

# WHITE PLAINS LITTLE LEAGUE INSTRUCTIONAL BASEBALL MANUAL

	<b>FARM</b>
<b>OVERVIEW</b>	A 3 inning t-ball/coach pitch game.
<b>AGE</b>	LITTLE LEAGUE 6 YEAR OLDS
<b>GENDER</b>	BOYS
<b>FIELD OF PLAY</b>	Regulation Little League Field 60 ft. base paths
<b># OF INNINGS PER GAME</b>	<b>3</b>
<b>STRUCTURE OF GAME PLAY</b>	Players will hit off a tee in the 1st inning, followed by live coach pitching in the 2nd & 3rd inning. The Offensive Coach will pitch under handed to his batters. If the player is having difficulty then the coach should move closer to pitch "soft toss" to his players.
<b>UMPIRES</b>	N/A
<b>GENERAL SAFETY</b>	Helmets must be worn by all offensive players on the playing field. (batter and base runners) No one except the batter in the batter's box is allowed to hold a bat at any time during the game. (Before, During and After!!) No fence or backstop climbing at any time
<b>SUBSTITUTIONS</b>	N/A
<b># OF PLAYERS ON THE FIELD DEFENSE</b>	All players are in the field aligned in a way to introduce infield and outfield positions (5 infielders, including a pitcher, all others in the "outfield").
<b># OF COACHES ON THE FIELD DEFENSE</b>	<b>At least 3</b> One on each side on the field behind the infielders and one at first base to protect/coach the first basemen. AT NO TIME SHOULD A COACH TOUCH A BATTED BALL.
<b>FIELDING PLAY OF A BATTED BALL</b>	All plays to first base. A caught fly ball should be thrown to first base.
<b>PITCHER</b>	N/A
<b>CATCHER</b>	N/A
<b># OF COACHES IN THE FIELD OFFENSE</b>	<b>5</b> Pitcher, catcher, first and third base and a bench coach.
<b>BATTING ORDER</b>	All kids bat every half inning. Different batting order every half inning. Last batter hits a base clearing home run.

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<b>ENDING AN INNING/GAME # OF OUTS PER INNING</b>	No outs are recorded. All players bat every half inning.
<b>USING THE TEE</b>	Balls batted from the tee must be struck cleanly. No bunts or dribblers.
<b>BATTED BALL</b>	Batter will always reach base safely, even if a defensive putout is made.
<b>MAXIMUM # OF BASES ON A BATTED BALL</b>	One base. (Except the last batter)
<b>LAST BATTER OF THE INNING</b>	Hits a base clearing home run.
<b>STRIKING OUT OFFENSE</b>	No Strikeouts After 10 pitches the batter is awarded 1st base.
<b>KEEPING SCORE</b>	No score is kept.
<b>BASE RUNNING GENERAL</b>	One base per at bat and must be forced over.
<b>BASE RUNNING SLIDING</b>	N/A
<b>BASE RUNNING FORCE OUTS</b>	None
<b>REQUIRED SKILLS UPON COMPLETION OF THE SEASON OFFENSE</b>	<ul style="list-style-type: none"> <li>• Consistently hitting a pitched ball.</li> <li>• Running through first base.</li> <li>• Proper base running: No over running bases.</li> <li>• No advance on a fly ball.</li> <li>• Proper bench behavior.</li> </ul>
<b>REQUIRED SKILLS UPON COMPLETION OF THE SEASON DEFENSE</b>	<ul style="list-style-type: none"> <li>• Proper "Ready Position"</li> <li>• Fielding ground balls i.e. "Alligator Hands" <ul style="list-style-type: none"> <li>• Fly ball stance</li> </ul> </li> <li>• Proper throwing mechanics (basic) <ul style="list-style-type: none"> <li>• Base recognition</li> </ul> </li> <li>• Attempting ground ball put outs at first base <ul style="list-style-type: none"> <li>• Attempting to catch fly balls (tracking)</li> </ul> </li> <li>• Defensive players must learn not to all pile on the ball when it is hit</li> </ul>