

**Oxford HOOPS Basketball Club** is the county's largest and most respected basketball club.

The Club has over 150 players, playing in 9 different leagues, from Junior Mixed Leagues to National Leagues.

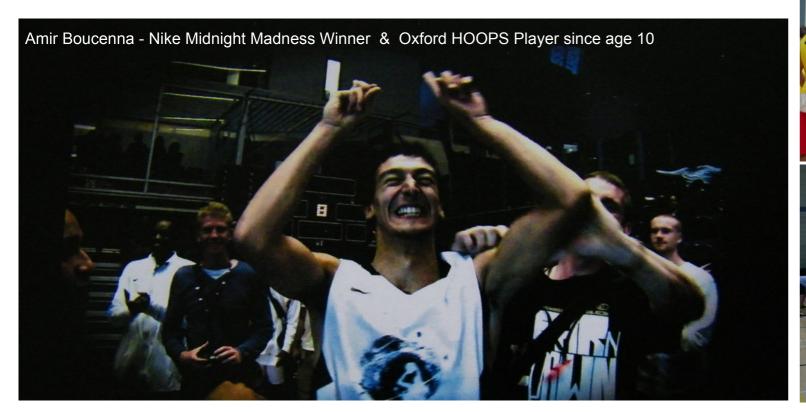
HOOPS was founded in 1995 and since then the Club's main goal has been to create a safe family atmosphere where all players are able to improve their skills, be challenged, have the opportunity to progress, whilst having the support of other players and coaches.

The Club motto: **ONE CLUB, ONE FAMILY, ONE MISSION** says it all.

In 2011 the Head Coach, Franky Marulanda was voted England Basketball Coach of the Year and then Oxfordshire Sports Unsung Hero.

In 2012 Oxford HOOPS decided to extend their work to Primary Schools by sending their players and coaches into Oxford's Primary Schools to teach the sport, create new junior basketball teams in the city and find new talented players to represent the county and maybe England.

Oxford HOOPS will have a permanent link with each school to continue their improvement and offer their players opportunities to play for the Club and represent Oxford in England's most prestigious Leagues.







## HERE TO HELP YOUR SCHOOL WITH BASKETBALL COACHING



DURING SCHOOL TIME
AFTER SCHOOL CLUB
BASKETBALL EQUIPMENT



**SCHOOL-CLUB LINK** 

SCHOOL-CLUB MENTORING
EDUCATION-BASKETBALL LINK





**LOTTERY FUNDED** 











## Our Philosophy:

HOOPS offers a **RESPECT** first style of coaching which helps young athletes understand where boundaries lie.

Coaches are aware that all athletes learn in different ways, which means that various teaching and coaching tools are used regularly.

Homework is given regularly where players are challenged in various ways, we have found that this helps their general learning as well as their discipline.

**RESPECT - IMPROVEMENT - FUN - CHALLENGE** 

"You can't get much done in life if you only work on the days when you feel good."

Jerry West - NBA Player & GM

## **Coaching Philosophy:**

We believe that when we play, we like to be creative, entertaining and fast, so our Coaching Philosophy embraces an up tempo style of play with plenty of defensive pressure and players are encouraged to open their minds and be creative, that creativity becomes entertaining, fun and of course different.



FAST - CREATIVE - ENTERTAINING

"It's what you get from games you lose that is extremely important."

Pat Riley - NBA Coach



## **Our Coaches:**

HOOPS Coaches have all come through the ranks, most have been with the club since they were junior players themselves and now, it is time for them to teach others what they have learnt over the years.

Our Coaches are England Basketball Certified Coaches who have proved themselves over the years at Club Level. We hope that some of your young athletes will be following their foot steps in years to come.

"With patience and persistence; Dreams do come true."
Pete "Pistol Pete" Maravich - NBA Player

The BASKETBALL SCHOOL of EXCELLENCE (Oxford City) is a joint venture between Oxford HOOPS and St Gregory the Great School. It is geared to all Oxford young basketball players who really want to learn about the game of basketball.

It uses classroom lessons and practical sessions in order to

improve playing skills and theory (basketball IQ as the coaches like to call it). We have found that players increase their performance and are able to really think about the game during the theory sessions. It also helps them to see what players will have to do as they get older, the studying of other players and the competition is vital to success on the court.



During practical sessions, or HOOPS time, players work on their fundamental skills, perfecting the most basic skills under various levels of pressure and speed helps players to perform complex tasks routinely and of course these are the foundations used to build upon as their skills improve and they get older.

The Future of our players depends on this.

**Oxford HOOPS Basketball Club** is a non-profit community run club that offers choice to children, parents, schools and colleges.

Basketball is an extremely creative sport that uses players innate intelligence to their advantage, due to the speed of the game and the amount of scoring possibilities, players are able to learn from mistakes over a single game, having endless player substitutions means that Coaches are able to speak to players and put them back into play, coaches are able to draw specific plays and



have them execute in seconds, players learn patterns, plays, movements which enables team play as well as individual play, all players are able to score and defend, all players are part of a unit where being together is the best prize.

Oxford HOOPS Home court is located at:

St Gregory the Great School, Cricket Road, Oxford, OX4 3DR

To get in touch with the Head Coach: <a href="mailto:coach.marulanda@gmail.com">coach.marulanda@gmail.com</a>

WWW.OXFORDHOOPS.CO.UK
ONE CLUB | ONE FAMILY | ONE MISSION