LPALL Safety Code Dedicated to Safety Prevention on and off the field.

- 1. Responsibility for Safety procedures should be that of an adult Member of Lincoln Park American Little League.
- 2. Managers, Coaches and Umpires will have training in First Aid. First-Aid kits are located at each of the main fields and supplies will be available.
- 3. Arrangements should be made in advance of all games and practices for emergency medical services.
- 4. Playing areas should be inspected for holes, damage, rocks, glass, and other foreign objects before any practices or games.
- 5. All team equipment should be stored within the team dugout, or behind screens, and not within the area defined by the umpire as "in play"/
- 6. No games or practices should be held when weather of field conditions are not good, particularly when lighting is inadequate.
- 7. Only players, managers, coaches and umpires are permitted on the playing field or in the dugout during games and practice sessions.
- 8. During practice games, all players should be alert and watching the batter on each pitch.
- 9. Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose of the team's manager and coaches.
- 10. Procedures should be established for retrieving foul balls batted out of the playing area.
- 11. During warm-up drills, players should be spaced so that no one is in danger of wild throws or missed catches.
- 12. All pre-game warm-ups should be preformed within the confines of the playing field and not within areas that are frequented by, and thus endangering spectators. (Playing catch, Swinging bats, But not limited too)
- 13. Equipment should be inspected regularly for the condition as well as proper fit.
- 14. Batters MUST wear Little League approved protective helmet during batting practice and games. All T-Ball and 7/8 players must wear face guards. NO ON DECK BATTERS. (Exception Ages 13-18)
- 15. Catchers must wear Catcher's Helmet, Mask, Throat Guard, Long Model Chest Protector, Shin Guards and Protective Cup with Athletic Supporter (Males) at ALL practices and games
- 16. During sliding practice, bases should not be strapped down or anchored. Only Disengageable bases are to be used only. NO HEAD FIRST SLIDING ALLOWED
- 17. Reduced impact balls will be used for T-Ball and first half of 7/8 Baseball season, the second half of the season will use regular baseballs.
- 18. 7/8 and 9/10 Softball will use 11" softballs. 11/12 and up Softball will use 12" softballs.
- 19. Horseplay is not permitted on playing field
- 20. Players will not wear rings, watches, decorative wristbands, pins, hard headwear, necklaces, decorative piercings, or metallic items during practices or games
- 21. Managers. Coaches or any adult shall NOT warm-up pitchers or take the position of catcher during practices or games.