

JAAFSC PREVENTION OF COVID-19 PROTOCOL

As we all look forward to a thriving season of football and cheer, we must still be diligent in the prevention/spread of the Covid-19 virus. JAAFSC has a protocol in place to aid in the prevention/spread of the Covid-19 virus.

To minimize the Spread of Covid-19 virus, everyone attending a JAAFSC event, such as game or practice shall follow the guidelines listed below, along with any additional guidelines given by the individual chapters. Keeping in mind to follow all guidelines given by city/state governments.

Everyone is to wear a face mask:

- *Spectators are to wear a face mask at all times.
- *During a practice/game, participants who are not in active play, shall wear a face mask.
- *All coaches and staff shall wear a face mask at all times.

Social distancing:

- *All participants shall follow current guidelines by local city/state governments.
- *All spectators shall follow current guidelines by local city/state governments. Currently we ask spectators be limited to three (3) per participant, this may change in future either more or less due to safety. Also, keep a safe distance between your group and others.

Wash hands on a regular basis:

- *Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- *If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol, and cover all surfaces of your hands, rubbing them together until they feel dry.

Minimize sharing of personal items, equipment and/or gear:

- *Keep belongings separate from others, such as gym bags and equipment not in use.
- *Do not share towels, clothing or any item uses to wipe your face or hands.
- *Avoid sharing food, drink containers (e.g., water bottles or coolers), and utensils.
- *Spectators shall not bring in any coolers.

Clean and disinfect:

- *Participants are to keep their personal equipment (e.g., mouthpiece, pom handles, water bottles) clean as often as possible.
- *Coaches and staff shall disinfect equipment on a regular basis. Have disinfectant cloths on hand to sanitize often.

Monitor your health:

- *Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of Covid-19 virus.
 - *Follow CDC guidance if symptoms develop.
 - *Participants and/or spectators if you are having any of the above symptoms, stay home.
- We must be proactive in prevention of the spread of the Covid-19 virus.

If we all do our part to help in the prevention/spread of the Covid-19 virus, we should have a season that our participants may enjoy and flourish.