

Ramapo Valley Soccer Club

Recreation & Competitive League Features

Feature	Recreation League	Competitive League
Player Age Groups (a)	K thru 8th	1 st thru College
Seasons (b)	Fall, Winter, Spring	Fall, Winter, Spring
Registration	3 times per year	Ongoing but once a year
Co-ed Teams	Grade K only, 1 st – 8 th gender based	All teams based on gender
Team Roster Sizes (c)	Variable	Limits apply
Playing Time Objective	50%	Variable
Games (d)	8 (Fall Only)	10 (Fall & Spring)
Where Games Played	Ramapo	Rockland & Bergen counties
Weekly Practices	1 per week for 1 st – 8 th , league schedules	2 per week, team schedules
Scores & Standings Kept	---	YES
Skill Development	Foundational	Foundational thru Advanced
Team Trainers (e)	RVSC Club Players	Professional Trainers
Goal Keeper Training (e)	---	YES
Licensed Coaches (f)	---	USSF Licensed
Coaches Training	Basic	Formal Training & Mentoring
Background Checks	Head Coaches only	All coaches & staff
Referees	High School Players	USSF Licensed
Uniform quality (g)	Good	Excellent
Team Recognition	Player Participation Awards	Top Teams only
Field Size & Equipment	Basic	Regulation
Game Play Rules	Basic	FIFA rules apply
Eligible for tournament play	---	YES

Notes:

- (a) Players on competitive teams or school teams are not eligible for the recreation league. Because of the competitive nature of school teams, those players are only eligible for the competitive league.
- (b) Recreational leagues run each Fall, Winter and Spring season with teams and plays changing each season. Competitive league registration is once a year with teams and coaches remain together for all 3 seasons.
- (c) Roster sizes for recreational teams vary based on numbers and mix of children registered each season. Competitive teams have roster limits (ranging between 14 & 18 players) based on age group.
- (d) Recreation league games are held on Sundays. Competitive league games are on Sundays with the exception of the Fall where the boys teams play on Saturdays. Away games for the competitive league are usually within a 20-minute drive on average.
- (e) Each competitive team is provided a licensed coach/trainer and receives specialty training for team goal keepers at no extra cost. Players are also eligible for other advanced programs offered by area providers (e.g. NY Red Bulls Regional Development Schools).
- (f) All competitive league coaches are state or nationally licensed, receive ongoing training, and are mentored by experienced competitive, high school or college coaches.
- (g) Recreation uniforms consist of 2 jerseys, shorts & socks, and last 1-2 years. Competitive uniforms include 2 numbered game jerseys, 2 practice tops, 2 shorts & 2 socks, and will generally last 2-3 years.