



Side by Side

Serving Christ by Serving Others

ECS: Moving Forward Together

President Susan Swift — It is a pleasure to be able to write to you with good news! Episcopal Community Services (ECS) has emerged from a difficult time with renewed passion for its mission: *to serve others by serving you*, through ministry consultation and funding support.

Our previous Executive Director, *the Reverend Eric T. Duff*, successfully reached out and aided numerous churches to create programs that truly serve the needs of their communities. Our volunteer Board intends to maintain the relationships that Eric established and, with God's guidance and your support, to expand into new sites. ECS' grant awards for 2010 demonstrate that commitment: both established and new projects received funding.

Diane Nichols, one of our Board members, wrote that our (and your) work reminds [her] of Mathew 25:36—"I was naked and you clothed me. I was sick, and you took care of me. I was in prison, and you visited me." The work of the eighteen churches/groups which requested funding focused on the needs of prisoners (1), the homeless (1), health ministries (3), underserved children (4), and the hungry (9).

Of the \$78,850 requested, Episcopal Community Services was able to award \$50,000, spread among all eighteen.

I wrote earlier that we intend to continue Eric's work. We will do this by utilizing the skills,

experience and expertise of our individual Board members. Among our members we have nurses experienced in establishing clinics and outreach programs, who will do parish health ministry consultation; a lawyer experienced in establishing 501c3s; and individuals who can help with establishing meal programs, food ministries, and homeless shelters. We have members who are accountants and communication specialists; others who can help with evaluation, Mutual Ministry Reviews when scheduled by Canon Olson, problem solving and outreach discernment.

We also want to serve as a conduit for churches to begin to share successes and challenges as they move into new areas of service, and for dissemination of information that will help churches begin the visioning process for particular outreach efforts.

This is ECS' vision. We ask for your patience, as we "work out the kinks" of a new organizational structure; we ask for your support, as we raise funds for grants; and we ask for your prayers, that we remain strong and steadfast in our mission.

We want to thank *Gaye Anne McWade*, a Board member, for developing this newsletter and designing a new logo and look for us. Though our website is being reworked, it is still easy to make donations online at <http://www.norcaecs.org/>.

For questions, please contact me. Phone 916-947-8176 or e-mail, susanwasswift@gmail.com



A note from the Executive Director

Dear Friends,

It's been a good run. I began ministry with Episcopal Community Services in April of 2006. I've had the chance to travel through each region of the Diocese, and spend time in most of our churches.

It has been a joy to hear the stories of ministries in each place, and to see the fruits of your work in outreach and health ministries.

Funds have run short, and I am stepping down from my position at the end of June. My surgeon scheduled surgery on my upper spine at the end of May, so I am spending the month of June in recovery from the operation.

I ask you to pray for discernment for me, and for Episcopal Community Services, as we look forward to the future. I want to thank all of you who have supported us so generously over the past years. I also want to thank all of you who have opened your churches, hearts and homes to me. I am grateful. With Blessings —The Rev. Eric T. Moore Duff

PROGRAM HIGHLIGHT

Charles Coleman Health Outreach St. Matthew's Episcopal Church, Sacramento



Since beginning in 1952, St. Matthew's has always consciously kept abreast of the needs of local families in the parish area. Together with the people of the neighborhood we strive to serve our ethnically diverse, low income community.

Our Food Closet was started in the 1970s and in time a free Clothes

Closet was also added. In 1984 St. Matthew's applied for, and received, *Jubilee Center Status*, the first in the Diocese of Northern California.



Charles Coleman Health Outreach is the most recent program to be added to St Matthew's outreach efforts and comes as a result of a dream of the late Charles Coleman and his widow CeeCee. Charles and CeeCee saw the growing

needs for healthcare among the people of the community, who for a variety of reasons, have difficulty accessing mainstream care. Coleman Health Outreach seeks to address these needs.

Begun in 2008 as a free blood pressure check station in the church narthex near the Food Closet, the program has expanded over time to become a nurse run community triage clinic. Now housed in a classroom, between 40-50 people are served each Tuesday and Thursday morning. We offer healthy snacks, BP and weight checks, health information in English, Spanish and Russian, referrals to clinics and hygiene and baby supplies. Volunteers from St Matthew's and our neighborhood make up our staff. University RN students are placed here for their community health rotations. Donations and grants are what allow the Health Outreach to operate. Grants from Episcopal Community Services and Anita Weaver have been instrumental in helping us to help others.

Interested in learning more about how to develop a health outreach ministry? Please contact: The Rev Deacon Cindy Long cindylongrn@surewest.net

Our Mission Statement: *Charles Coleman Health Outreach is a program that promotes health through education, screening and referral to under served people in a multi-cultural community.*



Your Donations at work

2010 ECS Ministry Development Grants

Supporting Church	Requested	Approved
1. Christ Church, Eureka. Music camp for under-served children in Humboldt County. Funds for Teacher's salary and materials. Camp 2 weeks for ½ day with goal to become year round.		\$2500
2. Epiphany, Vacaville. Bring EFM to Vacaville Prison. Funds for books and training of 2 Mentors.		\$4000
3. Faith, Cameron Park. Funds to expand Partnership with "United Outreach" a non-profit of El Dorado Co. serving homeless, a safe house, case management for job placement, medical assistance etc. Trained volunteer coaches come from the congregation.		\$3000
4. St. Alban's, Arcata. Funds to up-grade kitchen at church for neighborhood meal Ministry. Also funds to help Arcata Night Shelter bring the kitchen up to code; this would allow them to serve an additional 9, up from 11 to 20.		\$2500
5. St. Andrew's, Monte Rio. Partial funding for a Part-time Staff for the Food Program. Position is 25-30 hours a week.		\$2500
6. Holy Family, Rohnert Park. Funds for Community Garden to provide subsidized garden beds for community members in need. Some produce raised from community members will go to NOAH. Funds also for tools and provide (for three Grant Projects) a speaker series on gardening/canning/freezing etc.		\$1500
7. Holy Family, Rohnert Park. Music education to Under-served children to create a Children's Choir. SSU Students as teachers will also provide Choral Concerts at the Church. Funds for scholarships, music books, and vestments. Also will have scholarships for a summer Royal School of Church Music program.		\$1500
8. Church of the Incarnation, Santa Rosa. Funds for Health Ministries for Community of Hope Pastoral Care. Training in partnership with Bethlehem Lutheran Church. In addition funding to continue HM Coordinator position At 6 hours each week for 25 weeks. Aug. 2010 to Jan. 2011.		\$3500
9. Shepherd by the Sea Episcopal/Lutheran Mission, Gualala. Funds to expand Food Bank at Pt. Arena with increased storage and supplies.		\$2000
10. St. James, Yuba City. Funds to expand Community Garden for water system development. Produce goes to local Food Bank.		\$2000
11. St. Mark's, Yreka. Funds to expand Food Program of sack lunches to 3 times a week or food box for week-ends when no services are available in Downtown Yreka.		\$2000
12. St. Martin's, Davis. Funds to do repairs and upgrades to church kitchen that is utilized for 3 times a week meal program.		\$2000
13. St. Matthew's, Sacramento. Funds to develop Day Care for children under 5 on Tuesdays and Thursday for Family Resource Center so parents can attend classes at Coleman Health Outreach Clinic. Funds needed for stipend for Day Care supervisor, supplies and snacks.		\$4000
14. St. Matthew's, Sacramento. Funds to expand Coleman Health Outreach Clinic for materials in English/Spanish/Russian for Health & Nutrition classes. Funds for Director of Clinic 10hrs/weekly.		\$3000
15. St. Michael's and All Angels, Ft. Bragg. Funds to expand After School Art Program at the Church. This is in partnership with Big Brothers and Big Sisters. Expand to serve 40 up from 20.		\$3000
16. St. Nicholas, Paradise. Funds to assist with salary for Director of Loaves & Fishes Food Ministry. This is to help expand the program which partners with 3 churches.		\$3000
TOTAL OF (MDF) GRANT REQUESTS	\$69,350	\$43,500
JERRY AND JANE LAMB YOUTH GRANTS		
1. Holy Family, Rohnert Park. Funds for mini-grants for SSU Students for vegetable beds with portion going to NOAH. Funds would also be utilized for tool shed & tools and plants for herbaceous border plants & designed by Sustainable Landscape of Jail Industries. This would be in partnership with SSU Service Club—JUMP (Join Us In Making Progress).		\$2000
2. Honduras Companion Diocese Youth Camp Project-Camp Holy Spirit. Funds for nine youth and young adults to establish a summer camp for youth in Honduras. Funds for \$500 each with additional \$500 requested from Millennium Development Grants.		\$4500
TOTAL FOR LAMB YOUTH GRANT	\$9,500	\$6,500
GRAND TOTAL FOR ALL GRANTS	\$78.850	\$50.000



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Please support the work of Episcopal Community Services.
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