**May 2017** 

### Richmond County Baseball Club

1400 Travis Ave. Staten Island, NY 10314

If you have any interesting info or news you would like included in a future newsletter, please email to iim@rcbclub.com.

Visit our website at:

www.rcbclub.com

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## REHIMOLD EURY BASEAL GUB

## RCBC Newsletter

#### **RCBC To Host PG Super25 Super Qualifier June 2-4**



For the third year in a row, RCBC will be hosting the PG Super25 Northeast Super Qualifier tournament (June 2-4). This prestigious event will feature teams in 4 age divisions (10U, 11U, 12U, 13U), all competing for a chance to claim the Northeast championship title and earn a free berth to the Perfect Game National Championships in Fort Myers, Florida in July.

Over 80 teams from 6 states will descend on Staten Island, bringing the best baseball talent from the region and providing much economic benefit to the community. Games will be played at the RCBC Complex as well as High School and Little League fields throughout the Island. So come out to watch some great baseball and cheer on the RCBC teams who will be competing. The schedules are posted on the PG website (www.perfectgame.org).



Positions for weekend tournament help are still available. These include game scorers,

apparel sales and field maintenance spots.

If interested, email info@rcbclub.com.



Reminder for the 16U and 17U
Nationals that payment for your summer travel schedule is due to Coach DeFendis by May 31.

#### **2017 Tournament Update**







Weather caused havoc in May with two of our weekend events being canceled due to rain. In the PGBA May Mayhem tournament, the Baby Yankees took the crown and in the PGBA Memorial Day Kickoff, the RCBC Nationals won in 16U and the Long Island Body Armor Titans in 15U. And in the 11U Mid Atlantic Super Qualifier, the NY Phenoms took home the championship and invitation to the PG National Championships in Florida.

Following is our June tournament schedule:

- June 2-4 PG Super25 Northeast Super Qualifier (10U, 11U, 12U, 13U)
- June 9-11 PG Super25 Mid Atlantic Super Qualifier (16U)
- June 16-18 PGBA Staten Island Fathers' Day Classic (11U)
- June 16-18 PG Super25 Mid Atlantic Super Qualifier (17U)
- June 23-25 RC Big Apple Classic (12U)
- June 23-26 Blue Chip Prospects Great American Classic (RC will be a host site for 16U)

Check out our schedule on www.rcbclub.com or on our dedicated tournament website www.rctournaments.com.

### **May Tournament Champs**



11U Nationals

Diamond Nation

Williams Harley

Davidson

13U Nationals

Diamond

Nation Spring

Classic



### **Memorial Day Kickoff**



16U Nationals16U Champions





## **Johnny D's 5 Tool Baseball**

## Summer Camp



## OUR PROCESS OUR SUCCESS:

Teach the proper fundamentals in the game of baseball: Hitting - Catching- Defense - Base Running

Teach the importance of the proper mental approach

Develop the ability to apply the aspects of quality practice to a game setting, leading to a more confident performance

Most importantly have fun and enjoy the GREAT GAME OF BASEBALL!

## COST: \$225.00 PER PLAYER

Team Discounts & Sibling Discounts
NOT COMBINED WITH ANY OTHER OFFER

- Throwing and Receiving Mechanics
- Infield Techniques
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- Bunting Techniques
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- Daily Live Games & Competitions

DATES:

July 31 - August 4
LOCATION:
SOUTH SHORE LITTLE
LEAGUE

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# Featured Article - By Coach DeFendis Dad, It Doesn't Help

I came across the following article which rings true for athletes of all ages and in all sports.

Parents - take a look in the mirror and see if this is you. Coach Nick

During the season, I asked my then 11 year old son "What do all the children in the dugout think when their parents urge them on with instructions and encouragement as they are playing in the game." He said bluntly "they don't like it." I further pressed him "What about when I call out some last second reminders just before you bat, you know, the things we've talked about during the week and to help you remember what to do." Again, he didn't mince words and said "Dad, it doesn't help."

He then went on to say "When I am in the batter's box, I follow the instructions of my third base coach and put myself in the zone to block every other noise out. It doesn't help me, or any other kid when our parents are yelling things out." I was staggered by his confident appraisal of the situation.

I subsequently talked to some players who played in the MLB minor leagues and they said their fathers always watched them quietly and never said a thing. Let me say that again - never said a thing. They may have cheered when their son and his teammates got a hit or made a nice play, but they never put their own egos out there to think they would make the last minute difference to their son's success or failure in the game. Over and over again, I read about the players that have gone far in the game and, without fail, the same story appears. The parents watched and enjoyed the game in silence. They let their athletes play and enjoy themselves without putting the heavy burden of having to please their parents.

Baseball is a game designed for you to fail. There is a tremendous amount of pressure on our children when they go to bat or are alone on the mound. And here I was thinking I could make the difference to my own son by sneaking behind the dugout to say some 'inspiring' words, or, as he swung and missed, that my 'wisdom' during his at bat would make the difference between him getting on base or not.

# Featured Article - By Coach DeFendis Dad, It Doesn't Help (continued)

My son's words ring out loud and clear - "Dad, it doesn't help." But I thought I was helping, and in reality, all I was helping was my own ego and my pride got in the way. I know we like to blame the umpire, blame the coach, blame anything to explain why our child may not be doing what we hoped for. Why not stop blaming everybody else and let our children just have some fun out there with their teammates - let the coach do the talking.

At the end of a game or practice now, I'll tell him I enjoyed watching him play and note some good things he and the team did. I'll try to have a laugh with him about some errors or ground outs he made. And if he is ready, and I have his ear, I may raise an issue I saw during the game....I may. However, I'll phrase it in the right way so he doesn't think it is my ego and frustration doing the talking. Because its not about me; it's not about any of us parents. Don't we wish our big, fat egos would just shut up. And if you find your son is always looking at you when he does something wrong on the field, its probably because he thinks he displeased you. Next time, why not move to a spot so your son doesn't know where you are. Our children want to please us so much already and it hurts them even more when they know our ego and pride is riding on the game. Seriously, make yourself and your voice a ghost. Take the pressure off them and let them be athletes that love the game. This game that is set up for them to fail, but also will set them up to learn some great lesson of life.

I've learned my lesson from wise and talented men who played the game at the highest level. It's a hard lesson, and one that will pierce our hearts. Let our children say to us when they reflect back on how much they enjoyed the gam "Dad, you were a great help."

Note: If you find it difficult understanding the concept of how much parents get in the way, read the book The Matheny Manifesto. Written by St Louis Cardinals' Manager Mike Matheny, he details what parents, coaches and athletes get wrong about sports, and what we can do better. It's an eye opener!

### Marucci Online Store



Featured Item Of The Month

Marucci let the CAT out of the bag.

CAT7 has a more responsive, optimized barrel design and a sweet spot twice as large at CAT6. Choose from 4 sizes - -3, -5, -8 and -10, plus the CAT7 CONNECT (-3 only) with shock dissipating connection technology



Special price for RCBC members

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