



JUMPS
TRANSITIONS/ FORMATIONS
MOTIONS

TEAM: DIVISION:	NUMBER OF ATHLETES: MAJORITY: JUDGE 4:		
Category	Point Value	Points Earned	Skills Performed
JUMPS	5		
Difficulty (Majority of team performing. Full team performing variety will be rewarded higher in the range)			
Difficulty			
Execution			
Transitions/Formations			
Motions	5		
POSSIBLE POINTS	20		TOTAL POINTS

Jumps (9)	✓	Transitions/Formations (8)	✓	Motions (9)	✓
Approach		Clean		Sharpness	
Height		Creative/Innovative Flow		Pace	
Landing		Use of Floor		Perfection & Synch	
Toe Point		Clear Shapes		Visual Effects	
Timing		Straight Lines		Creativity	
Positioning of Chest		Knowledge of Formations		Variety of Movements	
Lifting of Legs		Visual Appeal		Level Changes	
Arm Placement		Spacing		Contagious (Ripples)	
Flexibility				Floor Work	

Judge Reminders:

- Judges will use **check** marks to determine the indicator strengths performed throughout the routine.
- If a team **needs to show improvement**, the indicator is left **blank**.
- The more variety in Jumps, the higher the score.
- Transitions, Formations and Motions are all observed throughout the entire routine.

Comments