

## **Youth Group Small Group Ministry (March 29, 2015)**

**Topic: Sports (co-created by John Reitmeyer)**

**Advisor: Gillian Toth**

### **Opening Words & Chalice Lighting**

“Sports are positively essential. It is healthy to engage in sports. They are beautiful and liberal, liberal in the sense that nothing serves quite as well to integrate social classes, etc., than street or public games.”

--Anton Pavlovich Chekhov (1806-1904), Russian author, considered one of best short story writers in history

**Purpose:** We come together to build connections and to talk about what deeply matters.

### **Reading of Group Covenant**

Golden rule: Treat others how you want to be treated

Respect each other

No side talking

No phones except for time check

Don't take someone else's seat if they called 5's

Get outside together

When someone is breaking the Covenant, we'll say "Wyoming."

**Check-In:** Each person shares how they are doing.

**Activity:** Play a couple rounds of nerf ball basketball (hoop and ball to be provided). Make up your own rules about how to play, score and win. Then have each person say what their favorite sport is and what their favorite sports memory is, whether it's their own accomplishment or their favorite team's/player's.

### **Questions**

- ⤴ Why do we participate in sports and what are the personal benefits of participating in sports?
- ⤴ Do you agree with the above quote that sports benefit society, and if so, how?
- ⤴ Can sports have a negative effects on society, and if so, how?

**Check-Out & Confidentiality Check:** Is there anything that you shared here today that you would like to be held confidential? Otherwise this is a reminder that we treat each others' sharing with kindness and respect.

### **Closing**

“I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.”  
--Michael Jordan