

2023-2024 12u Slammers

About the Coaches - Jack Daugherty and Amy Tamos

Jack's love for the game has fueled his desire to play and teach the fundamentals of softball. Before joining the Slammers, he was the head coach of the Woodridge fast-pitch softball team for 8 seasons. His passion and dedication have helped him implement drills and practice techniques to suit a variety of players, and bring new teams to championship games. Jack finds the strengths in his players and helps improve their weaknesses through proper training and confidence building. Even during the off-season, you will find him coaching pitching, out at the cages, or just in the back yard with his family. The kids in the community know him as "Coach."

Amy played fast-pitch softball all four years in high school, including 16u and 18u travel, and played at Benedictine University. She is passionate about team dynamics and helping every girl reach their highest potential. Amy has been a hitting and throwing instructor for elementary level players and helped Coach Jack bring their 10u Woodridge team to the championship game in 2023.

Team Philosophy and Vision

Our team philosophy is to provide a safe and competitive environment for players to learn and enjoy the game of fast-pitch softball while growing into stronger athletes, both mentally and physically. We are committed to providing all girls with an experience that fosters positive self-esteem, team spirit and individual growth through personal achievement and team play. We are dedicated to not only teaching softball fundamentals but also life skills, while instilling a strong worth ethic and positive attitude, through good sportsmanship, leadership, positive coaching, and communication.

12u Slammers Expectations

TEAM COMMITMENT AND DEDICATION - All players must attend all practices on time, and must arrive one hour early to all games. We understand that having other hobbies and playing different sports is excellent for mental and physical growth; however, we expect that this 12u Slammers team is your priority and main sport.

PERSONAL DEVELOPMENT – As a player it is your responsibility to work on skills to help you attain the desired level of play. This may include working with a hitting, fielding or specialty coach outside of team practices. It is expected that parents or friends/family play softball with their girls outside of team play, whether it be a fun night at batting cages, playing catch in the backyard, or practicing drills and mechanical changes as provided by the Coach.



Season Timeline:

Fall Season (End of August through Late Oct)

- Mandatory Player/Parent Team Meeting
- Group fundraising event
- Practice 2x/week on Lisle Field
- Random "Friendly" Games
- 2-3 Local Round Robins (3 games in one day)
- Possible late October/Halloween tournament

Off Season (November & December)

• One team-building charitable event (specifics TBD)

Winter/Early Spring (January – March)

Indoor Practice 1-2x/week

Primary Season (April through July)

- Practice 2-3x/week or local "Friendly" games
- April: 2-3 Round Robins
- May-July: 5-7 Local Weekend tournaments or Round Robins
- 1 Fun Out of State (drivable) Tournament (Players are responsible for transportation. Lodging, food, etc.)

Fees

\$1,200 for the year, collected in two non-refundable installments:

\$600 due August 1st \$600 due January 1st

Includes:

- 2 sets of uniforms (Jerseys, Pants, Socks, Belts)
- Helmet with # and Team Logo
- Bat Bag with Embroidered Name, # and Team Logo
- Tournament Fees
- Umpire and Field Fees
- Indoor Facility and Cage Rental Fees
- Team Equipment

<u>Please Note</u>: Each player will need their own Personal Equipment including glove, bat, cleats, facemask and Catchers Equipment

For questions, please contact Jack Daugherty at LisleSlammersJD@Gmail.com or call/text 630-487-9324