



YOU ARE CORDIALLY INVITED TO OUR:

6TH ANNUAL ICS CHEERLEADING COMPETITION!

PLEASE RESPOND VIA E-MAIL IF YOU PLAN ON ATTENDING WITH NUMBER OF GIRLS
AND IF YOU PARTICIPATE IN CHEERLEADER OF THE DAY

SEND YOUR PAPERWORK AND CHECK BY FEBRUARY 20, 2024!

Saturday, March 2, 2024

Being held at:

Immaculata High School

240 Mountain Ave.

Somerville, NJ 08876

(Right across from Bridgewater Commons Mall on Rt. 22)

*** A Grand Champion will be awarded to the
highest scoring team from the combined JV and Varsity divisions!!***

Divisions Offered:

Itty Bitty (K to 2nd grade – unlimited) – Cheer/Dance

Biddy (K to 4th grade – unlimited) – Cheer/Dance

J.V. (6th grade and under – max 20 girls) – Cheer/Dance

Varsity (8th grade and under – max 20 girls) – Cheer/Dance

RULES FOR COMPETITION

- Order of performance will be determined by the order in which your complete response with check is received.
- We follow NFHS rules www.nfhs.com and AACCA safety rules, www.AACCA.org. No basket tosses allowed. In addition, we follow CCCANJ rules that can be found at www.leaguelineup.com/CCCANJ.
- A 5 point deduction will be given for any rule infraction from the team's total score.
- All teams compete on a 42' x 42' matted surface (7 panel mats – not spring floor). All tumbling must begin and end on the performing surface.
- There will be 15 minutes for open tumbling before the start of competition. The performing surface is for running tumbling, back handsprings and higher. A separate single panel mat, 42' x 6' will be available for all standing tumbling including walkovers. Coaches must be present in the gym while open tumbling is going on.
- A "Cheerleader of the Day" will be picked by the number/letter worn on their uniforms. If your team is not wearing numbers/letters only 1 person from your coaching staff to speak to the cheerleader of the day judge.
- All coaches must be available to meet with the judges prior to the start of the competition.
- Judging will be provided by **ProSpirit** judges following the NJ State Scoresheet for JV and Varsity divisions. Score sheets will be available to **Coaches only** at the end of the competition. A judge will be available to speak with any team about their own performance that day after the competition has ended. Each team is limited to 5 minutes and may only discuss their team with the judges.
- The [CCCANJ](http://www.CCCANJ) website provides the score sheets and all rules pertaining to this competition.
- All music must be sent to the DJ prior to competing. Please have a backup copy on a CD. **NO PERSON FROM ICS OR THE DJ IS RESPONSIBLE FOR YOUR TEAM'S MUSIC.** In the event your team's music stops, you will be allowed to restart their routine 1-8 count prior to the start of the malfunction. The team will only be scored from the spot the malfunction occurred on.
 - Music Guidelines: All teams are required to follow the new music guidelines and provide a waiver guaranteeing music is within those guidelines.
- All routines are to be no longer than 2 minutes 30 seconds. Routines may be under.
- Individual and team trophies are given to 50% of the teams in the all divisions. An extra place will be awarded if there are an odd number of teams (ex-5 teams=3 places).
- No stunting or tumbling on the mats during any breaks.
- All food and drinks stay in the cafeteria.
- NO refunds will be given for any team pulling out of the competition.
- Misconduct on the part of any team including coaches, cheerleaders, or spectators will not be tolerated. Disqualification of the team and removal from the premises will result in the event of any unsportsmanlike conduct.
- ICS/Immaculata is NOT responsible for lost or stolen items. Please leave valuables at home.

Competition Entry Fees:

Team: Active CCCANJ Members - \$100
Team: Non-Members - \$150
Only three (3) coaches per team admitted free.

Competition Admittance Fees:

Adults.....\$10.00
Children.....\$5.00
Children under 5.....Free

- Performance & Mat times will be emailed 1 week prior to the competition.
 - Our full-size kitchen will be open with lots of great food!
 - There will be basket raffles, cheer grams, vendors, and 50/50!
- We have a high school size gym with wall to wall bleachers on both sides!

Competition Approx. Start Time: 10:30 am

No one is permitted to enter the building prior to 8 am.

Times are subject to change

Questions can be directed to Debbie Weston icscheer1@gmail.com

Cell – (908) 420-4709 (call or text)

The Deadline for Registration is February 20, 2024

We look forward to having your team at our competition!

Best of Luck!

The ICS Cheerleaders

IMMACULATE CONCEPTION SCHOOL ENTRY FORM

****A Certificate of Insurance is REQUIRED for your team if you are NOT in the Diocese of Metuchen****

Team name: _____ School name: _____

Team colors: _____ Mascot: _____

Itty Biddy Division

of Cheerleaders: _____ Cheerleader of the Day? YES NO

Head Coach: _____ Assistant Coach: _____

E-mail: _____ Phone: _____

Biddy Division

of Cheerleaders: _____ Cheerleader of the Day? YES NO

Head Coach: _____ Assistant Coach: _____

E-mail: _____ Phone: _____

JV Division

of Cheerleaders: _____ Cheerleader of the Day? YES NO

Head Coach: _____ Assistant Coach: _____

E-mail: _____ Phone: _____

Varsity Division

of Cheerleaders: _____ Cheerleader of the Day? YES NO

Head Coach: _____ Assistant Coach: _____

E-mail: _____ Phone: _____

Itty Biddy Team: \$ _____ JV Team: \$ _____ Varsity Team: \$ _____

Biddy Team: \$ _____ JV Stunt Group: \$ _____ Varsity Stunt Group: \$ _____

TOTAL ENCLOSED: \$ _____

****Make checks payable to: Immaculate Conception School****

Please return with your payment, Music Confirmation form, and COI (if applicable) to:

Debbie Weston, 11 Troy Ct, East Brunswick, NJ 08816