

# REGISTRATION

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

CELL \_\_\_\_\_  TEXTING AVAILABLE

EMAIL \_\_\_\_\_

AGE \_\_\_\_\_ GRADUATION YEAR \_\_\_\_\_

HIGH SCHOOL I AM ATTENDING OR I WILL ATTEND:  
\_\_\_\_\_

**Cost:** \$20 per Camp Date

Camp dates I will be attending:

All sessions (Camp Special)

June 7

June 10

June 14

June 16

June 21

June 23

June 28

June 30

July 5

July 12

July 19

Total Camp Dates: \_\_\_\_\_ Amt. Enclosed \$ \_\_\_\_\_

\_\_\_\_\_ I am paying for the camp special. Amt Enclosed \$ 160

Make checks payable to Lake Land College Softball



**Camp Special: \$160**  
Pay for 8—get 4 camp  
dates free  
and receive a free  
bat bag batting tee

Mail to: Lake Land College Softball  
5001 Lakeland Blvd.  
Mattoon, IL 61938

**ALL PROCEEDS BENEFIT  
LAKE LAND COLLEGE SOFTBALL**

# SOFTBALL

## *Summer Skill Development Camps*

5:30 pm - 7:30 pm

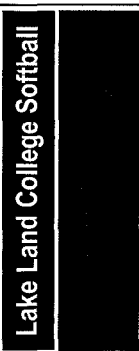
**Mondays & Wednesdays**

**June and July  
2010**

**FOR ALL AGES**

*Learn the disciplines of  
hitting, fielding, pitching,  
catching & base running!*

**Lake Land College**



# CAMP INFORMATION

Lake Land College Softball Summer Skill Development Camps are designed to teach and work on softball skills for all ages. Besides working with Lake Land College Coaching Staff and softball team members throughout the summer we will be inviting guest coaches to come in and work on specialized skills. Each 2 hour session will be dedicated to all aspects of softball with one hour of each to work on one special skill.

## CAMP DATES: Mondays & Wednesdays

June 7	June 21	July 5
June 9	June 23	July 12
June 14	June 28	July 19
June 16	June 30	July 26 (Rain)

## ITINERARY:

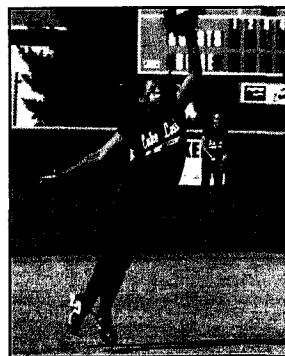
5:30 pm	Warm up and stretches
5:40 pm	Special skills training
6:30- 7:30 pm	Offensive and defensive Station work

**PLACE:** Lake Land College Softball Field

**TIME:** 5:30 to 7:30 p.m.

## QUESTIONS:

Call Coach Nic Nelson  
309-826-2373



June 7	<b>The Art of the Short Game Slapping and Bunting</b> Coach Randy Wolken, Winningest high school coach in Illinois history
June 9	<b>Fundamentals Camp</b> Coach Nelson/Coach Throneburg
June 14	<b>Basic Fundamentals of Pitching</b> Coach Denny Throneburg Hall of Fame Coach
June 16	<b>Fundamentals Camp</b> Coach Nelson/Coach Throneburg
June 21	<b>Basic Infield Skills</b> Coach Dara Updegraff, Head Coach Casey-Westfield High School
June 23	<b>Fundamentals Camp</b> Coach Nelson/Coach Throneburg
June 28	<b>Hitting</b> Coach Nic Nelson Head Softball Coach Lake Land College
June 30	<b>Fundamentals Camp</b> Coach Nelson/Coach Throneburg
July 5	<b>Base Running</b> Coach Megan Nelson 3rd All time stolen base record holder at Eastern Illinois University
July 12	<b>Outfield</b> Coach Nikki Trower, Head Softball Coach Mattoon High School
July 19	<b>Catching</b> Coach Vondel Edgar, Head Softball Coach Chatham-Glenwood
July 26	Rain Date

*Lake Land College is currently looking at the recruitment class of 2011. These camps will be a great opportunity for the Lake Land Coaching Staff to observe you.*

## INSURANCE INFORMATION:

Your own individual or family coverage plan provides full coverage for you during this summer season. Signing below discharges Lake Land College from all claims, demands and actions. I hereby assume all risk and voluntarily release Lake Land from all liability for claims.

NAME OF INSURANCE COMPANY \_\_\_\_\_

POLICY NUMBER \_\_\_\_\_

NAME OF POLICYHOLDER \_\_\_\_\_

**NOTICE:** By our signatures hereto, I (we) acknowledge that we have fully reviewed the prices and payment dates on the initial pricing sheet and that we accept said prices and payment dates. **NO REFUNDS OF ANY PAYMENT WILL BE ISSUED.** A partial refund will be given to the player if she is unable to finish the season due to injury. For injury refund, Lake Land College may require proof from a doctor. I also understand that games, locations, dates and facilities may change due to rain, facility conflicts and university changes beyond our control.

Player: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/2010

Guardian: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/2010