

October 2018

**Richmond County  
Baseball Club**

1400 Travis Ave.  
Staten Island, NY 10314

If you have any  
interesting info or news  
you would like included  
in a future newsletter,  
please email to  
jim@rcbclub.com.

Visit our website at:

[www.rcbclub.com](http://www.rcbclub.com)

**Inside this Issue:**

8U Americans	1
Joining RCBC	2
Tournament Update	2
October Champs	2 3 4
Member Update	5 6
Tryouts	7
Coach DeFendis	8
Coach Lope	9 10
Marucci Featured Item	11



# RCBC Newsletter

## RCBC Welcomes New 8U Team

Richmond County Baseball is happy to announce the addition of another new team to the program, the 8U Americans coached by Ron Napolitano.

The addition of these younger teams to our program will help ensure that they get the proper coaching and training they will need as their baseball careers progress and as they prepare themselves for competitive travel baseball and ultimately high school and college.



Please extend an RCBC welcome to the players,  
coaches and parents.



## Joining RCBC

Do you know players who are interested in joining RCBC and missed our fall tryouts?

Have them submit the Registration Interest form under Online Forms on the RCBC website.

We'll put them on our mailing list and inform them of future workouts and tryouts next spring.

Spread the word. We have teams in ages 7U through 18U.

RCBC is the place to be!

## Tournament Update

In the 15U PG Super25 Fall Mid Atlantic Fall Super Qualifier, US Elite National defeated the Diamond Jacks Super 15s.

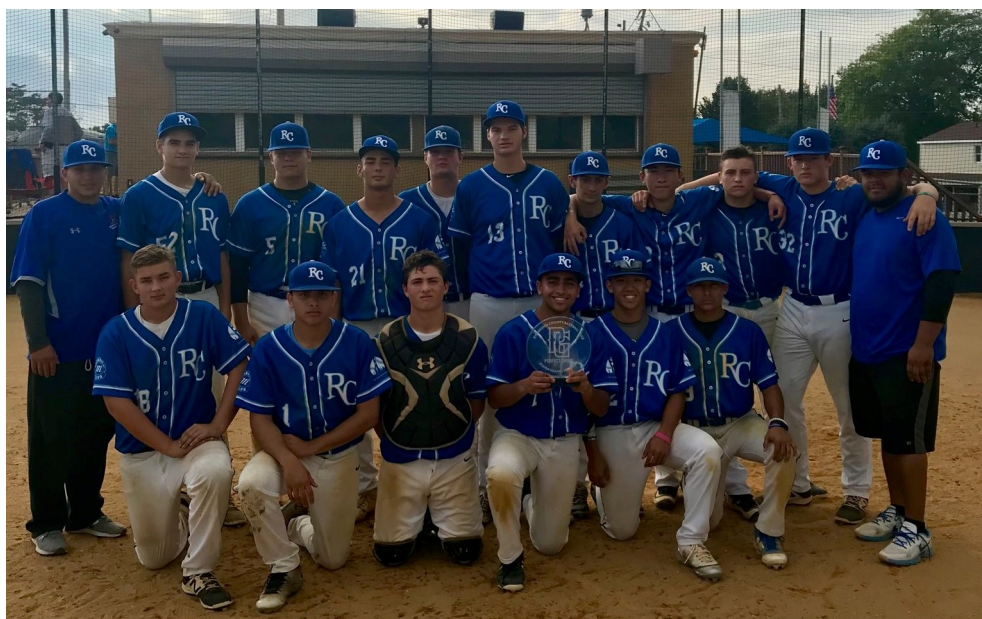
In the PGBA Northeast Fall Classic, the RCBC Nationals NJ defeated The Clubhouse 2021 in 16U and Baserats Baseball won out over the Diamond Jacks in 10U.

In the PG Super25 Northeast Super Qualifier, Team Beast United defeated the Diamond Jacks Super14s in 14U and Elite Squad NY took the title in 12U over the Brooklyn Bandits.

In the 15U PGBA Mid Atlantic Fall Classic, the BBA Nationals defeated Intensity Baseball NJ.

Due to poor weather conditions, the 12U/13U/14U PGBA Mid Atlantic Fall Classic was rescheduled for November 3-4.

## October Champs



16U Nationals NJ - PGBA Northeast Fall Classic



## October Champs



**13U Nationals  
USABL  
Octoberfest**

**11U Nationals  
USABL  
Octoberfest**





## October Champs



**13U Nationals**  
**USABL**  
**Columbus Day**

**11U Nationals**  
**USABL**  
**Columbus Day**





## RCBC Member Update



**Congrats to 2019 grad Miles Feaster  
on committing to Montclair State  
University**



**Congrats to 2019 grad Harper di Liberto-  
Bell on committing to Clark University**





## RCBC Member Update



**Congrats to 2019 grad Greg Dorfman  
on committing to Delaware State  
University**



**Congrats to 2019 grad Vincent Ferrigno on  
committing to Fairleigh Dickinson University**







## **Richmond County Baseball Club**

**Ages 14U-17U**

**Saturday, November 3 - 11:30 am**

**Richmond County Youth Complex**

**1400 Travis Ave., Staten Island, NY 10314**

**Come join an elite program that offers the following:**

- **A dedicated baseball complex with 5 all natural grass fields**
  - **Staffed with local private/public high school coaches**
  - **Marucci uniforms and discounted Marucci products**
- **Perfect Game's NY Affiliate with nationally ranked teams**
- **Host to local tournaments at our Richmond County complex**
- **Compete in Perfect Game events in NJ, Florida and Georgia**
- **Compete in the invite-only Marucci World Series in Louisiana**
  - **Onsite College Showcase included free**
  - **Over 200 alumni playing college baseball**
    - **10 players drafted by MLB**
- **15 years of service to the NY/NJ baseball community**

**Register in advance at [www.rcbclub.com](http://www.rcbclub.com)**



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## Featured Article - By Coach Nick DeFendis

### Don't Give Up Your Power

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Baseball is a game of strong emotions and constant frustration. How we react to the games' ups and downs has a huge impact on our team, the outcome of the game and how we feel afterwards. You must learn to suppress your negative emotions (body language) when on the field so you don't give away power to the opposition. When a pitcher stomps around, begs for strikes, and lets a hit or error get to him, he is giving his power to the other team. When a batter groans, shakes his head, and pouts at the plate, he shows up the umpire and gives his power to the pitcher.

These negative displays of emotion are signs called momentum swings, a part of the game that must be held onto, not given away carelessly. Players must learn to manage their raging spirits. The only thing stomping and pouting does is call on the world to look at the player so you can see how upset he is. That kind of selfish behavior will only disconnect you from the real job at hand which is already difficult enough. Players must save those frustrations for when they are in the dugout, away from the eyes of the opposition and college or high school coaches. Better yet, use the frustration as fuel to perform better, to be better and to focus stronger.

Do not eliminate emotion and passion from the game but make sure you are in control of its power and that you are using it wisely. If we fail to manage our baseball emotions, then the ride home will be sour no matter if we have won or lost.





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## Coach Lope's Baseball Thoughts

In This Issue - Message To RCBC High Schoolers - "Stay Active"

Quote of the Month - Hall of Famer Rogers Hornsby once said  
*"People ask me what I do in the off-season. Well I stare out the window and wait for spring training"*

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I don't expect the RCBC high schoolers to copy Hornsby. After all, he once hit .424 and had a lifetime average of .358!!!! So he earned the right to do nothing all winter. LOL

But you are developing as a player. And, while your off-season probably consists of Sweet 16s, house parties, stuffing your collective faces at holiday dinners and cursing at our football-basketball-hockey teams, more is needed to keep growing as a player. So let's review an Off-Season Curriculum.

1. GRADES-GRADES-GRADES: For high school baseball players, grades are \$\$\$\$\$\$. It's rare you get a full athletic baseball scholarship. The higher your grades, the more money you can get from a college. Also, failing classes means summer school, and that can mean missing a summer trip with your RCBC team. Be smart...literally and figuratively.

2. WORK REGULARLY: At the very least, do lots of dancing at those Sweet 16s!!!! At least you will be moving. LOL Seriously, hit the weights, do your push-ups and pull-ups. Run on the not-so-cold days. You should attend the RCBC Winter Workouts. Lots of players have Hitting and





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## Coach Lope's Baseball Thoughts

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Schoolers - "Stay Active"

(Continued)

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Pitching Coaches or Personal Trainers. Be serious. The high school age group can see lots of growth as a player. That's IF you are Serious and Dedicated.

3. RESEARCH COLLEGES: Maybe even pay some visits. Start thinking about what you may want to major in. Pick your spots if you want to attend College Baseball Camps, many of which might be indoors. Limit it to colleges you are interested in. Remember these camps cost money!!!

4. Know which RCBC team you are playing for in 2019.

Remember....YOU MUST KEEP IMPROVING. You don't want to peak out because you stopped working hard. What you accomplished at a younger age is great. BUT....colleges and pro scouts want to see players improve. They are always saying to themselves (as I did when I recruited) "What does this player look like in two years?"

Contact me at mikelope19@aol.com with any questions.



## Marucci Featured Item

What better holiday gift than something from Marucci!



Christmas delivery order deadlines:

Custom fielding gloves - October 31

Custom RC apparel/equipment - November 18

Stock items - December 9

Remember that RCBC members get special discount pricing.  
Exclusively on the Marucci Online Store at [www.rcbclub.com](http://www.rcbclub.com).