



The Emmaus Newsletter

Green Country Walk to Emmaus

Volume 31 Issue 51

September/October 2013

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Ain't Nobody Got Time for That!!

We've probably all heard the phrase "*ain't nobody got time for that.*" That phrase went viral after Kimberly Wilkins (aka Sweet Brown), who fortunately escaped an apartment fire in Oklahoma City, was interviewed by a local TV station.

I'm so very grateful for an Emmaus community who makes time to "*have time for that*" in their Fourth Day. They make time in their Fourth Day to serve the Lord, their families, their church, and the Green Country Emmaus community. If we were a community that said we "ain't got time for Emmaus," we would certainly not be a strong Fourth Day community.

Speaking of serving, there are so many ways to serve in our community - especially on Walk weekends. Walks 159 and 160 are upon us! Let us all strive to make time to serve in some capacity - whether it be for an hour or for a day. No matter how much or how little time you have available these weekends to serve behind the scenes it will be just the right amount of time for you. Information on servant opportunities and times is available in this newsletter.

The Prayer Room is always open during the Walks - if you've never been in the Prayer Room before, make it a priority to step inside and pray for the pilgrims and the teams. If you have never served in the Dining Room before, make it a priority to serve a plate of food to the pilgrims and share the love of Christ with your smile. If you have never helped serve in the kitchen, make it a priority to assist the kitchen manager. In whatever area you are able to serve, make it a priority to serve with joy and be the hands and feet of Christ.

On **pages 7 and 8** of this newsletter, you will find a **Participation Survey**. By completing and returning this form, we will be able to add this information to our database which will, in turn, allow us to better track who our willing servants are and the particular areas in which they desire to serve. Please assist us in improving our communications to you of opportunities to serve and needs of the community.

Also, I've recently heard comments from community members that it took several years before they were asked to serve on a conference room team. The team selection process involves both prayer and information gathering. Names of potential team members are sorted and extracted from our community database. During a walk weekend, sign-up sheets are posted in the kitchen, dining room, prayer room, and other areas so that your time of serving behind the scenes can be recorded in our database. While serving behind the scenes is anonymous (i.e., no individual is singled out or acknowledged individually), it is important to sign these volunteer sheets so that we can keep track of those who are serving behind the scenes in the community. In addition, it's important that your information in the database be up to date, particularly with phone numbers and email addresses. On **page 9** of this newsletter you will find a **form to send in with your current contact information**. Please help us keep our records up to date by notifying us of changes in your personal information.

I pray you experience the joy of the Lord in being a part of the Green Country Emmaus community and serving behind the scenes. I invite you to join me in making it a priority to "*have time for that.*"

DeColores,
Brenda Nickels
Community Lay Director
918-231-0338
comld@greencountryemmaus.com

The Summons

We sang a hymn in church recently that “followed” me in my thoughts for days! We had sung it before, but this time I found it running through my mind for days. What would you have me learn from this hymn, God? What is the message that You needed me to hear at that time and place in my life? Will you come and follow Me if I but call your name? I often feel God’s call in my life to serve Him in a new or different way. I must confess that I do not always answer with an unqualified “yes”. I pray that God will give me the courage to be bold and step out in faith when and where He calls me to serve. Will you go where you don’t know and never be the same? Sometimes trusting God with serving in unknown situations requires great faith on my part. Sometimes I don’t seem to have as much faith in my ability as God does. I’m working on that! Will you let My love be shown, will you let My name be known, will you let My life be grown in you and you in Me? I want to look for opportunities to let the love of God be known to those He brings my way. I need to make a conscious effort to recognize those opportunities. The Walk to Emmaus is a place where we, as a community and as individuals, have been gifted with the opportunity to let the love of God be shown to the pilgrims God brings. We also share God’s love with team members who have worked hard to prepare to be God’s representatives, and we share God’s love with the community which needs the support of every member to make the weekend an example of God’s unmerited love. Our goal as an Emmaus Community is to make God’s love known. Will you hold this community up in prayer along with me, asking that God let our lives be grown in Him and used to bring glory to His name? I look forward to serving with you on this journey we call Emmaus.

Peace and Grace,
Cindy Cunningham

Board Election Time is Here!

It’s time again to hold our annual elections for incoming board members for the 2014 year. Ballots will be available at the candlelight gatherings on September 7 and September 21. Please cast your votes for new board members for the Class of 2016.

De Colores,
Brenda Nickels
Community Lay Director
918-231-0338
comld@greencountryemmaus.com



Teams For Walks 159 and 160

Walk #159

LD: Steve Baggett

SALD: Charlie Shaw

JALD: David Borden

TALD: Steve Edgar

Table Leaders: Jeffrey Arnold, Gordon Heard, Casey Nickels, Wilson Rubottom, Gary Tucker, Chris Freeman

Asst. Table Leaders: Phillip Askey, Troy Bumgardner, David Cleveland, Skip Ray, Russ Riffle, Ron Sumner, Daryl Worley

Music: Steve Janke, Ken Maricle

Spiritual Director: Brian Mangan

Clergy Speakers: Guy Ames, Brian Matthews, Tracy Morgan, Mark Whitley

Board Rep: Tom Sorrels

TA: Gary Bennett Prayer Room: Bill Brown

Walk #160

LD: Gaye Jarred

SALD: Andi McMains

JALD: Monica Miller

TALD: Julie Sumner

ATL's: Sally West, Evelyn Carlton, Laurie Pratt, Kathy Crow, Diana Grigg, Beth Martin, Janice Heard

TL's: Sandy Ray, Karen Riffle, Kim Bonifield, Belynda Clanton, Leslye Leslie, Deena Hines

Musicians: Chris Maricle, Sally Mueller

Spiritual Director: Janelle Brammer

Clergy Speakers: Guy Ames, Brian Mangan, Charles Stewart, Susan Whitley,

Board Rep: Rita Sorrels

Head TA: Penny Geasland

Prayer Room: Barbara Eck, Sandy Warren

Servants Schedule

Thursday

6:30 PM—Send-off

7:30 PM—Sponsor's Hour (all are invited to come pray for the pilgrims!)

Meal Schedule—come 1 to 1.5 hours ahead of time shown to help! At **6:30 AM** each morning, the Kitchen will have Communion

Friday: Breakfast served at **8:00 AM**, Lunch at **12:25 PM**, Dinner at **5:25 PM**

Saturday: Breakfast served at **7:45 AM**, Lunch at **12:00 PM**, Dinner at **5:40 PM** Saturday breakfast—"You Are My Sunshine" choir, @ **3:00 PM** Dining Room Decoration, @ **5:40 PM** Sing to the Pilgrims, Saturday Entertainment—You don't have to be musically gifted to participate! **7:00 PM** Gathering & Prayers for the Pilgrims, **10:00 PM** Candlelight in the Sanctuary

Sunday: Breakfast at **7:25 AM**, Lunch @ **12:25 PM**. We always need help at **6:30 AM** to put the church back together and can use help all day to gather supplies for storage. **4:00 PM** is Closing in the Sanctuary.

Remember The Agape!

It's Agape Time!!

Remember all those wonderful expressions of God's love given through table agape? Walks 159 and 160 are an opportunity to once again shower the pilgrims with gifts of agape. We will need 65 pieces of agape for each walk. We will have a specific area in the dining room area where we will house all the agape brought in for the weekend.

Has your reunion group ever thought about pillow agape? If not, that is another form of agape that can be presented on the weekend and placed on the pilgrims' pillows for a little surprise when they go to bed. The pillow agape should be taken to the TA room.

In this edition of the newsletter there is an agape form that I ask that you fill out and attach it to the agape you bring. This will help me give back any extra pieces that are left over.

The outpouring of agape and love from the community will be appreciated by all the pilgrims.

Thank you!!
Gail Stunkard
Agape Board Rep



***** **MARK YOUR CALENDARS** *****

- Sept. 5-8 **Men's Walk 159**
Claremore 1st United Methodist Church, 1615 Oklahoma 88
- Sept. 10 **Fourth Day Meeting**
- Sept. 19-22 **Women's Walk 160**
Claremore 1st United Methodist Church, 1615 Oklahoma 88
- Sept. 24 **Fourth Day Meeting**
- Oct. 12 **October Gathering**
Pryor 1st United Methodist Church, 400 E. Graham St.
New Pilgrim Orientation @ 6:00; Gathering @ 7:00
- Nov. 9 **November Gathering**
Sapulpa 1st United Methodist Church
- Dec. 14 **December Gathering**
Christ United Methodist Church, Tulsa

Report on Upper Room Leadership Development Event for Emmaus and Chrysalis Held on August 24, 2013

On Saturday, August 24, 2013, our Upper Room Regional Representatives traveled from their respective homes in Texas to lead us in a time of training, discussion, sharing and fellowshiping with other Pilgrims and Caterpillars. Our Upper Room Regional Representatives for South Central Regional Emmaus/Chrysalis are: Mrs. Carleen Alderman (Emmaus Lay Leader), Rev. Carl Westbrook (Clergy Leader) and Mr. Pat Miller (Chrysalis Lay Leader). Attendees were from Green Country Emmaus and Chrysalis, Pioneer Emmaus and Chrysalis and Northwest Oklahoma Emmaus and Chrysalis communities.

The morning began at 8:30 with fellowship, donuts and coffee. At 9:00, participants gathered for a time of worship, Holy Communion and a message and teaching brought by Rev. Carl Westbrook. Following this morning session, the clergy went to a separate room for clergy-specific training and Carleen Westbrook presented a session on Clergy Laity Partnership. In a healthy partnership between Clergy and Laity they (1) agree to work in an ecumenical team environment; (2) understand the Emmaus/Chrysalis model; (3) practice sacrificial love and servant leadership with each other and with pilgrims/butterflies; and (4) live into the mission of being 4th day leaders embodying Christ.

The next session was “Core Elements” of Emmaus and Chrysalis. Discussion entailed the purpose of Emmaus and Chrysalis, the 3 phases of Emmaus (Pre-Weekend, Weekend and Post-Weekend), Emmaus and Chrysalis differences and the Vision and Mission. Our Vision: Fourth Day Leaders Embodying Christ. Our Mission: Empowering leaders through Emmaus and Chrysalis to be the hands and feet of Christ!

A lunch break followed with a delicious lunch of barbeque brisket, potato salad, and coleslaw. The participants intentionally sat with members of other communities and discussed specific questions that were assigned by our Regional Leaders. Great discussions ensued at the tables and many ideas were exchanged between communities.

Following lunch, Pat Miller presented training on the Board of Directors and covered such topics as: responsibilities of the board, governing documents, accountability, covenant agreement, organization, life together as a board, additional functions of the board, nominating committees, responsibilities, management, standing committees, best practices, health and safety, and pitfalls. Again, this was a very production session in which many discussions and ideas were shared.

The final session was on sponsorship and was led by Carleen Alderman. Sponsorship is: (1) Committing to invite, guide and support; (2) Representing God working person to person; (3) Recruiting strong church leaders; and (4) Creating a healthy Emmaus/Chrysalis community. The Model for Sponsorship is Luke 24:13-35 – Jesus joins those who are already believers; Faith is “re-explained”; Grace is “re-experienced”, and individuals are “re-turned” to Christian community to share their experience. Other areas covered were Spiritual Principles (prayer, openness to God, being called by name), Board Responsibility for Sponsorship (training, setting policy), Purposeful Sponsorship, Questionable Sponsorship, Foundational Steps (Pray, pray, pray!), Weekend Preparation Steps, Post-Event Sponsorship and Concerns. Look for future training from Green Country in the specific area of Sponsorship!

The event concluded at 3:30. The Holy Spirit was indeed present throughout our time together and I believe we all came away with a renewed spirit and commitment to the Emmaus model and community.

DeColores, Brenda Nickels, Community Lay Director



A Message from the Music Room:

Filled with the Holy Spirit

In Ephesians 5:18 the believer is exhorted, "Be filled with the Spirit." As I studied the meaning of this expression it speaks of the Holy Spirit possessing my mind and heart and this possession implies His control over my mind and heart. I also understand that this control is not automatic and requires me to desire His control and to actively participate. In the physical realm, no one becomes strong by merely eating wholesome food and then resting. Exercise is what is needed to change the food energy into strong bones and muscle. For a musician, the desire to play well is not sufficient by itself; I still need a lot of practice time in order to play well. I also know that sometimes in worship He takes possession of my mind and heart and I play beyond my capabilities. In a like manner, I need to exercise spiritually if I am to grow strong in my Christian life.

One of the ways I exercise my spirit is to do God's work; I make myself available to God and He uses me. For me, to serve and provide help at the upcoming walks is a great way to exercise my spirit and to grow in my Christian life.

The weekend walks are coming in the coming weeks with many opportunities to serve and many different ways to exercise your spirit. We need your help so please come and be "Filled with the Holy Spirit"; I will see you there.

DeColores,
Tim O'Hearn



Candle and Roses Assistance Needed!

The candles are beautiful during candlelight. However, they must be prepared for each walk. A member of the community cleans each candle holder and prepares them for candlelight on Saturday afternoon. Our coordinator is in need of a few volunteers to assist in scraping wax from the holders and preparing the candles for candle light.

Our beautiful roses that are give to the women on Saturday night come with thorns. We need volunteers to help de-thorn the roses and prepare them for the women's walk. If you can help with either of these tasks, please meet at the Claremore church at 3 pm on Saturday of both walks.

Becky Dotson
Board Rep for Sponsor's Hour and Candlelight

*GREEN COUNTRY WALK TO EMMAUS
PARTICIPATION SURVEY*

(Please Print)

Name: _____ Walk No: _____

Address: _____

City/St/Zip: _____

Phone No.: _____ (Cell) _____ (Home)

Email: _____

Church: _____

Reunion Group: _____

Please check (√) the areas in which you would like to serve in the Emmaus Community:

- AGAPE (examples: make table agape and/or posters, art or banners for the conference room; table decorations; agape letter gathering and sorting; send agape letters)
- CANDLELIGHT SERVICE (examples: distribute bulletins and candles; trim roses; clean candles and candleholders)
- DINING ROOM (examples: serve as Dining Room Manager or Assistant Manager; serve and clean-up meals; decorate dining room; set tables)
- EMERGING MINISTRIES (examples: assist with Chrysalis, Kairos and other emerging ministries)
- ENTERTAINMENT & MUSIC (examples: participate with worship team at gathering; play instrument and/or sing at monthly gatherings; present special music at gathering; present entertainment for Saturday pilgrims' dinner)
- FACILITIES AND SET-UP (examples: assist with set up and tear down for a walk [i.e., air up/deflate mattresses, move chairs, furniture, unload trailer, etc.]; overnight security for women's walks)
- FUTURE TEAM MEMBER (serve on a future Conference Room Team for the 72-hour Walk Weekend)
- GATHERINGS (examples: coordinate host churches/locations; coordinate snacks; recruit and coordinate 4th Day speakers)
- KITCHEN (examples: serve as Kitchen Manager/Assistant Manager; serve as Snack Manager; grocery shopping prior to Walk weekend; take kitchen equipment inventory following Walk; food preparation and clean-up)

- LITERATURE/SUPPLIES (examples: inventory and order supplies; copy materials; assemble pilgrims' packets; assist with setting up book table, purchasing books, taking inventory of available books)
- NEWSLETTER (examples: create newsletter; write articles; assist with mailings)
- PRAYER (examples: create 72-hour prayer vigil sign-up posters; assist with set up of Prayer Room)
- REGISTRATION (examples: assist Registrar at send-off; pick up name tags; carry luggage)
- REUNION GROUPS (examples: assist pilgrims looking for reunion group; facilitate and assist new reunion groups)
- SPONSOR'S HOUR (examples: distribute sponsor's hour bulletins; serve as cross steward)
- TEAM ASSISTANT (examples: assist the Head TA in serving behind the scenes during a Walk weekend; copy materials; assemble pilgrims' 4th Day Packets; run errands; set up/clean conference room; clean bathrooms)

Thank you for your willingness to serve in the Emmaus Community!!!!

Please return the completed survey by U.S. Mail or you may scan and email the survey to:

Green Country Walk to Emmaus

Attn: Community Lay Director

PO Box 14041

Tulsa, OK 74159-1041

email: comld@greencountryemmaus.com

**GREEN COUNTRY WALK TO EMMAUS
CONTACT INFORMATION FORM**

Please help us update your contact information

(Please Print)

Name: _____ Walk No: _____

Address: _____

City/St/Zip: _____

Phone No. _____ (Cell) _____ (Home)

Email: _____

Church: _____

Reunion Group: _____

Thank you for assisting us in maintaining accurate records!!!!

Please return the completed the member update by U.S. Mail or you may scan and email the survey to:

Green Country Walk to Emmaus

Attn: Community Lay Director

PO Box 14041

Tulsa, OK 74159-1041

email: comld@greencountryemmaus.com

GREEN COUNTRY EMMAUS BOARD OF DIRECTORS

Cindy Cunningham	Board Chairperson	918-749-7040
Brenda Nickels	Community Lay Director	918-231-0338
Rev. Brian Mangan	Community Spiritual Director	918-371-3250
Gail Stunkard	Agape / Dining Room	918-857-5315
Becky Dotson	Candlelight / Sponsors Hour	918-747-3619
Karen Warlick	Secretary / Emerging Ministries	918-748-9555
Belynda Clanton	Ex-Officio	918-740-5911
John Miller	Facilities / Set-up	918-314-1433
Kathy Crow	Gatherings / Housing	918-542-6712
Tera Askey	IT	918-633-3469
Daryl Worley	Kitchen	918-333-1244
Steve Baggett	Literature	918-833-4672
Tim O'Hearn	Music / Entertainment	918-492-6815
Stacey Reaves	Newsletter	918-296-9359
Shannon Morgan	Prayer	918-402-8677
Rita Sorrels	Registrar	918-355-1120
Duane DaPron	Reunion Groups / Fourth Day	918-671-3896
Layne Herring	Treasurer	918-519-3120
Linda Tucker	Chrysalis Community Lay Director	918-894-3674
Mark Newman	Chrysalis Community Spiritual Director	918-812-5492



We are looking for newsletter articles.

If you would like to submit poems, devotions, Fourth Day testimonials, etc., please send to:

Stacy Reaves
reavessw@gmail.com

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Next time you're browsing Facebook search for **Green Country W2E**. Click "like" to be updated on gatherings, candlelights and prayer concerns. "Share" or invite your friends to "like" our Facebook page!

