

May 2019

**Richmond County
Baseball Club**

1400 Travis Ave.
Staten Island, NY 10314

If you have any
interesting info or news
you would like included
in a future newsletter,
please email to
jim@rcbclub.com.

Visit our website at:

www.rcbclub.com

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RCBC Newsletter

2019 MLB Draft Preview - June 3-5



Anthony Prato
UConn

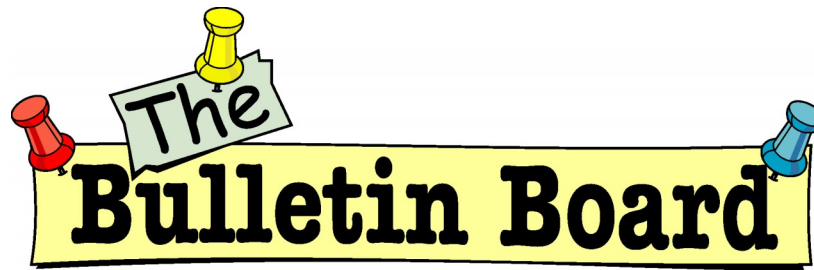


Ricky DeVito
Seton Hall



Gus Sosa
Tottenville HS

Good luck boys!

A graphic of a yellow bulletin board with a black border. The words "The Bulletin Board" are written on it in a bold, black, serif font. "The" is on a small white tag pinned to the top left with a yellow pushpin. "Bulletin Board" is on the main yellow board, pinned to the top left with a red pushpin and to the top right with a blue pushpin.

The Bulletin Board

- Atlanta/Baton Rouge trips - For those teams traveling, your Atlanta trip costs must be paid in full by June 1. Baton Rouge trip costs must be paid by July 1.
- The next Marucci online store close date is June 9. Get your summer apparel orders in now. Note: Custom RCBC apparel will not be available online after June 9 until the store transitions to the new Marucci “*Locker Room*” platform later this summer.
- Interested in part-time work at any of our weekend tournaments, submit the Employment form on the RCBC website.
- Interested in being a PG tournament game scorer, contact Charlie Quinn at 718-702-8417.
- 5 Tool Baseball Summer Camp:
 - GKLL July 22-26
 - SSL August 5-9
- 2019 College Showcase Camp scheduled for August 6-7.

Tournament Update

May Results - In the RCBC 14U Northeast Spring Classic, the Mid Atlantic Red Sox took the title over the PC Blue Sox. In the RCBC 16U Memorial Day Showdown, Irish Baseball defeated the North Jersey Bandits.

Upcoming tournaments in June:

May 31-June 2 - PG Super25 Northeast Super Qualifier (11U, 12U, 13U)

June 7-9 - RCBC Mid Atlantic Invitational (8U, 10U, 11U, 12U, 15U, 16U)

June 14-16 - PG Super25 17U NY Regionals (17U)

Jun 14-16 - RCBC Fathers' Day Bash (11U, 12U)

June 28-30 - RCBC College Recruit Kickoff (16U, 17U)

June 28-30 - RCBC Summer Kickoff (8U, 10U)

For our full schedule, visit www.rctournaments.com.

Tournament Champs



11U Nationals
USABL
World Series Qualifier

10U Americans
USABL
Marlboro Memorial Day



RCBC Member Update



Congratulations to former RCBC player John Bini who was awarded the Grove City College (Pa.) "Sportsman Of The Year"

RCBC's 17U Nick Zangara pitched a 2 hit shutout in Tottenville High School's playoff win over Wagner.



Featured Article By Coach DeFendis

“Being Coachable”

Being coachable is one of life's most important skills and attitudes, whether or not you're an athlete. If you're any kind of person who wishes to grow, learn, improve, excel or peak perform, you should care about whether or not you're coachable. In other words, being coachable relates to a happy, productive life. It means you're ready to do what it takes to change, transform, improve or excel.

Characteristics of a coachable athlete:

- Being grateful that someone cares enough about you to push you to improve beyond where you would get on your own.
- Being vulnerable enough to know you're not perfect.
- Being open to honest feedback (even if it hurts).
- Working to actively change bad habits.

Uncoachable athletes show certain key behaviors. It doesn't take long for a coach to spot an uncoachable player, and very rarely can a coach make a player coachable. The following characteristics are true of uncoachable athlete.

Characteristics of an uncoachable athletes:

- You tend to roll our eyes or take things personally that you shouldn't.
- You can seem ungrateful even to those who help us most.
- You read into things more deeply than you should.
- You often believe everything is about you, even someone else's bad day.
- Becoming more coachable isn't something that can be achieved with more drills, or multiple coach-player conferences. A player's coachability is a mentality that requires diligence and attention from the athlete. In other words: coachability is up to the athlete, not the coach.

Top 5 benefits of being more coachable

- More playing time (and less drill or bench time).
- Greater cohesion with the team and/or coaches.
- Accelerated learning.
- Deeper and more fulfilling relationships with your coaches.
- Greater internal calm: Accepting criticism for what it is.

I hope this information was helpful and gives you a better understanding about how important your relationship is with your coach and teammates. Enjoy your summer of coachable baseball.

5 Tool Summer Baseball Camp

5 TOOL BASEBALL BASEBALL SUMMER CAMP

Throwing and Receiving Mechanics

Infield Techniques

Outfield Drills

Hitting Mechanics and Drills

Bunting Techniques

Running Form

Daily Live Games & Competitions

AGES 6-12



REGISTER NOW

WWW.MY5TOOLBASEBALL.COM

718-344-8118 * 917-578-1908



DATES:

Great Kills LL

7/22-7/26

South Shore LL

8/5- 8/9

COST:

**\$225.00
PER PLAYER**

Team Discounts & Sibling Discounts

**9:00-2:00
MONDAY-FRIDAY**



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Coach Lope's Baseball Thoughts

In This Issue - Some Hints In The Task Of Getting Recruited

Quote of the Month - Former White Sox owner Bill Veeck once said: *"We only have two seasons: Winter and Baseball."*

(No argument from us this year. LOL)

I have repeatedly discussed finding the right level of college ball that a player is right for. I say over and over again: DO NOT choose a college so that you can win the "bragging rights" over your friend, your neighbor or your son's teammate who is also looking to get recruited. Dreams are nice, but they don't compare to playing regularly. Be Careful....Be Smart....Be Realistic! Listen for the words you want to hear from a recruiter: "WE WANT YOU!!!!!!!!!!!"

I have also discussed how to get the attention of colleges. There are a variety of ways to be noticed:

Summer Team: This is not a mistake in the ranking order. In the 21st century, high school players get maximum exposure if they play on well-known and reputable summer teams and with coaches with Impact and Contacts.

- Summer teams play a cluster of games in good weather; conditions that are favorable to evaluating a player's talent.
- Summer teams play in tournaments that are attended by a variety of college recruiters and MLB scouts. Locally, Richmond County, Diamond Nation, Baseball Heaven, and PG Vineland offer excellent tourneys where players are on the Broadway stage for recruiters to evaluate. Obviously, RCBC sends its teams to top and well attended tourneys.
- Recruiters are usually college coaches who have their own schedule of games in the spring, but have way more free time in the summer to look at recruits.



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(Continued)

High School: The importance of playing for a good high school, besides education of course, is VITAL. College recruiters will be impressed if you're a prime player on a high school team that continually competes for a city championship and features a coach that develops players and has credibility. Let interested recruiters know if you play for a top high school.

College Camps: They are becoming increasingly popular. If you have a short list of colleges you like, GO to their camps. See what the coaches there feel about your ability. You can then decide if its worth pursuing. WARNING: this runs into \$\$\$\$\$\$. This part is tough unless you can read minds. When a coach says he likes you, you need to try to decide if LIKES you for your ability, or does he like you for your money to attend the school's camp. Look at that college's roster to see if they might need someone at your position. See if he told a dozen other high school players that day that he likes them I full admit....Not easy to see if the head coach or recruiter is telling the truth.

Showcases: These can be productive! And, RCBC has an annual August Showcase that has benefitted many of our players. However, be careful. You are likely to be deluged with Showcase invites. Show us any invitations you get. We are experts at which showcases are realistic for you. Some players are good but don't stand out in showcases as well as they do in actual games.



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(Continued)

Special Summer All Star Teams: Coach DeFendis does a great job at getting our elite players on elite teams that travel part of the summer to locations around the United States. Perfect Game and the Area Code Games are two examples of tournaments that feature top recruiters from high school to Division I. You will compete against All State and All America high school stars. You will know how high a level you can play at following these games.

Email Colleges You Are Interested In: See if a recruiter will be at tournaments your team is competing in.

And finally, READ my past Newsletter columns on Writing an Email to a Coach.
Hint: DO NOT put that you won a Little League MVP at the age of 9. LOL.

Remember you can always email me at mikelope19@aol.com.

Marucci Featured Item

Introducing the new Posey28 Pro Metal

The hottest bat on the market

The only metal bat you can “personalize”



Available in
BBCOR,
-10, -8, -5 and
Junior Big Barrel

Purchase on the Marucci Online Store
at special RCBC member pricing



Marucci Featured Item

Introducing the CAT8 in BLACK
Available in BBCOR and Connect



Also back in stock is the Marucci Bat Quiver
Great when just going to the cage or a lesson—holds 3 bats



Purchase on the Marucci Online Store
at special RCBC member pricing

