

Constitution

ARTICLE I NAME

The name of this organization shall be called the Lancaster/York Area Boys CYO League.

ARTICLE II PURPOSES AND FUNCTIONS

1. To promote boys grade school basketball.
2. To encourage the development of cheerleading programs.

ARTICLE III MEMBERSHIP

1. Each parish and/or consolidated school in the Deanery's of Lancaster and York are invited to participate in the league.
2. Each participating program shall appoint one person to represent their association at all league meetings.

ARTICLE IV OFFICERS

1. The four officers shall be a president, vice-president, secretary and treasurer.
2. The officers shall be elected by a majority of the membership present at the June meeting and shall assume office at the conclusion of the same meeting.
3. The term of office is one year. There shall be no limit on the number of successive terms for any office.
4. Vacancies between elections shall be filled by a majority vote of members present at a regular or special meeting.

ARTICLE V VOTING PRIVILEGES

1. Each program with a Varsity team is entitled to one vote at each meeting of the organization.
2. Proxy votes are not permitted.
3. The president shall break all ties in any voting situation, including voting for officers.

ARTICLE VI AMENDING THE CONSTITUTION

1. All amendments must be submitted by an association member, or prepared by the secretary following a verbal proposal, at a regularly scheduled or special meeting. The amendment must be voted on at the following regularly scheduled meeting provided that at least ten days have passed since the proposed amendment. Amendments may be presented via e-mail
2. A two-thirds vote of the members present at the meeting when a quorum has been established is needed for passage.

BYLAWS

ARTICLE I QUORUM

1. A quorum will consist of 50% or more of the voting members of the league being present. On all actions submitted to a vote, a majority of the voting members present is sufficient to carry or defeat a motion, unless otherwise specified in the bylaws.

ARTICLE II DUTIES OF OFFICERS

1. President - shall be executive officer of the organization, exercising general supervision of the activities of the Lancaster Area Boys CYO League. Shall perform such duties as usually pertain to the office of president. Shall be ex-officio member of all committees. Shall cast the deciding vote in the event of a tie during voting activities at league meetings, including election of officers.
2. Vice President - shall, in the absence of the president, preside at all meetings. Shall be the commissioner of the intermediate 2, Novice 1 and Novice 2 section of the league. Shall temporarily assume the duties of president if the position is vacated and initiate search for a new president.
3. Secretary - shall be responsible for all official papers, shall give notice of meetings and shall give a report of the previous meetings proceedings at all regular meetings.
4. Treasurer - shall receive and deposit all funds of the organization and shall disperse these funds, subject to the direction of the organization. Shall maintain the appropriate records, which will be open to inspection by the member representatives. Shall present a detailed report at each regular meeting. Either the treasurer or the president is authorized to sign checks.

ARTICLE III COMMITTEES

1. EXECUTIVE COMMITTEE

- a. Members are the four officers of the organization.

2. ROUND ROBIN TOURNAMENT

- a. All program representatives and executive committee members are expected to help plan and run the round robin.
- b. Duties include, but are not limited to: Concession supplies and workers, program, trophies, awards ceremony, security, 3-point and foul shot competition.
- c. All officers and league representatives must be present for cleanup after tournament.

3. BANQUET COMMITTEE

- a. Committee members are to be appointed by the president.
- b. Duties are to plan, advertise and run the banquet, including scheduling banquet facilities, confirming final numbers, distributing tickets, inviting special guests and setting up table assignments.
- c. The executive committee will be responsible for trophies and awards.
- d. The president will serve as master of ceremonies.

4. GRIEVANCE COMMITTEE

- a. Established by the president to handle by-law disputes.
- b. Will consist of three individuals not involved in the dispute.
- c. The committee will review the facts and give a recommendation to the president.
- d. The president will issue the final decision and initiate appropriate action.

The president is responsible for appointing committee members as necessary to conduct all league business. The president will also appoint Divisional Representatives to the Diocesan Board of Governors if called back in session.

ARTICLE IV LEAGUE COMPOSITION

The Lancaster/York Area Boys CYO League will be comprised of the following programs within one section: our Mother of Perpetual Help (OMPH), St Leo, Our Lady of Angels (OLA), St Anne, Sacred Heart, Resurrection, St Joe (York), & St Pat (York), other teams may be added if they are from parishes within the Lancaster or York Deanery.

ARTICLE V RULES OF ELIGIBILITY

1. All Diocesan rules will be followed as outlined in the Diocesan Rules book that is published prior to each year. Any exceptions or restrictions from these rules must be stated in these league By-laws.

ARTICLE VI RULES OF THE LEAGUE

1. Team rosters, including one copy for the league, must be submitted to the league president at a meeting scheduled no later than the Tuesday before December 1.
 - a. Any program submitting rosters after this date will be forced to forfeit one game for each day the rosters are late.
2. All league fees are due to the treasurer prior to the date of the first Varsity league game.
 - a. League fee for each program is \$150.
3. Players can move up at any time but can never move down.
 - a. Any program elevating a player to a higher level must call the president before that player may be moved up.
 - b. Any player sitting on the bench in uniform is considered to be part of that team even if he does not play.
 - c. Coaches cannot supersede this rule at any time.

4. All games in which an ineligible player is used will be forfeited.
5. All players must be properly attired in an appropriate uniform. Shirts must be tucked in at all times.
6. All participating basketball and cheerleading teams are prohibited from practicing on Berger Gym. – omitted 8/2015
7. Games will be forfeited if 5 players are not on the court within 15 minutes of the scheduled starting time.
 - a. 5 players are needed to start a game but less can be used to finish.
8. Any parent removed from the gym for any reason or any parent fighting or using profane or defamatory language during or after a game, within the confines of the gym, will receive a week suspension from attending ANY CYO games. 10/2004
9. Violations of playing time rules will be handled as follows: 1) 1st offense- game will be replayed if the offending team wins the game, coach will be warned. 2) 2nd offense - violating team will forfeit the game, coach will be suspended for 1 game. 3) 3rd offense and greater- violating team will forfeit game; coach will be suspended for 2 weeks. This includes all practices and games.

ARTICLE VII CODE OF CONDUCT – TECHNICAL FOULS – COACH (10/2008)

1. All technical fouls must be reported within 24 hours of the game in which they were received (this includes all league and non-league games). This must be reported to the president of the league by the offending coach or the league representative. This report must include the following information:
 - a) Location and time of game
 - b) Offending team
 - c) Coach's name
 - d) League Level
 - e) Time of the Infraction (e.g. 1st Qtr at 2:07 mark, etc.)
2. In cumulative fashion, the second Unsportsmanlike Technical Foul issued to a participant will generate a phone call to the coach reminding him of the principles of CYO coaching.
3. A third Unsportsmanlike Conduct Technical Foul will result in a minimum 1-week suspension that must include at least 1 CYO League/Playoff game.
4. A fourth Unsportsmanlike Conduct Technical Foul will result in a 1-month suspension. This will include all practices and games.
5. A fifth Unsportsmanlike Technical Foul will result in a 1-year suspension from all CYO activities and the coach will be required to attend the Diocesan Certification Program prior to any CYO involvement.
6. Any Coach removed from a game for any reason will receive a 2-week suspension. This will include all practices and games. 10/2004

The failure to self report any Technical Foul will be viewed as a violation of CYO procedures that could result in sanctions against the non-reporting program including suspension of offending coaches. Continued failure to self-report infractions will result in increased suspensions. A second failed report will result in a 2-week suspension from all CYO activities. While it is hoped that no further measures will be needed, the Board reserves the right to declare forfeits in games where programs continually refuse to abide by Harrisburg Boys' CYO League rules.

ARTICLE VIII CODE OF CONDUCT – TECHNICAL FOULS – PLAYERS (10/2008)

1. All technical fouls must be reported within 24 hours of the game in which they were received (this includes all league and non-league games). This must be reported to the president of the league by the offending players coach or the league representative. This report must include the following information:
 - a) Location and time of game
 - b) Offending team
 - c) Player's name
 - d) League Level
 - e) Time of the Infraction (e.g. 1st Qtr at 2:07 mark, etc.)
2. The first Unsportsmanlike Conduct Technical received will be handled by the player's coach.
3. A second Unsportsmanlike Conduct Technical Foul will result in a minimum 1-week suspension that must include at least one CYO League/Playoff game.
4. A third Unsportsmanlike Conduct Technical Foul will result in a 1-month suspension. This will include all practices and games.
5. A fourth Unsportsmanlike Technical Foul will result in a 1-year suspension from all CYO activities.
6. Any player removed from a game for any reason will receive a 2-week suspension. This will include all practices and games. 10/2004

The failure to self report any Technical Foul will be viewed as a violation of CYO procedures that could result in sanctions against the non-reporting program including suspension of offending coaches. Continued failure to self-report infractions will result in increased suspensions. A second failed report will result in a 2-week suspension from all CYO activities. While it is hoped that no further measures will be needed, the Board reserves the right to declare forfeits in games where programs continually refuse to abide by Harrisburg Boys' CYO League rules.

ARTICLE IX LEVELS OF PLAY

1. VARSITY

- a. Comprised of programs most skilled players.
- b. Will follow all Diocesan and PIAA rules.
- c. When possible will be invited to banquet at no cost. **11/2008**
- d. Each program may enter only one team.
- e. League will play a 1st half and a 2nd half schedule, winners of each half will play for league championship. If one team wins both halves then they will be declared league champion.

2. INTERMEDIATE 1

- a. Comprised of 7th and 8th graders who do not make the varsity team.
- b. Will follow all Diocesan and PIAA rules.
- c. Each program may enter as many teams as they need to accommodate their numbers. Multiple teams must be of equal strength.
- d. Each player must play a minimum of one continuous quarter.
- e. No League championship or records kept. **Diocese 7/2006**

3. JUNIOR VARSITY

- a. Comprised of programs most skilled 5th and 6th grade players.
- b. Will follow all Diocesan and PIAA rules.
- c. Each program may enter only one team.
- d. Each player must play a minimum of one continuous quarter.
- e. League championship will be awarded based on overall league record.
- f. Can press until ahead by 15 points, then must fall back beyond half court.

4. INTERMEDIATE 2

- a. Comprised of 5th and 6th graders who do not make the junior varsity team.
- b. Will follow all Diocesan and PIAA rules, except as restricted below.
- c. Each program may enter as many teams as they need to accommodate their numbers. Multiple teams must be of equal strength.
- d. Each player must play a minimum of one continuous quarter. League encourages equal playing time. No player may play in all 4 quarters.
- e. No 3-point shot.
- f. Can press until ahead by 10 points then must fall back past half court until ball crosses half court. **10/2003**
- g. No league championship.
- h. No overtime.
- i. Can go over line on foul shots after the ball has been released.
- j. 5 seconds allowed in the key.
- k. Must play man-to-man defense.

5. NOVICE 1

- a. Comprised of 4th graders & below who are ready for more advanced basketball.
- b. Will follow all Diocesan and PIAA rules, except as restricted below.
- c. Each program may enter as many teams as they need to accommodate their numbers. Multiple teams must be of equal strength.
- d. Each player must play a minimum of one continuous quarter in each half. No player may play in all four quarters.
- e. No 3-point shot.
- f. No league championship.
- g. No overtime.
- h. Can go over line on foul shots after the ball has been released. Cannot continue for rebound until ball hits rim.
- i. 5 seconds allowed in the key.
- j. Will use smaller size 28.5 ball.
- k. Must play man-to-man defense.
- l. Score will reset to 0-0 at half time. **10/2005**

6. NOVICE 2

- a. Comprised of **3rd** graders and below. This is generally considered an entry level of play. **(Amendment 2015)**
- b. Will follow all Diocesan and PIAA rules, except as restricted below.
- c. Each program may enter as many teams as they need to accommodate their numbers. Multiple teams must be of equal strength.
- d. Each player must play a minimum of one continuous quarter per half. No player may play all four quarters.
- e. No 3-point shot.
- f. No full court pressure- must fall back past half court until ball crosses half court.

- g. No league championship.
- h. No overtime.
- i. Can go over line on foul shots after the ball has been released.
- j. 5 seconds allowed in the key.
- k. Will use smaller size 28.5 ball.
- l. Must play man-to-man defense.
- m. No score will be kept. **10/2005**

ARTICLE X SCORING

1. Home team is responsible for providing a competent scorekeeper and timekeeper. Home team scorebook is the official book for the game.
2. Home team is responsible for reporting scores to the league secretary or president. This applies to Varsity and JV games.

ARTICLE XI OFFICIALS

1. The league president is responsible for making sure officials are assigned for all games.

ARTICLE XII PROTESTS

1. Protests will be considered by the league under the following procedure:
 - a. A situation that begins before or during a game, resulting in a protest, will be presented by the head coach to the PIAA official(s) for that game.
 - b. If the protest is for a reason other than game conduct, the originator of the protest must notify the league president within 24 hours of his/her protest. If the president is unavailable, then the vice president or secretary can be called.
 - c. Any dispute pertaining to league by-laws shall be referred to a league grievance committee.

ARTICLE XIII PLAYING AREAS

1. Varsity, Intermediate 1 and JV games will be played at LCHS, St Leo, OMPH, St Joe and Columbia High or Park Elem. Exceptions may be made with permission from the president if hardships occur.
2. All other levels of play will play on their home court; scheduler may group games into one gym for convenience of officials.
3. Berger Gym will be used for the Round Robin and any/all playoff games if possible.

ARTICLE XIV ALL STAR SELECTIONS

1. An all-star ballot will be given to each varsity coach prior to start of the Round Robin Tournament. Each coach will vote for 10 league varsity players, placing them on the ballot in order of rank (1-10). A coach may not vote for a player on his own team or for a player who plays both varsity and intermediate1. Votes will be awarded points with the 1st player receiving 10 points and the 10th player receiving 1 point. Top ten point totals and ties will be recognized with plaques at the league banquet. Ballots must be turned in at the end of the Round Robin tournament.

ARTICLE XV ROUND ROBIN TOURNAMENT

1. Positioning will be assigned according to final league overall record.
2. The league will invite enough teams to have a 8 team (minimum) tournament. Visiting teams and other league teams will be seeded according to record. Visiting team(s) may be seeded in the top 4 spots.
3. In case of ties for any position, head to head competition followed by a coin toss will be used to determine the higher seed. In the case of a three-way tie, three coins will be flipped until a winner (odd coin) is determined.
4. When financially possible, individual trophies will be presented to all players and cheerleaders. When not financially possible, individual trophies will be presented to the first & second place teams & the first place cheerleading team. The Vince DePaul sportsmanship award will be presented to the team showing the best sportsmanship, as voted by the officials. **11/2008**

5. Half time games will generate funds used to provide a onetime scholarship for a participating 8th grade varsity boy and girl attending Lancaster Catholic High School the following year. All eligible names will be placed in a drawing and chosen at random at the conclusion of the boys championship game. Award will be directly applied to winners' tuition the following year courtesy of the Lancaster/York Area Boys CYO. **(1/2015)**

ARTICLE XVI LEAGUE CHAMPIONSHIP

1. The league championship for varsity teams will be decided as follows: the 1st half and 2nd half winners will playoff for the league championship. If one team wins both halves then they are declared the champion outright.
 - a. Ties for best record in each half will be broken with a playoff game.
2. The league championship for junior varsity will be based on overall league record. A playoff game will be used to break ties for 1st place.

ARTICLE XVII TROPHIES

1. Trophies to be presented at the league banquet are as follows:
 - a. Varsity league champions - traveling trophy to be kept for one year (if a team wins 3 championships on one trophy, the trophy will be retired to that program). Individual trophies will be given to the players and coaches rostered on the diocesan roster.
 - b. 1st half and 2nd half winners - team trophies awarded. If one team wins both they will be awarded one trophy. **1/2008**
 - c. All star plaques - awarded to the players receiving the most votes as outlined above.

- d. Junior varsity Champions - winning team will be announced at the banquet and their trophy will be given to the programs league representative.
 - e. Sheldon Bertz Sportsmanship Award - presented to the team receiving the most votes from the officials.
 - f. Ron Kubala Award - presented to an individual that has contributed the most to the league that particular year, as voted on by the league representatives. Currently retired. **10/2004**
 - g. Peter C. Carr Memorial Award - presented to a league representative, executive committee member, coach or a official, past or present, who has contributed the most to the league, as voted on by the league representatives.
 - h. **Brian McCaskey Coaches award to the league coach who best exemplified the principle of the CYO during the season. (3/2014)**
2. Foul Shooting and 3Point Shooting - presented at the competition to the 1st and 2nd place finisher on each level of competition. The levels are 8th grade, 7th grade and 6th grade.

ARTICLE XVIII FOUL SHOOTING AND 3 POINT COMPETITION

- 1. 8th grade - each program can send 3 players to each competition. In the foul shooting competition the 1st round will consist of 25 shots. The top 5 scores and ties go to the second round and will shoot 20 shots. Scores for the two rounds are combined and a winner and runner-up declared. In case of a tie for 1st or 2nd a shoot off of 5 shots will be used until a winner is declared. For the 3 point competition there will be one round consisting of 15 shots, 5 at 3 different locations. In case of ties the same tiebreaker will be used as explained above.
- 2. 7th grade - each program can send 2 players to each competition. Rules are the same as stated above except that the first round of foul shots will be 20 shots and the second round 15 shots.
- 3. 6th grade - each program can send 2 players to each competition. Rules are the same as stated above except that the first round of foul shots will be 15 shots and the second round 10 shots.

ARTICLE XIX DIOCESAN TOURNAMENT

- 1. The league will reimburse the league champion for the entry fee to the final eight, if they get that far.

ARTICLE XX DISCIPLINE

- 1. All diocesan and league rules must be followed by all players, coaches and representatives. The executive committee for appropriate disciplinary action will review violations of said rules.

ARTICLE XXI EXPENDITURES OF LEAGUE FUNDS

- 1. All expenditures by individuals must be approved by the president and the treasurer.

ARTICLE XXII REMOVAL OF ELECTED AND APPOINTED OFFICIALS FROM OFFICE

- 1. Any elected or appointed official may be removed from office by a two thirds vote of the voting members present at a regular or special league meeting.
- 2. Any person's membership in the association may be recalled by a two-thirds vote of the voting members present at a regular or special league meeting.
- 3. The removal and recall actions must be presented at a regular or special meeting by a league representative or executive council member. There must then be a minimum of 7 days before the actual vote. All voting members must be present for a vote.
- 4. Any person appointed by the president may be removed by the president.

ARTICLE XXIII AMENDMENTS

- 1. All amendments must be submitted in writing by an association member, or prepared by the secretary following a verbal proposal, at a regularly scheduled or special meeting. This may be presented via e-mail. The amendment must be voted on at one of the following two regularly scheduled meetings provided that at least seven days have passed since the proposed amendment. A temporary emergency rule change, to change behavior or abuse of rules may be put into effect without a waiting period. A 2/3-majority vote is needed to affect an emergency change. **10/2005**