



COACH-IN-TRAINING PROGRAM GENERAL INFORMATION 2017 – 2018 SEASON

The Attitash Race Team offers a formalized program for selected young adults wishing to continue to be involved in alpine racing, but with a focus on learning the coaching side of the sport.

What's a CIT? A Coach-in-Training (or "CIT") is a position for enthusiastic, responsible young adults who want to gain experience working with an alpine racing team. A CIT will support the lead coaches, engage our racers, and learn a few tricks along the way. A CIT will be involved in all racer age groups, U8's to U14's, and assist several coaches during the season.

What are your CIT responsibilities? First and foremost, a CIT is required to assist in maintaining a safe environment at all times. Beyond that, a CIT's primary role is to support the lead coaches in all aspects of the training day. Duties include, but are not limited to: leading drills, setting up and breaking down training courses, and general safety supervision. CIT's may also assist in video analysis of athletes during training or race days.

What WE expect from a CIT: As a CIT with AAEF you are required to meet certain expectations. You are no longer a racer with the Attitash Race Team, but a leader. You are expected to be a positive peer role model; exhibit strong leadership and communication skills; demonstrate maturity and a willingness to contribute; share passion for ski racing; cooperate well with others; accept direction from adults and receive constructive criticism.

CIT's are expected to be at the CB, ready to ski, promptly by 8:30 a.m. on all scheduled weekend training days, unless otherwise coordinated with Head Coach in advance. CIT's are expected to participate for the entire training day. CIT's will coordinate with the Head Coach to schedule days of participation during school vacation weeks. CIT's are responsible for notifying the Head Coach prior to any unscheduled absences (i.e. due to illness or other unforeseen problem).

At the end of the season, CIT's will receive an evaluation encompassing their progress and efforts as a participant in the coaching staff, including general skills, skiing skills, teaching skills, and managerial skills.

CIT Logistics: Applicants to the CIT program must be at least 14 years-old as of December 31, 2015 and be a former athlete of the Attitash Race Team. CIT's are participants of the Attitash Race Team and are therefore not employees of AAEF. CIT's must have a valid USSA athlete's license for the current season.

CIT's are responsible for obtaining their own season pass to Attitash Mountain Resort. CIT's will not participate in AAEF activities at other ski areas unless otherwise arranged by Head Coach with CIT and CIT's parents/guardians.

Cost/Tuition: The tuition for the CIT program for the 2017-2018 season will be 50% of the regular U14 tuition rate. The CIT's tuition will be reimbursed at a rate of \$35.00 per day of participation until achieving the full amount of the tuition paid. Based on the Attitash Race Team's tentative schedule for the 2017-2018 season, there is a potential for over 40 training days. CIT's will not be reimbursed or otherwise compensated in excess of the tuition amount paid, regardless of the number of participation days. Any net tuition amount is forfeited if the CIT does not participate in enough training days to equate to the tuition amount paid.

How can YOU be a CIT? Complete the application below, attach a **letter of reference** from a teacher, current or former coach (sorry, no AAEF coaches) or youth leader, and **write a cover letter** explaining why you would be a great CIT with AAEF. Once the applications have been reviewed you may be contacted to schedule an interview.

All applications will be reviewed by a panel of AAEF coaches. Participants will be selected by the AAEF coach panel. We would like to be clear that submitting an application does not necessarily guarantee acceptance into the CIT program.

The application deadline for participation in the CIT program for the 2017-2018 season is August 31, 2017. Applicants will be notified of their participation status before September 15, 2017.

Further Questions: Any CIT program or application questions can be directed to the Head Coach, Matt Dawson (matt@attitashraceteam.com)



**COACH-IN-TRAINING PROGRAM
APPLICATION FOR PARTICIPATION
2017 – 2018 SEASON**

APPLICANT INFORMATION:

Name:

Age as of Dec 31, 2017:

Address:

City:

State:

Zip Code:

Phone Number:

E-mail Address:

1. Why have you chosen to apply for the coach-in-training (CIT) program?

2. Explain what you think the difference is between a racer and CIT.

3. Please describe any past experiences working with children (child care, mentoring, tutoring, volunteer work, etc.).

4. Please describe 3 skills that you think are most important for coaches to possess.

5. Are there any specific dates that you will be unavailable to work with the program?

I have read and answered the questions above and feel that my participation as a CIT with the Attitash Race Team will enhance the program for the athletes, staff, and fellow CIT's.

Applicant's Printed Name

Parent/Guardian's Printed Name

Applicant's Signature

Parent/Guardian's Signature

Date

Application materials checklist:

_____ Cover letter

_____ Application form

_____ Letter of reference

Please mail all application materials to:

Attitash Alpine Educational Foundation
AAEF CIT Program
Attn: Matt Dawson
P.O. Box 308
Bartlett, NH 03812