

June 2015

**Richmond County
Baseball Club**

1400 Travis Ave.
Staten Island, NY 10314

If you have any
interesting info or news
you would like included
in a future newsletter,
please email to
jim@rcbclub.com.

Visit our website at:

www.rcbclub.com

Inside this Issue:

PG Super25 Victory 1

Facebook Contest—
Rename RCYC 2

Tournament
Update 2

High School Boot
Camp 3

Summer Camps
Ages 6-13 4

Coach Lope's
Baseball Thoughts 5

Featured Article —
HS Time Lines 6

Sponsor of the
Month — Heartland
Bagels 7



RCBC Newsletter

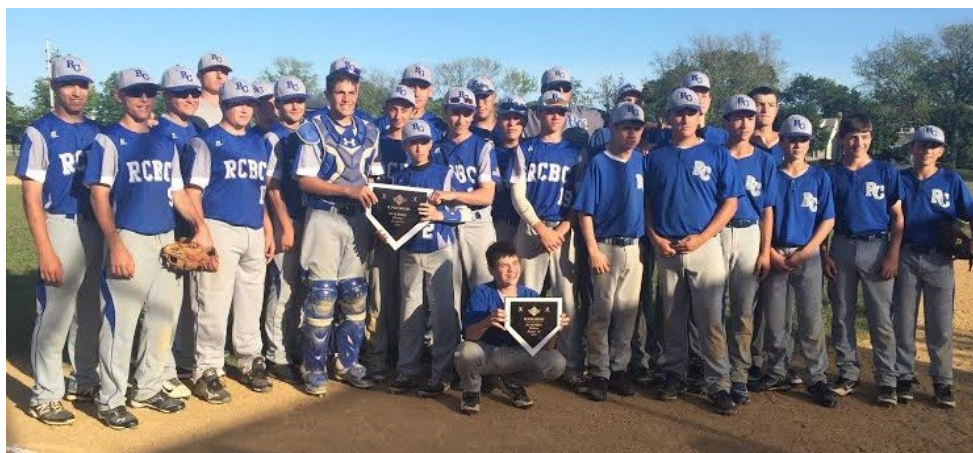
RCBC Dominates Point Pleasant Tournament

The 14U Americans, Nationals and Royals all competed in the Tag 'Em Super Series tournament sponsored by Perfect Game Super25 in Point Pleasant, NJ with RCBC dominating play.

All 3 squads made it to the playoff round with the Americans and Nationals squared off in one semi final and the Royals vs. the DB Hawks in the other. The Nationals and Royals both posted come-from-behind victories in their contests to advance to the championship game.

In the finale, the Nationals defeated the Royals 2-1 in a great defensive and pitching-dominated game. Congratulations to all three teams for their outstanding play.

So far this year, RCBC has made it to 15 championship games, bringing home 7 tournament victories! No one gets to more championship games than RCBC!





The Richmond County Youth Complex has become a memorable destination for visitors coming here for games, tournaments, leagues, camps and clinics. We want to make our name memorable too!

We are holding a contest to rename our facility - something unique, something catchy, but something that highlights the complex's association with Richmond County/Staten Island.

Submit your ideas on www.facebook.com/rcbaseball. If we pick your name, you will win a package of RCBC apparel.

Tournament Update

In the 14U Perfect Game Super25 Staten Island Showdown, the D1 Renegades won out over the RCBC Nationals in a tight battle.

We hosted the PG Super25 Northeast Super Qualifier tournament in early June with the following winners :

- 9U - Tri State Arsenal Blue
- 10U - Tri State Arsenal Blue
- 11U - BC Phenom
- 12U - Bonnie Robbins
- 13U - Central Jersey Warriors

Each team received a bid to the PG Super25 National Championships this summer.

The following week was our annual 18U Invitational Shoot For The Stars tournament featuring 44 elite teams. The Rockland OTB Pirates Black defeated the North Jersey Eagles to take the crown.

And we finished out the month with our 15U Schools Over Spectacular tournament where Wladyka American outslugged the Ridgewood Raiders to win the championship title.

Our July schedule is as follows:

- July 10-12 - 10U/16U/17U Summer Showdown
- July 17-19 - 8U/13U/15U Mid Summer Classic
- July 24-26 - 9U/12U/14U/16U Staten Island Slugfest
- July 31-Aug 2 - 9U/11U/13U/17U Summer Slam

For the full tournament calendar, visit our tournament website at www.rctournaments.com.

High School Baseball Boot Camp

Start Your Transition Now



5 Tool High School Boot Camp

Sponsored by: College Connexion College Recruitment Video

This high intensity Baseball Boot Camp is designed for high level ballplayers that have the willing desire to take their game to the next level. Players will leave the camp with full detailed assessments of the 5 Tools report card, measurement of arm strength and 60 yard dash times, as well as an individual video assessments of their skills.

Work on the Specifics of your position

Hitting ● Pitching ● Catching ● Base Running ● Conditioning ● Mental Approach

Location: Richmond County Youth Complex

June 29 – July 3: 9AM – 11AM, 12:30 – 2:30 PM

July 13 – July 17: 9AM – 11AM, 12:30 – 2:30 PM

\$250

Ages 13-17

LIMITED SPOTS AVAILABLE! MAX 15 PLAYERS (per session)

PROFESSIONAL Instruction from former college and Professional players.

Frank Esposito—Seton Hall

Johnny DeFendis - Chicago Cubs

Tyler Sciacca- Chicago Cubs

5:1 Player Ratio

For more info on our Camp, Staff or Programs please call (718) 344-8118 or visit us online at [www. My5toolbaseball.com](http://www.My5toolbaseball.com)

Summer Camp Dates Filling Up Fast

Johnny D's 5 Tool Baseball

Summer Camp

□ THROWING & RECEIVING MECHANICS □ INFIELD TECHNIQUES □ OUTFIELD DRILLS □ HITTING MECHANICS & DRILLS □ BUNTING TECHNIQUES □ RUNNING FORM □ DAILY LIVE GAMES & COMPETITIONS □ SITUATIONAL & GAME STRATEGIES

OUR PROCESS FOR SUCCESS

- Teach the proper mechanics and fundamentals necessary in the game of baseball – Hitting, catching, pitching, defense, & base running.
- Teach the importance of a proper mental approach.
- Develop the ability to apply the aspects of a quality practice to a game setting, leading to a more confident performance.
- Most importantly, **HAVE FUN** and enjoy the great game of baseball



Richmond County Youth Complex
7/27 to 7/31

South Shore Little League 8/3 to 8/7

9:00-2:00 Mon-Fri

Ages 6-13

For more info on our Camp, Staff or Programs please call (718) 344-8118 or visit us online at

[www. My5toolbaseball.com](http://www.My5toolbaseball.com)

To register, go to www.rcbclub.com or www.my5toolbaseball.com



Coach Mike Lopiparo
College Placement
Coordinator
Quality Control Coach

This month's
baseball quote:

Hall of Fame college
basketball coach John
Wooden once said that
*"Sports doesn't build the
player's character; rather
sports brings out the
player's character."*

If you want to voice a
comment on anything I
write, email me at
mikelope19@aol.com



Coach Lope's Baseball Thoughts

ON YOUR MARK, GET SET, GO GET RECRUITED (WRITING A BASEBALL EMAIL OR LETTER TO A COLLEGE COACH)

This is part 3 of my recruiting series, continued from the past 2 Newsletters. It is important that you communicate with the colleges you are interested in. Writing a letter or an email are ways to do this. Emails are the modern way of communicating. You don't write a life story in the letter or email. They don't need to hear about your t-ball career or your MVP as a 10 year old little league. The coaches want to know your current situation in high school. Here is the information that belongs in the email or letter:

1. In the opening paragraph, state your NAME, the GRADE you are in, the SCHOOL you attend and the PRIMARY position you play. Mention that you've heard positive information on the school's baseball program, the coaches and the academics. Say that you are interested in playing there.

2. Begin a new paragraph by saying here's INFORMATION about yourself. You will then put the following information in outline form or in a powerpoint so its easy for the coach to find what he is looking for:

Name, Grade, Birthday, Home Address, Email, Home Phone, Cell Phone, Parents' Names and Cell Phones, Primary Position, Secondary Position, Throws (R or L), Bats (R or L), Height, Weight, Strongest Skills (e.g., throws 88 mph, runs 6.7 in the 60, gold glove fielder, excellent power hitter), High School and their Phone Number, High School Coach and his Cell

Phone, Grade Point Average, SAT Score, ACT Score, Class Rank (if it's good), Sandlot Team, Sandlot Coach and his Cell Phone, Showcase Rating, High School Awards in Baseball and Academics, High School and Sandlot Schedules (especially the tournaments your teams will be entered in). Mention that you will easily pass the NCAA Clearinghouse. Remember to keep all this info in outline form.

3. In the final paragraph, mention if it applies that you should be eligible for Academic or Financial Aid. Then say you look forward to hearing back from the coach and would like to visit the college in the near future.

4. DO NOT go into detail about your little league career. DO NOT send videos of you pitching little league ball. That and \$2.75 gets you on a city bus. Colleges want to know what you will be In The Future, Not What You Were.

5. You can follow up the letter or email with phone calls and emails to the coach. You should ALWAYS let your summer coaches know who you wrote to. The reason—at tournaments, they can alert a recruiter that they can watch you play.

6. You decide who you want the college to call first....your high school or sandlot coach. Decide who is more effective at getting you recruited.

7. Start writing your letters and emails during your sophomore and junior years.

Please call me at 917-517-6893 or Coach DeFendis at 917-299-9211 or email us with any questions. Or you can see us at the complex over the summer.

Featured Article - High School Player “Time Lines” - Part 1 of 3

By Coach Nick DeFendis

This is the first of a three-part article reviewing the “time line” that a high school baseball player should follow in an effort to play baseball at the college level. First and foremost—you will get tired of hearing this...but if you do not take care of your academics (grades), it will not matter how good you are on the baseball field. If your dream is to play college baseball, academics are a part of the package. This month’s article will focus on Freshman (9th grade) and Sophomore (10th grade).

FRESHMEN - Settle into your high school environment. Get to work developing good classroom and home study habits. Learn to manage your time.

September - Play fall baseball, if available. Long toss after school. Run sprints and medium distance.

November - Plan your winter baseball schedule. Locate an indoor facility that offers top level instruction such as 5 Tool Baseball Academy (www.my5toolbaseball.com). If possible, target and attend one college Christmas camp. Get into an offseason training program.

November-January - Continue winter workouts. Get ready for high school tryouts. Keep working hard on those grades.

February-May/June - High School season

May-July/August - Summer league season. Play the best and most competitive baseball that is available to you...best teams, best tournaments, against the best competition possible.

June-July - Attend a week long college baseball program camp. This is the best place to get noticed by your favorite school. Many colleges sign players as a result of their attendance at these camps.

SOPHOMORES - Continue to hit the books hard. Your grades this year count as much as any other year. Follow the same off-season schedule as last year as freshmen. Meet with your high school guidance counselor - tell him/her of your desire to play college baseball. You want to be on track with the required core courses as well as other needs such as foreign languages. Follow the same spring and summer schedule as last year. Play as many summer games as possible. The more you play, the more experience that you will get...and the more you should improve.

July-August - Attend a college showcase camp. Richmond County hosts one each year. Go to www.rcshowcasecamps.com to learn about our camp and make contact with the directors.

Next month - JUNIORS

Sponsor Of The Month

Each month, we feature a local business that has supported or provided valuable services to Richmond County Baseball. Please help support them back.



POPULAR ITEMS

Cheese Omelette \$4.75

Includes hash browns and toast.

**Out of This World Crumb \$1.75
Cake**

French Toast Supreme \$2.25

**Fresh Baked All Butter \$1.50
Croissant**

**Heartland's World \$0.90
Famous Donut**