

OLPH CYO

RULES FOR FAMILIES

Every Child is Important at OLPH CYO. The safety and security of our children is our biggest concern. These rules have developed over the last decade to create a safe and fun atmosphere.

1. This is a Catholic Church Ministry to children in a sports context. As such abusive behavior toward coaches, players, school employees and especially referees is prohibited. The principles of Jesus Christ apply.
2. Coaches are prohibited from starting a practice or a game if they do not have a **volunteer adult hall monitor**. That monitor should be at the door of the gym and see everything that goes on both in the gym and in the hall. Any concerns should be addressed to the coach. This duty should be shared by the parents/guardians of the team.
3. **No Food** is allowed in any building.
4. **Water** and water only is permitted for players and players only. Spills are easily cleaned up. Gatorade, soda, slurpees, coffee are not water and are prohibited.
5. If circumstances cause a parent/guardian to be unable to stay for the event, let the coach know and make sure they know how to reach you.
6. When picking up, please come into the gym so the coach sees you. We don't want to assume that your child got in the right car. Also, the coach may have information for you re: schedule revisions etc.
7. CYO is about sportsmanship. Winning is nice but we seek to teach cooperation, teamwork. Every child has a place in OLPH CYO and every child gets to play significantly. If you are looking for a program that is trying to develop 2nd graders to get college scholarships, we are not for you. We do not have anywhere the amount of practice time to develop those types of teams and we have higher goals. If the intensity of a game gets to be too much for you or your child, take a break and walk out of the gym. (Incidentally, one in 12,000 high school athletes receives some scholarship money for college. 1% of

- High School Varsity athletes ever play in college). If we apply that to OLPH CYO, over the next decade, one of our children might get an athletic scholarship). Yes, we have almost 1,200 children in our program !
8. We are guests in every facility of the school Principal. Instructions given by school personnel, OLPH volunteers, referees are to be followed, not debated. If we lose a gym, we just do not go to another one. Your child's season is over. We have no alternative facilities. As we are all in this together, we seek your help in making sure we can continue to serve your children. Other worthy programs want our gym time. A major source of custodian complaints last year are the sneakers with wheels. No child may “skate” with those sneakers in any school building.
 9. We have enough equipment. Do not bring your own sports equipment to the gym. Siblings are not allowed free play during breaks or gymnastics on mats or other equipment. If the only way to enforce this is to suspend the registered player, we will have to do so. We have limited time to complete a game. If every time we have a break, we have to clear the court of uninsured friends, siblings etc. the registered players are losing gym time if you permit this distraction.
 10. Keep it **FUN**. 75 % of U.S. children leave organized sports by age 13. The three main reasons cited are: it isn't fun, too much parental pressure, too much pressure from the coach. It is no wonder, we see many articles on childhood obesity and diabetes problems normally seen in adults now found commonly in children. By keeping this enjoyable, we improve their health !

Every gym has its own rules that your Coach will explain such as what door to use (eg. at OLPH Gym only the Blue Door on High St is to be used), where not to park. Smoking is prohibited on all school grounds. No pets are allowed. If Schools close due to weather, we are closed too.

OLPH CYO BOARD OF OFFICERS

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