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**Maury High School**

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**For additional  
information contact:**

**James L. Flood Jr.  
CEO/League Operator**

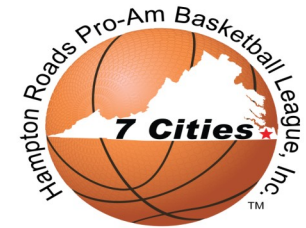
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**[www.leaguelineup.com/7citiesproam](http://www.leaguelineup.com/7citiesproam)**

**James & Lorraine Flood  
League Managers**

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**BECOME A  
TEAM SPONSOR**



*"Serving the Community Through Team Spirit"*  
*"Serving the Community Through Team Spirit"*

**[www.leaguelineup.com/7citiesproam](http://www.leaguelineup.com/7citiesproam)**

## Welcome!

I am glad to invite you to the ***Eleventh Season*** of the Hampton Roads 7 Cities Pro-Am summer basketball league. I'm very thankful for all of you who supported the program during the last ten seasons. This year's games will offer a great deal of excitement for it will feature both men and women teams and promises to be a quality game season. The 7 Cities area has produced numerous passionate athletes who continue to show their basketball talent on the college as well as professional levels. Thank you for helping us continue to serve the community through team spirit!

## JUMPBALL!

James L. Flood Jr.  
CEO/League Operator

## Become a Pro-Am Sponsor

Contributions are tax deductible.

### GOLD PACKAGE: \$1,000

- Half-time Game Sponsor/ Table
- Printed Materials
- Advertising at League
- Signage
- Team Named after Company
- Full-page Ad in Guide

### Silver Package: \$500

- Game Ball Tip-off Sponsor/Table
- Signage
- Full-page Ad in Guide
- Printed Materials

### Bronze Package: \$100

- Half-page Ad in Guide
- Printed Materials

**NOTE:** 10% of Sponsorship Dollars  
Go Towards Scholarship Fund

Name Listed on Scholarship Page

*Make check payable to:*

**Hampton Roads 7 Cities Pro-Am, Inc.**

**Mail to the ATTN: Lorraine Flood**

**2900 Gate House Road; Norfolk, VA 23504**

## Pro-Am Highlights

### 2014 Champions and MVPs

**Champions:(Men)** MME Realist Enterprise  
(Women) Optima Health Family Care  
**League MVP:**  
**(Men)** Stefan Welsh  
**(Women)** Odegua Oigbokie

### 2013 Champions and MVPs

**Champions:(Men)** MME Realist Enterprise  
(Women) Talk Family VA

**League MVP: (Men)** Ricardo Ratliffe  
**(Women)** Chelsia Painter

### 2012 Champions and MVPs

Champions: (Men) Red Bull  
(Women) Academic Athletics

League MVP: (Men) Marcus Fisher  
(Women) Stephanie Gardner, ODU

### 2011 Champions and MVPs

Champions: (Men) BB & T;  
(Women) Academic Athletics

League MVP: Kent Bazemore, ODU  
(Women) Monique McLean,  
Juncos Valencianas, Puerto Rico

### 2010 Champions and MVPs

Champions: The Flood Family

League MVP:  
Darrion Pellum, Hampton University

### 2009 Champions and MVPs

Champions: Tru Hope Trailblazers

League MVPs:  
Marcus Fisher, Tru Hope Trailblazers  
Ralph Hegamin, West Chester College

### 2008 Champions and MVPs

League MVP  
Brandon Plummer, Wingate College

### 2007 Champions and MVPs

Champions: Virginia Wesleyan

League MVP: Brandon Adair,  
Virginia Wesleyan

### 2006 Champions and MVPs

Champions: Showtime

League MVP:  
Hashaan Robinson, St. Paul

### 2005 Champions and MVPs

Champions: Virginia Finest

League MVP: David Fanning,  
James Madison