

Notes from the Buying Desk

Vegetable

Cauliflower – much better availability
Calabrese – steady supply
Swede – Cornish now in stock
Runner Beans – some big picks at the end of the season, expect a sudden stop in supply
Spinach – small supply from Canara – very good quality but not enough to replace like for like
UK Piccolo parsnip and Mixed Chantenay now in stock
Potatoes – in general prices will be a lot cheaper than last season
Onions – better supply means prices will be less than last season
Romanesque – Cornish started – very nice local sample
Baby leaf Spinach – some Canara Farm available at request
Courgette – numbers are reducing as lack of sunlight and shorter days, Spanish in to make up the numbers
Squash – a nice range of different squashes in stock
Sprouts – in stock
Mixed French Beans – last of this year's Canara Farm beans have been picked

Fruit

English Apples in stock – Russet, Cox, Red Robin and Bramley
English Pear – Comice now in stock
Mango – value large un ripened mango in stock
Good value: peaches, necs, flat necs, flat peach, apricot all eat very well
Turkish Figs – still good value and quality
New season: pears conference & comice
Rhubarb – last of the Cornish
Strawberry – in very short supply nationally, local keeping us going
Melons – price increasing as supply from Brazil is limited and Spanish is at an end
Kiwi – new season Italian about to start
Finger Limes – in stock

Salad

Tomato – Dutch fruit still expensive, Spanish is coming in to ease supply shortage
Gem Lettuce – now using Spanish as UK crop is poor
Cucumber – price yo-yoing depending on weather (demand/supply)
Heritage Tomato – price has eased with extra supply from Spain
Canara Gourmet Baby Leaf – another 3 weeks of supply
Avocado – The lack of avocados on the European market is a consequence of the situation in the United States. Due to the favourable prices, a lot of the exports from Peru and Mexico are going to the US instead of to Europe. We hope prices will ease into September as harvest volumes increase and ease pressure in the markets globally
Peppers – price very reactive to daily market, Spanish showing up now so prices should ease
Iceberg – UK coming to an end, quality much better from Holland/Sweden
Lollo and Oakleaf – local now finished – UK will continue throughout September
Endive – continuing with Spanish fine endive, better quality than UK
Candy and Golden Beet – new season
Corn on the Cob – good value and great quality

We Recommend...

In season: cob nuts, English apples (cox, russet, red robyn), squash & pumpkins
Local Gourmet Lizard Baby Leaves from Canara Farm – about another 3 weeks left
Local & superb quality: purple & Romanesque cauli
Savoy, Spring Green, Pointed Cabbage
January King Cabbage & Red Cabbage
Calabrese, Courgette & Swede
Baby leaf Spinach & Rainbow Chard
Kale and Cavello Nero
Strawberry & Raspberry
Duchy Fries, Washed Potato, Red Potato
King Edward Potato & Salad Potato
Good Earth veg – available on request
Autumn Foraged lines available on request
Devon Loose Tenderstem & Calabrese
Devon Red Cabbage, Savoy & Hispi
Devon Red and Green Kale and Cavello Nero
Devon Forest Fungi Mushrooms
Devon Strawberries
Devon Parsnips
Devon Elms Fruit Farm Cox and Bramley Apples
Devon Courgette
Devon Beets & Rainbow Chard

Good Value...

Local & superb quality: purple & Romanesque cauli
Seasonal berries – local available now weather permitting
Seasonal Stone fruit – especially peach and nectarines
Apples – PP English Cox & Delbar Estival imported for value
Small lemons rather than the large – the large are however XXL and great quality
Easy Peel – use Satsuma for best value – Mineola and Clems also available
Pineapples
Turkish Fig season now
Seasonal Beets including Candy and Golden
Tri-colour Peppers for value
Local Courgette
Cornish Wild Mush mix and Devon Forest Fungi mixed mushrooms
Fresh Corn on the cob
Broad Bean and Runner Beans
New season carrots and parsnips – value nets coming back in
Rainbow chard
Local Sagitta Potatoes – will chip
Duchy Fries – prices easing now with new season harvest
Local Cabbages - Spring Green cabbage & Savoy

Use with Care...

Melons – prices up on Brazilian imports – portion control needed – ask daily for best deals
Avocado – global shortage & massive demand driving wholesale prices up – portion control
Tomatoes – prices up and down due to market avail & demand is very high
Peppers – volatile pricing – up and down – check for best value – generally tri-colour
Kiwi – between seasons and prices are up
Mango RTU – use cheaper un-ripened fruit for value – needs a few days in kitchen to ripen
Red Chicory – use yellow/white for better value although red are cheaper than they can be
Clems - Citrus – easy peel – Minneola better value than clems – larger fruit though

Latest updates 06/10/2019 - Subject to availability