

New Season to start May 5, 2012!!!!

To register: [CoSD Youth Roller Hockey](#)

Currently looking for Volunteers to lead our Youth Hockey program!!

We are looking for volunteers to help teach skills and organize youth hockey on Saturday mornings.

Please contact Maryjane Ortiz or Laurie Jancsek at (858) 673-3900 to inquire about volunteer opportunities.

Background checks and fingerprints will be required for all volunteers.

Parents PLEASE read the Parent's Code of Conduct below

4S Ranch Youth Hockey

ALL PARTICIPANTS ARE WELCOME REGARDLESS OF SKATING ABILITIES!!!

Morning skate clinics available to teach hockey skills and skating. Games follow shortly after to practice the skills learned in clinic. Even if your child has never skated before, now is the chance to get him or her started.

You can get your gear at the Play It Again Sports (Mira Mesa). Tell them you are with 4S Ranch Youth Hockey.

Some loaner gear available, skates, shin guards, elbow pads. Some helmets may be available, but it is best to get your own.

Jerseys are handed out during the first couple of weeks, they MUST be returned at the end of the 10 week session.

SPECIAL THANKS TO:

John Simon - Simon Strauss Foundation

Bob Gauthier - Volunteer Director

Dr. James Pietrek - Volunteer Coach

Jeff Atkinson - Volunteer Coach

Volunteer Parents

Kids

4S Ranch Park Staff

Play it Again Sports (Mira Mesa)

All youth participants are required to wear protective clothing:

**Helmet with face cage
Mouth guard
Hockey gloves
Elbow pads
Hockey shin pads
Pants to cover shin pads
Padded girdle
Protective cup for males
Inline hockey skates or street
skates with no brakes
Hockey stick (cut to length)**

INTERESTED IN TAKING YOUR GAME TO THE NEXT LEVEL?



County of San Diego

Department of Parks and Recreation

Parent/Guardian pledge to live up to Youth Sports Agreement and Standards

I hereby pledge to live up to this agreement as a Parent / Guardian of a Youth involved in a Youth Sports League / Program / Activity in the County of San Diego by following the C.P.R.S. (California Park and Recreation Society), NAYS (National Alliance for Youth Sports) and County of San Diego Department of Parks and Recreation Parent Expectations and Code of Ethics:

I will place the emotional and physical well being of my Child ahead of a personal desire to win.

I will Respect **all persons** involved in this program/activity. I will remember that I am a model for all youth.

I will lead by example and respect all parents, players, referees, coaches and league officials by:

- Speaking words of positive encouragement in the presence of children.
- Practicing basic self control and refrain from doing or saying anything negative in the presence or earshot of children.
- Informing coaches, referees and league representatives of disagreements only before or after games and practices and in private.
- Being responsive to the direction of coaches, referees and league officials.
- Collaboratively resolving conflicts and disagreements with the intention of strengthening relationships with players, parents, referees, coaches and league officials.
- Creating an alcohol, tobacco, and drug free environment during practices and games
- Contributing to the development of safe physical and positive psychological environment for all.
- Supporting the vision of : **Competing and Winning with Honor / Play your Best, Play Fair, Every person wins.**