



2017 Ameri-Can North

Pee Wee

Summer Hockey Camp at the Ameri-Can North Sports Center

Monday, July 31st – Friday, August 4th

Featuring Steve Moffat- Plattsburgh State Cardinals Men's assistant hockey coach

- Aimed at players 11 and 12 years old (birth years 2005 and 2006) or designed for second-year squirts or first year pee wees in the 2016-2017 season.

- 3.25 hours of on-ice instruction each day (over 16 total hours of ice for the week).

- A fun, cost-effective summer experience!

- Camp fee- \$225.00

Guarantee your spot by registering early!

The camp will be limited to the first 30 paid registrants so don't delay. Registration deadline is Friday, July 21st. A \$225 non-refundable camp fee is due at the time of registration.

Plattsburgh State assistant coach Steve Moffat will be the camp's lead instructor.

The focus of the camp will be on individual skill development and review through a variety of drills that aim to challenge each player at his or her own level. In addition, players will learn or review fundamental team concepts and skills. The on-ice portion of each day (3.25 hours) will provide players an opportunity to improve skating, stickhandling, passing, shooting, position and team skills in a structured setting with low player to coach ratios. In addition to coach Steve Moffat, the camp will be staffed by USA Hockey certified coaches. Daily off-ice training activities will also be a part of the camp.

The camp's overall goal is for each player to have a fun and enjoyable hockey experience as they refresh their skills in anticipation of the upcoming season.

Players will be assigned a locker room position for the week which will allow them to hang and dry their equipment overnight saving parents from bringing the equipment to and from the rink each day.

- Representative daily schedule is on back.
- 8:30-8:45am players report to rink
- 9:00-10:00am ice session #1
- 10:00-10:15am ice resurface/ locker room break
- 10:15-11:15am ice session #2
- 11:20-11:35am locker room break
- 11:40am-12:30pm off-ice training
- 12:45-1:15pm lunch
- 1:15-1:45pm locker room
- 1:45-3:00pm ice session (game)
- 3:00-3:30pm locker room / depart for the day



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Please complete the following registration information

Players Name_____

Age_____

Date of birth_____

Last team played for and level_____

Position_____

Address_____

Parent(s) Name(s)_____

Parent contact #_____ (H)

_____ (C)

Parent email_____

Emergency contact information:

Name_____

Relationship_____

Contact #_____

Medical concerns_____

Lunch will NOT be included (with the exception of Friday, August 4th) so please send your child with a lunch and drink Monday – Thursday. If your child would like to have snacks during the day then please also send those along.

On Friday, August 4th pizza will be served for lunch for all of the players (please provide your own drinks).

*The camp will be limited to the first 30 paid registrants so don't delay. Registration deadline is Friday, July 21st. A \$225 non-refundable camp fee is due at the time of registration. Please make checks payable to **AC North**. Registration forms and payment may be turned in at the Ameri-Can North Sports Center main office or mailed to:*

Ameri-Can North Sports Center

90 Sharron Avenue

Plattsburgh, NY 12901

Questions about the camp should be directed to:

Jamie Reidy: jcicemen@primelink1.net or

Rob and Nicole Knowles: nknowles888@aol.com