, free

To register for St. Paul Park and Recreation activities, call the rec center, go to the center or register online at [stpaul.gov/activityregistration](http://stpaul.gov/activityregistration).

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