

# Q&A Connie Britton

## Friday Night Lights's Principal Taylor gets a lesson in sisterhood.

You know her best as the sexy, down-to-earth wife of Coach Taylor on NBC's drama *Friday Night Lights* (catch the season-four premiere on April 30). Outside *FNL*, Connie Britton applies the same practical yet passionate attitude to global issues. Britton recently went to Africa as part of Women One2One ([one.org/women](http://one.org/women)), a newly launched campaign that raises awareness about and takes action against poverty and the preventable diseases affecting women worldwide. We asked her what she learned on her journey.

**Women accomplish even more together.** "I think women in particular feel that we have to shoulder the burden alone, and that becomes overwhelming. One of the most inspiring moments from Africa was being part of a delegation of women who are instrumental in changing the world there. There was an exciting sense of unity in our working together, and it made our goals more accessible."

**Women have unique strengths.** "I think women are particularly adept at empathy and compassion. And I'm not saying men aren't good at it: My boyfriend [writer Jason Mantzoukas] is really supportive, and it's always good to bounce things off him. But compassion is something women can access more easily, and it's so key to our world functioning. The women on this trip can now share their experiences and make [the situations we saw] a little less distant for everyone else."

**Women need to connect.** "My girlfriends inspire me. Even though we all are on our own paths, we keep each other going. My friends are a mirror for whatever I'm trying to accomplish, and they empower me. They're the people who encourage me to think outside the box and outside of myself, and each one of them does it in a different way. I don't think I could do what I do without them."



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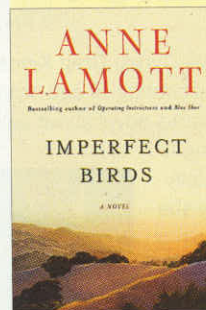
How to read the latest releases.



## READ IT IN THE TUB Fireworks Over Toccoa

by Jeffrey Stepakoff  
It's the summer of 1945, and Lily Woodward can't wait until her soldier husband returns home. But when renegade

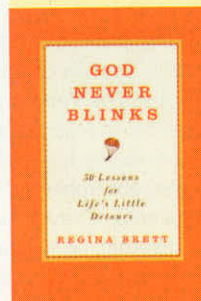
Jake Russo comes to town, sparks fly between him and Lily. Sure, it's the premise of a million romance novels, but because the author is a former *Dawson's Creek* producer, the characters are as compelling as in any juicy TV drama.



## SHARE IT WITH THE CLUB Imperfect Birds

by Anne Lamott  
The best-selling memoirist uses fiction to further explore parenthood in this page-turner. As Elizabeth Ferguson's teen daughter, Rosie, teeters between success and

self-destruction, Elizabeth is never sure whether a parental nudge will push her in the right direction—or send her over a cliff. This novel explores all the heartbreak and hazards of being a mom.



## WE JUST LOVE IT God Never Blinks: 50 Lessons for Life's Little Detours

by Regina Brett  
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