

VALLEY ATHLETIC ASSOCIATION 2015

PITCHING RULES

Boys Travel / In House Baseball Pitching regulations.

1. Pitching week starts on Monday and ends on Sunday
2. Pitching Restrictions:

| | Max Innings Per TWO Games (Monday - Sunday) | Max Innings per Game | Max pitches per Game | Max Pitches Per Week |
|----------------------|---|-------------------------|----------------------------|-------------------------|
| Minors | 6 | 2 | 70 | 145 |
| Intermediate | 6 | 2 | 70 | 155 |
| Majors | 6 | 3 | 75 | 165 |
| Babe Ruth-13 yrs old | 7 | | 85 | 170 |
| Babe Ruth-14 yrs old | 7 | | 95 | 190 |
| Babe Ruth-15 yrs old | 7 | | 105 | 205 |

3. Pitcher Rest:

| | Minors | Intermediate | Majors | Babe Ruth (13-15) |
|------------------------------|-------------|--------------|-------------|-------------------|
| <30 pitches inning | 0 days rest | 0 day rest | 0 day rest | |
| <30 pitches 2 IP in One Game | N/A | N/A | 0days rest | |
| >30 pitches 2 IP in One Game | N/A | N/A | 1 days rest | |
| 2 IP in One Game | 1 Day Rest | 1 Day Rest | N/A | |
| >2 IP in One Game | N/A | N/A | 2 Days Rest | |
| 0-30 pitches | | | | 0 Days Rest |
| 31-45 pitches | | | | 1 Day Rest |
| 46-60 pitches | | | | 2 Days Rest |
| 61-75 pitches | | | | 3 Days Rest |
| 76+ pitches | | | | 4 Days Rest |

4. Under national Cal Ripken rules, one pitch in an inning counts as an inning for purposes of all pitching limits.
5. Each team must report the number of innings pitched and pitches thrown by each pitcher to the division director at the conclusion of every game. A report on innings pitched and pitches by each pitcher in the division shall be sent to the AD and Commissioner of the division on at least a weekly basis.
6. Violations of this policy may result in the coach being denied the opportunity to be a head coach in future seasons by the Valley AA Board. Violations of this policy may also result in referral of the player and coaches involved to the Code of Conduct Committee for disciplinary action during the current season.
7. Once removed as a pitcher, he may not retake the mound.
8. Any player that is regular pitching on the Middle School, High School, Private School or CYO will not be eligible to pitch until the school season is over.
9. The pitcher must be pulled if he hits three batters in the game (all levels)
10. Balk warnings will be given to the major playing the 70' base path. Balks will be called on pitchers in the 13-15 year old level. 13 yr olds will have 1 warning per pitcher per game during the regular season and no warnings in the playoffs. 14 and 15 yr old players will have no warnings.

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11. Cal Ripken Major/ Babe Ruth 13-15, Babe Ruth 16-18 Rule 8.05 change

Requires the pitcher, while touching his plate, to step directly towards a base before throwing to that base. If a pitcher turns or spins off of his free foot without actually stepping or if he turns his body and throws before stepping, it is a balk.

A pitcher is to step directly toward a base before throwing to that base, and is required to throw (except to second base) because he steps. It is a balk if, with runners on first and third, the pitcher steps toward third and does not throw, merely to bluff the runner back to third; then seeing the runner on first start for second, turn and step toward and throw to first base. It is legal for a pitcher to feint a throw to second base.

12. An illegal pitcher will be immediately removed from the mound and be replaced. The game will continue from that point with no penalty. The manager or coach in charge of the team will be suspended for the next two games. A second occurrence using an illegal pitcher will result in the removal of the manager or coach in charge for the remainder of the season.
13. No player added after the draft is permitted to pitch.
14. Change to 1(5/1) 2 (4/2) 2(3/3) which will give the older travel teams 19 innings per week. If a pitcher pitches in every travel game even if only 1 inning they will be rated as a 3/3 (i.e. such as a closer) for 11 yrs. olds and up. For 10 yrs. olds and younger it will be 3 (4/2) and 2 (3/3) this will give the younger travel teams 18 innings per week. The team must designate the pitchers prior to the in-house draft.
15. All non-restricted travel players will be eligible to pitch 1 inning for travel with a 30 pitch limit. The 30 pitch limit will still allow that player to pitch the next day for the In-House program.
16. All in house teams are responsible for assigning an adult to monitor the pitch counts for both teams. Both adults that are assigned to monitor the pitch counts are responsible to meet at the end of every ½ inning to insure the pitch count totals match. If there is a variance in pitch count the issue must be brought to the attention of the umpire and resolved immediately.