



The greenest house

Couple's home is 'project of a lifetime.'

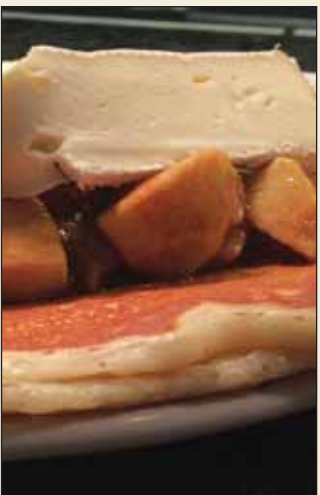
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Poetrypalooza No. 5

Meet the winners of the 2015 contest (and, no, Emily Dickinson didn't win).

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Hungry?

See what's cooking in Bugleland.

Pages 14 & 15

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Park Bugle

St. Anthony Park / Falcon Heights
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www.parkbugle.org
April 2015

The Bards

Twice-monthly poetry class a highlight for a group of St. Anthony Park Home residents

By Teresa Woodward

The blinds are drawn closed in the first-floor dining room of St. Anthony Park Home, but the sun still tries to peek in on the scene. The effect is a striped pattern of shadow and light behind David Healy as he stands at the head of the class.

Healy teaches Poetry Class at the nursing home, 2237 Commonwealth Ave. As with many poetry and composition classes, the students study the works of famous (and not-so-famous) authors and write their own poems. There are no right answers here, just discussion. No corrections in red pen, just creation. No grades, just appreciation—of poetry and the writing of poems.

Today's group of seven people doesn't quite fill their adopted classroom, but nearly everyone is at the front. Class begins with a short discussion of the last session's poem. Then, Healy reads aloud the dramatic monologue, "Hawk Roosting," by Ted Hughes:

Hawk Roosting

I sit in the top of the wood, my eyes closed.

*Inaction, no falsifying dream
Between my hooked head and hooked feet:*

*Or in sleep rehearse perfect kills and eat.
The convenience of the high trees!*

*The air's buoyancy and the sun's ray
Are of advantage to me;
And the earth's face upward for my inspection . . ."*

"What might the hawk symbolize?" Healy asks.

"Maybe Ted Hughes?" offers one student.

Maybe.

The bird might symbolize arrogant people, like Hitler and Napoleon, suggests another.

Perhaps.

The class never fully agrees on an answer.

Next, Healy asks for animal suggestions for the class's own dramatic monologue. Two of the students make suggestions:

"Mouse."

"Rat."

"Cat."

"Dog."

After discussing the benefits and disadvantages of each—rats are aggressive, mice are thought to be friendlier, dogs love to please people, cats expect us to please them—the votes are counted. Dog wins in a runoff election with mouse. Cat receives no votes.

As class goes on, more students begin to participate. Four students offer their ideas by the end of the session. "What do we know about dogs?" Healy asks. Dogs are "fun-loving, obedient, noisy, disobedient,



Dave Healy (left) and Richard Horberg share a laugh as they discuss a novel Horberg is writing. It's a love story set in the Philippines, where Horberg spent a year during his time in the Army. Horberg is one of Healy's "Bards," a poetry group at St. Anthony Park Home. Photo by Kristal Leebrick

sulk if in trouble," students suggest. Soon, the white board fills with the beginning of a poem.

Healy copies down everything and promises to return next week with the completed poem. And class is over. The residents trickle out of their classroom, and the room becomes a dining room once more.

Healy, who taught English composition at both the University of Minnesota and Bethel University and ran writing centers at both schools, began teaching Poetry Class six months ago. After a year of volunteering at the home, reading and chatting with a few individual residents, Healy—who retired as the editor of the Park Bugle in 2010—wanted to do more. Poetry Class allows him to share his love of poetry and teaching experience with more of the residents.

The format of the class was important to Healy. "I wanted to have them write something. Poetry could be managed in a short session," he said.

The class has read a variety of poems from different authors and writing styles, yet the students spend little time analyzing the mechanics. "My main goal is to nurture an appreciation for poetry. I don't spend a lot of time talking about formal features. I hope that they will develop, or have an existing, appreciation for poetry," Healy said.

Twice a month Healy leads the class, using different poems as a jumping-off point for the class to write their own. Sometimes the class writes a complete poem during a session, sometimes not. "We don't

Poetry class to 6

24-unit apartment project could break ground at N.E. corner of Doswell and Como this fall

By Kristal Leebrick

If all goes according to plan, Ned Wesenberg says there should be a lot of new housing inventory on the market in St. Anthony Park come spring 2016.

That's when Wesenberg—owner of Park Service and the BP station on Como Avenue, as well as the Healy Building at 2301 Como Ave. and the apartment building behind it—hopes a three-and-a-half-

story 24-unit apartment complex will be open for rent at the northeast corner of Como and Doswell avenues.

Developers Tanya Bell and Judd Fenlon, along with architect Pete Keely of Collage Architects on Raymond Avenue, presented plans for the project at the District 12 Land Use Committee meeting on March 12.

The project, which Wesenberg has named Park 24, will include underground heated parking and market-rate one- and two-bedroom apartments that Wesenberg says will appeal to local residents who have hit a point in their lives where their children have grown; they are tired of taking care of "yards, fascia, soffits and gutters"; they "want to travel and

do things" without the burden of a home to care for; and they are not ready for assisted living. And it'll be right on "Main Street," kitty-corner from Tim & Tom's Speedy Market, across from Sunrise Bank and—if another proposed project comes to fruition—a hardware store.

At press time, Wesenberg had been trying to talk with representatives at the U.S. Postal Service to offer space on the ground floor of his building to house a new post office, to replace the building at 2286 Como Ave., which is being purchased by Frattalone's Ace Hardware.

Neighborhood response to the project has been positive, Wesenberg said, as neighbors have been stopping

Park 24 to 8



Park 24: a three-and-a-half-story, 24-unit apartment building could be open for rent in spring 2016. Drawing courtesy of Collage Architects

C I T Y F I L E S

Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Contact 651-644-3889 or www.district10comopark.org.

Como garage sale is May 16

Registration for the 2014 Como Neighborhood Garage Sale is now open. This year's sale will take place on Saturday, May 16.

The registration fee is \$15. Registration includes a listing on the printed and online garage sale map. Fees will fund newspaper advertising and yard signs to promote the sale.

You can register online at district10comopark.org/2015_garage_sale.html.

District 10 annual meeting, board elections are April 21

District 10 residents and business owners are invited to join the District 10 Como Community Council for its annual meeting and elections on Tuesday, April 21, at 7 p.m. at the

Historic Streetcar Station, 1224 Lexington Parkway N. The meeting will include a review of District 10's work in 2014 and an interactive update on the district's planning process.

The meeting will also feature the annual election of the District 10 Como Community Council, the neighborhood volunteers who govern and support District 10's work.

For more information on voting eligibility requirements and procedures, go to www.district10comopark.org/Membership_Voting.html.

Falcon Heights and Lauderdale

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpenteur Ave. Contact 651-792-7600 or www.falconheights.org.

The Lauderdale City Council meets on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 1891 Walnut

St. Contact www.ci.lauderdale.mn.us or 651-792-7650.

Falcon Heights selects new city administrator

The Falcon Heights City Council has selected Albert Lea assistant city manager Sack Thongvanh to be the new Falcon Heights city administrator. After receiving 40 applications, three finalists were interviewed by the full City Council and the council plans to approve an employment agreement with Thongvanh at the March 25 City Council meeting.

Prior to his work in Albert Lea, Thongvanh served as the city administrator for the City of Eagle Lake, Minn., and the City of Sherburn, Minn. Assuming approval on March 25, he is scheduled to begin at Falcon Heights on April 27.

Bart Fischer, who has been Falcon Heights' city administrator since January 2012, has accepted a

position as city administrator of Oakdale. Fischer began his career with an internship at Oakdale. He said he knew that if a position ever opened up there, he'd throw his hat in the ring.

Learn about Bell Museum's move to Larpenteur Avenue

The cities of Falcon Heights and Lauderdale, along with the Falcon Heights-Lauderdale Lions Club, will sponsor an evening with Dr. Susan Weller, executive director of the University of Minnesota's Bell Museum of Natural History, on Monday, April 27, at 7 p.m. at Falcon Heights City Hall, 2077 W. Larpenteur Ave.

Weller will discuss the museum's move to the U's St. Paul campus on the southwest corner of Larpenteur and Cleveland avenues.

St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at South St. Anthony Recreation Center (SSA), 890 Cromwell Ave. To find when council committees meet, go to www.sapcc.org or call 651-649-5992.

Kasota Ponds cleanup

The annual Kasota Ponds cleanup will be held Saturday, April 25. At press time, the details and times of the event had not been finalized. To find out more, go to the District 12 website, www.sapcc.org. The St. Anthony Park Community Council is seeking volunteers for the event.

Take the District 12 survey

District 12 has launched a community survey to help the

City files to 5

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ASTA

**Task force holds ADU information meeting**

The District 12 ADU Task Force held an informational meeting on accessory dwelling units (ADUs) March 16 at St. Anthony Park Lutheran Church. The meeting presented results of research conducted by the nine-member volunteer task force, which was created last fall to explore the pros and cons of changing the City of St. Paul's zoning code to allow ADUs to be built in St. Anthony Park. You can access the information shared at the meeting at the District 12 website, www.sapcc.org. The task force also solicited public comment at the meeting. If you would like to share your comments, contact Suyapa Miranda at District 12 (suyapa@sapcc.org or 651-651-649-5992) to find out how to obtain a comment sheet to share with the task force.

Franklin Avenue to be repaved and improved for bikes and pedestrians

By Anne Holzman

Paving and improvements to Franklin Avenue just west of trunk Highway 280 will cause street closures and other traffic disruptions this summer.

St. Anthony Park Community Council member Brad Engelmann said it will be worth the trouble. The council met with city officials in early March and reacted with enthusiasm to the plan, which Engelmann said will make the street friendlier to pedestrians and bikes and help draw the neighborhood together.

"They included nearly all the elements we look for in a street plan," said Engelmann, who co-chairs the community council's transportation committee.

The project, which stretches from St. Paul's western border at Curfew Street east to Eustis Street, will be funded by city street

improvement bonds and assessments to adjacent properties. Eustis Street serves as a frontage road along the western edge of 280 where it meets Franklin Avenue.

In addition to the typical updates to sewers and utilities, Engelmann said, the plan includes installation of sidewalks and boulevards where there have long been gaps and replacement of lighting with a "lantern style" that better serves bikes and pedestrians.

Curb bumpouts, improved crosswalks and bike lanes are also planned. "We're excited about it," Engelmann said.

The council has asked for bike-lane striping to continue on Franklin east to University, a request that is still pending, he said.

All property owners directly affected by the Franklin Avenue project should have received a letter from the city in early March.

Construction is scheduled to begin in May. St. Paul Public Works engineer Jess Farrell, who is heading up the project, noted that he's aware that Curfew Street residents will need access during construction, "as it's a dead-end street."

Copies of correspondence and a calendar of construction updates can be found on the city of St. Paul's Franklin Avenue Reconstruction Project web page, <http://stpaul.gov/index.aspx?NID=5628>.

Engelmann and his colleagues also have proposed improvements to Territorial Road, aiming to connect the rapidly growing edge of St. Paul to the older neighborhoods on the east side of 280, as well as to serve trucks seeking alternatives to their old University Avenue routes.

"We are asking for

Franklin Avenue to 8

Neighborhood Feedback Needed!

Your feedback will help produce a 10-year vision for St. Anthony Park

The St. Anthony Park Community Council (SAPCC) is engaging the community in a strategic planning process that will set priorities for the neighborhood as well as be submitted to the City of St. Paul. Through an online survey, meetings, interviews, and focus groups we intend to reach 1000 of the residents, students, and businesses who benefit from our community every day.

Please fill out our 15 minute online survey to tell us about your experience in St. Anthony Park. Access the survey online at <https://www.surveymonkey.com/s/LBDDVYF> or through the QR code listed below.

Paper copies are available by calling (651) 649-5992.
890 Cromwell Ave St. Paul, MN 55114

ST. ANTHONY PARK



Please complete survey by April 6th 2015

Please visit our website, <http://www.sapcc.org/>, for more information



Tim and Muffi Abrahamson have lived in the same house on Carter Avenue for more than 25 years. They'll move into their new home next door in a few months. *Photo by Marina Lang*

What's wood, steel and green all over?

A St. Anthony Park couple's lifetime dream: a net zero home

By Judy Woodward

Tim and Muffi Abrahamson haven't decided on a color scheme yet for the new house they're building for themselves on Carter Avenue, but that hardly matters. Even before they buy a single gallon of paint, they've already got the greenest house in the neighborhood.

The Abrahamsons—with a little help from their good friend, local architect Lucas Alm—are the designers and builders of the first net zero house in St. Anthony Park. The house is still several months from completion, but if all goes according to plan, the Abrahamson house will create as much energy as it consumes, through an ingenious trifecta of good design, solar panels and super-thick insulation.

Huge south-facing windows will capture passive solar heat in winter, with the added bonus of offering year-round great views of their tree-studded backyard. Then there is what Muffi calls (in the blog she's writing about their project) "some serious insulation." The 14-inch thick walls will be wrapped in several inches of the same expanded polystyrene

(EPS) insulation that will be packed under the concrete foundational slab, with dense-packed cellulose used in the ceiling.

The final support in the balancing act that's going to keep the house comfortable even in the worst of Minnesota's weather is the array of solar panels that the Abrahamsons are installing on the south-facing roof of their detached garage.

The Abrahamsons will remain very much "on the grid," essentially turning their house into a mini power-production facility for Xcel Energy. On sunny summer days the solar panels will allow them to produce more energy than they use.

"In summer, we'll produce energy and sell it [through energy credits] to Xcel," Tim says. "In winter, we'll consume more than we produce."

For the Abrahamsons, the new house represents the dream of a lifetime. When they moved to St. Anthony Park in the late 1980s, the couple bought a house with an extra lot, even then cherishing the plan that someday they might build their own house. They had always been

interested in sustainable, environmentally friendly housing, and Tim's decades of experience as the head of his own construction firm gave them confidence in their ability to master the technical details. Now on the cusp of their 60s, with their two children grown, the Abrahamsons knew it was finally time to make their move.

"I'm glad we waited," Tim says. "We would have built a nice house [earlier], but solar technology has improved so much."

They've also mastered the lessons of an earlier generation of green housing design. "In the 1970s, we wanted to build 'tight' houses, but now we know that we [also] need to provide air exchange" to keep fresh air flowing to the living spaces, he says.

The couple describes the planning process for their new house as "incredibly fun" (Muffi) and "the project of a lifetime" (Tim). "We always wanted to live in a house we designed together," Muffi says. "We have similar tastes."

Green home to 20

Climate Rally 2015 will celebrate Earth Day, climate work in state

By Kristal Leebrick

There is a lot of good work going on in Minnesota to address climate change, said Dawn Tanner, and she and her husband, Jim Perry, are throwing a party of sorts at the State Capitol on Earth Day to celebrate.

Climate Rally 2015, set for Wednesday, April 22 (April 23 has been reserved as a rain day), will include speakers who are working on climate change projects in the sciences and in policy-making, along with music, food and more.

The day will begin with music at 12:30 p.m., followed at 1 p.m. by speakers, who will talk about their efforts in addressing climate-change

issues in Minnesota. A poster and letter presentation and group photo will begin at 2:30 p.m.

Speakers include Mark Seeley of the Minnesota Climatology Working Group; Minnesota State Rep. Melissa Hortman of the Job Growth and Energy Affordability Policy and Finance Committee; Scott Strand, executive director of the Minnesota Center for Environmental Advocacy; Clarence Lehman, associate dean at the University of Minnesota College of Biological Sciences; Erin Murphy, Minnesota House minority leader; Suzanna Savanick Hansen, sustainability manager and professor at Macalester College; Peter Reich, senior chair in Forest Ecology and

Tree Physiology at the University of Minnesota; Ellen Anderson, executive director of the University of Minnesota's Energy Transition Lab; Jothsna Harris and youth leaders, Will Steger Foundation; and Julia Frost-Nerbonne of the Department of Fisheries, Wildlife and Conservation Biology and MN 350.

The impetus to organize the event came from Tanner's own struggle with understanding climate change.

A conservation biologist and teaching specialist at the University of Minnesota, who "prefers to study focal species, lava lizards in the

Climate rally to 9

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heartily thanks our current
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- Provided 1,367 RIDES
- Spent 622 hours delivering MEALS
- Made 637 HOME VISITS
- Taught 39 EXERCISE CLASSES
- Served on the Board of Directors for 1810 HOURS
- Provided 26 BLOOD PRESSURE CLINICS
- Gave 50 hours of CHORE HELP
- Completed 40 hours of OFFICE WORK

In honor of National Volunteer Month, we will recognize our volunteers with refreshments and door prizes at a special event on April 28 from 10 a.m.-1 p.m. at the St. Anthony Park United Methodist Church.

Thanks to the following organizations for their donations to support this event:

- All Seasons Cleaners
- Bibelot Shop
- Dunn Bros. Coffee
- Handi Medical
- Lauderdale Wellness Center
- Micawber's Books
- Park Service
- Mim's Cafe
- Sunrise Banks
- St. Anthony Park United Methodist Church

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To learn more about becoming a volunteer for St. Anthony Park Area Seniors, please call 651-642-9052 or e-mail the Volunteer Coordinator at vc@sapaseniors.org.

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The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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Currently serving on the board are Grant Abbott, Lynn Abrahamsen, Ted Blank, Emily Blodgett, Betsy Currie, Ann Fendorf, Michael Griffin, John Landree, Bob Milligan, P.J. Pofahl, Glen Skovholt, Jan Sedgewick, Matt Vierling, Kathy Wellington.



EDITORIAL

A poetic month

There is poetry everywhere this month: Read the lovely story about Dave Healy's poetry-writing venture at St. Anthony Park Home on page 1. Check out the winning poems in our fifth annual poetry contest on page 7. (Thank you, Alice Duggan, for doing a bang-up job on choosing the winners.) We pulled a poem out of a 1955 St. Anthony Park Antique Club meeting program to help tell the story of the 75-year-old club on page 10. And here we offer two more contributions to our poetry contest for your reading pleasure, simply because they both reference spring. And it is spring now, after all. (Go to www.parkbugle.org to read all of the poems entered in our 2015 contest.)

The Early Bird

It's said that robins hunt by sight,
eye cast in beady readiness, looking
to spot the prey a centimeter's depth
from death at the surface of the lawn.

But you can't tell me they're not
listening when they cock their heads,
gone mum themselves, catching
the gab of chatty grubs, picking up
the chime of earthworm rings
contracting and expanding
deep in summer's soil.

Their bearing makes the birds seem smart, like
our old spoiled spaniel, all attention, one rag-ear
drooping, inclined to snack when we offer treat,
a word she knows, along with sit and stay.

The bird brain, though, being what it is,
hears not the lyrics but the melody.

The robin stops to eavesdrop
on the subterranean babble the way
the rapt disc of the sunflower tilts
toward the clamor of the noonday glare,
convinced by what it has to say.

—Susan Warde, St. Anthony Park

River

In spring the river sighs in pain
Her surface cracked
Her blood exposed, bursting
Warmed by fickle sun whose gaze
Could melt the core of hell
Then a brief ecstatic shout
Turbulent, tumbling, outspread on the plain
Stretching catlike through languid summer
Until sun, ungenerous, withdraws
Leaving silent soul encased in
Frozen shell again

—Priscilla Thomas, St. Anthony Park

LETTERS

The Bugle welcomes commentaries and letters to the editor. Send them to editor@parkbugle.org.

State's transportation infrastructure belongs to all

Minnesota needs a transportation system that provides equitable access and better connects us to our jobs, housing and education. The state's transportation infrastructure belongs to all of us and it impacts us each in

unique ways. Our ability to move around efficiently affects our finances, our health and the ability to do our jobs or run our businesses effectively. Transportation is one of the highest costs in household budgets, greater than education and health care.

Minnesota's transportation

system needs to be a priority for the state Legislature in 2015. Our state is competing with the rest of the country to retain and attract the best young talent. The Twin Cities region is losing its young talent to cities such as Austin, Denver and Portland as these workers seek out cities with vibrant downtowns and accessible

transit.

Unfortunately, only 15 percent of jobs in the Twin Cities are conveniently served by public transit. It is time for the state Legislature to invest in transportation infrastructure in 2015.

Joan Phillips, Falcon Heights

The Bugle seeks board candidates

The Park Bugle is seeking candidates to fill openings on its board of directors. The board consists of residents and business owners from the communities served by the newspaper. We especially encourage candidates from the Como Park neighborhood and the cities of Lauderdale and Falcon Heights to

achieve geographic balance on the board.

Skills and background desired:

- Organizational or management skills, especially with nonprofits, including board service
- Fundraising and grant-writing experience, a strong connection to

the community and the ability to comfortably approach potential donors

- Advertising experience, specifically sales, to support our sales representatives
- Legal expertise
- Website development

Other opportunities:

If you want to help shape the strategic direction of your local, award-winning, nonprofit newspaper, send a short note and biography to editor@parkbugle.org, with DIRECTORS in the subject line. Or send a letter to Park Bugle, P.O. Box 8126, St. Paul, MN 55108, Attn: Directors.

Correction

The article "Fourth in the Park launches new website and a T-shirt contest," which appeared in the March issue of the Park Bugle, incorrectly identified Emma Seeley as Emily Seely.

Emma Seeley is one of the co-chairs of the Fourth in the Park Committee, which organizes St. Anthony Park's annual July 4 celebration. We apologize for the error.

Thank you for supporting the Park Bugle

Thanks to the following Park Bugle readers who have contributed to the Bugle's 2014–15 fund drive. This list reflects those who gave up to March 13.

If you haven't had a chance to contribute, you still can. The Bugle relies on tax-deductible donations to help defray the newspaper's annual operating costs. Donate online at www.parkbugle.org. Click the green DONATE NOW button on the right side of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108. Thank you!

Mary Jane Addison
Marge and Charlie Avoles
Robert Holloway

Bill Huth & Sally McGuire-Huth
Eric Michaelson
Jerry & Jan Sedgewick

Meet the bus (the train and ...)

St. Anthony Park Transition Town group invites neighbors to explore how to get from here to there without using your car.

By Pat Thompson

I don't know about you, but once I was an adult, I felt like I was supposed to know how to do things. And since I had never ridden a Metro Transit bus, not knowing how it works is one of the things that kept me from taking the bus instead of driving.

There are some useful bus lines in the St. Anthony Park neighborhood, connecting us with places we need to go. Now you can join some of your St. Anthony Park neighbors to ride the bus together as part of Meet the Bus, a program created by the Transportation Action Group of Transition Town—All St. Anthony Park.

We have four dates scheduled where we will meet at specific locations, have information on how the Metro Transit prepaid Go Cards work and have bus schedules to share. Once the weather warms up, we'll do some biking, too.

Here are some dates, times and places where you can meet your neighbors and learn how to ride the bus:

Saturday, April 18, 1 p.m.: Meet at the northwest corner of

Raymond and Como avenues (by Salon Ling) to take the No. 87 bus down Raymond to Hampden Park Co-op. If it's nice, we can sit in Hampden Park for a while, then return on the bus. Bring cloth shopping bags or your own cart if you have one, or just come along for the ride. (Anyone within walking distance of the co-op is welcome to meet us there, too.)

Saturday, May 16, 1 p.m.: Take a dry run to the airport. Meet at Doswell and Como avenues (at the northeast corner, kitty-corner from Speedy Market) to take the No. 3 bus to the Blue Line light rail to the airport. This is an affordable way to get to the airport. If you want to, you can split off on the return trip to visit the Mall of America.

Friday, June 19, 1 p.m.: Meet in the park-and-ride lot at Como Avenue and Eustis Street (kitty-corner from HealthPartners) to take the No. 30 bus to the Green Line to Surly Brewing Co. in Prospect Park. South St. Anthony Park folks can meet up at the Green Line's Raymond Avenue Station around 1:25 p.m. We'll go into the brewery for a snack or a beer and then return.

Saturday, July 18, 1 p.m.:

Meet at the community garden on Robbins Street just off of Raymond Avenue with your bike. We'll take the University of Minnesota Transitway to Dinkytown, then cross the Mississippi on the bike-only bridge, return by the Stone Arch Bridge, and finally make our way back to the neighborhood. We may make a stop for a malt at Annie's Parlour in Dinkytown, or other ideas are welcome. This is a great trip for families and anyone who wants to understand the bike connections into Minneapolis.

Bus fare will be \$1.75 each way for the May 16 and possibly June 19 trips, depending on how long we stay at Surly. The co-op trip should be short enough to allow a return trip on the original fare payment. Exact change will help.

If you are interested in working on transportation, or have any questions about the Meet the Bus events, email Pat Thompson, transportation@transitionasap.org.

Pat Thompson is a member of the Transportation Action Group of Transition Town—All St. Anthony Park.

City files from 2

community council as it begins its strategic and 10-year planning process. Neighbors can go online to take the survey. Go to www.surveymonkey.com/s/LBDDVYF or you can scan the QR code on the district's ad in the lower left corner of page 2.

Creative Enterprise Zone

The Creative Enterprise Zone (CEZ) began as a District 12 task force formed to preserve and protect the creative and industrial area surrounding the Raymond and University area of St. Paul. The CEZ is now an independent organization representing the area bounded by Interstate 94 to the south, Prior Avenue on the east, the railroad tracks by Energy Park Drive to the north and Minneapolis to the west. You can find the group at www.creativeenterprisezone.org or 612-888-1239.

What's puckelball?

Local youth soccer organization Joy of the People (JOTP) is working to bring only the third puckelball field in the world to the area.

What is puckelball? It's similar to soccer but is played on a fantastical field reminiscent of something out of a Dr. Seuss book. The field is shaped like an "S" with undulating mounds throughout and winding, irregularly shaped goals. The first two fields were built in Sweden, and now JOTP founder Ted Kroeten is working with puckelball inventor Johan Ström to build the third at the South St. Anthony Rec Center, 890 Cromwell Ave.

JOTP is hosting a FUN-raiser Thursday, March 26, 6-9:30 p.m. at the 413 on Wacouta event center, located at 413 Wacouta St., Lowertown St. Paul. Contact Ken Webb at Joy of the People, 612-281-8456, to learn more.

Join the CEZ working group

The CEZ is looking to host events that connect, energize and celebrate the makers, places and projects that make the CEZ the creative destination it has become. If event planning and production is your thing, and you enjoy dreaming up creative ways to bring people together, this is the group for you.

Contact Amy Sparks, amy@creativeenterprisezone.org, to get involved.

Dow Gallery and Framing is open

If you missed the grand opening of the Dow Gallery and Frame Shop in February, stop by the March Art Show at the Dow, which opens Thursday, March 26, 5:30-8:30 p.m., at the gallery, located in the Dow Building, 2242 W. University Ave.

More than 45 artists will be showing and food, drink and music will be provided.

There will also be a raffle with a chance to win up to \$1,000 in Art or Framing. To purchase raffle tickets, call 612-607-9203. If you can't make it to the opening, the gallery and frame shop is open Monday-Friday, 10 a.m.-6 p.m., and Saturday, 11 a.m.-5 p.m.

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Micawber's readings will celebrate Poetry Month and Earth Day

Celebrate National Poetry Month and Earth Day, on Wednesday, April 22, at 7 p.m., at Micawber's Books, where poets Dave Healy, Naomi Cohn, John Krumberger and Sharon Chmielarz will read works suitable for the occasion.

Healy, author of *The St. Paul Manual of Style* and *Nothing Is Lost*, is a freelance writer and editor and was the editor of the Park Bugle from 2000-2010.

Cohn, author of *Between Nectar & Eternity*, is the creator of Known by Heart, a collaborative project on poetry, memory and the arts (see knownbyheartpoetry.com), and she provides poetry activities at Ebenezer, a senior housing and care center in Minneapolis.

Krumberger, author of *In a Jar Somewhere* and *The Language of Rain and Wind*, works as a psychologist in private practice in St. Paul. Sharon Chmielarz's ninth book of poetry is *Visibility: Ten Miles, a Prairie Memoir in Photography and Poetry*.

Micawber's is located at 2238 Carter Ave., St. Anthony Park.

Poetry class from 1

always get to the point where we're generating sentences or lines," Healy said.

The class participants appreciate Healy's efforts. Lillian Finley has lived in the nursing home for several years but had never seen anything like Poetry Class before.

"I like it; it makes me think. It challenges me," she said. Finley added that she enjoys the connection that the class gives her to the outside world. "In a nursing home you maybe only see your family," she said.

Poetry Class lets Richard Horberg pursue something he loves. "It's the highlight of my being here," he said. "It's the most interesting thing I've done since being here."

Like Healy, Horberg also once taught writing classes. "I like David's manner. He doesn't rush. I like the way he constructs a poem," he said.

Horberg writes outside of poetry class, too. He has 12 (unpublished) novels on his computer. Some good, some bad, he admits. In the 1970s and '80s, Horberg had 15 short stories published by various magazines and quarterlies. After nights of cigarettes, beer and prose, he could go to bed happy knowing that he had written something good.

"I really love to write. I feel more alive than at any other time, so I have to write," he said.

Poetry Class met the following week, and Healy shared the completed Ted Hughes-inspired poem:

A Dog's Life

*I sit by the fire and sleep.
I hear a noise and growl.
I answer my master's call.
I eat whatever is given to me.
I love children; I protect the elderly.
I love you master; kiss me in return.*

And the class moved on to the next poet. Perhaps "A Dog's Life" will not be published outside of this newspaper. It doesn't need to be important. The process of writing the poem challenged the students, made them think and gave them a chance to write.

As Horberg said, "For me, writing is its own reward."

Teresa Woodward is a freelance reporter and coffee roaster in St. Paul.

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Community Worship Directory



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❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford)

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6:30 p.m. Free young adult dinner in parlor

Mondays: 7 p.m. Community Bible study in parlor

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Wednesday Community Dinner returns April 8 5-6:30 p.m. Free will offering

Holy Week Schedule:

Palm Sunday, March 29 8:30 & 11 a.m.

Maundy Thursday Worship, April 2 7 p.m.

Good Friday Worship, April 3 7 p.m.

Easter Day, Sunday, April 5 8:30 & 11 a.m. Breakfast served 9:30 a.m.

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Poetry contest winners

April is National Poetry Month and the Bugle is marking this annual celebration of verse with our fifth annual poetry contest. Thirty-four poems were submitted, including 13 from a high school English class at Great River School on Energy Park Drive. The poems were judged anonymously by St. Anthony Park poet Alice Duggan.

This year's prompt was the word *speak*.

Duggan chose the poem "Breakfast at the Colossal" by John Krumberger of Prospect Park as the first-place poem because the "author paints an imaginative landscape bereft of poetry or speech; uses wonderful images, never lets go of our attention."

Her second-place choice is "Squirrel Talk," by Susan Corey Everson of St. Anthony Park and Thousand Oaks, Calif. The poem is "an accurate portrait of an egotistical squirrel who speaks with his tail. It moves off into an imaginary world at the end, like a Beatrix Potter illustration."

"Sour Salt," Duggan's third-place choice was written by Andrea Christensen Zdenek, the English teacher at Great River School who challenged her students to submit poems for this contest. Duggan says this about the poem: "It is so well-observed; it shows anger without ever using the word. It's a slice of life with lime. The author lets it be what it is."

Duggan gave an honorable mention to Medha Faust-Nagar's "to me" because "the author knows how to reach across history and make connections; [she] does a good job of engaging the reader [and] gets us interested in the demands our culture makes on women."

Krumberger will receive a gift certificate to Micawber's Books in St. Anthony Park.

The winning poems are printed here. You can read all of the entries at www.parkbugle.org.

Breakfast at the Colossal

Before poetry came to exist
landscape was flat and sky was flat,
both stretched endlessly unremembered
in dreams. The trees did not speak
to the snouts of golden retrievers,
and if there were waitresses,
they did not salsa
while weaving between chairs.
Male and female were two lines that paralleled,
never to intersect.
Words clanged off each other's jagged undersides,
never coupling to sound
or flowing into phrase simple as it's all good honey
just hold your shirt.
Even the sun was cold,
even the fires.
The senses had yet to be discovered,
beauty a small asteroid
hurtling towards earth
in those days before enchantment,
before longing.

—John Krumberger

Squirrel Talk

The squirrel has a flare for acrobatics,
courage to launch his body
down a long, thin wire,
stretch out his pear-shaped torso
and gorge on birdseed from the feeder below.
Shows no regard for juncos waiting a turn,
but waves his tail gaily as if to tell
of a table set with cranberry cakes
and thimbles of blackberry wine.

— Susan Corey Everson

Sour Salt

"Hello, just the two of you?"
I slide the menus on the table and nearly spill the
water.

"Yes—I'd like a margarita, please, on the rocks."
Someone looks like she needs a drink.

"Alright, and you, sir?"
Darts fly. "Just give me a minute."

The blender whirrs, muffling their crossfire.
The limes are past their prime, but they won't notice.

"Here you go, ma'am. Have you decided, sir?"
"I'll just have a margarita. I don't think
we're going to order anything else."
"No," she says, "we'll just have drinks."

"Another round?"
His brow furrows.
"No, we'll take the check."

She shoves the ten dollar bill at me.
He fretfully pats for his wallet. "Come on—"
"No, don't—"

He huffs with exaggeration.
I take the money from
her shaking hand.

I bus their table, and see them
arguing in front of the window.
The woman locks her eyes with me for a moment—
I was staring. She starts the car. I get back to work.

—Andrea Christensen Zdenek

to me

Consume, or
Be consumed.
Two options, and eyes
On me waiting for
The choice:
Am I one of the self-superior
"we are a developed country —
in the fourth demographic transition—
Here in America . . ."

I watch, and I see the scene play out:
I see the pity flash for
" *Those* girls on the TV screen,"
See rage rush at the mother-in-laws,
But they don't know—
Don't *notice*—
The mother-in-laws are *those* girls
Grown old,
Whipped into leather with time.
The people here,
They could never see,
" *Those* women" are me, they *live in me*,
In my mother,
And they are my grandmother, my great-grandmother;
All these womyn, forced to serve.
Serve the men, serve the elders, serve the rich, serve the
whites;
Serve until the day when it was finally *their* turn
To be served.
For once.
And guess what?
We don't want any pity.

Who am I,
They ask,
To speak for
"those poor brown girls on the screen"
But can't they see—
Why can't they see?
" *Those* women" are me.

So I sit, cold and
Cynical:
"Those poor third world women, I'm so glad it's better
here . . ."
(get shot for saying no)
"I'm so glad *we* don't do that . . .
(What? fetishize brown bodies)
. . . ***HERE in AMERICA!***"
"How could those demons," "those witches," "force
another woman, into *THAT?!*"
(lose ten pounds, get a nose job, a boob job,
for god sakes!
just *shave your legs* splash on some cover girl, ditch the
converse
your ass would look way better in sky high heels)
" ***WE*** need to save *them!!*"
"We ***NEED*** to *show* them our way,"
(it's ***OUR*** system!)
"The *right* way!"
(Imperialism?!)

I don't say (shit, I want to *scream*):
THOSE WOMYN?
They're
Me.

—Medha Faust-Nagar

Library gardens need your shade-loving plants

By Mary Maguire Lerman

Over several decades, members of the St. Anthony Park Garden Club (SAPGC) have purchased plants and helped provide labor to install and maintain the gardens and window boxes at St. Anthony Park Library. In recent years, the St. Anthony Park Library Association has also contributed funds and volunteers to the gardens and landscaping around the library.

SAPGC raises money for these plant materials and other community projects from its biennial St. Anthony Park Garden Tour, which will occur in July.

Now the club has taken on a bigger challenge on the library grounds. In December, garden club members arranged to have the invasive and aggressive woody plants removed from the hillside adjoining the children's library addition. This spring members will plant perennial flowers on these slopes for stability and beautification. The club would like this area to become a "community" flower garden. How?

The area is shady and fairly moist. Perennials that thrive in these conditions include astilbes, ligularias, Rodgersias and Japanese anemones. Most perennials are best divided in April and early May. The club is

asking for the public's help in creating a diverse planting.

If you have any of the above-mentioned perennials in your garden, would you dig up one or more varieties and cut or saw a division to share with the garden? Club members do not need to know the cultivar name of these plants; however, members would like for you to indicate the height that they reach on a tag. These divisions will be

installed in May. Look for the event date in the May Bugle.

Your plant divisions will help create a community garden that will bloom throughout the summer. For more information about donating divisions from your garden, contact Mary at magui011@umn.edu or call her at 651-644-7388.

The garden club also welcomes all members of the community to assist with the annual planting of the

window boxes and the gardens and regular maintenance during the summer. The gardeners meet once a week for two hours to maintain the plantings.

If you would like to help garden at the library, contact Alice Duggan at comeforteamn@gmail.com.

Mary Maguire Lerman is a member of the St. Anthony Park Garden Club.

Schubert Club's Music in the Park will bring music to our ears in April

The Schubert Club is bringing music to St. Anthony Park with April concerts from the St. Lawrence String Quartet on Sunday, April 19, and a Family Concert, Folk Music from Latin America with Leo and Kathy Lara, on Friday, April 10.

Celebrating its 25th anniversary, the St. Lawrence String Quartet will perform at 4 p.m. April 19 at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. The Laras will perform two shows, at 6 p.m. and 7:15 p.m., April 10, at St. Matthew's Episcopal Church, 2136 Carter Ave.

The St. Lawrence String

Quartet, the Ensemble in Residence at Stanford University in California, will include in their April concert the Minnesota premiere of the "Second String Quartet," written especially for the quartet by American composer John Adams, two quartets by Joseph Haydn and "Allaqui," a work based on Inuit folk music by Marcus Goddard.

Thanks to support from the Arts Midwest Touring Fund, the quartet will perform for students and teachers at St. Anthony Park Elementary School on Monday, April 20, as part of its residency. Additional support is provided by the

St. Anthony Park Community Foundation.

The family concert will include songs, stories and a variety of folk instruments, including the cuatro, bombo, quena, panpipes and clay whistles. The interactive program is for all ages. The concerts will each last about 45 minutes.

Tickets for the St. Lawrence String Quartet concert are \$35. Tickets for the Family Concerts are \$7 for adults and children (free for babes-in-arms). Order tickets online at schubert.org/musicinthepark or call 651-292-3268.

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Good Friday
April 3 7:00 p.m.

Easter Day
April 5 8:30 and 11:00 a.m.
(Easter Breakfast served 9:30 - 11:00 a.m.)

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Franklin Avenue from 2

reconstruction of Territorial Road, the entire length of it," he said. "It's a pretty big vision."

Highway 280 is "a big physical barrier," splitting the growing residential population west of the freeway from South St. Anthony Park to the east, Engelmann said. "If we do Territorial the way we're asking, pedestrian access would be greatly improved."

"We're a block from the Green Line," he added. "It'll socially connect all these people."

The other goal is to acknowledge that Territorial is the new truck route since University Avenue was reconfigured for light rail and lost its wide turn lanes, he said. "Vehicles are already using Territorial as an alternate," Engelmann said. "We'd like it to be properly

engineered."

While trucks are sometimes viewed as a competing interest with pedestrians and bikes, "they are important partners," Engelmann said.

"South St. Anthony generates as much property tax as anywhere in the city, in large part because of commercial and industrial. We feel that they're underserved right now. The Territorial Road project would benefit them greatly," he said.

Park 24 from 1

in at Park Service to inquire about rental once news about it spread.

"I never knew there was such a demand," he said. "It's going to be a hit. It will be filled by the time the shovel hits the ground," which he hopes will be in September.

Both the Healy Building and the apartment building behind it will, of course, be torn down to accommodate the project. Wesenberg met with tenants of both buildings in March to discuss the project. He said that Fenlon is available to assist businesses with finding new locations. Local

Engelmann hopes residents will weigh in with support for the Territorial Road reconstruction during April, when the city's Capital Improvement Budget committee will be touring projects and ranking them for support in the city's budget process next fall. Comments can be emailed to Community Council staff at info@sapcc.org or to St. Paul City Council member Russ Stark, ward4@ci.stpaul.mn.us.

businesses in the Healy Building include Como Rose Travel, dentist Frank Steen's office, Acupuncture by Cadance, and a number of psychologists' offices.

Wesenberg described the building as "being on life support": It needs a new roof, new plumbing and is not ADA compliant, he said.

Wesenberg, who grew up in the neighborhood and recalls a vibrant business center on Como Avenue in his youth, says developments like this are needed "if we are going to get it back the way it used to be around here." Park 24 will help existing and any new businesses on the street "take off," he said.

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Citizen group demands action after five recent rail explosions

In the wake of five rail explosions in five weeks, Citizens Acting for Rail Safety-Twin Cities (CARS-Twin Cities), a newly formed citizen-action group, is asking that Burlington Northern Santa Fe (BNSF), Canadian Pacific (CP) and Union Pacific (UP) railroads halt the transportation of oil by rail.

The group has also called on state and federal leaders to put a hold on 36 proposed rail-expansion projects until a regional environmental study can be completed and recent accidents are thoroughly investigated.

According to a December 2014 Minnesota Department of Transportation report, 50 to 70 percent of oil pumped from the North Dakota Bakken oil fields travels through the heavily populated communities of the Twin Cities each day.

“People around the Twin Cities are waking up to the reality that the equivalent of a pipeline-worth of oil is traveling through their backyards, by their schools and senior centers, and past our beloved parks,” said CARS-Twin Cities member and Como Park resident Cathy Velasquez Eberhart in a press release from the group. “With seven 110-car oil trains passing through our communities each day, we are terrified that it is only a matter of time before an oil train derailment happens here.”

Building on the work of

Citizens Acting for Rail Safety group in La Crosse, Wis., more than 100 residents from throughout the Twin Cities have joined CARS-Twin Cities. Organizers say they hope to channel citizens’ fears and anger into action.

In a press release sent out to local media, the organization expressed compassion for people in communities where fuel train derailments have happened this year:

- Feb. 4: Three derailed ethanol tank cars erupted along and into the Mississippi River outside Dubuque, Iowa.

- Feb. 14: Nineteen derailed tankers were at least partially breached in an explosion south of Timmins, Ontario.

- Feb. 16: Nineteen tank cars with Bakken oil exploded in Mt. Carbon, W.V.

- March 5: Twenty-one tank cars with Bakken oil derailed, several exploded, and five burned outside Galena, Ill., 20 miles from the rail explosions in Iowa four weeks before.

- March 7: An oil train derailed near Gogama, Ontario, with multiple tank cars on fire and in the river, 21 miles from the fiery derailment that leaked into the same waterway on Feb. 14.

The group is asking elected leaders and state and federal agencies to do the following:

- Immediately halt the shipping of Bakken oil by BNSF, CP and UP

railroads until volatile gasses are removed to a meaningful extent.

- Halt the use of all versions of DOT-111 rail cars for the shipment of Bakken oil and ethanol, and mandate the use of the proposed DOT-117 rail cars in their place.

- Launch a federal investigation into the safety of shipping Bakken oil by rail and changes to federal laws and regulations to ensure the safe transport of Bakken oil.

- Enact a federal investigation into the structural integrity and safety of the national rail infrastructure.

- Place a temporary hold on all rail expansion projects in the U.S. Army Corps of Engineer’s St. Paul region (Minnesota, Wisconsin and northeast Iowa) pending a thorough investigation of recent accidents.

- Complete of an environmental impact statement (EIS) of the entire Twin Cities and Upper Mississippi rail corridor.

An EIS would help identify the impact and solutions (such as safer tank cars, speed controls, improved braking systems, increased inspections and improved routing), according to CARS member, Kathy Hollander.

To find out more about the organization, you can go to facebook.com/saferailstwincities or to the group’s website, saferails.org, or email saferailstwincities@gmail.com.

Climate Rally from 3

Galapagos and clouded leopards in Southeast Asia,” Tanner said she has found climate change “a daunting topic.” Her husband, Perry—a professor of water quality and environmental management at the U’s department of Fisheries, Wildlife and Conservation Biology—studies climate change and works on World Heritage Sites globally, she said.

“We know many people who do really intelligent and innovative work on climate change. I thought, if I find climate change daunting how can I expect and hope for our broader society to be acting? That got me moving to plan this day.”

Tanner wants the day to emphasize the positive work in the field. “There is so much in Minnesota that is going right,” she said. “Minnesota is being innovative in transitioning to clean energy sources, ramping up efforts in wind and solar. State agencies are being very proactive about climate plans.

Gov. Dayton and EQB [Environmental Quality Board] are making important advances. I wanted to make a day to celebrate their work and to give people a chance to hear directly from them.”

The event will include a letter and poster presentation at 2:30 p.m. Elementary school students are invited to write letters supporting Minnesota’s efforts to address climate change, and participants are encouraged to bring posters (no wooden posters allowed). Letters will be presented by students and selected posters will be on display following the rally in the North Corridor of the Capitol.

GastroTruck will be onsite to offer local, sustainable and zero-waste food for lunch, Tanner said. The first 100 attendees will be treated with coffee from Gingko Coffee on Snelling Avenue (bring your own mug).

To learn about updates to the rally, follow the rally’s Facebook page, www.facebook.com/ClimateRally2015?fref=nf.



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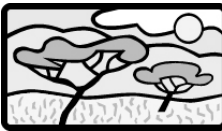


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Still collecting after all these years

St. Anthony Park Antique club marks 75 years of antiquing

By Kristal Leebrick

There's a poetic thread running through this issue of the Bugle, so we couldn't resist printing the poem below to tell part of this story.

We don't know who Luella Bender Carr is, but her poem was printed in a 1955 program written about the first meeting of the St. Anthony Park Antique Club, held on April 8, 1940.

Lillian Lehman reported to the club that poems appropriate to

antiques had often been recited at the early club meetings, so she included "Staffordshire Cat" in the 15th anniversary program.

Seventy-five years after the antique club's inaugural meeting in 1940, poems no longer show up in the minutes or meetings, the formal dress of heels and gloves has been tossed aside ("But we still don't wear jeans," said club historian Carole Mayers), and a silver coffee service and fine china aren't required. In fact,

when the group meets at a local church, they use paper plates and napkins.

But a group of women interested in "promoting the study and appreciation of antiques" still meets on the second Thursday of the month from September to May (except in January, when many of the members have left the state for warmer climes)—all of them collectors of many things old. (It takes just three of something to constitute a collection, Mayers said).

The club sometimes takes fieldtrips to view collections. They have visited the Elmer L. Anderson Library at the University of Minnesota to tour the Kerlan Collection of children's literature and the Sherlock Holmes collection (the former governor's wife, Eleanor, was a member of the antique club; she once hosted a meeting on political campaign buttons). They have lunched at the Lake Elmo Inn, which sports a great collection of salt-and-pepper shakers, and in September, the club kicked off its 2014-15 year with a tour of historic Lakewood Cemetery in Minneapolis.

Regular meetings always include a speaker, and in March, the group gathered at Barb Swadburg's home to hear Sandra Severt of Gloria's Jewelry talk about Victorian jewelry.

As Severt walked attendees through the jewelry trends set by style maven Queen Victoria in the mid-1800s, she passed around antique pieces that included watch chains made of human hair (Queen Victoria wore a hair bracelet with her children's baby teeth woven into it), cameos, and pieces made with precious stones popular in the queen's day (coral was believed to fight off danger, and babies were given necklaces strung with coral beads for protection).

At the first club meeting in 1940, a Mrs. Kirk hosted and showed the group her paperweight and sandwich glass collections. The group began as an antique glass club, but eventually the name was changed to "antique club" and today's members collect a variety of antiques. Judy Payne, who joined in 1998, said she looks for textile tools, as she's a knitter and a weaver. She created the

Staffordshire Cat

With snowy paws folded and a rosebud coat
A blue ribbon tied about a china throat
You lie above the fireplace where a red fire die
And study time passing with sage green eyes.

What about the stories that you could tell
Of long past years and other homes as well
As previous owners who loved you before
I saw you (and loved you) in an antique store.

The rosebuds that deck your china coat
Are undimmed with the years, and your smooth white throat
Still wears with an air its stiff blue bow;
Staffordshire Cat, I would like to know
What do you think about as tranquil and wise
you watch time passing with cool green eyes?

—Luella Bender Carr

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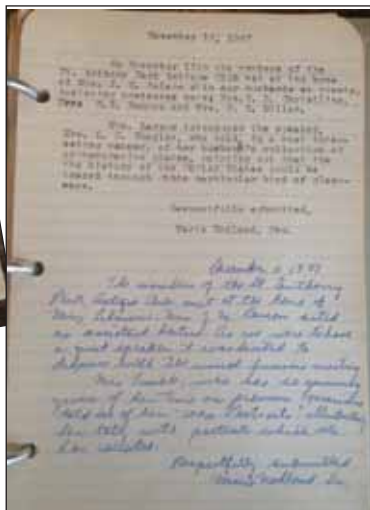
PARK PERKS

Park Perks raised **\$538** for the Mid-Continent Oceanographic Institute in February.

During the month of April we are raising money for ACES (Athletes Committed to Educating Students).

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Top: St. Anthony Park Antique Club members Linda Maschwitz and Barb Swadburg at the March St. Anthony Park Antiques Club meeting. The center photos show the 1947-48 program book and minutes from Nov. 13, 1947. At bottom: Victorian watch chains made of hair, displayed at the March meeting. *Photos by Kristal Leebrick*

woven nametags members wear at each meeting.

Myrna Smith, who joined the club in 2012, collects antiques that have daffodils or lions on them, as well as Scandinavian items in honor of her Nordic heritage. Nancy Wenkel of Falcon Heights, who joined in 2006 when the club changed the bylaws to include members from outside of St. Anthony Park, collects a wide variety of things. Her home is filled with antique furniture, dolls, children's books, treadle sewing machines and much, much more.

The most unusual collections of the group may be Mayers' invalid feeder and baby bottle collections. Mayers, who joined the group in 1982, describes the invalid feeders as "an old person's sippy cup." They look like mustache cups with a spout, she said, and were used to feed people who couldn't feed themselves.

"They came very decorative," she said, as did baby bottles, which Mayers said she's "down to 200" of now. Mayers—who operated her own antique business for more than 20 years—said she's trying to whittle down her collections.

The club keeps a roster of members and past members and the years that they joined. Current members who have been in the club the longest are Arla Savage, who joined in 1964, and Donna Teeter, who joined in 1968.

The most notable change to the club since its inception—besides the increase in annual dues from \$1 in 1940 to \$20 today—was to open the membership to women who live outside of St. Anthony Park in 2006.

Next month, the club will gather to hear Alice Neve, who joined the club last year after retiring from a career at St. Paul Public Library, speak about quilts. And members will revisit their bylaws once again. This time, to consider changing the words "open to women" in Article 3 of the bylaws to read "open to anyone" who is nominated by a current member.



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APRIL Events

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org by Wednesday, April 8, to be included in the April issue.

1 WEDNESDAY

English Conversation Circles, every Wednesday in April, St. Anthony Park Library, 4-5:30 p.m.

St. Anthony Park Book Club, "How It Went Down," by Kekla Magoon, St. Anthony Park Library, 6:30-8 p.m.

2 THURSDAY

Preschool Mandarin Chinese story time, St. Anthony Park Library, 10:30 a.m.

Climatologist Mark Seeley will read from the second edition of the "Minnesota Weather Almanac" at Micawber's Books at 7 p.m.

3 FRIDAY

Preschool (ages 3-5) story time, every Friday in April, St. Anthony Park Library, 10:30-11:30 a.m.

4 SATURDAY

Crochet Like a Pro: three-week class meets at St. Anthony Park Library, 11:30 a.m.-2:30 p.m. Saturdays, April 4, 11 & 18. Call 651-642-0411 to register.

6 MONDAY

Domestic & international adoption, CHLSS, 6-8:30 p.m.

7 TUESDAY

Baby/toddler lapsit story time (birth-2 years) every Tuesday except March 31, St. Anthony Park Library, 10:30-11 a.m. & 11:30 a.m.-noon.

St. Anthony Park Garden Club program, "Peppers," presented by Dr.

Karl Foord, U of M Department of Horticulture, St. Matthew's Episcopal Church Fellowship Hall, 7:30-8:30 p.m. Business meeting, 6:30 p.m.; social time, 7 p.m. Contact Sandee Kelsey, kelse005@umn.edu or 651-645-9053 with questions.

9 THURSDAY

St. Anthony Park Senior Cinema Series: "Monuments Men," St. Anthony Park Library, 2-4 p.m.

Adoptive Parents Group: for parents of adopted adults, CHLSS, 6-8 p.m.

11 SATURDAY

Minnesota's Waiting Children information session, CHLSS, 10 a.m.-noon

Church of the Holy Childhood will host its eighth annual Feast of the Golden Fork "Una Fiesta Latinoamericana" at 6:24 p.m. A seven-course meal will include appetizers, soup, salad, light entrée, intermezzo, entrée and dessert. South American wine will be served with the meal. Admission is \$60 for one and \$100 for two. Reservations must be made by Saturday, April 4. Call 651-644-7495 to make reservations.

14 TUESDAY

Adoptive Parents Group: for parents who adopted children through Minnesota's foster care system, CHLSS, 6:30-8:30 p.m.

16 THURSDAY

Preschool Mandarin Chinese storytime, with stories, rhymes and songs in Mandarin Chinese, St. Anthony Park Library, 10:30 a.m.

20 MONDAY

Community Sing, Olson Student Center, Luther Seminary, 6:30 p.m.

Free admission. Coffee shop is open.

23 THURSDAY

Sing, Play, Learn with MacPhail, for ages 0-5, St. Anthony Park Library, 10:30-11:30 a.m. Space is limited. Call 651-642-0411 to sign up.

24 FRIDAY

Firing it up in South Como: St. Paul Art Crawl returns to Front Avenue Pottery. Artists Mary Jo Schmith, Jason Trebs, Jim Grindorff and seven others will host free workshops and a sale. Try your hand at a potter's wheel (5-9 p.m.) and meet the artists (5-10 p.m.), Front Avenue Pottery

Co-ed drum circle, Women's Drum Center, 6:30 p.m. All levels of experience are welcome. Cost is \$10 at the door. Drums provided.

25 SATURDAY

Firing it up in South Como: Open house, Front Avenue Pottery, 10 a.m.-8 p.m. Free workshops, noon-5 p.m.

Movie: "The Hobbit: The Battle of the Five Armies," St. Anthony Park Library, noon-3:30 p.m.

Bethlehem Lutheran Church spring rummage sale, 9 a.m.-3 p.m. at the church. Bake sale, lunch, clothes will be \$5 per bag.

26 SUNDAY

Firing it up in South Como: open

house, 11 a.m.-5 p.m. Free workshop, noon-2 p.m.

Sunday Afternoon Book Club, "The Orphan Train" by Christina Baker Kline, Micawber's Books, 2:30 p.m.

30 THURSDAY

Preschool Mandarin Chinese story time, with stories, rhymes and songs in Mandarin Chinese, St. Anthony Park Library, 10:30 a.m.

SENIOR EXERCISE

St. Anthony Park Area Seniors:

Tuesdays and Fridays, St. Anthony Park Library, 2:30-3:30 p.m.

Wednesdays, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

Mondays and Thursdays, Lauderdale City Hall, 2-3 p.m.

Como Park/Falcon Heights Block Nurse Program:

Tuesdays and Thursdays, Falcon Heights Town Square Senior Apartments, 9:30-10:30 a.m. and Arbor Pointe Senior Apartment, 11 a.m.-noon

FREE SENIOR BLOOD PRESSURE CLINICS

St. Anthony Park Area Seniors:

Wednesdays, St. Anthony Park United Methodist Church, 11:30 a.m.-noon

Como Park/Falcon Heights Block Nurse Program:

Third Thursdays, Arbor Pointe Senior Apartments, 10-11 a.m.

Fourth Thursdays, Falcon Heights Town Square Senior Apartments, 11 a.m.-noon

VENUE INFORMATION

Arbor Pointe Senior Apartments, 635 Maryland Ave. W.

Bethlehem Lutheran Church In-the-Midway, 436 N. Roy St., 651-646-6549

CHLSS, Children's Home & Lutheran Social Service of Minnesota, 1605 Eustis St., 651-255-2355, chsfs.org

Church of the Holy Childhood, 1435 Midway Parkway, St. Paul, 651-644-7459

Falcon Heights City Hall, 2077 Larpeur Ave., 651-644-5050

Falcon Heights Town Square Senior Apartments, 1530 Larpeur Ave. W.

Front Avenue Pottery & Tile Co., 895 Front Ave. 651-489-4274, www.frontavenuepotteryandtile.com

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's Books, 2238 Carter Ave., 651-646-5506

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-603-8946

St. Matthew's Episcopal Church, 2136 Carter Ave., 651-645-3058

Women's Drum Center, 2242 University Ave. W., www.womensdrumcenter.org

Roseville project aims to help community cope with Alzheimer's

By Warren Wolfe

A volunteer group of residents, businesses and government leaders is about to launch its 2015 project seeking to make Roseville a more dementia-friendly community.

The kick-off event for the Roseville ACT on Alzheimer's project will be held Thursday, April 23, 1-3 p.m. in the City Council chambers at Roseville City Hall. Organizers, government officials and others will describe how the project will benefit the community.

The effort is designed to expand services for people with dementia and their caregivers, and to help friends and neighbors better understand dementia issues.

The project will offer a series of eight presentations by experts from late April through May, four focused on dementia and the healthy brain, and four on effective caregiving.

A second series of eight presentations will be offered in October. In addition, the group will show four movies on those topics in September and November.

All events will be followed by discussions and will be free and open to the public.

The group also is recruiting volunteers to expand two programs serving people affected by dementia who live in or near Roseville. One is "The Gathering" day program offered by Lyngblomsten. The other is "P.S. I Understand," a Wilder Caregiver Services program matching current unpaid caregivers with previous caregivers who will offer support.

The project, one of 33 statewide, was started by the Roseville Alzheimer's and Dementia Community Action Team. That volunteer group was formed in 2013 with representatives of senior service providers, the Roseville school district, city administration, fire and police departments and City Council, the faith community and private citizens.

More about the 2015 program is on the Roseville city website at www.ci.roseville.mn.us/2721/alzheimers-dementia, an information site maintained by the Alzheimer's and Dementia Community Action Team.

Alzheimer's disease is the most common type of dementia, an umbrella term for illnesses that typically disrupt a person's memory,

judgment and personality. There is no cure for Alzheimer's, although medications sometimes can slow its progress.

People with Alzheimer's typically need increasing care and supervision from family members—often causing rising emotional, physical and financial stress—and eventually may need nursing home care. Even businesses may be affected until employees learn how to best serve people with dementia and their caregivers.

Coping with the rising incidence of Alzheimer's is important statewide, but especially in Roseville, where an estimated 750 people have dementia, most living at home and about 110 living alone.

The city has a higher rate of dementia than average because 20.2 percent of its population is age 65 or older, compared with 12.9 percent statewide.

Warren Wolfe wrote about aging issues for 21 years at the Star Tribune. He and his wife, Sheryl Fairbanks, are active in the Roseville ACT on Alzheimer's project.



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Neighbors

Garden club explores peppers

University of Minnesota Extension professor Karl Foord will talk about peppers at the St. Anthony Park Garden Club meeting at St. Matthew's Episcopal Church Fellowship Hall, 2136 Carter Ave., Tuesday, April 7, at 7:30 p.m. (social time begins at 7 p.m.). All are welcome.

Foord, who has worked in Extension for the last 20 years, had planned to speak at the March meeting, but it was postponed due to snowy weather.

Hiking club will explore Roseville

The St. Paul Hiking Club will host two hikes in Roseville in April. Each hike will be about 3 miles long and will last about an hour.

Hikers will meet at Grumpy's Bar and Grill, 1501 Terrace Dr., on Tuesday, April 7, at 7:30 p.m. and then explore the residential streets and parks in the area. The group will stop for treats afterward at Grumpy's. For more information about this hike, call Nancy Duffrina at 612-584-8594.

The club will meet at Ol' Mexico Restaurante, 754 Lexington Ave. N., Roseville, on Tuesday, April 21, at 7:30 p.m., for an exploration of residential and park trails in the area. The group will stop for treats at Ol' Mexico at the end of the hike.

Contact Daryl Losey, 612-940-5097, for more information.

The hikes are open to the public.

Mental health course for teens

The National Alliance on Mental Illness (NAMI) of Minnesota will hold a free, six-session course designed to empower young people to take charge of their lives and deal with the issues they are facing in a healthy and effective way.

The course helps teens understand how to maintain good mental health; how to recognize signs of stress, anxiety, depression and bipolar disorder; how to help friends, siblings and parents understand what they are going through and different types of treatment options.

It will be held on Tuesdays, April 7- May 12, 7-9 p.m., at Gloria Dei Lutheran Church, 700 S. Snelling Ave.

Registration is required. For information, or to register for this class, contact Andrea Lee at 651-645-2948, ext.106.

Contour feathers topic at April Audubon Society meeting

Mike Billington, a naturalist at the University of Minnesota Raptor Center, will present "Up Close and Personal: A Microscopic Look at Contour Feathers" at the St. Paul

Audubon Society meeting Thursday, April 9, at 7 p.m.

The meeting will be held at Fairview Community Center, 1910 W. County Road B, Roseville.

The event is free and open to the public. A social time with refreshments will begin at 6:45 p.m. For more information, call Linda Goodspeed at 651-647-1452.

Used book sale April 16-19

The St. Paul Branch of the American Association of University Women will be selling thousands of used fiction and nonfiction books, children's and young adults books, and more Thursday-Sunday, April 16-19, at 990 University Ave. Hours are 9:30 a.m.-7 pm. Thursday and Friday, 9:30 a.m.-5 p.m. Saturday, and noon-4 p.m. Sunday. Proceeds from the sale will go toward scholarship and education funds.

Conference will address topics for head and neck cancer survivors

The Minnesota Head and Neck Cancer Survivors Conference will be held Saturday, April 18, 8 a.m.-12:30 p.m., on the second floor of Moos Tower 2-620, 515 Delaware St. S.E., Minneapolis.

The event will include large group and breakout sessions with topics on oncology nutrition, self-care for the caregiver, and dental

health after head and neck cancer. Patient stories will also be shared. A light breakfast will be provided.

Admission to the conference is free. This event is supported by the University of Minnesota Department of Otolaryngology-Head & Neck Surgery.

For more information email oto@umn.edu or visit the group on Facebook: Minnesota Head and Neck Cancer Survivors Conference.

Hope for Recovery workshop

The National Alliance on Mental Illness of Minnesota (NAMI Minnesota) will hold a free, six-hour interactive workshop that will provide families and individuals with information on mental illnesses, practical coping strategies and hope for recovery.

The workshop will be held on Saturday, April 18, 9 a.m.-3 p.m., at Regions Hospital, North Oaks Room, 640 Jackson St., St. Paul. For information or to register call 651-645-2948 or go to namihelps.org.

And another used book sale

The Friends of the Ramsey County Libraries will host a used book sale Wednesday-Sunday, April 22-26, at Roseville Library, 2180 Hamline Avenue N.

Books, movies, talking books and CDs from all seven branches of

Ramsey County Library, as well as private donations, will be sold. Most items will be sold for \$1 or less.

Sale hours are 3-6 p.m. Wednesday, April 22, for an exclusive "Friends Members Only" pre-sale. A membership can be purchased for \$20 at the sale. Public sale hours are 6-8:30 p.m. on Wednesday, 10 a.m.-8:30 p.m. Thursday, 10 a.m.-4:30 p.m. Friday and Saturday, and noon-4:30 p.m. Sunday. Sunday's sale is the "\$3 Bag Sale."

Proceeds from the sale will benefit Ramsey County public libraries in Maplewood, Mounds View, New Brighton, North St. Paul, Roseville, Shoreview and White Bear Lake.

Youth lacrosse opportunities

After many years of slow and steady growth, lacrosse in St. Paul recently reached a turning point. New and changed co-op teams will provide boys and girls who want to play lacrosse at a high school level more options this spring.

To boost participation by new players, SPLAX, in partnership with St. Paul Parks and Recreation, is hosting free events in April for youth ages 8 to 15 to try lacrosse.

Go to www.stplax.org or email saint.paul.lacrosse@gmail.com to find out dates, times and locations of the free events.

L I V E S L I V E D

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at mary.mergenthal@gmail.com or call 651-644-1650.

Roald Carlson

E. (Einar) Roald Carlson, 90, died at home in St. Anthony Park on March 13. He served as pastor at Lutheran congregations in Brooklyn, N.Y.; Superior, Wis.; and St. Paul. He was born in Madagascar, child of missionary parents, which is how his association with St. Anthony Park Lutheran Church was established. As early as his junior high years, Roald attended the church and was friends with neighborhood people of his era. Lutheran missionary families often lived in St. Anthony Park and attended St. Anthony Park Lutheran Church while in the United States on furlough.

He is survived by his wife, Marjorie Mueller Carlson; children, Kristine (Morris Wee), Paula (Thomas Schattauer), Janet (John Bailey) and Carolyn (Eric Kercheval); five grandchildren; two step-grandchildren; brothers, Oliver and Arne; and sister, Laila Rogers.

His funeral service was held March 21 at Christ Church Lutheran in Minneapolis.

Evelyn Flesland

Evelyn D. Flesland, 96, died Feb. 22. She was born July 8, 1918, in St. Paul. She attended the Pepin Academy of Fashion and graduated

in 1940. After graduation, she worked for Cartwright Fashion Design Co. from 1940 to 1946 and was an influential fashion designer during that period. She married Albert Flesland in 1945.

She was preceded in death by her husband, Albert; a son, Kirk; and brother, Earl Olson. She is survived by one son, Bruce; two granddaughters; two great-grandchildren; and sister, Janet (Hugh) Lampert.

A memorial service was held March 7 at Falcon Heights United Church of Christ.

Eleanor Hemming

Eleanor (Oehrlein) Hemming, 97, of Lauderdale, died March 11. She was preceded in death by her husband, John, and siblings, Al, Loretta, Joe and Marian. Survivors include one son, James, and three siblings, Rosalie LeMay, Irene Wynn and Donald Oehrlein.

Her funeral service was held March 14 at Holcomb-Henry-Boom-Purcell Funeral Home, with burial at Fort Snelling National Cemetery.

Thomas Holleran

Thomas Holleran, 89, died Feb. 21. Tom came to Minnesota from Ireland when he was 23, met the love

of his life, Shirley, and they raised their family in the Como Park area. He was known by many in the neighborhood for his daily walks. He was involved in his church and was a member of the Baker's Union Local 22 and the Como Block Nurse Program.

He was preceded in death by his wife, Shirley; daughter, Sheila Holleran; and great-grandson, Orion. He is survived by his children, Thomas, Mary (Mike) Pfundstein, Michael (Carol), Kathleen Schueller and Teresa (Glenn) Vitali; 17 grandchildren; and 12 great-grandchildren.

Mass of Christian Burial was celebrated Feb. 25 at Holy Childhood Catholic Church, with interment at Calvary Cemetery.

Donald Scott

Donald R. Scott, 43, of Falcon Heights, died Feb. 22.

He was preceded in death by his parents, Brice Scott and Cindy Powers. He is survived by his husband, Eugene Falkoski; mother, Jean Scott; siblings, Desiree, Samuel, Steven and April; niece, Sarah; and nephew, Michael.

A memorial service was held Feb. 27 at Mueller-Beis Funeral Home, with interment at Resurrection Cemetery.

Robert Webb

Robert L. Webb, 92, of Lauderdale, died Feb. 21.

He graduated with a master's degree from the University of Minnesota. Following college he worked as a research analyst for the Department of Corrections and the Revenue Department. Robert retired as a research analyst from the State of Minnesota. He also worked for the University of Minnesota as a 4-H Club agent.

He is preceded in death by his brother, Clark (Doris), and sisters, Doris (Don) Wolf and Jeanette (Bennie) Nowariak. He is survived by his wife of 65 years, Dora. His family and friends thank him for leaving them with an appreciation for his humor and for bringing laughter into their lives.

His funeral was held Feb. 28 at Roseville Memorial Chapel, with interment at Sunset Memorial Park.

Virginia Wickland

Virginia Gertrude Wickland, 95, longtime resident of Falcon Heights, died Feb. 24.

She was preceded in death by her husband, Leslie; and sisters, Elnora and Genevieve. She is survived by her daughters, Barbara Benson (John) and Kathryn Mattson

(Robert); five grandchildren; and six great-grandchildren.

A memorial service was held March 2 at Salem Covenant Church in New Brighton, with interment at Wood Lake Cemetery in Grantsburg, Wis.



the eat beat

Turf Club brings new dining option to University Avenue

By Alex Lodner

When the owners of Minneapolis music club First Avenue bought the Turf Club in 2013, they did more than touch up the paint. The brand-new bathrooms and newly exposed racing mural behind the stage are lovely and much-needed improvements, but the renovation also included gutting and rebuilding

the once-dilapidated excuse for a kitchen and bringing on chef Karl Lichtfuss to create soulful, satisfying dishes around the clock.

From breakfast to dinner and every minute in between, Lichtfuss and his crew brought classic diner dishes with a Southern influence to this iconic University Avenue music venue, making it a great place to duck in for a quick lunch or to start

off the night with a delicious dinner.

Thanks in part to the new and improved kitchen, the Turf Club recently received a Rookie of the Year award from the Midway Chamber of Commerce.

"There is so much history here," explained First Avenue's marketing director Annie D'Souza. "We don't want to fix a good thing, we want to protect this legend and add great food to the mix." And with the addition of Lichtfuss, who is also at the helm at the Depot Tavern next to First Avenue in Minneapolis, they have.

"Our challenge is to serve food to a large variety of audiences," said Lichtfuss, whose chef creds include working with Chef Marcus Samuelsson in New York City's famed Aquavit. "We serve brunch to families on the weekends, lunch to local businesses and late-night snacks to music fans. We want neighbors to come in here and get really good food any time of the day.

"The Turf Club is obviously known as a music venue," he explained. "But we want people to know it is a food destination, too."

Lichtfuss has come up with a menu he calls Southern diner food.

"We always try to do things a little different, but we stay close to Southern comfort food, too. I want it to be unique, but I want it to be food that people recognize. The specials is where I get to play," he said.

A recent Blue Plate Special, for



The Turf Club is as much a music destination as it is a food destination on University Avenue, according to its new chef, Karl Lichtfuss. Below, a March Blue Plate Special: Guinness-braised corned beef and colcannon, served with house made Irish soda bread. Photos by Marina Lang

example, boasted Asian Meatloaf—made with spiced beef and pork and served with ginger rice and Szechuan green beans—not your average dive-bar fare. Lunch and dinner include traditional bar food like smoked brisket chili or Juicy Lucy burgers, but the menu also offers more nuanced items, such as a kicky chicken slider served on a fluffy yet substantial house-made biscuit slathered with honey butter, or light-as-air shrimp tacos with crisp fresh cabbage and a creamy cilantro lime mayo sauce.

There are plenty of comfortable tables for a relaxed sit-down meal for lunch or dinner, but on nights when



bigger acts might require additional space, tables can be removed and it's more of a "portable food" game, as Lichtfuss explained. And there is plenty of that to be had. With four types of chicken wings, Ellsworth cheese curds or delicately fried green tomato wedges to choose from, no one should go hungry, even it's a bumper-to-bumper-crowd kind of night.

Brunch is offered on both Saturday and Sunday, with longer brunch hours than at most places in town. Comforting dishes like stuffed and smothered hash browns are offered until 4 p.m.

As with the regular menu, the brunch menu includes familiar foods with a unique twist. The aforementioned hash browns are a cornucopia of indulgence, with five waist-expanding varieties. Lichtfuss recommends the Hot Brown, which comes filled with roast turkey, bacon, tomatoes and Parmesan cheese, smothered in a rich Mornay sauce. There are plenty of options on the sweet side, too, with buttermilk hot cakes or fluffy French toast drizzled with maple-ginger syrup.

The menu for brunch is loaded with enticing options, but the highlight of my lunchtime visit was the plate of house-cut russet fries, arguably some of the best in town. These beauties were darn near perfect. Sprinkled with sea salt and fried to a gorgeously golden brown, they can almost make you forget the scary clowns lurking in the club's basement lounge.

Almost.

Alex Lodner writes about food and community news regularly in the Park Bugle.



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St. Anthony Park Area Seniors' Senior Cinema Series is Back!
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In the midst of WWII a small group of art experts are commissioned by Roosevelt as soldiers and sent to the European theater to protect historically important buildings and monuments, and to locate vast troves of priceless art looted by the Nazis. Discovering art in castles and mines, they race against time as the Nazis scramble to destroy everything they can. Starring: George Clooney, Matt Damon, Cate Blanchett, Bill Murray. PG-13

St. Anthony Park Library, 2245 Como Ave.
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Como Dockside to open early May

By Alex Lodner

The freshly painted walls and newly hung chandeliers at Como Dockside are beginning to form an image of what is to come: a sophisticated yet approachable space, where families and friends can gather for a lakeside meal or take in a concert on the promenade while sipping an elegant martini.

Now doesn't that sound lovely?

The remodeled space harkens back to the refined days of yesteryear, when ladies strolled, twirling their parasols, children played unhindered on the grass, and all was right with the world. But the new restaurant at Como Lakeside Pavilion will be far from stuffy. The giant windows overlooking the lake and waterfall will keep things light and welcoming.

New owner Jon Oulman hopes to rekindle St. Paul's love affair with Lake Como. His St. Paul roots go deep, and he hopes residents and visitors alike will enjoy the pavilion and the lake in all seasons.

His restaurant will act as a gateway of sorts, but the real star is

the lake. Activities will abound with a variety of rental equipment and a guided, 30-foot boat to cruise passengers around the lake. The new owners hope to add winter activities as well.

Back inside the restaurant, the rich ebony hue now on the walls pulls the eye directly to the beautiful views outside the windows. The deep wood tones cast an air of comfort and elegant ease. Although the menu had not been finalized at press time, Oulman is excited about what he calls "New Orleans picnic food." Think po' boys and mussels, with a few great burgers and some grown-up mac and cheese thrown into the mix.

A full liquor license means you can pair those vittles with anything your heart desires, from a fancy Cosmo to a Hurricane. Oulman hopes to locally source as much of the menu as possible. The fish will all be sustainable fresh-water fish, for example, and the beer selection will be exclusively local.

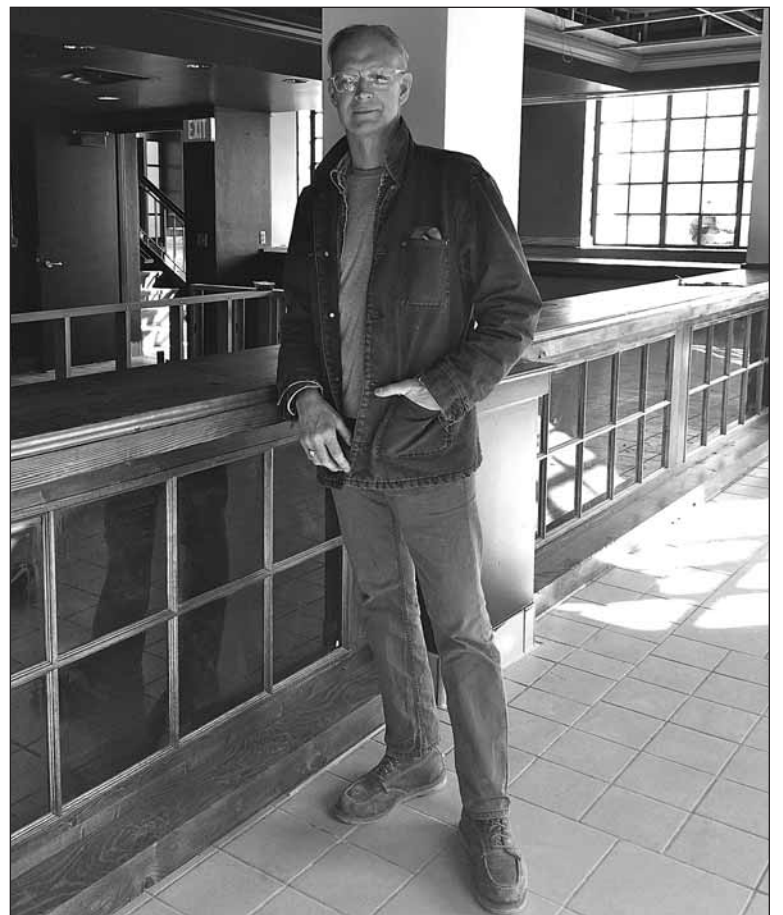
Remember the tiny window in the back, where on a good day you

could pick up some popcorn and a bag of M&Ms? Remember trying to prop yourself up on a boulder to sip your Diet Coke? The patio will now be sprinkled with comfortable seating, and the expanded window will offer a condensed version of the menu, complete with aforementioned local beers and a lovely wine list.

Music lovers need not fear. Oulman and his crew have taken over the music programming from Music in the Park and promise to add as much variety as possible.

"We welcome any and all input from the community when it comes to music, and anything else, really," he said recently, as we sampled some locally crafted popsicles. "We don't want to disappoint anybody, and we want the community to know we are listening to the input we received."

The Como Dockside plans to open after May 1, with hours running from 8 a.m. to 10 p.m., Sunday through Thursday, and 8 a.m. to midnight, Friday and Saturday.



Jon Oulman, above, hopes to rekindle St. Paul's love affair with Lake Como. Photo by Alex Lodner



Colossal Café is taking its Flappers to a third location on Grand Avenue. Photo by Alex Lodner

Colossal #3 to open on Grand Ave.

By Alex Lodner

Great news for the Twin Cities: There will soon be three locations where folks can satiate their Flapper cravings.

Colossal Café, the beloved neighborhood diner on Como Avenue in St. Anthony Park, will add a new location on Grand Avenue, where they can serve these crave-worthy yeasted pancakes to 70 guests, according to co-owner Elizabeth Tinucci.

The Tinucci family has deep roots in the restaurant business. Elizabeth's grandfather opened Tinucci's Restaurant in Newport in the 1940s and the restaurant is still going strong today.

Elizabeth, together with parents

John and Carrie, took over Colossal Café's postage-stamp-sized Minneapolis location in 2010 and opened the St. Anthony Park location in 2011. The Como Avenue café quickly became an iconic neighborhood hub, thanks to its earnest hospitality and delicious, innovative comfort food. Colossal Café in Minneapolis has been featured on Food Network's Diners Drive-Ins and Dives with Guy Fieri in 2010.

Now the Lilliputian empire is growing. The new location, in the former Twisted Fork space at the corner of Grand and Hamline avenues, will open in April and offer the same menu as its sister locations, serving breakfast and lunch until 3

p.m. As with the Como Avenue space, the restaurant will be available for private events at night.

A few additions at the new location will include an espresso machine for those who prefer a fancy mocha with their breakfast sandwich and full table service.

"People who want to grab their drink and pastry, or even a full meal, to go, will certainly be able to do that at the new location, but the larger space allows us to finally offer table service," Elizabeth said.

"We are always looking for opportunity to grow," Elizabeth said. And she and her father agreed that the new space is a good fit.



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Business news

Three decades and going strong

By Kristal Leebick

When Kathy Magnuson, co-publisher of the Minnesota Women's Press, reflects on the publication's longevity, she says, "We have not worked ourselves out of a job."

What she means is there is still a need for a publication that tells women's stories written by women. And this month, she and co-publisher Norma Smith Olson will mark the 30th anniversary of the Minnesota Women's Press—the oldest, continuous women's publication of its kind in the country.

The magazine is written exclusively about, by and for women, and that's something that wasn't happening in the mid-1980s.

Magnuson was one of a group of St. Anthony Park women who worked with founding publishers Mollie Hoben and Glenda Martin to launch the Minnesota Women's Press (MWP) in 1985.

"We planned for a year, found investors, found a designer, figured out distribution, what it would look like, who would read it," she said.

And during that year, the women were told, "It will never work. You are crazy. It's a waste of time and money," she said.

"I remember that. We aren't supposed to be here."

Twin Cities publications at that time were run predominantly by men, Magnuson said. "Men decided what the stories would be, who the subjects would be. The subjects were men, written about by men, photographed by men and edited by men."

That hasn't really changed in 30 years, she said. "Men are still in the decision-making roles, and the

majority of the stories are about men. We still have a lot of work to do."

Some of the MWP's founding group had roots at the Park Bugle. Hoben was editor of the Bugle in the early 1980s; Magnuson was business manager and sold advertising. Faye Kommedahl, who prides herself as being the Minnesota Women's Press' first retiree, was a proofreader at the Bugle before joining the group that launched the MWP.

The publication began as a free-distribution, bi-weekly tabloid newspaper operating out of an office above Sharrett's Liquor Store at Raymond and University avenues. It eventually moved to a nearby storefront on Raymond and now works out of offices at 970 Raymond Ave.

Today it is printed monthly and online. About six years ago, MWP changed from tabloid to magazine format. "Over time, less and less of our content was news. News was more what happened 10 minutes ago," Magnuson said. "We became more story, commentary, opinion. [A magazine format] was a better container for the work we did. That



Minnesota Women's Press publishers Norma Smith Olson and Kathy Magnuson

was a good switch."

MWP has successfully navigated the print vs. online divide many publications have faced. Magnuson credits the publication's content for that success: "It's not old in 10 minutes. Story and connection and community building and commentary—those don't get old. We are really current for a month and I know people save us."

She knows that because every once in a while, the office gets a call from someone who is moving out of

her longtime home, asking if the office would like her collection of every issue ever published.

The longevity of the Women's Press isn't just about the content, Magnuson said. "We have never really varied from our mission."

A strong mission that works with their audience, a delivery mechanism that works, content that matters, and an "extremely loyal audience" are the factors that have kept it going for three decades, she said.

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Business Briefs



Amanda Wellner with her second-place framing award and Steve Hoen of Larson-Juhl

AMANDA WELLNER, OF CARTER AVE. FRAME SHOP, 2186 Como Ave., won second place in the custom framed Art on Paper category in Larson-Juhl's third annual Design Star: Framing edition competition. Larson-Juhl is the leading picture-framing industry supplier and a Berkshire-Hathaway

company.

Hundreds of custom frame designs were submitted to the competition. The awards were presented at the world's largest picture framing industry event, West Coast Art & Frame, in Las Vegas. Wellner won second place for her framing of a Rajka Kupesic serigraph titled "Woman with Fan." Her design featured an ornate antique silver frame with fabric mats and double fillets.

Tim Smith, owner of Carter Ave. Frame Shop, described Wellner as "a particularly gifted designer."

Carter Ave. Frame Shop was established in 1975. Smith has owned it since 1985. You can learn more about the shop at www.carteravenueframeshop.com.



Carla C. Kjellberg
Attorney at Law

LYNGBLOMSTEN, 1415 W. Almond Ave., received the 2015 Leading Change Innovation Award in February from LeadingAge Minnesota for its new web-based software tool, eMenuCHOICE. The Innovation Awards recognize and showcase innovative programs and ideas from older-adult service providers with the intent of reimagining the aging experience.

The award was presented at the annual LeadingAge Minnesota Institute at the RiverCentre in St. Paul.

Lyngblomsten has provided healthcare, housing and services for older adults since 1906. Its focus is to enhance the quality of life for older adults.

Lyngblomsten's custom-designed, web-based software tool, eMenuCHOICE, was created to assist long-term care residents and senior housing tenants in selecting their meals from a list of menu options. The technology enables residents to participate in a key activity of daily living: choosing what to eat for their meals.

The menu option items include photos, written descriptions and audio descriptions so that with the help of a caregiver, the resident can make an informed choice about their meal options.

PSINERGY TECHWARRIOR, 1553 Como Ave., has earned the Angie's List Super Service Award, reflecting an exemplary year of service provided to members of the local services marketplace and

consumer review site in 2014.

This is the fourth consecutive year that the company has won this award.

"Only about 5 percent of the computer repair and services companies in the Twin Cities have performed so consistently well enough to earn our Super Service Award," said Angie's List founder Angie Hicks.

Psinerger is focused on sustainability, said André Thomas, co-owner and lead computer therapist. "Just like the human being, computers need things like wellness checks (tuneups), a strong immune system (up-to-date anti-virus software), and de-stressing routines (defragging). That's what we do and it will help your computer last longer and you'll be happier with it."

Co-owner, SchaOn Blodgett describes Psinerger TechWarrior's Computer Rehabilitation Center as devoid of the cold, techy feeling some computer rehab stores may have. "We have plants, organic tea and coffee, and a friendly smile and personality to boot. We really show that even in this tech inundated world, we can still honor the nature around us."

Angie's List Super Service Award 2014 winners have met strict eligibility requirements; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

You can find out more about Psinerger TechWarrior at www.stpaulvirusremoval.com.

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School News

The Bugle welcomes news about students and schools in the area. The deadline for the May issue is Wednesday, April 8. Send your news to editor@parkbugle.org.

Avalon School

700 Glendale St., 651-649-5495
www.avalonschool.org

Avalon competes in all-girl Technovation Challenge

Avalon School has two teams competing in the 2015 all-girl global coding competition, Technovation Challenge. The two teams must design and code an application for an Android device, like a phone or tablet, that works to improve the local community. The girls will take their finished product, along with a business and marketing plan, to the Technovation[MN] Appalooza on May 3 (the location has not been determined) and make their pitch to a panel of judges. The class is taught by several local developers and computer scientists, including some from the University of Minnesota and BuzzFeed's Minneapolis team.

Chelsea Heights Elementary

1557 Huron St., 651-293-8790
www.chelsea.spps.org

Running club begins

Students have been cooped up all winter and are ready to run. Chelsea Heights' Running Club starts Wednesday, April 6. Running Club is open to students in grades 1-5 and will meet every Monday and Wednesday at 3-4:15 p.m. Adult volunteers are needed. Contact the school for more information.

Como Park Senior High

740 Rose Ave., 651-293-8800
www.comosr.spps.org

Music news

The State High School League's

Region 4AA Vocal Solo and Ensemble Contest was held on March 5. Como singers who received ratings of "Excellent" were Anna Blaine, Margaret Coyne, Nathan Stover, Esther Vang, Peter Vue, Zaci Wells and the duet of Angel Khang and Chimeng Jimmy Lor. Two Como ensembles, Donna di Cantare and AcaPleasure, received ratings of "Superior" and also earned trophies.

In the Instrumental Solo and Ensemble Music Regional Contest, two Como entries repeated their "Superior" ratings from last year. The strings performed Bach's "Double Violin Concerto in D Minor." Jake Heiberger and Emmet O'Connell performed "Bop Duet" by Bugs Bower.

Senior Nate Parsons was awarded the Weston Noble music scholarship, totaling \$6,000 a year, and free violin lessons for four years from Luther College in Decorah, Iowa.

The Como Chamber Singers attended a vocal jazz festival at McNally Smith College of Music in St. Paul on March 7. Two members, Emanuel Rivera and Chimeng Jimmy Lor, received recognition for their solo work with scholarships to the McNally Smith summer vocal camps.

The TriM Variety Show was held on March 13 and featured a variety of musical acts, talent and humor. The choirs performed in the annual Choral Classics concert on March 16 in the Como auditorium.

Full scholarships awarded

Seniors Michelle Gallegos-Guillen and Dah Dah received full scholarships to Bethel University in Arden Hills. Senior Destyn Land received a full scholarship to Augsburg College in Minneapolis. These scholarships were earned through the Urban Ventures



A close-up view of the capital

Twenty-one Advanced Placement U.S. Government and History students spent the first week of March in Washington, D.C., participating in the national Close Up program. The students met with Minnesota Senators Al Franken and Amy Klobuchar and Rep. Betty McCollum. They also participated in study visits to every major memorial and monument in Washington, attended seminars with congressional aides and media members, saw a play at the Kennedy Center, and explored neighborhoods such as Georgetown and DuPont Circle. Here, the group is shown with Sen. Al Franken (center).

program ActSix and were awarded based on academic achievement, leadership, extra curricular activities, letters of recommendation, essays and interviews.

National Merit Scholarship finalist

Senior Ellen Purdy is a finalist for the National Merit Scholarship. Finalists are the highest-scoring program entrants in each state and represent the top 0.5 percent of each state's senior students.

Brain Bee

Senior Oladunni Alomaja placed fourth in the Minnesota Brain Bee, a statewide neuroscience competition for high school students held annually at the University of Minnesota.

Ruby Bridges visits Como

Como Park hosted civil rights icon Ruby Bridges on March 12 in the Como auditorium. The event consisted of a brief video and slide-show presentation, a talk by Bridges and a question-and-answer period.

Thirty compete in History Day

Thirty Como Park freshman World History students competed in the Regional History Day competition on March 14.

Students who will compete at the state competition in May are Fatha Ahmed, Noah Frese, Jackson Kerr, Gabe Reynolds, Grace Commers, Eva Hanson, Walter Medcraft, Arturo Digirolamo, Shukuri Abdullahi, Hodon Bashir, Stephen Boler, Eli Pattison, Lucas Carmichael-Tanaka, Allen Thoresen, Shyann Salverda, Beth Fryxell and Emma Wallisch.

Spanish Day for second-graders

Fourth-year Como Park Spanish students hosted Spanish Day for second-graders at Chelsea Heights and St. Anthony Park elementary schools. Como students prepared fun lessons that incorporated learning numbers, colors, and storybook

Lucy Rogers, Mina Mandic, Justine Wulff, Ruby Kosiak, Kendall Ross, Fiona Juarez-Sweeney, Mary Holm, Claire Driscoll, Emma Hedin, Alma Palahniuk, Chittera Xiong, Mira Seeba, Wyatt Crow, Amira Bowler, Stella LaCroix-Dalluhn, Carter Brown, Sami Banat, Kiersten Howatt, Charlie Wilson Jackson, Keith Deal, Olivia Ahrens, Amelia Schucker, Bridget Lee, Riley Eddins, Lila Seeba, Emilie Pagel, Dina Thoreson, Nora Winkelaar, Maddie Neal, Fiona Blank, Anna Gaudio, Amelia Moseman, Nora Thomey, Ethan Napierala, Charlie Rogers, Gelila Woldermarin, Aaron Beckman, Allistair Pattison, Audrey Power-Theisen, Janey Post, Sophie Kelly-Waldon, Will Altman, Isa Anders, Gabe Hart, Keiren Aus and Peter Fortier.

Students who are going to the state competition include: Maasai Appet, Jillian Brenner, Margie Mosbeck-Morrison, Leandra Dahlke, Elena Purcell, Lucy Rogers, Minna Mandic, Justine Wulff, Ruby Kosiak, Kendall Ross, Fiona Juarez-Sweeney, Mira Seeba, Olivia Ahrens, Fiona Blank, Anna Gaudio, Genial Woldermarin, Audrey Power-Theisen and Janey Post.

The following students received honorable mentions: Emma Hedin, Alma Palahnik, Stella LaCroix-Dalluhn, Carter Brown, Amelia Schucker, Lila Seeba, Emilie Pagel, Dina Thoreson, Amelia Moseman, Nora Thomey and Aaron Beckmann.



Curtis Love snowshoes across Wolf Lake during the Murray E2 trip to Wolf Ridge.

Science up north

Murray's Environmental Inquiry Immersion class spent a February weekend at Wolf Ridge Environmental Learning Center, where students took their classroom experiences from Murray and applied it to the natural world. The students collected snow samples to bring back to the lab to test the snow's pH (acidity). To do this they had to snowshoe across a frozen lake in whiteout conditions.

Back at the lab, the students measured pH three ways to discover there is a difference between accuracy and precision, made graphs of their data to have a group discussion about their findings, and later wrote in their journals about experiments they

School news to 18

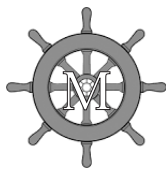


Excellence at the science fair

Eight Como freshmen, who completed science research projects last summer at Wolf Ridge Environmental Learning Center while finishing their eighth-grade Murray E2 course, competed at the Twin Cities Regional Science Fair on Feb. 27. They include Sam Cojolo, Lumin Johnson, Leia Pullen, Hyacinthia Akakpo, Tyree Tucker, Shyanna Carpenter, Seven Armstrong and Maureen Rein (who is not pictured). Seven Armstrong and Shyanna Carpenter received an Excellence Award for their project. The Murray E2 course is made possible with the support of the St. Anthony Park Community Foundation. *Photo courtesy of Murray teacher Tim Chase*



CPHS Cougar Sports



Murray Pilots Sports

by Eric Erickson

Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.

A roundup of winter sports at both Como and Murray

Como Cougars

Girls basketball: The Lady Cougars earned a St. Paul City Championship for the first time in program history with an 11-1 conference record (20-9 overall). Playing in the Twin Cities Championship game for the first time, they defeated Washburn, the Minneapolis champion, 70-65 in overtime.

With two new titles under their belts, the girls entered the highly competitive section play-offs and knocked off St. Anthony Village High School in the first round. The magical season came to an end in the semi-finals against DeLaSalle, a Top 10 team in the state rankings.

Junior DI recruit Andryah Adams led the team, and the state, in scoring with an average of 30 points per game.

Girls hockey: Several Como skaters formed the nucleus of the St. Paul Blades, the cooperative hockey team for girls in the St. Paul Public Schools. Team leaders included senior Mackenzie Olson and juniors Maddy Greeley, Brianna Menssen and Cassie Prescott.

The signature victory for the team was on Hockey Day in Minnesota, when the Blades hosted an old-school outdoor hockey game at North Dale Recreation Center on a frigid January day versus the Minneapolis Novas. The Blades grinded out a hard-fought 1-0 shutout to create a lasting memory.

Gymnastics: The dedicated

gymnasts, who were featured in the December Bugle, continued developing their craft with focused training in their supportive atmosphere.

The team scored its season's best mark at the section meet, showing evidence of its steady improvement. The score was the team's highest in three years and earned seventh place overall. Senior Anna Fryxell was named All-Conference Honorable Mention. Coach Kirstyn Ouverson said Anna "finished her senior year with grace and prowess."

Eighth-grader Chloe Hansen from Murray also consistently placed high marks in the varsity results.

Nordic skiing: The boys and girls teams trained together throughout the season, focusing on fitness and dry land training before Como Golf Course and other skiing venues had snow. Meets were held throughout January.

Highlights included a strong second-place team finish for the boys at the Tartan Invitational, featuring competition from six suburban schools including North St. Paul, Sibley and St. Thomas. Senior Stefan Hankerson was the top individual finisher at the meet held at Lake Elmo. The team had a combined GPA of more than 3.75, earning the MSHSL Gold Academic Award.

Wrestling: A young team relentlessly trained and stayed fit to compete in dual meets and tournaments against tough competition. Sophomore Tha

Dah and senior Nelson Gay both earned All Conference. Dah and Gay also were place winners in the section tournament, along with freshman Drew Barnard.

Roy Magnuson is stepping down after 30 years of coaching Como Park wrestling. Next year St. Anthony Park, Murray, Como Park and University of Minnesota alum Tijl Vanderwege will take over as head coach.

Boys hockey: After a stellar start that garnered the attention of the Pioneer Press and other media outlets in the "State of Hockey," the Cougars finished the season with an overall record of 16 wins and 10 losses. Junior Ian Tully led the team in scoring with 25 goals and 16 assists. Senior George Neisewander had 16 goals and 17 assists, and senior defenseman Matt Klein contributed another 14 assists. Senior goalie Carter McCoy kept the team in games with leadership and steady play between the pipes.

Boys basketball: An undersized but athletic team played a difficult nonconference schedule to prepare for the St. Paul City competition. A respectable 6-6 conference record was produced with energetic play and effort. Junior Demetric Mitchell led the team in scoring and rebounding. Senior Shawn Phillips led the team in assists and was second in both scoring and rebounding. Senior Ibrahim Isse provided veteran leadership, along with unselfish

teamwork.

While some seniors have played their final game for Como, next year's squad will return several key dynamic players.

Boys swimming: The swim team finished fourth in the City Conference meet, which included impressive individual and relay performances from the Cougars.

Junior Israel Higuera, sophomore Joe McCune-Zierath, along with freshmen Jared Czech and Cole Napierala, placed third in the 200-meter medley. The same swimmers repeated the third-place result in the 400-meter freestyle medley.

Higuera placed second in both the 50- and 100-meter freestyle individual events. Talented and committed underclassmen make for a promising future.

Murray Pilots

Wrestling: With a hard-working squad of 18 wrestlers that only included two eighth-graders, the Pilots placed third in the City Conference. Three Murray wrestlers won individual titles at the conference meet: Elie Doby at 155 pounds, Chue Chang at 165 pounds and Pedro Acosta at super heavyweight. Second-place finishes were earned by Kaelyb Sears at 85 pounds, Stone Frasl at 95 pounds and Jesse Nelson at 105 pounds.

Coach Kirby Scull described the season as outstanding with "a great deal of improvement."

Girls basketball: Winning five of their last seven games, the team finished with an overall record of 6-6. The Pilots were a young team with just two players returning from last year. After a loss to Hazel Park early in the season, the Murray girls' turned the tables and defeated Hazel Park by seven points in the rematch. The coaching staff emphasized fundamentals that improved play through the season, while building a foundation for future success.

Boys basketball: As the Bugle went to press, the team was tied for first place in the conference with a record of 10-1 and on pace to play in the City Championship game once again. The boys have been working hard and carved out significant wins against other top-tier teams, including Hazel Park and Washington. The boys are also working hard off the court to become student role models in the Murray school community.

Spring sports: Baseball, softball, badminton and track began practicing on March 23.

Eric Erickson teaches at Como Park Senior High School. You can follow him at twitter @eestp for current school sports news.

School news from 17

could design to take their understanding to a deeper level.

These students went back to Wolf Ridge March 20 and will return in July to complete their inquiry projects.

State science fair

Congratulations to the following students for advancing on to the State Science Fair competition: Valerie Bares, Celia Olson, Ella Vadnais, Henrie Friesen, Eli Powell, Thomas Heesch, Kathy Tang, Zoe Ward, Amira Boler, Maasia Apet and Lila Seeba.

Roseville Area High School

1251 County Road B2
651-635-1600, www.isd623.org

'The Music Man'

The Roseville Area High School drama program (RAHS Drama) will present a student-produced version of the timeless classic "The Music Man," March 26-29, at the school. The musical will be performed at 7 p.m. Thursday-Saturday, March 26-28, and at 2 p.m. Sunday, March 29. A free 1 p.m. matinee for area senior

citizens will be held Wednesday, March 25.

Reserved seat tickets are \$10 for adults and \$8 for students and seniors. General admission seats are \$5. Reserve tickets online at RAHSDrama.net or by calling the box office at 651-604-1481.

St. Anthony Park Elementary

2180 Knapp St., 651-293-8735
www.stanthony.spps.org

Reading Corps tutors needed

St. Anthony Park Elementary School is seeking people to serve as part-time AmeriCorps Reading Corps tutors. Tutors will work 20-25 hours a week, get paid a \$272 bi-weekly living allowance and, at the end of their term, receive a \$2,875 education award to be used for past or future college expenses. Contact Becky at Rebecca.Kallhoff@spps.org for more information.

DI teams go to state

Two teams of fourth-graders will represent St. Anthony Park at the Destination ImagiNation state tournament.

Target REDCard

Thanks to all who have designated St. Anthony Park Elementary to receive REDCard money from Target. The school recently received a check for \$2,039.

Upcoming fundraisers

The annual Spring Carnival fundraiser will be held from 5:30 to 8 p.m. Friday, May 1, and the annual plant sale fundraiser will be held on Thursday and Friday, May 7 and 8.

Twin Cities German Immersion

1031 Como Ave., 651-492-7106
www.tcgis.org

Como neighborhood is invited to annual event at TCGIS

The Twin Cities German Immersion School (TCGIS) invites all Como Park community members to the school's Capstone Benefit on Sunday, April 12, at 2:30 p.m. The event raises scholarship funds for the eighth-graders' annual trip to Germany. The event will include performances by musicians and artists from within the TCGIS community. There will also be *Kaffee und Kuchen*, a relaxing atmosphere and new people to meet. Come for an afternoon of fun and entertainment.



Como Booster Club raises fun(ds) at Urban Growler

The Como Park Senior High School Booster Club is a group of passionate parents with a dual purpose: broaden the involvement of the community in Como activities and support Como's extracurricular programs that are in need of supplementary financial support.

Combine that with one of St. Paul's unique new brewing venues right in St. Anthony Park, and you've got a "Fun Raiser."

The Como Boosters are always looking for new ways to fundraise and engage the extended

community. When they approached the Urban Growler Taproom, owners Jill Pavlak and Deb Loch generously agreed to host Como's event.

All 150 advance tickets sold out quickly, and dozens more were sold at the door. The taproom's comfortable, family-friendly environment was the perfect place for an event Principal Theresa Neal described as "vibrant, with great ambience." Neal added that "the Booster Club parents are an amazing group of volunteer parents." —*Eric Erickson*

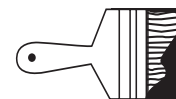
Classifieds

Send your ad to classifieds@parkbugle.org or P.O.Box 8126, St. Paul, MN 55108, or call Fariba Sanikhatam, 651-239-0321. Ads are \$5 per line. Add a box or art for \$10. **Next deadline: April 10.**



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Green home from 3

For an occasional corrective suggestion, they called on the expertise of fellow St. Anthony Park resident, Lucas Alm, founder of Alm Design Studio. "Lucas can look at our design and prevent our mistakes," Tim says.

The net zero project offers distinct building challenges even to an experienced contractor like Tim. "We've incorporated green products and techniques in other projects," he says. "But I'm mostly a remodeling contractor."

Many of the subcontractors working on the new house have worked with Tim before, he says, "but they can't believe how much insulation we're using this time. There are a lot of surprises, because this is a unique way to build."

One of their building solutions came in response to the need to strengthen the wall bearing the giant array of solar windows on the south face of the house. How do you create enough window area to be effective on sunny days without running the risk that the wall blows in when the weather turns stormy? With the memory of straight-line winds that had downed dozens of trees in the neighborhood several years ago fresh in their minds, they knew that structural support was crucial.

"We created sheer walls with a 3.5-inch-by-9-foot-high solid piece of laminated chip board with steel anchors that ran down to the footings," Tim says. A 20-inch-wide beam connects the wood and steel supports.

Although they describe themselves as using "early adopter



When considering the design for their new home, Muffi Abrahamson and her husband, Tim, focused on sustainable energy (in their case, solar energy), employing a passive solar design and heavily insulating the structure of their new house. *Photos by Marina Lang*

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technology," the Abrahamsons have what might strike some as a surprising affinity for traditional design. The energy solutions of their new house may be radical, but the "look" of the house will not be.

"We want it to fit into the character of the neighborhood," says Muffi. Their two-story, two-bedroom house will feature an open floor plan on the first floor living area and lots of open space upstairs that can later be turned into additional bedrooms. A front porch and an exterior made of traditional lap-

siding and cedar shakes will help the house blend in with its neighbors. The most eye-catching exterior feature may be the steel roof.

A steel roof may be unusual, but it will also pay off in the long run, Tim notes, comparing its 50- to 100-year life expectancy to the 20- to 35-year life of a conventional shingle roof.

And that raises a principle they've returned to often. "Building this house is more expensive than the conventional building process," says Tim, "but I think people will have to realize that it will be more sustainable in the long run."

Their roof may still be here in 100 years, but, of course, the Abrahamsons themselves will not. No matter. In their minds, they're building not just a comfortable house but a better world.

"We hope the house will be an

example to show that [net zero] construction can be done in an urban environment," says Tim. "In order to move society forward, we need to be able to build houses that are both super-insulated and don't ignore the position of the sun."

The Abrahamsons think net zero houses like theirs will be "the norm by 2040."

"We feel [building the house] is the right thing to do," Tim says. "It's a moral imperative. Our children and grandchildren have to live in this world."

For now, though, he concedes, "this project is unusual."

"You need the right client," he adds with a laugh, "and I have the right client."

Judy Woodward is a reference librarian at the Roseville Library and a regular contributor to the Park Bugle.

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