Wrestling Rhinos

HARGING RHINO NEWS

Volume 1, Issue 7 March 2014

New Middle School Freestyle Practice Added MON/WED 6-7:30

News Highlights

- New Middle School Practice Added
- Chili Cookoff Winner
- High School State and Folkstyle State Placers



Inside this issue:

New Middle School 1 Freestyle practice

Metal Fundraiser

Stay up to date

Charging & Rockin' 2 Rhinos

Red Onion Fundraiser

How to apply your Window Decal

Track Wrestling tutorial

With a surge in middle school aged wrestlers, Rhinos have added a Middle School Freestyle Practice at Einstein Middle School on Mondays and Wednesdays. Long time Wrestling Rhino Mike Floresca along with his son and State Champ Matthew Floresca are coaching this practice. There is still space if you would like your middle schooler to get a jump on next season!

All freestyle K-6 wrestlers now go to Rhinos GREEN practice at Edmonds Woodway on Tues/Thurs from 6-7.

Rhinos Metal Recycling Fundraiser

We will be accepting metal for one more fundraising run. If you want something picked up, contact Sean Rhodes (206)356-1848.

Otherwise bring to practice at Otherwise bring to practice at EWHS on April 1st.

Did you know that all of our board members are volunteers? We could use your help! We will be electing 4-5 new board members at the END OF SEASON BASH in June. We need dedicated individuals to help with parent newsletters, marketing, events, parent contact list, wardrobe, tournament and scrimmage scheduling, etc.

Thanks to all our Chili Cook- off Entries! We had over 15 types of chili entered in the contest. **Dawnya Still was** our 1st Prize Winner!



3 great ways to stay up to date with the Rhinos:

- 1. Find us on facebook
- 2. Add our email to your safe list rhinoswrestling @gmail.com
- 3. Check our website and message board www.wrestlingrhinos.org



Brian Alfi, Board President
Bob Grimm, VP Parent Relations
Mike Floresca, VP Coaching Relations
Tricia Norton, Secretary
Catherine Fitting, Assistant Secretary
David Alfi, Treasurer
Clark Norton/ Raul Apodaca, Co-Registrars
Bob Zimmerman, Web Master
Matt Rapelje, Board Member
Sean Rhodes, Fundraising
Questions? (425)772-9330 or
rhinoswrestling@gmail.com

SAVE THE DATE! August 19th!

We will be having another Rhino Night at the RED ONION!

A portion of the proceeds from the night (and all the tips) go to the Rhinos.

If you can volunteer in the kitchen contact Sean Rhodes (206)356-1848 Didn't get your WRESTLING RHINO window decal yet? Be sure to see a coach and get one. When you put it on your car follow these directions:

- 1. Make sure the window surface is clean and dry.
- 2. Remove the blue backing from the decal.
- 3. Place the decal in desired place. Rub over it to make sure all letters are firmly affixed.
- 4. GENTLY REMOVE THE CLEAR FILM FROM THE TOP OF THE DECAL. ALL THAT SHOULD REMAIN IS THE WRESTLING RHINO LOGO.

Use Trackwrestling.com to find tournaments

- 1. Type, http://www.trackwrestling.com/tw/Login.jsp
- 2. Click on the black 'Browse' icon near the top of the page.
- 3. Click on 'Tournaments', then click on 'Search'.
- 4. When the 'Search Tournaments' box appears, click on 'Common Dates' and select '2013-2014 Season'.

 Also, within the 'Search Tournaments' box, click on 'state held in' and select 'Washington'.
- 5. After 'Common Dates' and '2013-2014 Season' are selected, click on 'Search'.

Rockin' Rhino Results! Charging Rhino Award Winners

(This award is for Wrestlers who attended at least 5 tournaments during the Folkstyle Season.)

Alex Rapelje Hunter Jackson Roland Rapelje Nolan Valdivia Thomas Rhodes Braeden Valdivia Kaden Gentry Kyle McCaslin Becca Rhodes Noah Fahev Drake Zimmerman Peter Grimm Robbie Zimmerman Jakob Grimm Hunter Tibodeau Padraig Andresen Reese Tibodeau Connor Lehosky Mason Tibodeau Jared Lahosky Kyli Gentry Conner Seresun Sam Guerrero Raul Apodaca

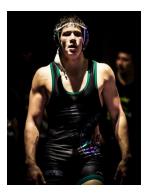
WSWA Folkstyle State Tournament,
Tacoma, Sun., Feb. 23
1st: Peter Grimm
3rd: Roland Rapelje, Kaden Gentry
4th: Padraig Andresen, Thomas Rhodes
6th: Hunter Tibodeau

High School State Tournament, Tacoma, Fri-Sat., Feb 21-22 1st: Matthew Floresca

2nd: Nathan Vulliet



Matthew Floresca (above) 1st Place 3A Nathan Vulliet (right) 2nd Place 4A



"Training is what you are doing while your opponent is sleeping in."
—Brian Owen