May 2013

Richmond County Baseball Club

1400 Travis Ave. Staten Island, NY 10314

If you have any interesting info or news you would like included in a future newsletter, please email to jim@rcbclub.com.

Visit our website at:

www.rcbclub.com

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Month

REGIONAL TO the home of the We play the game, we teach the game REGIONAL GUB

RCBC Newsletter

Future College Prospect Showcase Camp — Special Price

Special offer for RCBC players - only \$350 vs. the regular price of \$495. The Future College Prospect Showcase Camp will be held at the complex on August 20-21. College coaches from Division I, II and III schools will be there, working on the field and evaluating players. Two days of intense workouts. Day 1- a professional style workout session where the coaches will evaluate your 5 tools (skills). Day 2- a 9 inning scrimmage in a college game setting with college umpires. Pitchers will get to throw to live batters. Don't miss this opportunity, even if you're a fall 2013 high school sophomore or junior. Colleges scheduled to attend to date:

| Adelphi University | Iona College | Seton Hall University |
|--------------------------|----------------------------|------------------------|
| College of Staten Island | Lafayette College | Siena College |
| Dartmouth College | Long Island University | St Thomas Aquinas |
| Dominican College | Manhattan College | St Johns University |
| Dowling College | Molloy College | Stony Brook University |
| Felician College | Montclair State University | Vanderbilt University |
| Fordham University | Pace University | Villanova University |
| George Washington | Rutgers University | Wagner College |
| Holy Cross University | Sacred Heart | |

Limited availability — a \$100 deposit will hold your spot. Visit our new Showcase Camp website at www.rcshowcasecamps.com for more information and to register.



Craig Carton with the 12U Nationals at the May Day Mayhem tournament



If you forgot to get your May Day Mayhem tournament shirt, contact jim@rcbclub.com.
Only \$10.



RCBC Is Looking For Part Time Help

We are seeking part-time help to assist with the complex fields and grounds and will compensate accordingly. Activities we need assistance with include grass mowing, lining and dressing the fields, onsite tournament support and merchandise sales at the complex. If you or anyone you know is interested, contact Coach DeFendis at 917-299-9211.

Richmond County Tournaments

The May Day Mayhem tournament was held at the complex May 4-5. In the 13U Division, the Bronx Bombers defeated the RCBC Falcons to take the title while in the 12U bracket, the Oceanside Bulldogs won out over the RCBC Nationals in the championship game. Craig Carton, of WFAN's Boomer and Carton in the Morning show, and his NYC All Stars participated in the 12U division and made reference to their great experience on the air on the following Monday's show. Check out the video clip on www.rcbclub.com.

Upcoming tournaments:

14U/15U Memorial Day USA Bash (May 25-26-27)

13U Big Apple Classic (June 8-9)

18U Invitational Shoot For The Stars (June 14-15-16)

For more information and to view the full tournament calendar, visit our tournament website at www.rctournaments.com.

Summer Camp Dates Announced

Richmond County Baseball in conjunction with 5 Tool Baseball will be hosting two camps at the complex this summer — July 15-19 and August 12-16. Hosted by Johnny DeFendis and his staff of professional coaches, the camps will focus on all aspects of the game — hitting, fielding and pitching. 8-1 camper to coach ratio. Camper skill awards and fun and games too. Only \$225 per week. Sibling and multi-camp discounts available. Go to www.my5toolbaseball.com for more information and to register.

Coach Mike Lopiparo
College Placement Coordinator
Quality Control Coach

This month's baseball quote:

Hall of Fame catcher Roy
Campanella once said "You have
to be a man to play serious
baseball, but you also have to
have some little boy in you."

If you want to voice a comment on anything I write, email me at mikelope19@aol.com



Coach Lope's Baseball Thoughts

WAYS A HIGH SCHOOL BASEBALL PLAYER CAN GET COLLEGE MONEY

Parents are always looking for ways their sons can get money to play college baseball. Below are the major ways you can get money from a college.

1. ATHLETIC MONEY

A. Good players can receive athletic money given out by a college baseball program BUT the most scholarships ANY Division I school can give out is 11.7. Division II can only give out 9.

B. However, the 11.7 or 9 is not annually, it is total. That means that if a D-I school has already handed out 7 scholarships, they only have 4.7 to give out this year.

C. Many D-1 schools have between 5-9 scholarships and not the 11.7. Same with D-II schools. Baseball is NOT a money making sport like football or basketball.
D. It is extremely difficult to get a FULL ATHLETIC SCHOLARSHIP. Do the math. If you have just 9

scholarships and you have a squad of 25 players, how can everyone get a full scholarship??? Teams mostly give partial athletic money (1/4, 1/3, 1/2, 2/3).

E. Plain and simple — you need more than athletic money to cover the full tuition or most of it.

2. ACADEMIC AID —

Good high school grades equals college money!!!

A. Academic money can be as important as athletic money when it comes to high school baseball players getting recruited!

B. You can get a good amount of college money through academics. Getting good grades means Cash — treat high school like a job!
C. When a college coach is recruiting you, he is HAPPY if you can get academic money since it can save him from using all his athletic money.
D. IMPORTANT - If you are being recruited, you will be treated well whether you get athletic or academic money.

Coach Lope's Baseball Thoughts

WAYS A HIGH SCHOOL BASEBALL PLAYER CAN GET COLLEGE MONEY

(continued)

An 85 average with 1100 on the verbal/math part of the SATs is a great start towards getting some academic aid at many colleges. The words "we want you" are three great words you want to hear.

3. FINANCIAL AID

- A. Fill out the financial forms in January of your senior year of high school.
- B. Low income single parent no home ownership are the most common ways to get financial aid.
- C. A Pell Grant is a federal grant, but that is extremely hard to get. TAP is financial aid given by NY State. But if you go to a school outside of NYS, you would not be eligible for a TAP Grant.

4. INSTITUTIONAL AID

A number of colleges (especially Ivy League, Patriot League, Division III schools) offer grants and their own financial aid to help students. (Off the record, sports coaches can have some influence in helping their athletes get this aid or more of it.) Every college is different as to how financial aid is handed out.

5. LOW INTEREST LOANS

- A. Sometimes you need to get a loan to help pay the costs.
- B. These loans are low interest and you don't have to start paying until AFTER graduation.
- C. Apply for these loans early since money can run out. The college you are planning to attend can help you get these loans or give you the right direction.

6. THE PACKAGE

THE PACKAGE IS THE BEST WAY TO GET THE MOST MONEY AND THE MOST COMMON WAY BASEBALL PLAYERS GET COLLEGE \$\$\$.

What is the PACKAGE? A package is a combination of different ways to get money at the same time. For example, a package generally includes athletic, academic and financial aid along with grants. Sometimes work study. It is all or some of these combinations. It is the way most baseball recruits get the most money for college.

Here is a sample package:

Let's say the college tuition plus room and board is \$40,000. And you get 35% athletic money - that equals \$14,000. And you qualify for 40% academic money - that's \$16,000. Maybe your coach gets you work study that is worth \$5,000. The total amount of money you are getting adds up to \$35,000. The \$35,000 is the TOTAL PACKAGE and it adds up to almost 90% of the college costs!

If you have any questions, feel free to call me at 917-517-6893 or email me at mikelope19@aol.com.

Featured Article - Don't Give Up Your Power



By Coach DeFendis



Baseball is a game of strong emotions and constant frustration. How we react to the games' ups and downs has a huge impact on our team, the outcome of the game and how we feel afterwards. I teach at the upper level to suppress your negative emotions (body language) when on the field so you don't give away power to the opposition. When a pitcher stomps around, begs for strikes, and lets a hit or error get to him, he is giving his power to the other team. When a batter groans, shakes his head, and pouts at the plate, he shows up the umpire and gives his power to the pitcher.

These negative displays of emotion are signs called momentum swings, a part of the game that must be held onto, not given away carelessly. I try to teach my players to manage their raging spirits. The only thing stomping and pouting does is call on the world to look at the player so you can see how upset he is. That kind of selfish behavior will only disconnect you from the real job at hand which is already difficult enough. Teach players to save those frustrations for when they are in the dugout, away from the eyes of the opposition and college or high school coaches. Better yet, use the frustration as fuel to perform better, to be better and to focus stronger.

Do not eliminate emotion and passion from the game but make sure you are in control of its power and that you are using it wisely. If we fail to manage our baseball emotions, then the ride home will be sour no matter if we have won or lost.

Coach DeFendis

SIGN UP FOR RCBC TEXT ALERTS

Want to keep up-to-date on all the news about Richmond County Baseball. Then sign up for text alerts. Special announcements, upcoming events, and important information—sent right to your cell phone. Text 84483 and enter RCBCINFO in the message field to subscribe. For RCBC Members only.

Sponsor Of The Month

Each month, we will feature a local business that has supported or provided valuable services to Richmond County Baseball. Please help support them back.



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