

Chart Your Course Action Planner

My Action Plan (MAP)

Fill in your answers to the questions below. We suggest that you fill out a separate form for each goal. Keep your printed action plans in your notebook.

Part 1: What is your goal for your child?

Part 2: What obstacles make it difficult for you or your child to reach this goal?

Part 3: Determine strategies: How will you get around these obstacles?
(For example, what agencies, organizations, professionals, or other parents might you contact for suggestions?)

Part 4: Create your "Action Steps."

Action Steps (To Do List)	Who	By When

Part 5: Track your child's progress in meeting this goal.