

Notes from the Buying Desk

Fruit

UK Red Robin apples in stock – excellent quality red apple, good shelf life
Pomegranate – Spanish new season so price should ease
Bramley – some Cornish available in small quantities
Cornish Rhubarb – available in small quantities
Grape – green is troublesome and expensive, will improve
Fresh Fig – now Turkish, superb quality and good value
Kiwi – new season Italian about to start
Finger Limes – in stock
Pears – back onto Conference now
Cornish Melons – in very limited supply, first come first serve, amazing taste

Vegetable

Calabrese – price has dropped, mainly due to better supply and less demand through resistance of the previous higher price
Cauliflower – still not over supplied, weekend spikes in price as demand increases
Romanesque – Cornish around 2 weeks away
Sprouts – in stock
Mixed Squash – in stock
Mixed French Beans – last of this year's Canara Farm beans have been picked
Local courgette – numbers are low due to lower temperatures & less day light

Salad

Avocado - The lack of avocados on the European market is a consequence of the situation in the United States. Due to the favourable prices, a lot of the exports from Peru and Mexico are going to the US instead of to Europe. We hope prices will ease into September as harvest volumes increase and ease pressure in the markets globally
Tomato – supply of tomatoes into markets is intermittent, price up down
Peppers – price very reactive to daily market, Spanish showing up now so prices should ease
Iceberg – UK coming to an end, quality much better from Holland/Sweden
Lollo and Oakleaf – local now finished – UK will continue throughout September
Endive – continuing with Spanish fine endive, better quality than UK
Little Gem – having to stock more expensive Spanish as better quality
Candy and Golden Beet – new season
Corn on the Cob – good value and great quality
Radish – UK bunched red and breakfast in stock

We Recommend...

Local Gourmet Lizard Baby Leaves from Canara Farm
Runner Beans
Savoy, Spring Green, Pointed Cabbage
January King Cabbage
Calabrese & Cauliflower
Courgette
Green Kale & Rainbow Chard
Mixed Cherry Tomatoes
Swede (Devon)
Strawberry & Raspberry
Duchy Fries, Washed Potato, Red Potato
King Edward Potato & Salad Potato
Good Earth veg – available on request
Autumn Foraged lines available on request
Devon Loose Tenderstem & Calabrese
Devon Red Cabbage, Savoy & Hispi
Devon Red and Green Kale and Cavelo Nero
Devon Forest Fungi Mushrooms
Devon Strawberries
Devon Courgette
Devon Beets & Rainbow Chard

Good Value...

Seasonal berries – local available now weather permitting
Seasonal Stone fruit – especially peach and nectarines
Apples – Braeburn & Gloster imported for value
Small lemons rather than the large – the large are however XXL and great quality
Turkish Fig season now
Un-ripened Mango good value
Seasonal Beets including Candy and Golden
Tri-colour Peppers for value
Local Courgette
Mixed Sprouting Beans
Cornish Wild Mush mix and Devon Forest
Fungi mixed mushrooms
Fresh Corn on the cob
Broad Bean and Runner Beans
New season carrots and parsnips – value nets coming back in
Rainbow chard
Baby Corn Punnets
Local Sagitta Potatoes – will chip
Duchy Fries – prices easing now with new season harvest
Local Cabbages - Spring Green cabbage & Savoy

Use with Care...

Avocado – global shortage & massive demand driving wholesale prices up – portion control
Tomatoes – prices up and down due to market avail & demand is very high
Peppers – volatile pricing – up and down – check for best value – generally tri-colour
Melons – prices up on Brazilian imports – watermelon still good value
Shallots – prices easing now
Tenderstem – being used as alternative to lines above and extra demand sent prices up
Mango RTU – use cheaper un-ripened fruit for value – needs a few days in kitchen to ripen
Red Chicory – use yellow/white for better value although red are cheaper than they can be
Easy Peel Clems – prices are up – Mineola and small oranges are possible alternative
Grapefruit & Pineapple – prices are up a little – portion control
Clems - Citrus – easy peel – Mineola better value than clemis – larger fruit though
Bakers – new season starting to come in and prices will ease – use smaller 50's/60's for value

Latest updates 15/09/2019 - Subject to availability