

INTO OUR OWN- THE EXPERIENCE OF BEING ADULTS - (adapted from a session by the Rev. Glenn Turner)

OPENING WORDS & CHALICE LIGHTING:

May we be reminded here of our highest aspirations,
And inspired to bring our gifts of love and service to the altar of humanity
May we know once again that we are not isolated beings,
But connected, in mystery and miracle,
To the universe, to this community and to each other.

~Singing the Living Tradition #434

PURPOSE: We come together to develop connections and talk about what deeply matters to us.

CHECK IN: What you share may be about your physical or spiritual health, cares or concerns for loved ones, issues you are facing. What are you leaving behind to be here today?

READING OF GROUP COVENANT

FOCUS: Into Our Own – The Experience of Being Adults

Each person in the group speaks uninterrupted; if time remains, general response and conversation are welcome.

We're all into this adult thing - except for the spread in ages and stages - each with their challenges and regrets, puzzlements, and wisdom. What have we gotten done? Where are we going? What haven't we done that we'd like to have done? What's the nature of accomplishment for us? Is it work, family, creativity, inner peace, character? Does that change for us over time?

CONFIDENTIALITY CHECK: Is there anything that you shared here today that you would like held confidential? Otherwise, this is a reminder that we treat each other's sharing with kindness and respect.

CHECK OUT

CLOSING WORDS: Coming full circle on childhood, adolescence and adulthood, our closing reading ties it all together:

Most of what I really need to know about how to live and what to do and how to be I learned in kindergarten. Wisdom was not at the top of the graduate school mountain, but there in the sandpile at Sunday school. These are the things I learned: Share everything. Play fair. Don't hit people. Put things back where you found them. Clean up your own mess. Don't take things that aren't yours. Say you're sorry when you hurt somebody. Wash your hands before you eat. Flush. Warm cookies and cold milk are good for you. Live a balanced life-learn some and think some and draw and paint and sing and dance and play and work every day some. Take a nap every afternoon. When you go out into the world, watch out for traffic, hold hands and stick together. Be aware of wonder. Everything you need to know is in there somewhere. ~Robert Fulghum