

FRED J. ROBLEDO



Football All-Area: Charter Oak's Adam Muema and San Dimas' Bill Zernickow earn top awards

By [Fred Robledo](#) on December 26, 2009 4:00 AM | [Permalink](#) | [Comments \(105\)](#) | [Share This](#)

2009 All-Area Football

Player of the Year - [Adam Muema, Charter Oak, Senior, Running Back](#)

Coach of the Year - [Bill Zernickow, San Dimas](#)



Above: Charter Oak's Adam Muema, the Tribune's 2009 player of the year

First Team Offense

QB - Jerry McClanahan, Bishop Amat, Sr.
 RB - Geoffrey Vaughns, South Hills, Sr.
 RB - Jay Anderson, Bishop Amat, Jr.
 AP - Darien Johnson, Bishop Amat, Sr.
 WR -Dennis Rufus, Charter Oak, Jr.
 WR -Ify Umodu, South Hills, Sr.
 WR -Christian Lazaro, Baldwin Park, Sr.
 OL - Edwin Garcia, Azusa, Jr.
 OL - Richard Tejada, West Covina, Sr.
 OL - Javier Lozano, Arroyo, Sr.
 OL - Anthony White, Rowland, Sr.
 OL - Christopher Mancilla, Bishop Amat, Sr.
 PK - Dillon Corona, San Dimas., So.

First Team Defense

DL - Daniel Kane, Bishop Amat, Sr.
 DL - Juston Winrow, San Dimas, Sr.
 DL - Maurice Dupleasis, West Covina, Sr.
 LB - Keith Smith, Charter Oak, Sr.
 LB - Ryan Kohler, San Dimas, Sr.
 LB - Michael Gonzales, Glendora, Sr.
 LB - Rayes Barrera, South Hills, Sr.
 DB - A.J. Powell, Charter Oak, Sr.
 DB - Elisha Henley, Diamond Ranch, Sr.
 DB - Brandon Golden, Charter Oak, Sr.
 SS - Davis Cazares, Bishop Amat, Sr.
 P - Jake Capraro, Damien, Sr.

Fred Robledo

Fred Robledo is the Prep Sports Editor for the San Gabriel Valley Tribune. E-mail me your opinions, story ideas or tips to fred.robledo@sgvn.com.

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SGV Tribune All-Area teams



Bishop Amat vs La Cañada Basketball



Damien Vs. Bishop Amat Basketball



Bonita vs Gabrielino Basketball



Bishop Amat vs. La Serna Girls Soccer



Glendora vs Charter Oak

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Above: San Dimas' Bill Zernickow

Second Team Offense

QB - Chad Jeffries, Glendora, Jr.
 QB: Steven Rivera, Arroyo, So.
 RB - Josh Onovughe, Rowland, Sr.
 RB - Phillip Sainz, Damien, Sr.
 WR - Rio Ruiz, Bishop Amat, Sr.
 WR - Chris Rodriguez, Arroyo, Sr.
 WR - Leonard Rhodes, Walnut, Sr.
 OL - Allen Brown, San Dimas, Jr.
 OL - Cory Cheffers, Diamond Ranch, Sr.
 OL - Cody Goss, South Hills, Sr.
 OL - Raymond Raygoza, Baldwin Park, Sr.
 OL - Christian Orduno, Bishop Amat, Jr.
 PK - Henry Calistro, Rowland, Sr.

Second Team Defense

DL - Tim Manning, Glendora, Glendora, Sr.
 DL - Trevor Manley, Damien, Sr.
 DL - Donte Hughes, Covina, Sr.
 LB - Leon Youngblood, Charter Oak, Sr.
 LB - Jesus Vargas, La Puente, Sr.
 LB - Jesse Ili, West Covina, Sr.
 LB - Wardell Crutchfield, Baldwin Park, Jr.
 DB - Miles Bevel, South Hills, Sr.
 DB - Garrett Horine, Bonita, So.
 DB - Amari Staten, Diamond Ranch, Sr.
 SS - Chris Solomon, West Covina, So.
 P - Evan Highley, Bonita, Sr.

Honorable Mention

Arroyo - Mikey Vasquez, Mike Chavez
 Azusa - Kendric McDade, Robert Garcia, Alvaro Fregoso
 Baldwin Park - Manny Salcedo, Gus Lucatero, Jesse Moran
 Bassett - Andrew Varela
 Bishop Amat - Matt Johnson, Austin Lacy, Julian Gener
 Bonita - Tyler Cortez, Kylan Haynes, Deron Holmes
 Charter Oak - Garrett Clapper, Daniel Reyes, Charlie Avila
 Covina - Billy Livingston, Sebastian Duran
 Damien - James Guillen, Ryne Morrison, Tre Hale
 Diamond Bar - Andrew Cameron, Calvin Bishop
 Diamond Ranch - Gus Viramontes, Terrance Humphrey, Jason Bonilla
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 Walnut - Aubrey Coleman, Austin Cooper, Milan King
 West Covina - Ricky Johnson, Mike Cortez, George Johnson
 Wilson - Daniel Siller, Moses Vega
 Workman - Ray Silva, Kalin Bradford, Michael Silva

MUEMA, AND ZERNICKOW PLAYER AND COACH OF THE YEAR STORIES

By Fred J. Robledo, Staff Writer

At a school notorious for producing some of the best running backs in Valley history, Charter Oak High School's Adam Muema made a case that he's the best ever. Bill Stone, Jeff Obert, Michael Graham, Mike Harris, Keith Harris, Patrick Fuller, Kanaan Snowden and Jason David are among the best in the Chargers' storied tradition, but Muema's career totals of 4,552 yards, 61 touchdowns and 7.83 yards per carry average over three years is the best in school history, and among the best career totals in Valley history.

[Muema and San Dimas' Bill Zernickow earn top awards :](#)
 Hey how about a round of applause for all the kids that made the selec ...

[Colts blew that one on Football All-Area: Charter Oak's Adam Muema and San Dimas' Bill Zernickow earn top awards :](#)
 Hard fast rule: Scared money never wins!!! Watch the Colts lose in ...

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 Amat 73 As a player I would be pretty upset. I think their faces tol ...

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 Peace 2010, I will agree with the Bears and Tampa which was the will t ...

[Thundering Herd on Football All-Area: Charter Oak's Adam Muema and San Dimas' Bill Zernickow earn top awards :](#)
 OOhhhh - the Vikes must suck.. the Colts are chokers... the Saints are ...

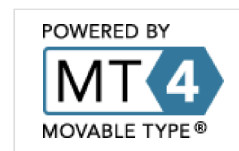
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 Amat 73 Didnt the Vikes lose tonight? Didnt the Saints & Colts lose y ...

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 CO Fan, You got 2 things right in your post . They are either fans of ...

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 Amat 73 Amen! CO is a good team in Miramonte and Amat is a good team ...

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 ? and reality, Why in the hell are you bringing this up on here like S ...

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